The Tenerife Property & Business Guide June 2023

Issue 224

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3 BEDS, 2 BATHS Ref: 734 – A3 450.000€

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Residential Property Sales

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€517,000

CHALET FOR SALE IN LA FLORIDA Wonderful Villa located in the quiet and excellent area of La Florida, between the towns of La Camella and Valle San Lorenzo





€800,000 APARTMENT FOR SALE IN CHAYOFA

A ground floor apartment for sale in the quiet residential area of Chayofa. Located just 10 minutes by car from the center of Los Cristianos







€275,000

SEMI-DETACHED HOUSE FOR SALE A spacious and bright house in Aldea Blanca with easy access to the tf-1

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code (271758)	\bigcirc	ิป
	E	
	5 beds	2 baths
A149 29	tren	4
	4 <u>1</u>	PIL
	199 m ²	terrace









€455,000

DETACHED HOUSE FOR SALE House has wide open spaces such as sunny roof terrace, pool area and solarium

-

3 baths 俞

terrace











2 BEDROOM APARTMENT IN Roque del Conde

2 bedroom apartment with large terrace, communal pool, sea views and located near cc X- Sur (Gran Sur). spacious living room with an American kitchen and picturesque views of the sea.





code (272485)



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C. Grande, 57 | 38670 Adeje | Santa Cruz de Tenerife



If a sun-soaked terrace is high on your priority list, then make sure you view this fantastic apartment, as it is sure to tick all the right boxes. With an enviable balance of square metres both internally and externally, this property is the perfect location for those who wish to escape the harsh Winters of Europe and sit back and relax. The location is superb, and all local amenities are within walking distance. Ref: GOLF01766
Price: €225,000 (approx. £195,500)

A wonderful opportunity to acquire a spacious two bedroom apartment that boasts a Sunny South facing terrace and enviable pool and sea views. This ground floor property is in an elevated position thus ensuring privacy and security. The property features two terrace areas, the front terrace is a cool location offering shade and many owners have built storage cupboards here to keep the apartment clutter free.
Ref: GOLF01762
Price: €265,000 (approx. £230,500)



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4 BED SEMI-DETACHED - AMARILLA GOLF



A wonderful opportunity to become the proud new owner of this spacious four bedroom, three bathroom semi-detached villa, situated in a peaceful cul de sac. This wonderful house offers a fantastic blend of internal and external bliss, and would suit as either a permanent residence or holiday home, that could accommodate all the family. Sold with underground garage and fully furnished.

Ref: AMG00603

Price: €500,000 (approx. £435,000)

6 BED DETACHED VILLA - COSTA ADEJE



An exceptional luxury detached property located in the most prestigious area. A private driveway sweeps past the tropical landscaped gardens and private pool area. An architecturally stunning and modern villa welcomes you with spacious living areas, bespoke kitchens, guest accommodation and outstanding views across Costa Adeje. Enjoy everything Tenerife has to offer from arguably one of the best properties in the South.

Ref: LA01947

Price: €5,750,000 (approx. £5,000,000)

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Playa Paraiso (Vista Nautico). Fabulous value for money, this 2 bed, 2 bath apartment has been completely renovated to a high standard with four owner passes to use the Hard Rock Hotel's lido at the new owner's convenience. Beautiful and sold including lovely furniture. **REF: 8358** €240,000 (approx. £211,000)





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Part-furnished, fully renovated to a high standard, 2 bed (both double), 1 bath (with modern 'walk-in' shower), 2nd floor apartment in popular Canarian village. The property has a spacious lounge/dining area with newly glazed patio door, an American-style fully fitted kitchen, a small front balcony plus a rear balcony with stunning views of the coastline.

The village offers an excellent range of amenities - Doctors, chemists, schools and shops and is only a short drive to the TF-1 motorway, the coast and excellent shopping centres of Las Chafiras and Granadilla.

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RESIDENTIAL APARTMENT – EL FRAILE



Beautifully presented private one bedroom third floor apartment, located in a quiet residential area close to the coast. With 5m² private terrace, and communal roof terrace, this 43m² apartment offers large bedroom, bathroom and lounge with open plan kitchen. Low community fees. 1 bed, 1 bath 84.000€



Two-bedroom penthouse apartment for sale. Large 62m² apartment has been part refurbished including new windows and doors, and further offers lounge/dining room, American kitchen and over 30m² of additional outside terrace. 2 bed, 1 bath 265.000€



VISTA HERMOSA – LOS CRISTIANOS

Stunning, modern three bedroom penthouse. Well located in a quiet residential community with facilities including swimming pool, tennis courts, and nice gardens. The property is furnished and comes with a garage. This poperty has been fully refurbished to a very high standard - viewing essential!

3 beds, 2 bath

330.000€





Ref: 726-A2 Well presented, part refurbished first floor apartment on this popular, quality community. Spacious and offering 2 bedrooms and 2 bathrooms, and large private terrace. Great letting potential. Heated community pool. 2 bed. 2 bath

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Excellent and unique oportunity to own this charming guesthouse, located closet o Los Gigantes, a very profitable business with long proven track record, with a genuine reason for sale. Intrested? Don't miss out, call us today.

225.000€

Ref: 701-CF



Well established English-run bar in popular resort. The bar has been fully refurbished, has a good returning clientele and good turnover. The bar comes with a fully fitted kitchen, and is offered with a 10 year lease 50.000€ 0 beds, 2 bath



Cristianos promenade. The bar is fully functional storeroom. The property comes with seating for 70 inside the bar and on the spacious terrace. **0 bed, 1 bath** 0 bed, 1 bath 44.950€



Rare opportunity! Large 3 bed, 2 bath apartment, on this much sought after beachside community, just 200m from the fantastic Las Vistas beach. Open plan living area, with large lounge, dining area and modern fitted kitchen leading to the large terrace with retractable sunroof. Offered fully furnished. Heated community pool. Loads of potential. Call to arrange a viewing.

3 beds, 2 bath

450.000€



Top floor apartment in this very popular, and central, residential community with pool. Very spacious accommodation, refurbished and offered furnished. Rare opportunity to buy a quality central family-sizes apartment. Viewing is highly recommended. 3 beds. 2 bath 329.950€

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Palm Mar, Laderas del Palm Mar







Spacious 3 bed, 2 bath apartment on the second floor of this attractive and well run complex within easy reach of all amenities. The price includes a secure parking space and a private storeroom. The property is sold partly furnished

Price: €365,000

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El Madroňal, Townhouse



Beautiful, fully furnished and equipped family home in a gated complex in Costa Adeje. Spaciously distributed on two levels: the lower level has a bright living room, big terrace, and a semi-open plan kitchen which leads to a back garden. The top floor has 3 bedrooms and 2 full bathrooms (1 en suite) with a good-sized terrace off both. Extras including electric shutters, air-con units on both levels, private parking space.

€469,000





Unique family home on 3 levels, close to Las Galletas. At street level the property has a large 2-car garage, the rear of which has been converted to a 1 bed, 1 bath apartment with lounge/diner and an open plan kitchen. The first floor comprises a 3 bed, 2 bath apartment with a small balcony, an open plan kitchen, and an interior terrace which is currently being used as a laundry. All amenities at walking distance and centrally located.

€310,000

Ref: LE592-CB310

Ref: A454-RG469



Nice 1 bed, 1 bath 2nd floor apartment in this closed complex with lifts. The property has a living room and kitchen with access to the balcony with views over the community pool and garden areas. Free community parking. Located close to all amenities such as supermarkets, pharmacy, bars and restaurants and the famous Montaña Amarilla beach.

€137,000

€159,900

€275,000

CDS031-EH137

Valle San Lorenzo



Nice apartment with spacious living-dining room, an independent and fully equipped kitchen, a semi-enclosed balcony, 3 bedrooms with built-in wardrobes, 2 full bathrooms and plenty of storage space. It has a parking space and a lift in the building. Very well located and central to all needs.

Aldea Blanca

Ref: VSL151-C159



For sale this great 1 bedroom apartment located on the ground floor with easy access in El Fraile. The apartment is distributed in a fully equipped kitchen and spacious living room, bathroom with shower, bedroom and laundry room on the roof. The property consists of air conditioning, security bars and an alarm installed. It is close to all amenities.

€89,000

Ref: EF48-EC89



Impressive 5 bed Canarian-style house, purchased some years ago by the current owners who have since restructured and extended it to another level. A unique and quirky house split into 3 different levels with the ground floor consisting of a reception-type entrance, an independent kitchen, dining room area, 3 bedrooms and 1 bathroom. On the first floor you will find a large living room, 2 bedrooms, 1 bathroom, tool room and a small terrace



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LAS ROSAS, ARONA

SPACIOUS TOWNHOUSE WITH COMMERCIAL PREMISES

A reluctant sale due to the current owners' retirement and 'down-sizing'. With spacious and flexible living accommodation, this townhouse offers potential for a number of prospective purchasers. Whether you are seeking a large private home or perhaps an investment opportunity or even a commercial business with living accommodation, this property is unique.

Constructed over four floors and connected by a central private staircase, the current living accommodation is on level three and comprises two independent apartments, one of which is a spacious three bedroom apartment with beautiful lounge / diner, independent fully fitted kitchen, three double bedrooms and a family bathroom. The second apartment has a lounge, two double bedrooms and a bathroom.

The 145m2 basement compris-

Tel: 0034 922 788 305

es an ample garage, workshop, office, toilet and storage space.

VIDD

Level 4 offers an extensive roof terrace with utility area, fitted 'chimney-style' barbeque, ample 'al fresco' dining areas and a free-standing, raised plunge pool. Excellent views can be enjoyed from this point - over the surrounding area to the sea and coastline.

The Business

On the ground floor level is a 150m2 fully fitted and equipped restaurant with professional, stainless-steel kitchen with extraction, a stage area, bar and toilets. Full accounting information can be made available to interested parties (this area could be converted into further living accommodation if required - or perhaps rented out to provide a useful income?





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16 Residential Property Sales

Oroteanda Baja, Detached villa with pool



Stunning, fully furnished and equipped, 5 bed, 3 bath (master en suite) detached villa with heated pool on 2,000sqm plot. This spacious property has a huge terrace to the front which can accommodate up to 8 cars, a private garden/terrace with lovely sea views to the rear with BBQ area, jacuzzi, orchard and various seating areas. Large lounge/dining area, open plan fully equipped fitted kitchen and garage for 4 cars with direct access. Many extras, incl. solar panel heating for the pool and hot water. This property really must be viewed to fully appreciate all that it has to offer.





PROPERTIES REQUIRED FOR LONG TERM RENTAL IN ALL AREAS



Fully furnished and refurbished 2 bed, 1 bath apartment (converted from 1 bed) on popular complex with community pool. The property has a nice lounge which leads onto a large sunny terrace, and an American-style kitchen.



Lovely property currently operated as a successful family holiday rental business with 4 unique self-contained 1 bed, 1 bath apartments, each with its own kitchen and VV Licence. The main property enjoys the classification "Casa Emblematica", with "Casa Rural" registration. Close to airport and all amenities.



Los Cristianos, Cristimar

Fully furnished 1 bed, 1 bath ground floor apartment on complex with lovely pool area. The property has a bright lounge/diner, American-style kitchen, a 37sqm sunny terrace and a private garden. Enclosed garage is available if required.



Recently renovated and furnished 2 bed, 2 bath townhouses in great location with community pool. Each property has a lounge, sep. dining room, an open plan fitted kitchen and large sunny terrace. The project allows owners to stay in their property for 6 months of the year.



2 bed, 2 bath duplex apartment being sold fully furnished. There is a good size lounge, fully equipped kitchen and terrace with pool views. There is also a 2nd terrace on the ground floor. Great rental potential and priced to sell.



Spacious 3 bed, 3 bath fully furnished townhouse in exclusive sea front urbanisation with pool. One of only sixteen houses on phase 1 it enjoys both sea and mountain views. Lounge/dining area, sep.kitchen, 3 sunny terraces, garage with storeroom and garden.



Amarilla Golf, Scorpio

Ground floor 2 bed, 1 bath apartment, being sold fully furnished. This is a well sought after complex close to all local amenities. There is a community swimming pool.



Adeje Golf, Luxury 6 bed villa with pool Luxurious 6 bed, 7 bath villa with outstanding sea and golf course views and private heated pool. The property has a lounge, sep. kitchen, dining area window-front to the pool and golf course. Extras incl: sauna, aircon/central heating, large roof terrace

with jacuzzi, alarm, 3 car-garage.

george.thetpg@gmail.com 0034609714276



A beautifully presented two bedroom, two bathroom, linked Villa, that has been lovingly maintained and offers a real home from home feel. Gardens back and front. Idyllic setting. Mountain views from the upper terrace and sold furnished. The fishing village of Los Abrigos is close by and is accessed via the promenade walkway, and there are some amazing fish restaurants for you to enjoy. What are you waiting for? Price: €320,000 (approx. £278,500)

Ref: GOLF01765

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HOW DO WE MARKET YOUR PROPERTY?

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We work with other reputable agents that will advertise your properties based in Tenerife, Mallorca, Mainland Spain, Italy and the UK.

Its very important to have good relationships with reliable and trustworthy, professional partners that have been vetted and legal contracts are in place.

AFTER THE SALES

As soon as the signing at the Notary is complete it is time to say congratulations but in many cases theres still work to be done and Island Prime Property will always carry on our professional service finalising any further details, we don't just forget you!... remember Island Prime Property is built on relationships.

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Pictures is the first step so what's next?

To sell a property in this day and age you must use a video which comes apart of our full marketing package. Videography is key.

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FLOORPLANS

Correct measurements and key information is a must and now expected by many buyers. Only one thing gives us this – a superb floorplan. When we sell your property, we will make a floorplan. This will again help us show your property perfectly and give a fantastic representation of your property.

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USD exchange rates surge amid US debt ceiling jitters

Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

Latest currency news

The US dollar enjoyed strong support through the second half of May, safe-haven with the currency being propelled to multi-month highs amid a prevailing risk-off mood. Over this period GBP/EUR climbed from 1.14 to 1.15, while EUR/GBP retreated from 0.87 to 0.86. At the same time, GBP/USD briefly struck 1.26 before falling back to 1.23, while EUR/ USD retreated from 1.08 to 1.06

> What's been happening?

A lack of progress in US

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debt ceiling talks and fears over the ramifications of a US default (now resolved) kept the US dollar firmly in demand in latter half of May. These gains have been further reinforced by renewed Federal Reserve interest rate expectations. In contrast, the euro has struggled to hold its ground as EUR exchange rates have been undermined by the negative correlation with the US dollar and underwhelming Eurozone data. The pound, meanwhile, fluctuated over the past couple of weeks, before finding its feet after hotter-than-expected UK inflation figures stoked expectations the Bank of England (BoE) may need to raise interest rates above 5%.

What do you need to look out for?

The immediate focus for investors will be on the Eurozone's consumer price



index and latest US payrolls print. The two releases will be key in deciding whether the European Central Bank (ECB) and Fed continue to raise interest rates in June. At the same time, could expectations the BoE will need to accelerate its monetary tightening in the coming months help to support the pound going forward?

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The 'cosy' US classic that's really about sex and death

By Natasha Tripney



klahoma! is one of the world's great musicals. But it's also much darker than many realise - as are all of composing duo Rodgers and Hammerstein's shows, writes Natasha Tripney.

Time can have a dulling quality. Such has been the effect on Rodgers and Hammerstein's Oklahomal, which in the 1940s revolutionised the Broadway musical as a form - it is often described as being as much of a game-changer in its day as Lin-Manuel Miranda's Hamilton. But the passing years have rendered it, in many people's eyes, familiar, folksy and cosy.

However just recently, a radical new version of the show has helped to change that perception. US director Daniel Fish's stripped-back staging, with its bluegrass reorchestrations, interval chilli, sudden plunges into pitch-black and undercurrents of violence, made US audiences look afresh at the material when it opened on Broadway in 2019, winning the Tony Award for best revival. It brought out the darkness in the central love triangle between farm girl Laurey and her two suitors, cowboy Curly McLain and farmhand Jud Frv. and other things too: audiences started referring to it as "sexy Oklahoma!". Now the New York hit has crossed the Atlantic to London's Young Vic, with a cast including Doctor Who's Arthur Darvill and Marisha Wallace, star of Dreamgirls and Waitress in the West Fnd

Oklahoma! was Richard Rodgers and Oscar Hammerstein's first musical as writing partners, though the pair would go on to write seminal Great American Musicals like South Pacific, Carousel and The Sound of Music. Based on Lynn Rigg's 1930 play Green Grow the Lilacs, it opened in 1943 and was a phenomenal success. It ran for an unprecedented 2,122 performances far ahead of the previous Broadway record holder and won a special honorarv Pulitzer. Set in 1906 in the region then known as Oklahoma Territory, Oklahoma! chronicles the characters' rival courtships but it's also about life in a young country and, for a wartime audience, it symbolised the things people were fighting for - hope, home and possibility.

Oklahoma! Is very deeply embedded in US culture. The title song is now the state song of Oklahoma and references to Oklahoma! have rippled through other artworks like HBO's recent Watchmen miniseries, based on the Alan Moore and Dave Gibbons' comic books, and the Charlie Kaufman film I'm Thinking of Ending Things. But as Patrick Vaill, who has played Jud Fry in all the iterations of Fish's production since it started life at New York's Bard College in 2007, explains, Fish wanted to "stage it as if people in the future had discovered the script in a time capsule and were looking at it as if for the first time."

This approach allowed Fish to pare the musical back to its bones and unearth the violence and injustice already present in the material. He also offers the reminder that while the show "holds a familiar place to a great many people. I think there's a huge portion of America, for whom it holds no place and is totally strange to them," he tells BBC Culture.

Rodgers and Hammerstein were sexy people. They were hip to the idea that people have desires - Patrick Vaill

To Fish, Oklahoma! is a show about "how a community is only a community by virtue of who is outside it." Fry, the lonely farmhand who develops an obsession with Laurey, occupies this role. "He is the person upon whom everyone else projects their fear. their prejudice, their classism," says Vaill. People talk about him as a threat: they cast him in that role. On stage Vaill draws out the character's vulnerability but also his unnerving sense of entitlement to Laurey's affections, all of which pours forth in the song In a Lonely Room a song, Vaill says, that was ahead of its time in the way it allows the audience access to the character's mind - with Jud finally determining that "I ain't gonna leave her alone!'

Oklahoma! is also about what constitutes justice in the US. After Jud dies in a knife fight with Curly, a makeshift trial is held and Curly is quickly declared not guilty. It's a show, says Fish, in which "a heterosexual couple's wedding night is so important that justice must be sacrificed." On this sacrifice is built not just a marriage the smallest social unit but "a town, a community, a state, arguably a nation."

A lot of the conversation surrounding Fish's produc-



production of Oklahoma! unearths its darkness

tion in the US concentrated on its carnality, on the heat generated between the performers. But again, he was drawing from the source Oklahoma! he savs. is a show with "sex and death at the heart of it". Vaill agrees. "Rodgers and Hammerstein were sexy people," he says. "Carousel has complicated sexuality and South Pacific, that's some hot stuff. They were hip to the idea that people have desires. This play, it's entirely about sex." As Ben Brantley put it in his New York Times review, one of Rodgers and Hammerstein's many innovations was the way they "captured the untapped hormonal energy in a land where there's a dangerous sense of making up your rules as you go along". Trevor Nunn's 1998 production for London's National Theatre, which featured a star-making turn by Hugh Jackman as Curly, also had critics commenting on its "erotic currents". Oklahoma! is a show rich and robust enough to weath-

multiple re-imaginer ings: there have been LG-BTQ-focused productions and an all-African-American production in Denver in 2018 - though there's yet to be a major West End or Broadway production directed by a woman.

You fall in love with this young woman who is a fun, down-toearth, generous person only to find at the end of Act One that she's a racist -**Daniel Evans**

However, while Rodgers and Hammerstein wrote formally innovative shows that grappled with the social issues of the day, a lot

A hit on Broadway, now playing at London's Young Vic, Daniel Fish's of the attitudes on display can feel dated. Their 1949 hit South Pacific, about US soldiers stationed in the Pacific islands, directly addresses racial prejudice. But it also contains jarring-

ly dated racial stereotyping particularly the character of Bloody Mary, the local Tonkinese entrepreneur. Daniel Evans, artistic director of Chichester Festival Theatre in the UK, was very aware of this tension when he chose to stage it last year, in a production that transfers to London's Sadler's Wells this summer. Evans - who also directed Oklahoma! in 2018 believes South Pacific is a show that, at heart, is asking how can we all get on? How can we all cohabitate? On this small island that's representative of our planet.'

The cleverness of the show, he explains, lies particularly in the trajectory of female lead Nellie Forbush, an American nurse who begins a romance with local estate owner Emile de Becque, only to break things off when she finds out he has two mixed-race children. "You fall in love with this young woman who is a fun. downto-earth, generous person only to find at the end of Act One that she's a racist," as Evans says.

In order to address some of the show's more dated aspects. Evans had to disrupt the audience's expectations of certain scenes and songs. This was most overt in the number Happy Talk, which is sung by Bloody Mary. It's a song, says Evans, about a mother desperately trying to pair her daughter off with an American GI in order that she could have a better life, so the chirpy tone of the song feels inappropriate. His solution was to reorchestrate that number. so it was "more true to the situation".

A progressive duo

For all these now-problematic moments, however. Evans stresses Rodgers and Hammerstein's liberal sensibilities - Hammerstein co-founded the Hollywood Anti-Nazi League which were as central to who they were as artists as their songwriting prowess. Director Bartlett Sher, who won a Tony for his 2008 production of South Pacific at New York's Lincoln Center, echoes this point. The musical, he explains, was written at a time not long after World War Two, when "all the questions about race were hugely present in the culture in the United States". The first platform on racism had just been held at the Democratic National Convention, so these two "good liberal Jews from New York" made race central to the text, interrogating and challenging these attitudes via Forbush's inherent racism. The song You've Got to be Carefully Taught, which argues that racism is learned behaviour, is the most overt example of this. It was, says Sher, "a very powerful song at the time that nobody [else] would have ever thought of putting into a traditional musical". They had to fight to keep the song in the show, he points out.

Before Sher's production there had been no major revivals of South Pacific in the US. He went back Continued on page 24

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Continued from page 22 to Hammerstein's original book and restored some of the lines that had been cut. many of which were to do with race. Everything was there in the text, he says. "We're lucky when we do them now that we can now engage with the questions again.'

They had this remarkable ability to ask these social questions at the time. Do they ask them as perfectly as we might do now? No -**Bartlett Sher**

In 2015, Sher went on to helm a production of The King and L Rodgers and Hammerstein's 1951 musical exploring the struggle for understanding across the cultural divide between East and West via a story about a British governess hired to work for the King of Siam. It's a show that sets out to address the subject of colonialism, but while it was progressive in its time, its storyline can feel decidedly regressive to modern audiences, with its white saviour heroine. Sher's staging, which netted him another Tony, avoided some of the exoticism associated with the show and featured a mostly Asian cast including Ken Watanabe as the King. But the reason the material holds up, says Sher, is because "they had this remarkable ability to ask these questions



Rodgers and Hammerstein's decision to make South Pacific's female lead Nellie Forbush a racist was a particularly powerful one at the time

at the time. Do they ask it as perfectly as we might do it now? No, they probably don't. But they're at least trying." Even The Sound

olent man who, when interrogated in the afterlife. denies his treatment of his wife Julie by saying: "I wouldn't beat a lit-

of Music. he adds. takes

place against the backdrop

of rising Nazism in Europe.

Of all the duo's works,

Carousel, written in 1945

and inspired by a 1909

Hungarian play called Lil-

liom, is the one that feels

most jarring to contempo-

rary audiences, with its de-

piction of domestic abuse.

It tells the story of a man,

carnival barker Billy Bige-

low, who ascends to heav-

en after dying in a robbery

attempt, before being al-

lowed back to Earth for

one day: but Billy is a vi-

tle thing like that - I hit her." For Timothy Sheader, who directed Carousel at the Open Air Theatre in London's Regents Park last year, the only option was to tackle the violence head-on. His version relocated the musical to a working-class town in the north of England and reorchestrated the score for brass instruments. Crucially, it did not tiptoe around **Bigelow's** abusiveness and when he dies, it does not let him off the hook. Sheader replaced the God-like Starkeeper figure who Billy encounters in the afterlife with a courtroom of women holding 6-ft carousel poles, which they use to surround him.

The resulting production, according to Time Out's Andrzej Lukowski, didn't "so much reinvent 'Carousel' as blowtorch away three-quarters-of-acentury of chintz to reveal the greatness underneath. It preserves everything that's wonderful about the show, while ruthlessly incinerating much that dates and problematises it."

Sheader thinks it's im-



June 2023 - Issue 224 · The Tenerife Property & Business Guide

Even Rodgers and Hammerstein's family classic The Sound of Music takes place against the backdrop of Nazism in Europe

portant to remember that | "these two middle-class men were writing about male violence in a musical on Broadway in the 1940s. The way they treated the subject matter may be quite different to how we would treat that subject matter if we were writing about it right now, but they addressed it." At the same time, reinvention and interrogation of the material is essential, says Sheader, if the shows are to continue to have relevance - and continue to be performed at all. Though the Rodgers and Hammerstein estate took some convincing of his concept to begin with, they were open to his ap-

proach - a decision founded on a degree of pragmatism, he believes, since "I don't think those titles have very much longer in their original form."

After Oklahoma! opened, Lorenz Hart - Rodgers' former writing partner came up to the duo in the Broadway hangout Sardi's and congratulated them on a show that would last 20 years. He was over half-a-century out and counting, which is testament to their complexity and their ability to speak to us todav.

fied, mass British audience, while innovating with the multi-camera format of the period, and creating something unique. Yet its imprint can be seen everywhere today, from its model of serialised drama to its themes of alien invasion. mysterious military establishments and unsettled landscapes. The shadow it cast was, indeed, long.

Quatermass lifts the stone and shows what's crawling underneath the culture we occupy -Matthew Sweet

In creating overarching multi-episode storylines, the Quatermass serials were at the forefront of pioneering television's use of the cliffhanger as a way to keep people coming back. Indeed, while the first episode achieved 3.4 million viewers, its final episode achieved closer to 5 million. It showed how a series could grow audiences over time, and proved to the BBC that serialised drama really worked, hooking Continued on page 26

Quatermass: The sci-fi series that terrified a generation



With the centenary of his birth, screenwriter Nigel Kneale is being celebrated for his varied work - including his landmark 1950s dramas about an alien-infested UK, writes Adam Scovell.

Lthe birth of a figure who may not be a household name, but who has greatly influenced 20th-Century film and television -British screenwriter Nigel Kneale.

Having started his career in the late 1940s as an ac-

t is 100 years since | tor in radio, Kneale soon rose to prominence as one of the most in-demand writers in the UK, for both the big and small screen. His work covered a range of genres, from science fiction and horror to British kitchen sink and political dramas, becoming incredibly influential across generations and so it is that his centenary has been celebrated with a season of his work at

London's BFI Southbank. Out of Kneale's many contributions to British screen culture, it is arguably his creation of the Quatermass television serials for the BBC in the 1950s that has left the most profound mark. Directed by the legendary Rudolph Cartier, the first of the serials, The Quatermass Experiment (1953), was also the first original adult science-fiction drama that the BBC had produced for television. The serials centred on the intrepid scientist Professor Bernard Quatermass whose name was inspired by a surname discovered by chance in the telephone book and the astronomer Bernard Lovell - as he faces down a range of unusual extraterrestrial threats.

Across six episodes, broadcast throughout the summer of 1953. The Quatermass Experiment, starring Reginald Tate as the



1953's The Quatermass Experiment kicked things off with a story about an astronaut bringing something aggressively alien back to Earth

professor, gripped the nation with the tale of an astronaut bringing something aggressively alien back to Earth. Today, only two episodes of the original serial are still viewable, since the show, as with other TV dramas back then, was performed and broadcast live. with the other episodes not recorded. It was followed by Quatermass II, broadcast in 1955, while the initial trilogy concluded in 1958 with the astonishing Quatermass and the Pit both of these thankfully are still in existence in the BBC archives

Throughout the 1950s, Quatermass serials the helped define the BBC's drama output. They were one of the earliest examples of event television, providing for the young medium what we now know of as watercooler moments. Beyond the BBC, meanwhile, Kneale biographer Andy Murray believes the programmes set a new benchmark for British television more generally. "Quatermass wasn't the only television drama [of the era] to have a sense of ambition," he tells BBC Culture, "but I think it's certainly a landmark example that surely made fellow programme makers sit up and pay attention. Quatermass serials were mainstream and popular. This wasn't 'genre television' as a cult niche. They proved it could have a broad audience."

Quatermass took science fiction and brought it to a captivated, not to say terri-

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Continued from page 24 viewers in a fast-changing TV landscape from week to week, who were desperate to know how it ended. Whereas the corporation had previously leaned towards producing single televised plays and dramas such as Jack Hulbert's contribution to the Festival of Britain in 1951, The Golden Year, or various theatrical adaptations of Shakeepisodic drama speare.

al had even aired, film adaptations of the scripts had begun – a franchise that kickstarted the legendary Hammer Studios' successful turn towards the horror cinema they would become famous for. In 1955, The Quatermass Experiment was brought to the big screen by director Val Guest, and renamed The Quatermass Xperiment in order to celebrate its X certificate. This was followed



The Quatermass serials featured various strange beings and occurrences – while also suggesting they may be at the core of life on Earth

was normalised after Quatermass.

In fact, Quatermass proved such a hit that before the second BBC seriby Guest's Quatermass II in 1957 and Roy Ward Baker's Quatermass and the Pit a decade later in 1967. In spite of the television

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that they felt in the 1950s." serials' popularity, the Quatermass Hammer films had savs writer and broadcaster Matthew Sweet, an aran even more impactful influence on culture, espedent fan of Kneale's work. cially abroad and in the US. "The likes of Stephen "And that name was Quatermass " King, Joe Dante, John Lan-This sense of a sociedis and Dan O'Bannon ty askew was felt stronggrew up watching them and ly in the second instalment, adored them," Murray sug-

gests. "There's what looks

suspiciously like a nod to

the Quatermass and the Pit

film at the climax of Steven

Spielberg's Raiders of the

Lost Ark (1981). In Mexico,

Guillermo del Toro was first

exposed to Nigel Kneale

though the Quatermass

Their unique dread

The cornerstone of Qua-

termass's unique sci-fi vi-

sion was its quintessential

Englishness. It depicted a

simultaneously recognisa-

ble and surreally menacing

version of the country in the

post-war period, complete

with copious "Keep Out"

signs, villages that weren't

really villages, and Tube

stations haunted by devilish

Martian insects. "He took

that feeling of an England

that had become strange to

itself and managed to turn it

into a kind of mode, so peo-

ple could name the unease

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films too.'

Quatermass II. It follows the professor (now played by John Robinson) investigating an alien presence in the town of Winnerden Flats. Meteorites are falling, and the local research laboratory has grown to such a suspiciously large size that the original town has been flattened for the prefabs for its many zombie-like workers. People are also showing unusual marks on their hands and are behaving increasingly oddly. Just what is growing in the great vats of the research laboratories?

"Quatermass lifts the stone and shows what's crawling underneath the culture we occupy," suggests Sweet. "It makes England a fit place for aliens to visit. I think Kneale, as well as John Wyndham, made England a suitable environment for them to transform." Indeed. Kneale's aliens often seem strangely at home in their new surroundings, ready to transform shabby 1950s England for their own unspeakable purposes.

The strange atmospheres of Quatermass can be found in many shows on both sides of the Atlantic in the decades since, from A for Andromeda to The X-Files

The third serial, Quatermass and the Pit, provided an even more off-kilter perspective on everyday life in 1950s Britain. The aliens in this series have found their way to England again, but this time there's a unique twist: the Martians, it transpires, might have been on Earth before us and, perhaps, it is we who are the aliens. Broadcast in 1958, the influence of Kneale's third instalment can be seen in a great deal of television to come, in particular upon Doctor Who's 1970s series starring Jon Pertwee, which were earthbound and dealt with similar narratives of para-military organisations protecting Britain from alien foes.

The excavation of a Martian craft from under a Tube station by Quatermass (now played by André Morell) and his team is one thing. But the way Kneale frames the impli-

cations of this is where his skill and influence as a writer really come to the fore. In his hands, the perception of our place in the world is knocked out of joint as fantastical futurisms become haunted folklore.

Indeed, throughout Kneale's work, there's a the Atlantic in the decades since, from A for Andromeda to Doomwatch, Black Mirror to The X-Files. The list could go on.

Of course, it would be wrong to assume that the television shows them-



The Quatermass TV serials were matched by film versions that kickstarted Hammer Studios' turn towards horror

general sense of the folkloric. His galactic evils may occasionally foreshadow fears over the coming Space Age, but they often simultaneously seem ancient and haunting. They may be ostensibly associated with other planets, but they are also found to be already embedded within our physical, and psychic, landscapes.

These stories also "took something that was in the atmosphere in England [at that time]," Sweet believes, "a sense of unease about the persistence of a war-time culture lasting into peace time, and what was going on in those establishments behind the fences. Kneale took that atmosphere of the post-war [period] descending into the Cold War, that feeling of growing estrangement."

It is often the clash of the ordinary with the extraordinary that is taken as the key legacy of the Quatermass stories, in particular when it comes to their influence on the sci-fi and genre television that soon followed. "Great swathes of Doctor Who are haunted by Quatermass," Sweet argues, "to the extent that I think Kneale thought he was really owed a cheque, at least for the early 1970s seasons. It also [has] a certain way of presenting England. You can see the influence in things like The Avengers with their villages that aren't really villages at all, but training grounds for Communists." Aside from Doctor Who and The Avengers, the strange atmospheres of Quatermass can be found in many other shows on both sides of selves were wholly responsible for this influence. Arguably, it was Hammer's film adaptations which brought harder, leaner versions of the Quatermass stories to a bigger audience. "Most people who have been aware of Quatermass since the 1950s are far more likely to have seen the film versions," says Murray. "[They] have had a greater reach." They are still, however, polished echoes of those grainy, television originals.

Ultimately, the importance of Quatermass today lies as much in it being a snapshot of those early days of the small screen as its subsequent influence. "It was perfectly attuned to the way you watched television in the 1950s," Sweet concludes. "There was something séance-like about watching. You had to draw the curtains to see it. the television had to warm up, and then something manifested on a screen that was a bit like looking into the porthole of a Martian capsule. It captured people's imaginations so powerfully and really haunted a whole generation." The spirits that Quatermass summoned haunt us to this day, and Kneale's serials are still arguably one of the most important television events in the history of the medium.

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What did Stonehenge sound like?

By Anna Muckerman



New research into the prehistoric site's acoustical properties is revealing that the stone circle may have been used for exclu

 $rac{1}{2}$ $rrc{1}{2}$ $rrc{1}{2}$ $rrc{1}{2}$ $rrc{1}{2}$ $rrc{1}{2}$ rcof a university building, down a concrete hallway and inside a foam-covered room stands a shinhigh replica of one of the most mysterious monuments ever built: Stonehenge.

These miniature standing stones aren't on public display, although they might help give the million annual visitors who come to the real site a better understanding of the imposing, lichen-covered stone structure built roughly 5,000 years ago. Instead, this scale model is at the centre of ongoing research into Stonehenge's acoustical properties, and what its sound might tell us about its purpose.

"We know that the acoustics of places influence how you use them, so understanding the sound of a prehistoric site is an important part of the archaeology," said Trevor Cox, professor and acoustics researcher at the University of Salford in Manchester.

Despite being the world's best-known and most architecturally sophisticated ancient stone circle, archaeologists still don't know who built Stonehenge or what it was used for. Some theories suggest it was used as a burial site, a place of healing or even a celestial calendar, given that the gaps in the outer stone ring are in perfect alignment with the summer and winter solstice. Yet as the decades pass, this massive monument built on a grassy hill in the Wiltshire countryside remains a mystery. "We're gradually finding out more things we just don't think we'll ever be able to find out. We have no way of understanding why people started to build it, and the reason that they continued to work on it may well have changed over the hundreds of years it took to complete." said Susan Martindale, volunteer manager for English Heritage, the charitable trust that manages Stonehenge.

Thanks to Cox's recent studies, however, we now know a fascinating detail about one of the world's most enigmatic sites: it once acted as a giant echo chamber, amplifying sounds made inside the circle to those standing within, but shielding noise from those standing outside the circle. This finding has led some to ponder whether the monument was actually constructed as a ritual site for a small and elite group.

This breakthrough is a decade in the making. While researching "the sonic wonders of the world" 10 years ago, Cox began to ponder whether studying the acoustical properties of Stonehenge may help uncover some of its secrets. "I realised there was a technique in acoustics that had never been applied to prehistoric sites before, and that was acoustic scale model-

ling," he said. "I'm the first to make a scale model of Stonehenge or any prehistoric stone site."

Cox set out to create a 1:12 scale replica that he could test inside the university's semi-anechoic chamber, a room that absorbs virtually all sound, thanks to the geometric foam covering every surface except the floor. To create the replica, Cox first received a computer model from English Heritage, allowing him to better understand what Stonehenge looked like at its fullest configuration, around 4,000 years ago.

"If you go down to modern Stonehenge, it's a magnificent site, but a lot of the stones are missing or lying on the floor," he said. "This [configuration] is one particular arrangement. Actually, from about 2000 BCE onwards, it changed a lot for about a millennium."

In total, the process of creating 157 stones through 3D printing and moulding techniques took about six months to complete. During that time, Cox said his dining room floor was covered with bits and pieces of the project in a laborious effort to achieve the qualities of real stones at scale.

Once the stones were painted grey and arranged in the correct distribution according to the computer model, the challenges of the testing process began. "Everything's a twelfth of the size in real life, and that means we have to test at 12 times the frequency," he said. "You have to get all the loudspeakers and microphones that work at those frequency ranges and they're not commonly available."

To complete each test Cox and his team placed



Cox has recreated a 1:12 scale replica of how Stonehenge once

the loudspeakers around the stones and played the various frequencies they were interested in measuring. The microphones in the room collected data on how the stones affected the sound. Through mathematical processing. Cox was able to create a computer model that simulates the acoustic properties of Stonehenge and can distort voices or music to give a sense of what they would sound like within the circle. The results surprised him: although Stonehenge has no roof or floor, sound bounces between the gaps in the stones and lingers within the space. In acoustics, lingering sound is known as reverberation. "We know that music is

improved by reverberation. so we would imagine if music was played, it would just sound a little bit more powerful and impactful within the circle," he said.

One of the most notable findings from Cox's research is the effect of the stones on the directionality of the voice. In an open, natural environment, like the grassy hill Stonehenge is built on, a speaker facing away from a listener would only be understood about one-third of the time. The reflections from the stones at Stonehenge would have amplified the voice by four decibels, bringing the number of sentences understood to 100%.

These results showed that Stonehenge would have allowed people inside the circle to hear each other quite well, while those outside would have been excluded from any ceremonies taking place. Cox's research adds to a growing body of evidence that Stonehenge may have been used for rituals reserved for a select few, with one study even pointing to the possibility of a hedge grown to shield the view from those not participating.

"The research definitely gives more information about how Stonehenge might be used. Even if you turn away, there's always stone reflections to reinforce vour voice, so it doesn't really matter if you can't see the person talking. It would be quite good for speech communication," he said.

Cox likens Stonehenge's acoustical properties to the difference between standing in an empty cinema as opposed to a cathedral. Although those of us used to



acoustical properties could shed light on its mysterious use

aoina in and out of buildings might not find the difference very discernible, Cox notes that the late Neolithic people who built Stonehenge and weren't used to the acoustics of large walls and enclosed spaces would have likely found the effect mesmerising.

After Cox published his initial findings in 2020, he and his colleagues began to tackle new questions, such as how people inside the circle might change the acoustics. The team recently finished a new set of measurements by placing up to 100 small, wooden figurines around the model.

"We know that people being inside would have changed the acoustics befrom his work with the scale model. Instead, he sees the acoustics research as another tool to find more clues and build a clearer picture of the site's qualities.

The problem with acoustic archaeology is that sound disappears, so we can't ever be certain about what was done there

"If we think about human ceremonies, they usually involve some form of sound, whether that's music or speaking or chanting. And we know that if they really wanted to be heard, people should have been inside the circle," he said. "Now, the



Cox's findings suggest Stonehenge may have been used for important ceremonies

cause we absorb sound." he said. "We want to quantify how it might have changed as more people went inside the circle, because presumably there were people inside the circle during the ceremonies.

This latest research also takes a closer look at how listeners hear sounds coming from different angles, since whether sound reaches people from the side or front changes how we perceive it. For example, sound reflections from the side improve the quality of music in a concert hall. Once Cox analyses his new set of data, he hopes to publish the findings later this year.

Cox acknowledges that unanswered auestions about the real Stonehenge make it difficult for him to draw definitive conclusions problem with acoustic archaeology is that sound disappears, so we can't ever be certain about what was done there."

Although Cox's day-today work focuses on improving sound for those with hearing loss, he now regularly fields requests to discuss his Stonehenge research.

"One of the things about working on it is you realise how powerful it is to people. how people really connect with it and how people are fascinated by anything to do with Stonehenge," he said. "I think that creates a mystique for the amazing ability of our ancestors to create the most astonishing monuments."

Continued on page 28



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New York's skyscrapers are causing it to sink – what can be done about it?

By Tom Ough



The ground under New York City is sinking partly due to the sheer mass of all its buildings – and it isn't the only coastal city to be suffering this fate. As sea levels also rise to meet these concrete jungles, can they be saved?

On 27 September 1889, workers put the finishing touches to the Tower Building.

It was an 11-storey building that, thanks to its steel skeleton structure, is thought of as New York City's first skyscraper. The Tower Building is long gone – its plum spot on Broadway was taken in 1914 – but its erection marked the beginning of a construction spree that still has not stopped.

On the 300sq miles (777sq km) that comprise New York City sit 762 million tonnes (1.68 trillion pounds) of concrete, glass and steel, according to estimates by researchers at the United States Geological Survey (USGS). While that figure involves some generalisations about constriction materials, that prodigious tonnage does not include the fixtures, fittings and furniture inside those million-odd buildings. Nor

n 27 September 1889, workput the finishing does it include the transport infrastructure that connects them, nor the 8.5 million people who inhabit them.

> All that weight is having an extraordinary effect on the land on which it is built. That ground, according to a study published in May, is sinking by 1-2mm (0.04-0.08in) per year, partly due to the pressure exerted on it by the city buildings above. And that is concerning experts - add the subsidence of the land to the rising of sea levels, and the relative sea level rise is 3-4mm (0.12-0.16in) per year. That may not sound like much. but over a few years it adds up to significant problems for a coastal city.

> New York has already been suffering subsidence since the end of last ice age. Relieved of the weight of ice sheets, some land on the Eastern Seaboard is expanding, while other parts of the coastal landmass, including the chunk on which New York City lies, seem to be settling down. "That relaxation causes subsid

ence," says Tom Parsons, a research geophysicist at the Pacific Coastal and Marine Science Center of the USGS in Moffett Field, California and one of the four authors of the study. But the enormous weight of the city's built environment worsens this subsidence, Parsons says.

And this is a global phenomenon. New York City, says Parsons, "can be seen as a proxy for other coastal cities in the US and the world that have growing populations from people migrating to them, that have associated urbanisation, and that face rising seas".

There is a wide range of reasons for why coastal cities are sinking, but the mass of human infrastructure pressing down on the land is playing a role. The scale of this infrastructure is vast: in 2020 the mass of human-made objects surpassed that of all living biomass. Can anything be done to halt these cities which between them have hundreds of millions of residents - from sinking into the sea?

Some cities around the world - such as Jakarta. capital of Indonesia - are sinking far faster than others. "In some cities, we're seeing subsidence of a few centimetres a year," says Steven D'Hondt, professor of oceanography at the University of Rhode Island in Narragansett. At this rate, the city is sinking far faster than sea levels are rising to meet it. "We'd have to increase ice melt by an order of magnitude to match that."

As well as being a co-author on the New York study, D'Hondt is one of three authors of a 2022 study that used satellite images to measure subsidence rates in 99 coastal cities around the world. "If subsidence continues at recent rates, these cities will be challenged by severe flood events much sooner than projected," wrote D'Hondt and his colleagues Pei-Chin Wu and Matt Wei, who are both at the University of Rhode Island.

Southeast Asia featured heavily in the list of cities suffering the most rapid subsidence. Parts of Jakarta are subsiding at between 2cmm-5cm (0.8-2in) per year. Alongside Jakarta, which is being replaced as Indonesia's capital by a city being constructed 1,240 miles (1996km) away, were Manila (Philippines), Chittagong (Bangladesh), Karachi (Pakistan) and Tianjin (China). These cities are already suffering infrastructure damage and frequent flooding.

Meanwhile, although it is not on the coast, Mexico City is sinking at an astonishing 50cm (20in) a year thanks to the Spanish draining its underlying aquifers when they occupied it as a colony. Research has suggested it could take another 150 years before that sinking halts – and around 30m (98ft) of additional subsidence.

But it's the coastal cities that are the focus of the study by D'Hondt and his colleagues. A large portion of Semarang in Indonesia, for example, is sinking at 2-3cm (0.8-1.2in) per year while a significant area in the north of Tampa Bay, Florida, is subsiding at 6mm (0.2in) annually.

Some level of this subsidence happens naturally, Wei says. However, it can be greatly accelerated by humans - not only by the load of our buildings, but by our extraction of groundwater and our production of deep-lying oil and gas. The relative contribution of each of these phenomena, says Wei, "vary from place to place, making it a challenging task to understand and address coastal subsidence"

But address it we must. Rising water causes damage well before it starts crashing over flood barriers: it is a rising tide that sinks all boats. The first effects of a relative rise in sea level, says D'Hondt, take place below the surface. "You've got buried utility lines, buried infrastructure, buried foundations for buildings, and then, the seawater starts working with that stuff long before vou see it above ground." As this goes on, storms bring water ever further into

cities.

The solutions vary according to the local causes of subsidence.

One obvious approach, albeit one that comes with its own problems, is to stop building. As Parsons explains, the settling of the ground beneath buildings is generally complete a year or two after construction". Although much of New York City has bedrock of schist, marble and gneiss, these rocks have a degree of elasticity and fractures in them that account for some of the subsidence. But the clay-rich soil and artificial fill materials that are particularly prevalent in lower Manhattan can cause some of the largest amounts of subsidence, says Parsons and his colleagues. So ensuring the largest buildings are



Some level of this subsidence happens naturally, but it can be greatly accelerated by humans – not only by the load of our buildings, but by our extraction of groundwater and our production of deep-lying oil and gas

Sometimes it is residents themselves who step in. A 2021 study documented how residents of Jakarta, Manila and Ho Chi Minh City have taken their own, informal measures. These include raising floors, moving household appliances and, in Manila, building makeshift bridges between houses in swampy areas.

Other useful tools include attenuation tanks: large tanks that sit underground and release stormwater at a controlled, slow rate. Martin



The Indonesian capital Jakarta is increasingly prone to tidal flooding due to the combined action of subsidence and sea level rise

positioned on the most solid bedrock could help to reduce the downward trend.

Another solution, at least for some places, is to slow the withdrawal of groundwater and extraction from underground aquifers. Parsons and his colleagues warn that increasing urbanisation will likely increase the amount of groundwater being extracted and combine with even more construction to cope with the growing population. Finding more sustainable wavs of supplying the city's water needs and maintaining groundwater levels could help.

However, the most common approach is a messy and imperfect programme of constructing and maintaining flood defences such as sea walls. Tokyo's adaptation to land subsidence is two-pronged. The city has built physical structures like concrete dykes, seawalls, pump stations and flood gates. These are combined with social measures like evacuation rehearsals and Lambley, a drainage expert at the pipe manufacturing company Wavin, says that attenuation tanks should be combined with natural elements like ponds, soakaways (rubbly pits from which water drains slowly) and swales (marshy basins). "The challenges we face today differ drastically from when urban sewers and drainage systems were first introduced," he says.

We might see more innovative solutions as the waters rise. In 2019, the UN held a roundtable discussion on floating cities, which might take the form of pontoon structures. Finally, stopping climate change by eliminating greenhouse gas emissions would prevent or delay at least some melting of the polar ice caps, slowing sea level rise.

"I think that governments need to be concerned," says D'Hondt. "If they don't want to have massive loss of infrastructure and economic capacity in a few decades, they need to start planning right now."

Continued on page 30



As the human built environment continues to grow, it adds pressure to the soil and bedrock below that can lead to subsidence

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The One Stop Problem Shop LIVING IN, OR RETIRING TO, TENERIFE

Many readers will be browsing the paper looking at, perhaps, buying or renting a property for your retirement or maybe as a holiday home for

yourself and family. When you own a property in a foreign country, as well as the obvious advantages (i.e. the sun!) there are always costs involved too. For example, here in Tenerife, if you buy a property as a holiday home, you are immediately obliged to submit an Annual Non-Resident's Tax Return. This does not mean that you must become a 'Resident', just that Spain wants some tax from you (apart from the money you spend eating out, shopping etc!) while you are here.

At The One Stop Problem Shop we can help you with this, as well as a host of other things that you may encounter.

If you are considering living in Spain as an early retiree or when you attain pensionable age, (whatever that might be these days!) then as a UK passport holder your only real option to achieve this is to apply for a Visa in the UK before you come to Spain. There are various Visa options, the main one being:

Golden Visa: To apply for this Visa you must invest (or have done so in the previous 2 years) €500,000 in property in Spain (per person!). The underlying investment does not have to be a single property but can be several, totalling at least €500,000. In addition, the investment property must be debt-free. As an example, you purchase a property for €750,000 and pay €510,000 in cash - the balance can be via a mortgage. For a couple, the €500,000 criterion

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For the Golden Visa each party is required to prove an annual net income from pensions, investments, property rentals etc of around €28,000. One of the main criteria is that your income can NOT derive from employment

When an application is made for a Golden Visa, the Consulate will ask you to provide a P45 (UK) or the equivalent from your home country. A letter of resignation, or 'Cessation' of self employment are also sometimes acceptable.

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Eight ways to make your clothes last longer

By Bel Jacobs



The ground under New York City is sinking partly due to the sheer mass of all its buildings – and it isn't the only coastal city to be suffering this fate. As sea levels also rise to meet these concrete jungles, can they be saved?

Shelley Tobin, COStume curator at the National Trust's Killerton House. near Exeter in the UK, is musing about what happens to waste materials in the fashion industry. "In Panipat on the northeast coast of India, a lot of used Western clothing is ground up and spun into new fibres, rather like the old shoddy industry in the north of England," she says ("shoddy" originally referred to cloth made from recycled wool). "These are made into blankets which come back to the West or go to help disaster victims. Even stained, worn T-shirts are turned into oil rags for the motor industry. Nothing is wasted and, in some ways, that's quite shameful for the West. Today, studies have shown that one out of three young women wear an item once [before thinking of it as 'old']."

That statistic, from 2019, will send chills up the spine of anyone who knows the industrial quantities of natural resources, chemical pollutants and badly-paid labour that prop up this trillion dollar industry, so, for Tobin, the new exhibition she has curated at Killerton must feel like a timely riposte. Showing 50 items from the Trust's fashion collection, Thirsty for Fashion celebrates techniques to repair and re-use clothing, from the 18th Century to the modern day. The point is made beautifully: ideas around re-wearing, re-using and recycling are not simply trends to be touted in glossy fashion magazines but have been lived realities for people through the centuries who had access to less and, therefore,

cherished much more "Recycling and reusing clothing has been commonplace throughout time," Tobin tells BBC Culture. "This exhibition asks: can we re-learn these skills, and apply them to our own wardrobes, to extend the life of our clothes?" Alongside precious vintage garments, including an embroidered silk parachute nightdress from 1944 when clothing and materials were rationed, 12 contemporary pieces show that modern repair is alive and kicking.

The contemporary exhibits show just some of the ways that designers today re-fashion surplus stock – Shelley Tobin

The present-day exhibits were chosen with specific ideas in mind. "We chose UK brands who are makers or who offer a return and repair service or who are sharing skills; examples of contemporary clothing made by people who are passionate about keeping clothes out of landfill," says Tobin. Labels include Community Clothing, the British-based social enterprise set up by Patrick Grant, designer and presenter of TV sewing competition The Great British Sewing Bee, as well as ELV Denim, Reworked 348, upcycled Christopher Raeburn, knitwear designer Flora Collingwood-Norris and José Hendo, a Ugandan British designer who works with sustainable barkcloth. "The contemporary exhibits show just some of the ways that designers today re-fashion surplus stock," says Tobin. Here, we can get some guidance from repairers through the centuries.

Re-model old pieces

A single item of clothing can be used, over and over again, in different ways and



Sewing, mending and upcycling have grown in popularity in recent years, thanks in part to TV shows such as The Great British Sewing Bee

for different people. Highlights in the exhibition include a child's dress, recycled from an adult's precious silk brocade gown in about 1750, as well as a stunning dress in floral silk brocade from the 1770s, remodelled when those types of brocade became popular again. "Women were looking in their grandmother's trunk or hunting in attics, and finding these dresses which had been preserved for a generation or more - and then taking them to their dressmakers to be remodelled into 1840s fashionable style," says Tobin.

2 Darn and mend – and make a feature of it

"You kept your clothing for as long as possible, because textiles were expensive, and people didn't have access to lots of new things," reflects Tobin. "And people had the skills; they'd learnt them from families or carers or at school." Amongst carefully darned stockings, darning tools and a quilt repaired with denim, Thirsty for Fashion displays the work of Collingwood-Norris, a passionate advocate for visible mending, "By making a feature of visible repairs, we

first, purchased with money that she'd saved), worn to Glastonbury festival and through her pregnancies and now, having been repatched and mended dozens of times, has been passed on to her daughter Elizabeth. "It obviously has a lot of significance for her, as well as being a lovely dress she didn't want to throw away," says Tobin. The oldest item in the section? A military greatcoat from World War Two, often worn by Tobin's son's friend during historical re-enact-ments. "There weren't just practical reasons for hanging on to things; the emotional connections really shone through," she says.

celebrate the life the gar-

ment has had, and make the process of mending more creative and fun,"

BBC Culture. "It becomes a statement to be worn with

3 Pass down precious clothing

For the section of the ex-

hibition titled Oldest Thing

in Your Wardrobe, Tobin in-

vited members of the com-

munity to bring in items that

they had worn for a long

time and that they contin-

ue to wear. Local resident

and Killerton bookshop

volunteer Kim Collins of-

fered her beautiful Afghan

dress, bought in 1974 (her

tells

Collingwood-Norris

pride.'

4 Be creative with how you wear what you have

Another of the exhibition's key pieces is an 1870s "transformation dress", a billowing, lush pink, full-length silk gown that could be matched with a modest long-sleeved bodice for daytime wear or a low neck, lace-trimmed bodice for evening. The gown's contemporary counterpart comes in the form of a stunning sculptural piece by Hendo, in dved barkcloth and recycled silk. that can be worn as a skirt



Included in the Thirsty for Fashion exhibition at the National Trust's Killerton is a child's party dress, re-modelled from an 1890 gown

or as a dress with a halter-neck back.

5 Use scraps inventively

Directly inspired by the transformation challenge in The Great British Sewing Bee, where contestants are asked to turn fabric scraps into colourful garments, a section titled Re-Invent at Killerton invites visitors to do the same The exhibition's designer produced drawings of garments that had been taken apart at the seams; visitors can then mix and match segments to create something new. "We want to get across the idea that you can make more things from one original garment," says Tobin. Also on display is an example of a Victorian patchwork made from silks, velvets and embroidery. "There's lots of interest in patchwork and quilting at the moment," says



of silk until it was replaced



Curator Shelley Tobin with 18th and 19th-Century gowns that have been created by re-purposing precious silk fabrics

they'd go off and leave their parachute behind. Then, local people would go out, retrieve the parachute, and use the non-damaged parts," says Tobin. "My grandmother told me you could get parachutes on the black market; I've seen



Flora Collingwood-Norris makes a feature of her visible repairs, and celebrates "the life the garment has had"

Tobin. "Even if you can't remake [scraps] into a garment, you can use those pieces to make something beautiful and useful to cover your bed."

6 Make clothes from unexpected materials

During World War Two, materials were carefully rationed, inspiring the government at the time to set up its famous Make Do and Mend campaigns, with lively posters and films, some of which are shown at Killerton. Parachutes – constructed rather luxuriously small ads in newspapers of the time, giving notice that a consignment had come in and would be on sale."

"Once you'd got your hands on a parachute, you had the raw materials to create lingerie, cami knickers, baby clothes, even wedding dresses," she continues. Patterns sold in shops showed how to make best use of the parachute's elongated triangular panels. Alongside the traditional pieces, a dress by London designer Christopher

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Exchange of UK Driver's Licences under the "grace" period is quickly passing and September will soon be upon us.

At the present time, those arriving in Spain with a Visa will be allowed to exchange their UK Driver's Licence within 6 months of becoming Resident, as is possible now (although the process may differ slightly once the CONVENIO/ AGREEMENT is actually in place). Thos people who have at that point been Residents for longer than 6 months with either the Green Residencia or a TIE will no longer be allowed to drive using their UK Licence and will not be permitted to do so until their UK Licence has been exchanged for a

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If you wish to exchange your UK Licence for a Spanish one or fall into the above situations, please feel free to contact us if you need any help with your exchange without you having to go to Santa Cruz. Contact us via WhatsApp (659 719 695), or email: motorworld@ motorworldtenerife.com, or by phoning our office





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Continued from page 32 Raeburn, made from silk maps given to Royal Air Force crewmen in World War Two and beyond into the Cold War, takes pride of place - as does one of Tobin's personal favourites, an elegantly styled dressing gown, made from an

army blanket.

"I've just been waiting for the right moment to show it," she says. "It was made by a young woman in the 1940s in Exeter who repurposed a heavy brown blanket, and added some slightlv worn green blanket wool to extend the length and to create a shawl collar. I hope this is the one piece



Leather stays, first made in the mid 18th-Century, have been mended and patched over in subsequent decades to prolong their life

that will inspire people to repurpose things you might not necessarily think of as clothing material. I've been eyeing up my son's old duvet cover to make a dress," she laughs. "Just because it didn't start life as a dress fabric, doesn't mean you can't make a dress out of it."

Make to grow into

"Techniques such as invisible mending, pin tucks and smocking were applied to children's clothes," says Tobin. Pin tucks in the hem of a skirt meant that, as the child grew in height, the skirt could be let out; as they grew in breadth, smocking across the chest could be adjusted. Sewing samplers - pieces of cloth featuring patterns and stitches that the owner may have learned or copied from others, to recreate again in new pieces. and often pieces of art in themselves - are displayed to show "the sorts of things that people were taught at school in the past, how to patch invisible mending, how to do pin tucks, how to do smocking," says Tobin. "We only need to look to history to discover ways to ensure that the clothing we buy, make and wear is durable, ethical and avoids waste."

Take care of what 8 you have

At Killerton, visitors can watch wartime films produced by the Ministry of Information on taking care of clothing. "Don't throw your coat on the chair the cat



A woman's dressing gown made in the 1940s from a surplus World War Two army blanket and repurposed green woollen cloth (Credit: National Trust/ Steve Haywood)

sleeps on; don't put your | wet shoes in front of the fire so that they dry out and lose their shape: it was that sort of thing," reflects Tobin. "The advice was to look after your clothes carefully, and to learn how to clean and mend them. It was also about choosing well." To il-

lustrate this. Killerton purchased a Breton shirt and a striped top from Grant's label Community Clothing. "They're classics that will not go out of date and which you can wear for years - provided you take care of them."

The sci-fi technology tackling malarial mosquitos

By Richard Baimbridge and Will Smale, Business reporters



Research group Target Malaria is testing gene drives on malarial

Environmental campaigner Liz O'Neill doesn't mince her words about gene drives - the next generation of genetic modification (GM) technology.

"It is extremely worrying," says the director of UK anti-GM pressure group, GM Freeze. "To release something that has been specifically created in a laboratory in order to outfight nature, and spread without exception within wild populations, is extraordinary arrogant. "And once the genie is out of the bottle, you cannot put it back in."

The way gene drives work sounds like something from a science fiction novel, but they are already being used in laboratory tests. It is complicated stuff, but here is a simple explanation

While standard GM introduces a new, lab-tweaked gene into a organism, gene drive technology goes one stage further. It introduces a gene drive - a lab-created gene that can also automatically replicate itself that targets and removes a specific natural gene.

This is how it works: if an animal (parent A) that contains a gene drive mates with one that doesn't (parent B), then in the forming embrvo that starts to combine their genetic material, parent A's gene drive immediately gets to work.

It recognises the natural gene version of itself in the opposite chromosome from parent B, and destroys it, by cutting it out of the DNA chain. Parent B's chromosome then repairs itself but does so, by copying parent A's gene drive.

So, the embryo, and the resulting offspring, are all but guaranteed to have the gene drive, rather than a 50% chance with standard GM - because an embryo takes half its genes from each parent.

Genetic scissors

Gene drives are created by adding something called Crispr, a programmable DNA sequence, to a gene. This tells it to target the natural version of itself in the DNA of the other parent in the new embryo. The gene drive also contains an enzyme that does the actual cutting.

So, what is the point of such complex technology?

It is hoped that gene drives can be used to greatly reduce the numbers of

other pests or invasive species

This process is more efmuch faster and further.

forefront of this is Target Malaria, which has developed gene drives that stop mosquitos from producing female offspring. This is important for two reasons only the females bite, and without females, mosquito numbers will plummet.

ization.

es in 2020, mostly in Afrinomic output every year.



Gene drives are able to cut another gene out of a strip of DNA



Anti-GM campaigner Liz O'Neill is concerned that gene drives could go wrong if used in the wild

from cane toads, to lionfish.

brown snakes, fruit flies,

zebra mussels, and Jap-

anese knotweed - is even

higher. They cost the US

and Canada \$26bn (£21bn)

a year, according to the US

Department of Agriculture's

National Invasive Species

Information Center. Glob-

ally, it puts the impact at

\$1.29tn over the past 50

Yet, campaigners like Liz

O'Neill say that the risks of

unforeseen consequenc-

es, such as the gene drive

leading to harmful and un-

foreseen mutations and

knock-on effects, are too

years.

high. "Gene drives are GM on steroids supercharged," she says. "Every concern one would have about the use of any genetic modification is exponentially more worrying when talking about gene drives because of how far and wide they are designed to spread."

Dr Jonathan Kavondo is a principal investigator for Target Malaria in Uganda. He points out that natural gene drives already exist dominate or "selfish genes" that override weaker ones. He also stresses that in continuing to develop engineered gene drives safety remains the core concern.

"Malaria is one of the oldest diseases on the planet, and despite decades of efforts, a child still dies of malaria every minute," he savs.

"Innovative approaches are urgently needed as both the malaria mosquito and the malaria parasite are becoming increasingly resistant to current methods. Gene drive ap-Continued on page 36

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malarial mosquitos, and

fective than standard DNA because as every single offspring has the introduced gene trait it spreads

One organisation at the

The core aim is to greatly reduce the number of people who die from malaria of which there were sadly 627,000 in 2020, according to the World Health Organ-

It could also slash the economic impact of the disease. With 241 million casca, malaria is estimated to cost the continent \$12bn (£9.7bn) in reduced eco-

The financial effect of invasive species - everything

Do you still have bank accounts, National Savings products, and investments, in the UK?

It can be comforting to retain the financial assets you have always had as they are familiar in a way that you understand.

This is a natural feeling especially as many people are adapting to the Spanish way of life.

However, the questions to ask are, is this wise, is this the best strategy to avoid overpaying tax and could you be sacrificing potentially better opportunities just to feel safe?

We now live in different times. The financial services landscape for UK nationals living in EU countries has been re-written following **Brexit**.

While British expatriates will open a local bank ac-

count in their country of residence, many will also retain their UK bank accounts and often also keep UK investments such as National Savings & Investments products and ISAs. This is partly for convenience but also because they are familiar and feel secure.

One major consequence has been that many **UKbased banks** have had to **close UK accounts** held by EU-resident clients, leaving expatriates without the bank account they may have used for many years.

Following Brexit many British expatriates received letters from their UK bank asking them to close their accounts. The situation is evolving, and you should question whether your bank accounts in the UK are fit for purpose now.

National Savings & Investments (NS&I)

The situation with NS&I accounts is a little different, but linked, with the same outcome.

National Savings & Investments have always been a UK savings provider, backed by HM Treasury, and it does have some customers who live abroad. However, they still need a UK bank or building society account in their name.

Premium Bond prizes for example are tax free in the UK however if you are a Spanish tax resident (live in Spain for more than 183 days), these prizes would be added to your taxable income in Spain for the year in question. Similarly, any income from oth-

er NS&I savings products would need to be included in your Spanish tax return.

ISA´s

Again, these are tax free in the UK, but any interest and gains made from them are fully taxable in Spain if you are resident here. Savings income tax rates are 19%, 21%, 23% and 26% depending on how much savings income you have.

UK investments

When the UK left the EU in 2020, its financial advisory services industry lost EU passporting rights. This means that UK-based financial advisers are no longer automatically authorised to give advice to EU residents unless they have the necessary regulatory permissions in each jurisdiction their clients live in. At Blacktower Financial Management we hold the necessary licences in each jurisdiction we operate in to advise you as an expatriate living in Spain.

Ideally you should review

all your investments, such as bonds and stocks and shares, as, besides income tax, you could also face capital gains tax in Spain.

There are more tax efficient options available which we lead into now.

The alternative options in Spain as an expatriate.

Your investments should be structured around your individual needs and objectives taking into consideration your time horizon and risk tolerance.

There are highly tax efficient opportunities available to all residents of Spain. One of the more favoured alternatives is a Spanish tax-compliant life assurance contract which acts as an investment wrapper. With this structure, tax is not payable on income from the underlying asset until a withdrawal is made, and even then, only the gain is subject to tax.

You should regularly review ALL your savings and investments to make certain they are tax efficient and meet your objectives and life in Spain. Breaking old habits can help us grow as individuals but also your financial picture can be enhanced greatly if you take specialist advice.

At Blacktower Financial Management Group, we provide cross-border, tailored advice to our clients' needs. If you would like to have a face to face meeting to discuss your options, please call Richard Black on **0034 619 074 965** or email **richard.black@ blacktowerfm.com**

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Continued from page 34 proaches could be part of an integrated approach to combat malaria, complementing existing interventions."

Dr Kayondo adds that Target Malaria is continuing to test gene drives on mosquitos at Imperial College in London, and at Italian re-

search firm, Polo GGB. He adds: "The project is proceeding step-by-step, and at each phase the safety of the technology is being evaluated. "External scientific ad-

vice and independent external risk assessment are being sought for each stage and phase of the research, and the project will not pro-



nteeism from work and schoo

that sparked an

environmental

movement

iconic environmental photographs ever taker

Apollo 8 captured a spec-

tacular sight as they orbited

the Moon: the illuminated

Earth appearing above the

1968 the crew of

By Isabelle Gerretsen

'Earthrise': The photo

More than 50 years after it was shot, Earthrise continues to be seen as one of the most

n Christmas Eve, | barren lunar horizon.

The Nasa astronauts were

"Oh my God, look at that pic-

ture over there! There's the Earth

coming up. Wow, is that pretty!"

Bill Anders shouted at fellow as-

tronaut Jim Lovell, "You got a col-

our film, Jim? Hand me a roll of

awestruck by what they saw.



The economic impact of malaria is significant and wide-ranging involving nteeism from work and school

ceed further if evidence of a concern about human, animal health or environmental safety makes the technology unacceptable to participating communities and national governments."

One of the world's pioneering developers of gene drives is US biologist Kevin Esvelt, an assistant professor at Massachusetts Insti-

tute of Technology. He first came up with the technology back in 2013.

Prof Esvelt says that safety is the main concern, and it is being built into the latest gene drive technolo-

"Given the potential for gene drives to alter entire wild populations and therefore ecosystems, the de-

colour, quick, would you?" "That's a beautiful shot," said Lovell as Anders clicked the shutter and captured what has become one of the world's most famous photographs.

The image was coined "Earthrise". It was the first colour photograph of Earth taken from space and quickly circulated around the world. The photo is widely credited with propelling the global environmental movement and leading to the creation of Earth Day, an annual event promoting environmental activism and awareness, in 1970. More than 50 years after it was shot, Earthrise continues to be seen as one of the most iconic environmental photographs ever taken.

"It's just the perfect image," says Michael Pritchard, programmes director at the Royal Photographic Society in the UK. "It was a colour and good high-resolution image that could be reproduced really well and it provided a perspective of the Earth that had never been seen before.

the Earth from space but also put it into a context that we hadn't seen before," he says. "It showed

velopment of this technology must include robust safeguards and methods of control," he says.

Prof Esvelt adds that this technology is being provided by something called "daisy chain". This is where a gene drive is designed to become inert after a few generations. Or halving its spread every generation

until it eventually stops. Using this technology he

says it is possible to control and isolate the spread of gene drives.

"A town could release GM organisms with its boundaries to alter the local population [of a particular organism] while minimally affecting the town next door," he says.



The economic impact of malaria is significant and wide-ranging involving absenteeism from work and school

that Earth was this very vulnerable sphere in space."

In the late 1960s, environmental perspectives and activism were rapidly sweeping across the United States and Europe. The environmental groups Friends of the Earth and Greenpeace were founded in 1969 and 1971, respectively. The US government established the Environmental Protection Agency in 1970.

'It was the only colourful thing in the Universe'

Eighteen months after the Apollo 8 astronauts shot Earthrise. 20 million people took to the streets across the US to protest environmental destruction in the first ever Earth Day. Kathleen Rogers, president of the Earth Dav Network, says the Earthrise photo played a pivotal role in encouraging people to take part in environmental activism. "It gave rise to Earth Day, which now has a billion people participating, and created an environmental movement worldwide," says Rogers. The posters for Earth Day in 1970 all featured the Earthrise photo, she savs

Before Earth Day, people talked about how space exploration had made it far clearer how unique we are, adds Rogers. "Once the

photo was published, members of Congress and global leaders all started talking about how fragile the Earth was. Earthrise highlighted the uniqueness of Earth in that big black universe and it drove home to millions of people how dirty our planet was."

It showed that Earth was this very vulnerable sphere in space -Michael Pritchard

Pritchard adds that images such as the Earthrise photo can say far more "than pages and pages of reports" from environmental organisations.

"[It highlighted] that the Earth is not something that we can continually take from, that we have to preserve it," he says. "That's where Earthrise's real strength and importance lies...it was able to sum up so much in just a single image in a way that transcended documents and papers."

Because of its history and powerful message, the Earthrise photo continues to ignite environmental awareness. "It shows the Earth that we all live on, a little blue sphere set within this black expanse," says Pritchard. "It suggests everything from fragility to our uniqueness.



"It clearly showed
The TPG Magazine 37

DOG OF THE MONTH



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harsh life he had lived at such a young age. Nobody pays any attention when they come to look for a dog to adopt, it is almost as though he is invisible. He is a little nervous with new people but you can quickly win his trust and he is well behaved, walks nicely on the lead and is obedient. He feels much more

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June 2023 - Issue 224 · The Tenerife Property & Business Guide

cause organ problems by

disrupting the nerves along

the spine, but this has nev-

er been shown to actual-

ly exist, meaning their at-

tempts to treat it for both

back pain and organ prob-

lems is viewed by many

as not only ineffective, but

meaningless and irrespon-

Osteopath

Osteopaths are quite

similar to chiropractors in

that they also place a lot of

importance on manual ma-

What's the difference between a Physiotherapist, a Chiropractor and an Osteopath?

To the average person, an osteopath, a physiotherapist, and a chiropractor may seem like more or less the same job. All deal with musculoskeletal pain, require a university degree, and certification from an accredited course.

While they may seem similar at a glance, the three professions take very different approaches to health, so it is important to understand what sets each one apart from the others before deciding which of these professionals is best for you.

Physiotherapist

Probably the most wellknown of the three job titles, it is worth starting off by drawing a distinction between a physiotherapist and the similar-but-distinct title of physical therapist. While both can be legitimate careers, it is important to know that only physiotherapists require a university degree, while physical therapists receive a narrower range of training over a shorter period of time.

In comparison to osteopaths and chiropractors, one of the primary distinctions of physiotherapy is its use of an all-encompassing approach that looks beyond the purely physical elements of an issue, also taking both psychological and social factors into account when treating patients. This means that if a patient were to present themselves to a physiotherapist complaining of back pain, rather than simply identifying the problem area and treating the symptoms, a physiotherapist will attempt to identify why the problem manifested in the first place, and prevent it from recurring in the future. This means looking at the physical side of things, such as posture and movement patterns, as well as psychological aspects such as stress or anxiety, and social factors such as work habits and hobbies.

Chiropractor

Of the three job titles, chiropractors are definitely the most commonly associated with back problems, although some claim it can help with issues such as asthma or sexual dysfunction. But at the same time, chiropractors are also among the most controversial in medical circles. The main feature of chiropractic treatment that sets it apart from physiotherapy and osteopathy is its focus on manipulation, which is when joints are pushed and pulled to their farthest possible range of motion. The belief is that physical pain can be resolved by getting a chiropractor to manually put everything "back in the right place".

Chiropractors are some-

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what controversial for a number of reasons. Firstly, their techniques are seen as unnecessarily risky, with chiropractors having some of the highest instances of adverse patient reactions. They are also looked down upon from a scientific perspective, with one of their main theories having no evidence to even support its existence. "Chiropractic subluxation" is claimed to

graphs, plans, a description

nipulation, although they tend to be a lot more gentle. The prevailing theory of osteopathy is that the body is at its best when all of its tissues are moving how they are supposed to. Osteopaths therefore assess a patient's health by feeling their tissues, and attempting to stimulate movement where they believe it is lacking.

As osteopathic manipula-

the Town Hall has been approved, their administration charges paid and the Certificado de prescripción de infracción urbanística has been obtained. this can then be used to draft a complementary property deed. This deed differs from the original property deed as it declares that i) new works have been carried out to the property, ii) describes what has altered and perhaps most importantly iii) defines the new revised built area that the property occupies. Once this deed has been signed before a Notary, taxes can be paid to the Hacienda and then it can then be presented to the Registro de la Propiedad (Spanish Land Registry) where the notarized deed can be registered.

The importance of registering any such improvements is that when the property comes to be sold or passed to heirs, and when the customary searches are requested, the one to the Land Registry will show and describe the tion is so much more gentle than chiropractic manipulation. Many see it as harmless, or even beneficial when combined with other medical treatment. However, some studies have shown osteopathy to be ineffective in achieving its claims, while others show evidence to support it. The general consensus is that while osteopathy may have science to back up some of its claims, other claims are simply not true, and further research is needed to separate fact from fiction.

Although these jobs may seem similar, and usually have similar goals, it is clear to see that there is a distinct difference between physiotherapists, chiropractors, and osteopaths. To the average person, these titles may appear interchangeable, but many people will make a different choice when presented with the facts.

While there is a clear frontrunner from a scientific perspective, the key takeaway here should not be to learn the technical difference between these roles, but to realise the importance of researching medical professionals before seeing them. Only then can you make a truly informed decision.

distribution and floor area of your property as it actually is. This will make things much clearer and less complicated at a time when delays in rectifying such matters could be costly, time consuming and which could possibly jeopardize a sale.

Also, if you or a potential purchaser is having the property valued to raise a mortgage, the person valuing will discover that part of the property is unregistered and will likely recommend that this be rectified. It could result in the mortgage offered being less than you or a potential purchaser had hoped for.

If you or the previous owner of a property you now own has extended that property and you would like to know if you can progress in the manner described above please do not hesitate to contact me, Philip Wright, Spanish Technical Architect and Chartered Building Surveyor to discuss further. My mobile number is 667 757 323.

OFFICIAL REGISTRATION OF ALTERATIONS OR EXTENSIONS TO PROPERTIES



altered.

I am often asked by property owners if it is possible to get official Town Hall recognition for works carried out some time ago without appropriate Building Licenses. ie Works which have enlarged a property or even created a wholly new property. They are usually very concerned that they could at some stage in the future be fined or even be faced with tearing down that

which has been created or

In many cases the answer is yes, you can have the works officially recognized, providing a number of conditions are met:

The works carried out must not occupy a protected "green" zone, a public space, a public highway or walkway or a protected site of natural beauty. Enquiries in your local Town Hall should confirm this point one way or the other.

At least four years must have passed from when the works were completely finished.

That no-one has lodged an official complaint (Denuncia) against the works, which has then been ignored and left unresolved.

That your property does not form part of a community where the limit of development has been reached

In Spanish what needs to be applied for is a "Certificado de prescripción de infracción urbanística" or Certificate of recognition of a planning infraction.

The paperwork needed to apply for this is normally put together by a Technical Architect or Architect. This is because aerial photo-

and detailed measurements of the property both in its original and altered state are required, together with the normal accompanying documents such as copy of title deed (escritura), NIE and IBI receipts. Also, within the submission, the same professional must sign a declaration to the effect that the works to the property were completed more that 4 years ago and that the property complies with minimum habitation standards

and is structurally stable. Depending on the Town Hall applied to and complications of consultations to affected parties this process can take from 3 to 6 months. In certain cases, such as where a property is adjacent to the sea, the Spanish Coastal Department will need to be consulted to ensure that there has not been an encroachment into the protected coastal zone. If this is the case it is highly likely that the application will be refused.

Once the application to

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Why we're so terrified of the unknown

By David Robson, Science writer and author, London



unknown

ur deep fear of the unknown not only scares us, but it can scramble our brains. Why does uncertainty make us so uneasy?

Imagine you are expecting to hear back from a potential new employer about an exciting job offer. Your interviewer was hard to read - there's simply no way of guessing the outcome. As the days go by, do you half wish that you could just know the outcome - even if it is bad news - rather than endure a single minute more of the agonising wait? How about your feelings during dating? Would you rather that someone told you, upfront, that they didn't want to see you again, rather than waiting for your phone to ping with a new message? Would you even risk your dignity by asking for signs of commitment at an inopportune moment?

In both scenarios - and many more - a feeling of uncertainty can bring acute discomfort. For some people, a general inability to process ambiguous situations can even fuel chronic anxiety disorders. "Uncertainty can intensify how threatening a situation feels," says Ema Tanovic, a psychologist with the Boston Consulting Group in Philadelphia, who has also researched the consequences of uncertainty at Yale University.

Scientists including Tanovic are now making huge strides in explaining why uncertainty can be so excruciating, and delineating the knock-on consequences for our decision-making and behaviour. By understanding

but the participants do have a choice to know the result immediately, instead of waiting a few seconds before they find out. The immediate knowledge comes with a penalty, though: if they do win the trial, they will have those mechanisms, we can less chance of winning and learn to alleviate those feelthe prize will be smaller. ings - and perhaps even thrive under the fear of the

Known unknowns

ries of slightly sadistic stud-

ies. In a typical experiment,

participants are hooked up to

electrodes, capable of deliv-

ering a harmless, but slight-

ly painful, electric shock to

the skin, while the research-

ers measure physiological

responses that tend to cor-

relate with stress - such as

the sweating of the skin or

In study after study, the re-

searchers found that any el-

ement of unpredictability sig-

nificantly increases people's

discomfort, despite there be-

ing no objective difference

in the intensity of the shock.

Participants show great-

er stress if there is a 50%

chance that they might re-

ceive a shock, for example,

compared to situations in

which there is a 100% cer-

tainty that they will be elec-

"If we think in purely ra-

tional terms, this does not

make sense: a 50% chance

of a shock should be half as

anxiety provoking as a 100%

chance if all we care about is

the threat itself," says Tano-

vic. "But this is not how our

minds work." And it's not just

the uncertainty of a threat

we're also reluctant to place

ourselves in potentially prof-

itable situations if they in-

volve an element of unpre-

Tanovic recently asked

participants to play a game

called the "Uncertain Waiting

Tasks". It doesn't take much

discomfort:

that causes

dictability.

trocuted.

changes in pupil size.

Despite it being the more rational option, only 37% of the participants opted to wait on every single trial. The rest were willing to take a finan-Our knowledge of uncercial hit to avoid some of the tainty's effects on the brain anxious waiting in a state of and body comes from a seuncertainty.

skill - throughout various tri-

als, the participants have

the chance of winning a lit-

tle money. The outcome of

each trial is purely random,

Uncertainty can intensify how threatening a situation feels -Ema Tanovic

Tanovic says that many everyday situations elicit the same kind of reaction. "People can try very hard to reduce uncertainty and the anxiety that comes with it, like repeatedly calling a loved one to make sure they are OK, texting a crush incessantly when they haven't texted back, compulsively refreshing one's inbox when expecting to hear back about an interview," she says "Sometimes it works and the behaviour resolves the uncertainty, but these actions can often be quite costly in terms of the time, effort and effect on relationships."

Neuroscientists have started to track the brain activity behind this kind of flawed decision making. The research is still ongoing, but the results so far offer some hints of the neural response to uncertainty. There appears to be heightened activity in the amygdala, for example, which may reflect a state of "hypervigilance", so that we are extra alert to potential risks. Uncertainty also seems to trigger the anterior insula, which is involved in weighing up the consequences of a particular event, and which may inflate the brain's estimates of the potential damage.

Our reactions to uncertainty may have made sense in evolution. The brain is constantly trying to predict what will happen next, allowing it to prepare the body and mind in the most effective way possible. In uncertain situations, that planning is a lot harder - and if you're potentially facing a predator or a human foe, the wrong response could be deadly. As a result, it could pay to err on the side of caution - either by avoiding the uncertainty altogether or by putting the brain and body in an aroused state that is ready to respond to a changing situation.

"Treating unknowns as potential threats would have been adaptive, as long as the associated anxiety did not compromise [essential activities] such as seeking food and shelter, or selecting mates," explains Nicholas Carleton, a psychology professor at the University of Regina, Canada. In his opinion, the "unknown" represents one of humanity's "fundamental fears" - perhaps even more important to our behaviour than our fear of death.

> A matter of interpretation

Despite this common evolutionary foundation to our fears of the unknown, people may vary greatly in their perceptions of uncertainty beliefs that may shape their responses and their consequences for someone's health and wellbeing. Psychologists such as Carleton measure these attitudes using the "intolerance of uncertainty" scale. To get an idea of how you might score, rate the following statements from 1 (not characteristic of me at all) to 5 (entirely characteristic of me):

· Unforeseen events upset me greatly

· It frustrates me not having all the information I need · I should be able to organise everything in advance and

 When it's time to act, uncertainty paralyses me · The smallest doubt can

stop me from acting People who score high intolerance of uncertainty tend to show heightened stress responses to uncertain situations. Intriguingly, they also tend to find it hard to "unlearn" fears, once safety has been established. In those electric-shock experiments, for example, participants may come to associate a cue - such as a particular picture or sound - with the feeling of pain. After a while, however, the researchers simply stop delivering the shock.

Eventually, most people will stop exhibiting heightened stress when they come across the cue. But those with high intolerance of uncertainty need a lot more exposure to the now-harmless cue, than people with low intolerance of uncertainty. "They display difficulties in updating the old threat associations to new safety associations," says Jayne Morriss, a research fellow at the University of Reading, UK, who has conducted many of these studies.

This may be one reason why high intolerance of uncertainty greatly increases someone's vulnerability to a range of anxiety disorders and depression, as fears linger long after the potential threat has passed.

In most cases, uncertainty appears to be a core element of anxiety - Nicholas Carleton

An inability to process the unknown could also increase rumination - another known contributor to many mental illnesses - as the mind cycles through every possible outcome of the situation at hand. "In most casply cannot function without resolving every unknown, leading them to feel paralysed whenever things don't go exactly to plan. But with gentle encouragement to step outside their comfort zone, they may find the feelings are not nearly as bad as they fear and that a small amount of chaos in their lives can even offer an opportunity for learning and growth. At work, for instance, you might volunteer to take on an unfamiliar job - and see whether you can manage far better than you think, despite your doubts.

Whether or not you suffer from a clinical disorder. it may be worth remembering that attempts to predict the future are often completely futile. "When we worry, we think about the possible outcomes of an uncertain situation in an attempt to somehow prepare," says Tanovic. "In reality, worrying does not reduce the uncertainty we face and instead sets us up to feel more anxious." As the ancient Stoics taught us, we'd do far better to accept our inability to control the situation.

In some cases, we may even be able to recognise



In many cases, a feeling of uncertainty can bring acute discomfort, and even trigger anxiety disorders

es, uncertainty appears to be a core element of anxiety," says Carleton. Carleton and Morriss both point out that many existing psychotherapies can increase people's tolerance of uncertainty.

Cognitive behavioural therapy, for example, can teach people to stop 'catastrophising' thoughts that might be triggered by an unpredictable event and to question their ability to cope with uncertainty. Some people may assume that they sim-

that uncertainty can be a source of excitement. We may not relish the discomfort at the time, but in hindsight, it's often the element of surprise that makes our successes all the sweeter. Life would be very dull, after all, if the outcome of every event were known in advance and by learning to acknowledge that fact, we may be better equipped to navigate those unsettling moments of emotional limbo.











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Los Cristianos, Pizzeria

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€320,000 FRINA Tenerife is happy to offer this long-established and very popular Freehold Pub for Sale in Los Cristianos. This business had the same owner for many years and is known for its lovely atmosphere and food, so no doubt you will have guests from day 1. Note the owners wish to keep the sale very discreet, hence we can only provide limited details here... For full information see website or contact: Ref: 2422 | FRINA Tenerife SL -

Business Sales | 922 085 191 Tenerife South, Bar supply

€299,000 FRINA Tenerife offers this very reputable Bar Supply Company for Sale. This business has been established for more than 20 years and delivers soft drinks and alcohol to bars and restaurants in Tenerife. You will get a proven profitable company with many clients and a good reputation. The premises are 350m2 of storage with an office space and easy pa... For full information see website or contact: Ref: 2481 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Bajo, Bar/Cafe

€250,000 FRINA Tenerife offers this famous Tenerife café for sale. The café is in San Eugenio and is known for its international menu and live music. It has been open for years and has a good reputation among residents, tourists, and on social media. And whether you are looking for an investment or a well-established business to run yourself, you cannot miss th... For full information see website or contact:

Ref: 2505 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Restaurant

€250,000 FRINA Tenerife offers for sale this Large Front-Line Restaurant in Las Americas facing the beach promenade which is always busy and offers a lovely view. Moreover, the restaurant is located on a corner, so you have even more people passing and a large terrace! If you are looking for that amazing location to open a large restaurant or lounge bar you... For full information see website or contact: Ref: 2459 | FRINA Tenerife SL -Business Sales | 922 085 191

Playa San Juan, Restaurant

€250,000 This modern Restaurant for Sale in Playa San Juan is located centrally on the main street. It is known for its international menu offering brunch, burgers, and Spanish specialties. This business has fast become one of the most visited restaurants in the area and the guests just keep coming back to enjoy the menu, lovely style, and amazing atmosphere. ... For full information see website or contact: Ref: 2504 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Excursion Business

€250,000 FRINA Tenerife is excited to offer this Unique Diving Business for Sale in Puerto Colon. If you dream about a great water sport business on the island of external spring, you cannot miss this! It has been established for many years and has no direct competition. The diving experience is offered on underwater scooters making it possible for everyone to par... For full information see website or contact: Ref: 2409 | FRINA Tenerife SL -Business Sales | 922 085 191

€249,999 - €150,000

Costa del Silencio, Bar/Cafe €230,000 FRINA Tenerife is now offering this Belgian Bar/cafe for sale. Located in the Tenbel commercial centre. Tenbel is a well-known centre and attracts both tourists and residents. This bar is well-known with the Belgian residents on the island. also, this bar offers a wide range of Belgian beers. The premises are 100m2 of interior space with a 15m2 kitc... For full information see

website or contact: Ref: 2538 | FRINA Tenerife SL -Business Sales | 922 085 191

La Caleta, Bar/Cafe

€225,000 FRINA Tenerife now offers for sale this amazing lounge bar in Costa Adeje. This lounge bar just had a full refurbishment, and everything is made to the highest quality. This bar serves mostly drinks but also has burgers. The bar offers high quality at affordable prices. The premises are a 50m2 newly refurbished interior along with a large terrace that ... For full information see website or contact:

Ref: 2551 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur, Commercial Property

€220,000 FRINA Tenerife is now offering this investment property for sale, in Golf del Sur. This property has an established business and good tenants The premises of this freehold is a 66m2 interior and a terrace of 40 m2. If you wish to know more about this commercial property investment contact FRINA Tenerife. Para información en español llámenos: +34 ... For full information see website or contact: Ref: 2523 | FRINA Tenerife SL -Business Sales | 922 085 191

San Isidro, Gymnasium

€220,000 FRINA is happy to offer this Large and Modern Gym for Sale in Tenerife South. This gym has been established for more than 4 years and offers 2 fully equipped floors, an advanced booking system, more than 600 clients and professional employees. The premises are over 500 m2 distributed on 2 floors that are fully equipped with dumbbells, machines, gym roo... For full information see website or contact:

Ref: 2472 | FRINA Tenerife SL -Business Sales | 922 085 191 Torviscas Bajo, Bar/Cafe €210.000

FRINA Tenerife this Busy Cocktail Bar For Sale in Torviscas Bajo, which is known as one of the best cocktail bars in the area and has excellent reviews on TripAdvisor, Facebook and other social media. It has been established for years and you will take over a genuinely successful business. Moreover, the owner only works limited hours hence, this is a g... For full information see website or contact: **Ref: 2567 | FRINA Tenerife SL -Business Sales | 922 085 191**

Adeje Town, Bar/Cafe

€200,000 FRINA Tenerife is happy to offer this rare opportunity a Cafeteria and Lottery for Sale. This is a unique business that sells lottery tickets, sandwiches, cakes, coffee, drinks, and also minimarket products. You get 3 businesses in 1 which secures you a high income every day. The premises are very spacious and in good condition! All materials and machi... For full information see website or contact: Ref: 2502 | FRINA Tenerife SL -

Business Sales | 922 085 191

€190,000

A new business for sale is this Italian Food & Wine Restaurant in La Caleta. The business is known for a delicious Italian menu with pizzas, fresh shellfish, homemade desserts, and quality wines. This cozy restaurant is a must-see if you are looking for a wine-bar and restaurant with an ambitious menu. The premises are spacious 150 m2 with a large a... For full information see website or contact: **Ref: 2403 | FRINA Tenerife SL** -

Business Sales | 922 085 191

Los Cristianos, Bar/Restaurant €190,000

FRINA Tenerife now offers this Famous and Successful Asian Restaurant for Sale. This restaurant is located centrally in Los Cristianos and is very busy. An amazing reputation secures many gusts every day and evening both new and returning. If you are looking for a successful business with a good and steady income you cannot miss this! The premises ... For full information see website or contact: Ref: 2542 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Alto, Pool Bar €175,000

FRINA Tenerife presents this new Freehold opportunity Poolbar in

San Eugenio Alto. A perfect located Freehold Poolbar inside a complex which is approximately a twenty minutes driving from Reina Sofia airport in the south. Almost opposite the resort there is Aqualand, a water park more suited to younger family members. The Freehold Poolbar is nearby att... For full information see website or contact: Ref: 2603 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Bar/Cafe €170.000

FRINA Tenerife now offers this Sea View Bar for sale in Los Cristianos, it is a unique and perfect option for the demanding buyer! You find this Sea View Bar in San Telmo which is busy all year and both days and nights. The current owner has designed the Sea View Bar and decorated it to perfection. Furthermore, the bar overlooks the large a busy Playa ... For full information see website or contact: Ref: 2584 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€169,000 FRINA Tenerife now offers this Well-Known British bar Los Cristianos. It Is known for its highquality food and entertainment. The bar is located in a busy area that attracts many tourists and residents. This bar has been for almost 10 years and has a great reputation and a high income. So if you are looking for a bar in Los Cristianos you can't miss this... For full information see website or contact: Ref: 2550 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Freehold Property €159,900

FRINA Tenerife Offers this empty freehold local in Puerto Colon for sale. It is located in the commercial centre of Puerto Colon and is a very central and busy location, with a lot of tourists all year round. Thanks to the beaches, excursions businesses, and bars in the area. This local is bright and spacious 76m2 freehold local is on the 1st floor and... For full information see website or contact:

Ref: 2521 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Alto, Pool Bar €150.000

FRINA Tenerife presents this rare opportunity to buy a Freehold Pool Bar for Sale. This pool bar is in a busy complex in Torviscas. It is an apart-hotel complex where you will have both residents, expats, and tourists as guests. A pool bar is always a sure success and whether you wish to work less and only sell



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famous Las Vistas beach. The Bar

in Los Cristianos has a great client base and is frequented by a lot of tourists, it has breakfast and lunch

menu that satisfied all kind of

Ref: 2602 | FRINA Tenerife SL -

FRINA Tenerife now has the

pleasure to offer this beautiful charter boat for sale in Puerto's

colon. Puerto Colon is one of the

busiest tourist harbours on the

island and which contributes to this

boat's popularity. This sunseeker boat includes an attached

navigation 8 seats and 2 Volvo Kad

FRINA Tenerife offers this Freehold

Office for Sale in Puerto Colon Commercial Center. A very central

and busy location that enjoys lots of

footfall year-round thanks to the

many excursions business and bars in the area. Also, you are close to

parking. The office is bright and spacious 92 m2. It was refurbished

in 2019 with new electrical

installations... For full information

Business Sales | 922 085 191

Puerto Colon, Empty Local

300 engines from 2021. Ref: 2545 | FRINA Tenerife SL -

Business Sales | 922 085 191

Puerto Colon, Charter Yacht

website or contact:

... For full information see

€149,000

€140.000

drinks and ice cream during the day or al... For full information see website or contact Ref: 2555 | FRINA Tenerife SL -Business Sales | 922 085 191

Fanabe, Pub

€150,000 FRINA Tenerife offers for sale this Entertainment Pub & Restaurant for Sale located on the first line in Fanabe. It is known to be one of the busiest entertainment pubs in the area offering live music every day. And in the evenings, you must book to be sure to get a table. Moreover, the place offers a full British menu. Nevertheless, you find both British ... For full information see website or contact

Ref: 2503 | FRINA Tenerife SL -Business Sales | 922 085 191 Las Americas, Bar/Cafe

€150,000 FRINA Tenerife now offers this Famous traspaso café in Las Americas. And, it is a wonderful opportunity, to buy one of the most reputable British cafes in Playa Las Americas. The owner opened this bar over 10 years ago. And has grown to be one of the most recognized and popular cafes in the area. It has a great reputation for quality food, delicious cakes... For full information see website or

Ref: 2533 | FRINA Tenerife SL -Business Sales | 922 085 191

FRINA Tenerife now offers this

Prime Location Bar in Los

Cristianos, in front of Playa Las

Vistas. It is a rare chance to buy in

a truly prime location in front of the

€149,000

Los Cristianos, Bar/Cafe

Ref: 2477 | FRINA Tenerife SL -Business Sales | 922 085 191 €149.999 - €100.000 Los Cristianos, Pizzeria

see website or contact:

€140.000 Now FRINA Tenerife offers this Business for Sale in Los Cristianos. The business is known for great pizzas and being located on a very busy street close to the beach and with a lot of footfall. Normally this is a very busy pizzeria that generates

a high turnover year-round. Contact FRINA Tenerife for more details on this. The premises offer a large For full information see website or contact Ref: 2417 | FRINA Tenerife SL -

Business Sales | 922 085 191 Las Americas, Bar/Cafe

If you are looking for a Las Americas bar you cannot miss this successful business, which is famous for its amazing atmosphere, showing sports events and popular live entertainment several times a week. This bar has been open for more than 40 years and the current owner has only made this already well-established bar an even bigger success! Moreover, t... For full information see website or contact: Ref: 2197 | FRINA Tenerife SL · Business Sales | 922 085 191

Torviscas Bajo, Irish Bar

€139.000 FRINA Tenerife is happy to put on the market a Busy Irish Bar for Sale Traspaso. This lovely bar is in Torviscas Baio where it is visited by tourists of all nationalities. Irish bars are always popular and so is this, securing the owner and high monthly income. Moreover, this place has a great reputation, and vou will earn money from day 1! If you are ... For full information see website or contact:

Ref: 2518 | FRINA Tenerife SL -Business Sales | 922 085 191 Las Americas, Bar/Cafe

€132.000 FRINA Tenerife now offers this Long-Established Bar in Las Americas in the famous Avenida Las Americas. It is a rare chance to buy in a truly prime location in this area full of big hotels and tourists. The Bar in Las Americas

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has a great resident and tourist client base thanks to 22 years of activity with the same owner, it serves mostly drinks and so ... For full information see website or contact

Ref: 2605 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Bar/Cafe €129.000

FRINA Tenerife now offers this Amazing View Bar for sale in Los Cristianos, it is a unique opportunity in a prime location. You find this ba in Commercial Centre San Telmo which is full of tourists and locals all year and both days and nights. The owner has renovated the bar and has made it modern and cozy. Furthermore, the bar overlooks the beautiful... For full information see website or contact

Ref: 2594 | FRINA Tenerife SL -Business Sales | 922 085 191

Arona, Property Management €125,000 FRINA Tenerife now offers this Rustic Finca Management in Arona in a quiet area with mountain and sea view. The business consists of renting and maintaining the villa and the land with the possibility of living inside this beautiful Rustic Finca. Important to notice that the owner will give the management with the same rental conditions and for the fir... For full information see website or contact: Ref: 2582 | FRINA Tenerife SL

Business Sales | 922 085 191

Puerto Colon, Sports Bar

€125,000 FRINA Tenerife offers for sale this Entertainment Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment great atmosphere attract and people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and For full information see website or Ref: 2590 | FRINA Tenerife SL · Business Sales | 922 085 191 Fanabe, Bar/Cafe €120,000

tasty food. This place always has...

New on the market is this classic English Tea room, which is known for its delicious homemade cakes and a classic British tea table. And naturally, most clients are British residents and tourists. It is a smaller café which is perfect for a couple and it is great even if you have kids since it is only open during the daytime. Premises of the Tea Roo... For full information see website or

Ref: 2292 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Restaurant €120.000

FRINA Tenerife is happy to offer this popular and successful Las Americas restaurant for sale. This business has been established for more than 8 years and is known to serve great food for a fair price. The menu is a wide range of ever-popular meals for the whole family like pasta, steaks, roast chicken pizzas, and more. And moreover, the restaurant h... For full information see website or contact: Ref: 2387 | FRINA Tenerife SL -

Business Sales | 922 085 191 Costa del Silencio, Commercial

Property €109,000

1 bed · This 1 bedroom apartment is located on the 1st floor in Palia don Pedro, an aparthotel with reception, swimming pool (heated in the winter!), animation etc. The apartment has an american style kitchen and is very lunimous with direct access to the terrace from the living room. Parking space in the communal parking is included! Community fess: 197€ month, ...

For full information see website or contact. Ref: 08-0819 | Tenerifehome. com | 922 783066

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Las Americas, Lap Dance Bar €109,000

For sale in Tenerife is this newly refurbished bar & club which has the license to run both as a Cabaret Bar (lap dance) and Bar Sexual (sex club). You can choose to buy the business as a traspaso (leasehold) or buy it with the full SL company. Premises of the Lap Dance Bar & Club The club is newly built, and you get 300 m3 which are fully furnished... For full information website or contact: see Ref: 2254 | FRINA Tenerife SL -

Business Sales | 922 085 191 Puerto de Santiago, Pizzeria

€109.000 FRINA Tenerife brings to the Market this Pizzeria - Seafood Restaurant in Puerto Santiago, located in the touristic area of Santiago del Teide and with a stunning view on the Ocean. The two locals have the same owner and the same employees, they work mostly with Tourists, but it is also very wellknown between the residents of the town. The Rent of the ... For full information see website or contact: Ref: 2609 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Restaurant €106,000

FRINA Tenerife presents this Modern Restaurant in Puerto Colon for Sale in San Eugenio Bajo located on a busy street and overlooking the sea. This Modern Restaurant is fully renovated and has a unique decor, it faces stunning sunsets and enjoy an excellent flow of people, both tourists and locals Premises of the Restaurant for Sale The premises.. For full information see website or contact.

Ref: 2593 | FRINA Tenerife SL -Business Sales | 922 085 191 Tenerife South, Retail Business

€100.000 FRINA Tenerife offers for sale this retail business that sell car and vehicle parts. The business is located in Los Realeios, where it serves many locals in the area and some British people. The business has a solid reputation and had a healthy income, but is now closed. Included in the retail business The owner wishes to sell the business... For full information see website or contact:

Ref: 2343 | FRINA Tenerife SL -Business Sales | 922 085 191 Fanabe, Bar/Cafe

€99,500 This well-known British Café for Sale in Fañabe is one of the best known in the area and has been established for many years. It is English known for classic breakfasts, cakes, Sunday Roasts, and much more. Furthermore, the café has great reviews among residents, tourists, and on social media, and no doubt you will guests from day one with this busines... For full information see website or contact:

Ref: 2397 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon. Excursion Business

€95.000 FRINA Tenerife is happy to offer this unique Excursion Business for Sale in Tenerife. This business offers both Flyboard excursions and Crazy UFO excursions. The business has been open for more than 6 years and runs all year round thanks to the great climate and warm sea waters here. The business includes all the equipment which are 2 fly boards, 1 ... For full information see website or contact: Ref: 2427 | FRINA Tenerife SL Business Sales | 922 085 191

El Madronal, Babywear Shop €86,500

FRINA Tenerife brings to the market this Baby SPA Wellness in Costa Adeie, a one-of-a-kind business in the island. The Baby SPA has a very good reputation thanks to the beautiful online reviews. It comes with all furniture included. The Baby SPA Wellness has a full SPA licence and you are allowed to offer therapeutic massages too. It is in El Madroñal ... For full information see website or contact: Ref: 2581 | FRINA Tenerife SL -

Business Sales | 922 085 191

Torviscas Bajo, Pool Bar €85,000

FRINA Tenerife just took on this large pool bar in Torviscas Bajo. It is very well established and placed in a large and popular holiday resort that has hundreds of tourists every month year round. The pool bar has a large terrace overlooking the pool and with tables for 50 guests. The inside premises are fully equipped with a large bar and an industri ... For full information see website or contact: Ref: 2385 | FRINA Tenerife SI

Business Sales | 922 085 191 Vilaflor, Bar/Restaurant €80.000

FRINA Tenerife is happy to offer this

beautiful Restaurant for Sale placed in the caves of a large finca in Tenerife. Today the place is known for its beautiful location and surroundings with wines and fruits trees and offers a modern Canarian menu made from local and homegrown products. This is a successful business with an amazing reputation but ther... For full information see website or Ref: 2549 | FRINA Tenerife SL -

Business Sales | 922 085 191 Costa del Silencio, Restaurant

€79.000 FRINA Tenerife offers for sale in Costa del Silencio this restaurant that is known for delicious fish and tapas. It has been established for almost 2 years and has earned itself a good reputation and has very high reviews on Google, TripAdvisor, and Facebook. The premises are spacious 300m2 and moreover, have a terrace of 40 m2. Inside are tables for 1... For full information see website or contact: Ref: 2515 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Beauty Salon €76.000

FRINA Tenerife offers Traspaso Nail and Beauty Salon for Sale. It has a prime position in Las Americas facing the busy promenade and offering a stunning sea view. The business offers a variety of treatments among others manicure, pedicure, waxing, massages, tinting of lashes and eyebrows, facials and more. The premises are amazing and refurbished to hi... For full information see website or contact: Ref: 2564 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Bajo, Sports Bar

€75,000 FRINA Tenerife is happy to offer this Music & Sports Bar for Sale. The business is in Torviscas Baio 5 minutes far from the famous Torvisca Beach and known for sports events and entertainment. The Music & Sports Bar has a pool table used frequently in the evening by professional team and organise Karaoke and Bingo events for his clients. Wheth... For full information see website or contact

Ref: 2588 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Baio, Bar/Cafe

€65,000 FRINA Tenerife offers this British Bar & Café in Torviscas Bajo in a full of tourists area. The Bar has a good reputation and great client base, it is operative and ready for work This British Bar is easy to run and perfect for a couple, it has been recently renovated and the owner will support the buyer during the first month of activity. Premises... For full information see website or contact

Ref: 2579 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeje Town, Pizzeria

FRINA Tenerife is now offering this well know pizza restaurant traspaso in Adeie. The restaurant is centrally located, in the centre of the old Adeie town. Where it is in a residential complex. This is a restaurant that is popular among the residents and families in the

€60,000

area. The premises are a spacious 92 m2 restaurant that has a large, covered terrac... For full information see website or contact: Ref: 2525 | FRINA Tenerife SL -Business Sales | 922 085 191

Playa Paraiso, Bar/Restaurant €59.000

FRINA Tenerife offer for sale Playa Paraiso this restaurant-café. It is known for quality meals inspired by the Italian kitchen and especially their fish and pizzas are delicious and popular. This location has few direct competitors and attracts both regulars and tourists. The premises are spacious 70 m2 and newly refurbished with an open kitchen.. For full information see website or contact:

Ref: 2474 | FRINA Tenerife SI -Business Sales | 922 085 191

Adeje Town, Bar/Restaurant €59.000

FRINA Tenerife is now offering this Long-Established Bar Restaurant in Adeje. The Restaurant is centrally located, in a busy main street of Adeje town. This is Bar Restaurant is very popular among the residents milies in the area and it has a and fa loyal client base. Premises The premises are a spacious 58m2 inside where you can host up to 30 sea... For full information see website or contact:

Ref: 2595 | FRINA Tenerife SL -Business Sales | 922 085 191 Adeje Town, Pizzeria

€55.000

Now FRINA Tenerife offers this Adeie Pizzeria for Sale that has been established for several years and is known for delicious pizzas. If you wish to keep running this business as a pizzeria, this location is perfect to establish yourself as a takeaway and delivery business for all the surrounding complexes. This is the area for you that gives loyal cus... For full information see website or contact:

Ref: 2416 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Alto, Bar/Cafe €53.000

FRINA Tenerife brings to the market this Traspaso Cafe for sale in San Eugenio. This café is known for homemade Italian food and has been established for years hence, it has a good reputation and many regulars. It is a perfect size for a couple who wishes to work together and as a first-time buy. Today the owner does not offer delivery, but the café ... For full information see website or contact:

Ref: 2565 | FRINA Tenerife SL -Business Sales | 922 085 191 Los Cristianos, Bar/Cafe

€52 000

FRINA Tenerife offers this Bar & Café Traspaso in Los Cristianos in a long-term tourists and residents' area. The Bar has a good reputation and great client base, it is operative and ready for work. This Bar Traspaso is easy to run and perfect for a couple, the Menu is rich and diversified and the waitress support the new owner in the first month. ... For full information see website or contact: Ref: 2577 | FRINA Tenerife SL -

Business Sales | 922 085 191 Los Cristianos, Minimarket €51 000

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The Business, established 7 years ago, if marketed more aggressively, could be extremely successful. It would have the advantage of being fed clients from the Studio4Decor Interior Design and Furniture shop,



situated across the road which has been established on the Island for 20 years with an excellent customer service record.

There is little competition in the vicinity and these premises are in the perfect position close to Golf del Sur and Amarilla Golf – with their large concentration of residents, not to mention that within 10 to 15 minutes lie Palm Mar, Los Cristianos and Las Americas with their huge numbers of international residents. There are literally 1,000's of potential clients nearby and the Studio4Decor team are on hand to give all the help and guidance any new owner could need.

Accounts are available for inspection to any serious buyer. The Business is profitable and the only reason for sale is that it is too much for one person to run both and there are plans in place to grow the Interior Design & Furniture part. With the right person the Exterior Furniture & Sunshade Shop can be taken to the next level with fabulous earning potential.



This Business is unique for 3 reasons:

- There is nothing else for sale like this on the Island and it is
 situated in a very popular area, with ample parking.
- The Studio4Decor team is close by and on hand to give
 support and guidance during a transition period.
- The Business has an extensive and attractive product
- range with excellent suppliers from Mainland Spain, with transport logistics already in place.

€85,000

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