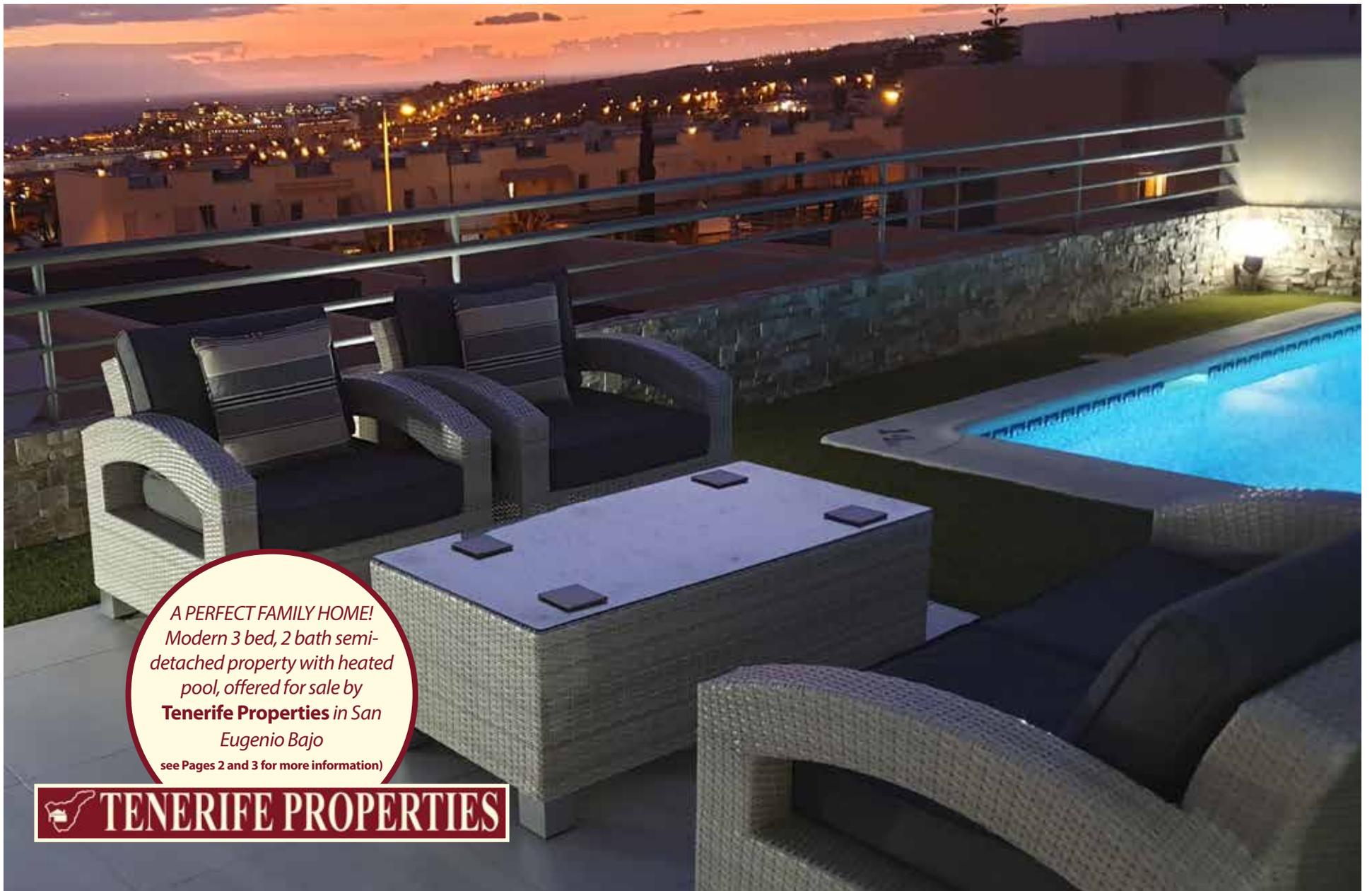


The Tenerife Property & Business Guide



Part of the Spanish Property Guides Group | November 2019 Issue 181

Tel: 922 703 725 • Email: george.thetpg@gmail.com • www.thetenerifepropertyguide.com



A PERFECT FAMILY HOME!
Modern 3 bed, 2 bath semi-detached property with heated pool, offered for sale by **Tenerife Properties** in San Eugenio Bajo
see Pages 2 and 3 for more information)

 **TENERIFE PROPERTIES**

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TENERIFE PROPERTIES

This beautiful property with its own heated pool is located in a sought after development in the exclusive Adeje suburb of El Madroñal.



Adeje,
El Madroñal,
Los Girasoles

€650,000

Lovely, modern-style 3 bedroom, 2 bathroom semi-detached house with heated pool in the sought after Los Girasoles complex. This location and property would make the perfect family home. Set on a plot of 400m², the villa is spacious and light and has a wraparound, huge terrace and heated private pool, plus garden and dining / sitting area. From the upper terrace you can enjoy spectacular views and stunning sunsets. This is a truly luxurious property with top quality fixtures and fittings, and many extras, including: electric sun blinds, air-conditioning, alarm system, electric entry system and many more. Viewing is highly recommended!

To organize a viewing and for further information please contact Lynne or Rachel at Tenerife Properties:

(00 34) 922 724 110
(00 34) 608 573 443
lynne@tenerifeproperties.net





TENERIFE PROPERTIES



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Club Atlantis, San Eugenio

NEW INSTRUCTION

Luxury 1 bed, 1 bath apartment, fully refurbished.

€390,000 Ref: N1375

Ocean Park Phase I, San Eugenio

Well-appointed 1 bed, 1 1/2 bath apartment in this sought-after complex with pool and pool bar. This lovely apartment has been refurbished to a high standard and has an American kitchen with breakfast bar, lounge, bedroom, plus a mezzanine that is used as another sleeping area - perfect for children, secure, and has a ladder access. There are also 2 terraces with sea and pool views, both facing due South with the sun all day long. The complex is gated and has private parking.

€239,000 Ref: N1372

Ocean View, San Eugenio Alto

1 bed, 1 bath apartment. Needs refurbishment.

€115,000 Ref: N1365

Caledonia Park, Torviscas Alto

Spacious studio apartment on front line complex.

€119,950 Ref: A406

Balcon del Atlantico IV, Torviscas Alto

1 bed, 1 bath luxury apartment with sea views.

€179,000 Ref: N1325

Chapparal, Costa del Silencio

1 bed, 1 bath apartment with terrace. Fully refurbished.

€89,000 Ref: N1333

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Mareverde, Torviscas

2 bed, 1 bath apartment with views to the pool and sea.

€215,000 Ref: T1168

Windsor Park, Torviscas Alto

NEW INSTRUCTION

1 bed, 1 bath apartment with large terrace and sea views.

€183,000 Ref: N1359

Sunset Bay, Torviscas

Large 2 bed, 2 bath apartment with very easy access from the road through a private gate. This refurbished apartment has a fully equipped kitchen, lounge / dining room, 2 double bedrooms, 2 bathrooms (one en suite), patio and large terrace with views to the communal gardens, street and the sea. This apartment could be very easily adapted for wheelchair access.

€365,000 Ref: T1171

Vera de Erques, Rural house

3 bedroom, 1 bathroom duplex apartment with 2 terraces.

€490,000 Ref: I1304

Las Flores, San Eugenio

NEW INSTRUCTION

2 bed, 2 bath bungalow with private garage.

€465,000 Ref: T1173

Club Atlantis Bungalows, San Eugenio

2 bed, 2 bath front-line duplex bungalow.

€572,000 Ref: T1172

Translators available for any other languages.



Tel: 922 724 110 • Sales: Lynne: 699 250 870 Rachel: 608 573 443
 Local 3, C.C. Palo Blanco, San Eugenio, Adeje 38660, Playa de las Americas
 www.tenerifeproperties.net • lynne@tenerifeproperties.net





CHAYOFA, LAS LOMAS

Spacious, quality, part-furnished, 2 bed, 2 bath townhouse in sought after gated complex with pool and lovely sunbathing terrace. The property enjoys sea views and has a lounge/diner, independent kitchen, large sunny terrace with al fresco dining area, a nice garden and private double garage. Located in popular residential area close to amenities.



Price: 250,000€

Ref: 2TH3430

Built: 95sqm

Terrace/Garden: 66sqm

GRANADILLA, VILLA



Outstanding 4 bed, 3 bath villa including guest suite and private pool in popular, sought after location. This immaculate, fully furnished property enjoys sea and mountain views and has a lounge/dining area, independent kitchen, library, office, various store-rooms, a large garden with al fresco dining/BBQ area and a private garage with direct access from the house. Extras include: aircon, automated watering system, satellite TV, burglar alarm, solar panels and an electrically-operated garage door.



Price: 578,000€

Ref: 4V3285

Built: 304sqm

Terrace: 850sqm



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San Eugenio Alto, Oasis



- 1 bed
- 1 bath
- Close to beach and amenities
- Close to bars and restaurants
- Touristic area
- Sea views
- Furnished
- Sunny terrace
- Community pool

48 15

Price: 137,000€ Ref: 1A3433

San Eugenio Bajo, Ponderosa



- Studio
- 1 bath
- Close to beach and amenities
- Touristic area
- Sea and La Gomera views
- Furnished
- Sunny terrace
- 24 hour Security
- Community pool

34 6

Price: 155,000€ Ref: 0S3432

Cabo Blanco, Canarian House



- 4 beds
- 2 baths
- Rural location
- Mountain views
- Independent kitchen
- Furnished
- Refurbished
- Large roof terrace
- Private garage

141 55

Price: 210,000€ Ref: 4CH3431

Torviscas Alto, Balcon del Andalucia



- 2 beds
- 1 bath
- Popular urbanisation
- Close to amenities
- Sea views
- Furnished
- Double glazing
- Sunny terrace
- Community pool

59 22

Price: 199,500€ Ref: 2A3428

San Eugenio Alto, Island Village Heights



- 1 bed
- 1 bath
- Gated community
- Close to bars and restaurants
- Sea and La Gomera views
- Furnished
- Renovated
- Sunny terrace
- Community pool

40 8

Price: 165,000€ Ref: 1A3422

Las Americas, Parque Santiago III



- 1 bed
- 2 bath
- Touristic area
- Sea front
- Close to amenities
- Sea views
- Furnished
- Various sunny balconies
- Community heated pool

48 12

Price: 448,000€ Ref: 1A3425

Torviscas Alto, The Sunset



- 2 beds
- 1 bath
- Gated community
- Sea views
- Furnished
- Immaculate
- Large sunny terrace
- Private garage
- Community pool

65 18

Price: 240,000€ Ref: 2A3423

San Eugenio Bajo, Garden City



- 1 bed
- 1 bath
- Close to beach and amenities
- Sea, mountain, and La Gomera views
- Furnished
- Sunny terrace
- Community pool
- On site super-market
- Reception

69 20

Price: 210,000€ Ref: 1D3418

San Eugenio Alto, Island Village Heights



- 1 bed
- 1 bath
- Central
- Close to amenities
- Touristic area
- Sea and La Gomera views
- Immaculate condition
- Sunny terrace
- Communal pool

49 7

Price: 190,000€ Ref: 1A3399

San Eugenio Bajo, Panorama



- Studio
- 1 bath
- Sea front
- Close to amenities
- Overlooks pool
- Furnished
- Sunny terrace
- Off street parking
- Community pool

32 6

Price: 210,000€ Ref: 0S3398

Poris de Abona, Urb Casa Blanca



- 2 beds
- 2 baths
- Close to beach
- Sea and mountain views
- Part furnished
- Sep. s/c apartment
- Swimming pool
- Large sunny terrace
- Private garage

116 30

Price: 380,000€ Ref: 2B3415

San Eugenio Alto, Altavista



- 2 beds
- 2 bath
- Touristic area
- Gated community
- Close to amenities
- Sea views
- Fully furnished
- Street parking
- Communal pool

64 32

Price: 239,500€ Ref: 2A3347



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**Los Cristianos, Playa Graciosa**

Beautiful 2 bed, 2 bath ground floor apartment in sought after complex with pool and sunbathing terraces. This spacious property has a lounge/dining area, fully equipped kitchen and 2 sunny terraces overlooking the pool and a parking space.

Ref: 13-0919

€300,000

**Playa San Juan, Finca**

Beautiful, fully furnished country house with pool and amazing sea views. House in 2 parts: a 2 bed, 2 bath (both en suite) house with 50sqm terrace; the 2nd a studio with own bathroom and kitchen (total 56sqm). Garden and laundry with bathroom for pool users. Total plot 4,750sqm.

Ref: 1503-0819

€895,000

**Parque de La Reina, Tigaiga II**

Nice 2 bed, 2 bath ground floor apartment on popular complex with pool. The property has a lounge/diner, a large sunny terrace (27sqm), and a parking space with storeroom. Close to amenities.

Ref: 1492-0619

€139,500

**Costa del Silencio, Parque Don Jose**

Fully furnished, 1 bed, 1 bath ground floor apartment in popular complex with lovely pool area. The property has a lounge-diner, open plan, American-style kitchen and a large, 25sqm sunny terrace. Com. Fees: €112 per month.

Ref: 10-0919

€159,500

**Costa del Silencio, Maravilla**

Spacious (117sqm) fully furnished 2 bed 2 bath (1 en suite) apartment on sought after sea front complex with pool and parking. The property has a lounge/dining area, semi-sep. kitchen, and a 28sqm sunny terrace.

Ref: 1501-0719

€258,000

**South Tenerife, Basement and Double garage**

Basement of 963sqm divided into 2 parts: 1: a huge garage with 2 parking spaces and 22 large storerooms; 2: a beautiful 3 bed, 3 bath apartment with 2 patios (1 open, 1 closed). Part of a Community of 15 apartments and pool.

Ref: 1503-0719

€350,000

**Costa del Silencio, Los Geranios**

Beautiful 1 bed, 1 bath 1st floor apartment in lovely complex with pool. The property has a 15sqm sunny terrace overlooking the pool, large roof terrace, lounge/diner and an open plan kitchen.

Ref: 18-1019

€139,000

**Costa del Silencio, La Baraca**

Very nice, fully furnished, 1 bed, 1 bath penthouse apartment on well-maintained complex with pool. The property has a lounge-diner, open kitchen, sunny terrace plus roof terrace with great mountain views and parking space.

Ref: 15-0919

€159,000

**Costa del Silencio, Townhouse**

2.5 bed, 2 bath townhouse on corner plot with front garden, rear terrace with BBQ and drive for 2 cars. The property has a lounge-diner, sep. kitchen, and separate additional room suitable for office, laundry etc., and sunny roof terrace.

Ref: 09-0819

€239,500

**Costa del Silencio, Balcon del Mar**

Wonderfully-located, fully furnished, 1 bed, 1 bath top floor apartment on sought after sea front complex with pool. The property has a lounge-diner, open plan kitchen and sunny terrace with fantastic sea views.

Ref: 1497-0619

€164,950

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Las Adelfas I - Golf del Sur

CC Puerto Colon - Playa de Las Américas



MARINA BERTH

Amarilla Golf

A RARE OPPORTUNITY!

This 12 x 4 metre berth, situated in a vibrant sporting Marina in Amarilla Golf, is something of a rarity in terms of its enviable location and its bargain price tag. The San Miguel Marina is almost at maximum capacity and good value berths for sale are hard to come by, with most owners choosing to either moor their own boat or alternatively renting the berth to receive a monthly return on their investment.

Ref: AMG00533

Price: €29,000 (approx. £25,217)



1 BED DUPLEX APARTMENT

Amarilla Golf

IDEAL BLANK CANVAS!

This one bedroom duplex apartment offers vistas to the sea and the golf course from the two separate terraces. Set over two levels, upstairs is a bathroom and bedroom which leads to a private terrace with sea views. The property is somewhat of a blank canvas and presents the perfect opportunity for anyone looking to create their dream home in the sunshine. Previously €120,000.

Ref: AMG00529

Price: €110,000 (approx. £95,652)



1 BED APARTMENT

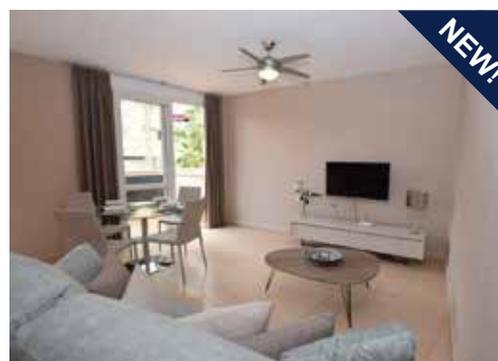
Golf del Sur

GREAT INVESTMENT PROPERTY!

This spacious one bedroom property is an ideal base as a budget holiday home or as a rental investment. Located in the centre of Golf del Sur, on a holiday complex with pool bar and cafeteria, reception area and on site supermarket. The complex has a pleasant pool area with one large pool and two smaller pools. The property is light and bright and has room for an extra sleeping area. Previously €117,000.

Ref: GOLF01574

Price: €112,000 (approx. £97,391)



1 BED APARTMENT

Roque del Conde

TURNKEY PROPERTY!

A stylish and immaculately presented one bedroom poolside apartment located on a popular residential complex. If you are considering a winter base or a long term rental investment property then this is ready now! Situated on a quiet residential development in the convenient Roque del Conde area of Costa Adeje. The property is sold furnished and has an underground parking space included.

Ref: LA01859

Price: €139,950 (approx. £121,696)



2 BED BUNGALOW

Golf del Sur

SPACIOUS HOLIDAY HOME!

This bungalow is in a fantastic position on the complex offering peace and quiet and privacy on all the three terraces, guaranteeing sun all day. The property is extremely spacious and has a large well equipped kitchen, the extended lounge is the perfect place to chill out after all the sunbathing you will have done. The bungalow has been cleverly converted changing a utility area into a small guest room.

Ref: GOLF01589

Price: €159,900 (approx. £139,043)



1 BED APARTMENT

Los Cristianos

RENOVATED & MODERN!

This very well presented one bedroom apartment has been fully renovated with a stylish, modern open plan kitchen, fully fitted bathroom, spacious lounge and double bedroom, which both have patio doors leading to the terrace balcony. Based on a popular tourist complex with heated pool, 24 hr reception, poolside bar restaurant and all local amenities are close by including the town centre.

Ref: LC00588

Price: €190,000 (approx. £165,217)

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NEW!
EXCLUSIVE



An impressive detached villa with private heated pool and gardens, located in a quiet area of Callao Salvaje on the West coast of the island, which is within easy reach of Costa Adeje. Relax by the pool and in the private garden, enjoy the spacious lounge and modern kitchen and take in the views from the panoramic roof terrace with 360 degree views. **SEE THE VIDEO TOUR ON OUR WEBSITE!**

Ref: CS00163
Price: €995,000
(approx. £865,217)



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EXCLUSIVE

2 BED APARTMENT

Palm Mar

CORNER PROPERTY WITH PARKING!

Two bedroom, two bathroom residential apartment in modern development with beautiful mature garden areas and large community pools. Located on a corner position with balcony terrace. Sold partly furnished, equipped and finished to a high standard throughout. Double underground parking space and large storeroom. Palm Mar is a rapidly developing area with a natural pebble beach and local amenities.

Ref: PM00104

Price: €219,950 (approx. £191,261)



NEW!

3 BED TOWNHOUSE

Llano del Camello

SPACIOUS FAMILY HOME!

This corner positioned townhouse is located in the very convenient and popular residential area of Llano del Camello and is a perfect home for a family! With plenty of indoor and outdoor space with large terraces and a sun terrace on the upper floor. Spread over 4 floors including the underground parking area, this is practical living at its best. The gated complex has a community pool area.

Ref: OG00198

Price: €225,000 (approx. £195,652)



EXCLUSIVE

2 BED APARTMENT

Golf del Sur

HIGH END TURNKEY OPPORTUNITY!

An immaculate, top quality two bedroom apartment which will take your breath away! High end spec and fantastic furnishings, meaning the only thing you need to do is stock the fridge and start sunbathing on the sun drenched south facing terrace. The master bedroom is a good size and the en-suite bathroom and the second bathroom are both stunning. Must be seen to be appreciated. Close to all amenities.

Ref: GOLF01572

Price: £199,000 (approx. €228,850)



NEW!

2 BED BUNGALOW

Amarilla Golf

FRONT-LINE POSITION!

A wonderful opportunity to acquire a beautifully presented two bed, two bath bungalow which is situated in an idyllic front-line development only metres from the sea. The property offers a comfortable 75m² internally and a generous sun drenched 23m² of terrace too. The layout is very practical with the spacious bedrooms on either side of the lounge which is furnished to a high standard, the master bedroom is en-suite.

Ref: AMG00534

Price: €295,000 (approx. £256,522)



EXCLUSIVE

4 BED HOUSE

Golf del Sur

LARGE CORNER PLOT!

A fantastic opportunity to own a four bedroom, four bathroom house, situated on a corner plot, in a highly sought after complex in Golf del Sur. Finely manicured lawn with a spacious south facing terrace, where it is difficult not to imagine yourself and the family all enjoying sunny days and evenings here. This property is one of the largest within the complex and should not be missed.

Ref: GOLF01590

Price: €325,000 (approx. £282,609)



EXCLUSIVE

4 BED LINKED VILLA

Costa Adeje

PRESTIGIOUS LOCATION!

This luxury four bedroom villa is located in one of the most prestigious areas of Costa Adeje. Within walking distance of quality restaurants, designer shopping centres and the Playa del Duque beach. Based on a high quality residential complex with lovely communal pools and garden areas as the centrepiece. The property also has its own private pool and garden, and comes with a double underground garage.

Ref: LA01756

Price: €599,500 (approx. £521,304)

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Palm Mar, Bahia de Los Menceyes



Luxury 1 bed, 2 bath apartment on this prestigious development which is just a short stroll to the sea front. It is sold furnished and the price includes secure underground parking space and a storeroom.

Price: €310,000

Palm Mar, Laderas de Palm Mar



This delightful 1 bed, 1 bath apartment has a sunny aspect and overlooks the lovely pool area. It is bright and spacious throughout and is sold furnished.

Price: €179,995

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Palm Mar, Paraiso del Palm Mar II



Beautifully presented, bright and spacious, fully furnished 2 bed, 2 bath apartment with a rooftop solarium with all-day sun. Marvellous views over the village to the sea.

Price: €285,000

Residencial San Blas



Spacious, fully furnished 3 bed, 2 bath (1 en suite) linked house on this small residential complex with delightful pool and close to the sea. There are views of mount Teide at the front of the house and sea view from the rear.

Price: €335,000

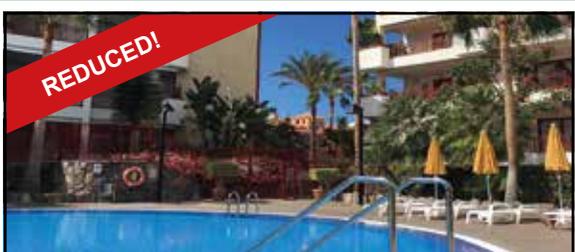
Palm Mar, Paraiso del Palmar I



Bright and spacious 1 bed, 1 bath apartment that overlooks the nature reserve. It has wonderful views and the benefit of a large sun terrace upstairs. The property is beautifully presented and is sold fully furnished.

Price: €187,000

Palm Mar, Los Balandros



Bright and spacious 1 bed, 1 bath duplex apartment with all day sunshine and views over the 49sqm pool out to La Gomera from the large upper terrace. Sold furnished, the property has the opportunity to utilise the additional upstairs room as a second bedroom.

Price: €189,000

Palm Mar, Lovely villa



Fully refurbished and furnished, bright and spacious 4 bed, 2 bath villa in the heart of the village. The property enjoys sea views from the solarium and there is an integrated garage.

Price: €499,500

Palm Mar, Club de Mar



Spacious, fully furnished, 3 bed, 2 bath (master en suite), plus cloakroom, townhouse on three levels in the lovely coastal village of Palm Mar. There is also a very large integral garage and pleasant garden.

Price: €410,000



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SALES

AMARILLA GOLF



Immaculate, open plan, two bed, two bath (one en suite) villa with air conditioning, driveway, gardens front and rear, private swimming pool and large entertainment area. Close to the golf course.

£380,000 Sterling

CHARCO DEL PINO



Semi-rural detached villa with private pool, roof terrace, entertainment area and secluded garden within Canarian village community.

€349,000

AMARILLA GOLF



Beautifully appointed, spacious one bed garden apartment with two terraces in sought after location.

€129,000

GOLF DEL SUR



Well presented three bed, two bath villa with garden, two terraces and a sea view situated on a popular residential complex close to all amenities.

€299,000

AMARILLA GOLF



Spacious top floor two bed apartment situated on popular residential complex close to the pool and on site supermarket. Close to the golf club and all other amenities.

£155,000 Sterling

LLANO DEL CAMELLO



Spacious three bed, two bath unfurnished spacious apartment with terrace overlooking the pool. Excellent family home.

€149,000

AMARILLA GOLF



Three bed, two bath villa with private pool and driveway situated in popular residential area, close to the sea. Ideal family home.

£350,000 Sterling

GOLF DEL SUR



Two / three bed top floor apartment in central San Blas location.

€135,000

GOLF DEL SUR



West-facing, spacious three bed, two bath apartment on popular complex. Garage space and storeroom included.

€229,000

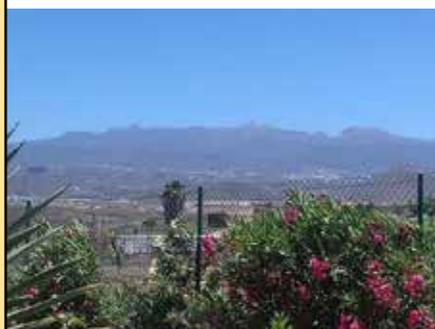
AMARILLA GOLF



Immaculate and contemporary top floor one bed apartment overlooking San Miguel Marina.

€165,000

AMARILLA GOLF



Wake up to views of Mount Teide with this beautifully refurbished one bed apartment within walking distance to the Golf Clubhouse.

€139,000

AMARILLA GOLF



Two bed, two bath poolside, south facing duplex apartment with two large terraces on popular complex.

£159,000 Sterling

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Calle Luis Alvarez Cruz,
 nº6, Edf Bahia Azul, Local 8C
 Las Galletas - Next to post office



Fantastic terraced house in Guargacho



3-story terraced house for sale in Guargacho. Upon entering this property you are met with an open plan lounge, a fully equipped and recently renovated kitchen with an island-diner and a downstairs toilet – the downstairs also has air conditioning installed. On the second floor you will find a double bedroom with fitted wardrobes and air conditioning, a smaller bedroom and a full bathroom complete with bath.

The top floor has recently been fully refurbished and is an extremely spacious and bright bedroom with an en-suite bathroom, lovely views, fitted wardrobes and all the installation ready for an air conditioning unit. This incredible property also has a very large front and back terrace. The back terrace allows access to the downstairs garage with ample storage, an additional room (which is currently being used a home

gym) and a bathroom (with shower and bidet). There is a also a smaller storage/laundry room in which everything has been pre-installed for a pool to be fitted above.

This house has everything you could possibly need, it would be an ideal family home and is located in a very calm area with shops, restaurants, bus stops etc all in walking distance.

€273,600

Ref:
G062-RA273

**LONG TERM PAYMENT SCHEME NOW AVAILABLE!
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Calle Tagara,
 Jardin Botanico
 Local 8
 ADEJE



GUIA DE ISORA



BEAUTIFUL FINCA!
 Spectacular villa (alt.450m on plot of 2,000sqm) with pool, gardens, terraces and lovely views. The main building has 2 bedrooms, 2 guest rooms, living room and an open kitchen. A second guest property has 2 bedrooms and a bathroom. All rooms have sea views. Lots of storage space.

Ref: 1069 €545,000

TEJINA DE ISORA



BEAUTIFUL VILLA!
 Spacious and bright, fully furnished 3 bedroom, 2 bathroom villa in quiet location with living room and kitchen and small, separate studio apartment. The property also has several terraces, a private pool, and storeroom. Excellent views!

Ref: 1066 €620,000

ADEJE



BEAUTIFUL VILLA - REDUCED!
 Centrally-located in great residential area, this beautiful, fully furnished 4 bedroom, 3 bathroom villa with own pool, utility room, terraces, and garage.

Ref: 1036 €695,000

**We cover the whole of the South ...
 That's why we have two Offices (in Adeje and Alcala!)**

**PROPERTIES WANTED FOR RENT
 CLIENTS WAITING!**

Piedra Hincada



Finca (5,000sqm) with 120sqm 3 bed, 1 bath house, with living room, kitchen, terraces and several buildings suitable for reform (total built 500sqm). Fantastic views.

Ref: 1043 €460,000

Santa Cruz



Beautiful, luxuriously furnished, 2 bed (both double), 1 bath penthouse with terrace located close to the coast. Awesome sea views!

Ref: 1079 €300,000

Playa San Juan



WONDERFUL VIEWS!
 Luxury sea front 3 bed, 2 bath (1 en suite) apartment! The property has a large lounge-diner, independent kitchen, and a unique, independent penthouse studio with own entrance.

Ref: 984 €330,000

Puerto Santiago



Fantastic 10,000sqm finca in rural area with 80sqm house with avocado trees, terraces, beautiful views and much more.

Ref: 723 €350,000

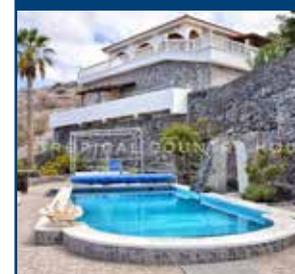
Chirche



REDUCED!
 37,800sqm finca with two buildings, one of 200sqm, the other 70sqm, and two water tanks to irrigate and more than 400 fruit trees.

Ref: 948 €447,000

Alcala



Great finca (5,450sqm) with 3 bed main house, 2 apartments and an independent guest property, pool, BBQ area, fruit trees, water tank, and beautiful views.

Ref: 1061 €1,395,000

Chio



REDUCED!
 Beautiful 4 bed, 3 bath rustic house with living room, kitchen, gardens and a parking space. PLUS a separate studio apartment. Sea views.

Ref: 935 €179,000

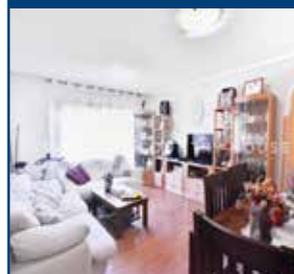
Cruz de Tea



Finca of 2,085sqm with 3 small countryhouses with gardens, BBQ areas and fruit trees. Great potential!

Ref: 1052 €165,000

Adeje



Very central 3 bedroom apartment with modern kitchen, dressing room, and 2 parking spaces, close to all amenities.

Ref: 1074 €190,000

Arico



REDUCED!
 9,000sqm finca with small (70sqm) house for reform. Several terraces and excellent views.

Ref: 1005 €109,000

Los Gigantes



Finca with several buildings suitable for reform. Fruit trees, lots of potential. 3,000sqm plot. Beautiful views.

Ref: 1051 €310,000

Adeje – El Galeon



Great 2 bedroom apartment in a fantastic area with garage, community pool, and fantastic views.

Ref: 1085 €219,000

NEW

1 Bedroom Apartment in Las Americas



- Investment opportunity!
- Ponderosa, Las Americas
- Fully refurbished
- Ref: D1129
- Price: 175,000€

FRINA property offers this beautiful apartment which consists of 1 bedroom, 1 bathroom, new kitchen with adjoining living room and a large terrace of 22 m2 that offers ocean and pool view. It is located on the 5th floor and only have neighbours to one side. It is sold completely furnished.

2 Bedroom Apartment in Playa Paraiso



- El Horno, Playa Paraiso
- 2 bedrooms, 1 bathroom
- 75 m2 build / 25 m2 terrace
- Ref: S1105
- Price: 250,000€

We offer for sale this beautiful apartment of 82 m2 that consists of 2 double bedrooms, a bathroom, kitchenette with living room and a terrace of 15m2. The property is in excellent condition, sold furnished and even comes with private parking. The complex is lovely, has a communal pool and is very popular.

✉ frina@tenerife-property.com

☎ +34 683 479 245 ☎ +34 617 29 48 03

🌐 www.tenerife-property.com

🏠 CC Puerto Colón, 1st Floor, local 213, 38660 Adeje

FRINA Tenerife S.L.
Business & Property Agency



MK PROPERTY AND MONEY EXCHANGE

C.C. CITY CENTER - L22 PLAYA DE LAS AMERICAS - ARONA 38660 - TENERIFE

Tel: 922 751 693 / Mob: 630 994 991 - Email: marykilmartin333@gmail.com



Buzanada



Large, beautifully furnished 3 bedroom apartment with bright and spacious lounge/diner, independent fully fitted kitchen and parking.

Price: 149,000

Costa del Silencio, Las Rosas



Spacious 3 bedroom (all double) family apartment with large lounge, independent kitchen/dining area, and large garage/storeroom.

Price: €179,000

Callao Salvaje, Lovely restaurant



Fully set up and equipped lovely restaurant. Interior: 250sqm. Terrace: 150sqm. Ideal investment!

Price: €300,000

Costa de Silencio



Magnificent, unique, fully furnished 5 bed, 3 bath property, totally reformed to a high spec., with aircon throughout, a super kitchen and surround sound system. Ready to move in! Terrific value!

Price: €242,000

Las Americas, Parque Santiago II



Want a view like this? Fully reformed, 2 bed, 2 bath apartment with large, 25sqm terrace pools in top sea front complex. Great location on the beach with all amenities on your doorstep.

Price: €365,000

San Eugenio Alto, Paradise Court



Large, fully furnished 1 bed, 1 bath apartment on this beautiful complex with heated pools, bar/restaurant and security, and wonderful views.

Price: €145,000

Las Americas, Parque Santiago II



Wonderful, fully reformed, 2 bed, 2 bath townhouse on sought after, sea front complex with pools. On 2 floors, this south-facing property is fully air conditioned with 2 large terraces with lovely views.

Price: €379,000

Callao Salvaje, Mariben



Corner townhouse with 2 bedrooms and 3 bathrooms on prestigious complex with pools and tennis courts. The property has an independent kitchen and large garage, and enjoys pool and sea views.

Price: €299,950

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CABO BLANCO

FOR REFURBISHMENT



Ref: 379-A2

BARGAIN! 2 bed, 1 bath apartment with separate kitchen, both bedrooms doubles with fitted wardrobes, bathroom, lounge dining room and small terrace. Property includes large shared roof terrace with locked laundry room. Would benefit from modernisation. Viewing highly recommended!

2 bed, 1 bath 84.000€

GREEN PARK, Golf del Sur

REDUCED TO SELL!



Ref: 429-A1

Large apartment at a bargain price. This property has a large double bedroom with fitted wardrobes, an open plan bedroom off the lounge, and a small kitchen. Private terrace with pool and partial sea views. The community fees are good and all inclusive. And the communal areas have just been refurbished. Call for a viewing.

2 bed, 1 bath now 114.500€

LOS DIAMANTES, LOS CRISTIANOS

NEW LISTING



Ref: 549-A1

Well presented, fully furnished 1 bed, 1 bath ground floor apartment with pool views. The property has a double bedroom, refurbished bathroom, new kitchen and lounge, sunny terrace and heated community with pool. Viewing highly recommended.

1 bed, 1 bath 137.000€

MALIBU PARK, San Eugenio Alto

BARGAIN!



Ref: 526-A1

Part-refurbished, modern 1 bedroom apartment with American style kitchen, in popular holiday resort. Large sunny terrace, furnished. Community with pool, sun terrace, pool bar and communal parking. Viewing essential.

1 bed, 1 bath €139.000

ATALAYA COURT, San Eugenio Alto

NEW LISTING!



Ref: 553-A2

Amazing offer – Original 2 bedroom apartment with large lounge, American style kitchen, bathroom, terrace and 60m² private roof terrace with BBQ, and sea views. Would benefit from light refurbishment. Located close to the Gran Sur Shopping centre, with supermarket and cinema. Community close to town, with Swimming pool and Gardens. Genuine reason for sale – outstanding value, unbeatable offer.

2 bed, 1 bath 135.000€

OASIS, ALDEA BLANCA

NEW LISTING



Ref: 551-82

Beautiful fully refurbished modern private bungalow, well located on this small community with recently refurbished swimming pool. Two double bedrooms, lounge, and modern brand new fully fitted and equipped kitchen. Approx 80m² of private terrace.

2 bed, 1 bath 159.000€

JARDIN SAN MIGUEL, Llanos de Camello

IMMACULATE!



Ref: 335-TH4

Large, very well presented town house offering four bedrooms two bathrooms and W.C., large lounge and separate modern fully fitted kitchen. Terrace with pool views, and private double garage with direct access- Very well presented.

4 bed, 2 bath 225.000€

MALPAIS, Guimar

NEW LISTING!



Ref: 554-V3

Rare opportunity. Large rustic house on a plot of over 2.500m² in a beautiful quiet, and very private part of the Island. Sea and mountain views. This property is a dream for anyone looking for peace and tranquillity, three double bedrooms, rustic style independent kitchen adjacent dining room. Room for animals, mature fruit trees. Private garage.

3 bed, 1 bath 225.000€

Traditional Property in Chio

OFFERS INVITED!



Ref: 538-CH3

So much potential and very negotiable. Could be used as three properties or all together, lots of space and useable outside space. Stunning views. The main parts of this property are finished in a rustic style, with plenty of further development possible.

3 bed, 2 bath 168.000€

CHAYOFA COUNTRY CLUB

STUNNING!



Ref: 544-V3

Quality villa with many special details and features and private swimming pool. With fully fitted and equipped kitchen, dining area, lounge room and three further bedrooms and bathrooms. Please of storage, and parking for two cars. This property comes furnished. Ask about rental options.

3 bed, 3 bath 469.950€

ALAMO PARK, Golf del Sur

NEW LISTING!



Ref: 555-V7

Absolutely stunning villa. Tastefully decorated throughout. The property is the main 4 bed villa (all en suite) and a 3 bed guest apartment with its own lounge and kitchen. Separate entrance to three bedroom apartment with lounge and kitchen. Beautiful gardens surround the private swimming pool. Too many extras to list. Viewing is essential.

7 bed, 5 bath 695.000€

PRIMAVERA, Los Cristianos

NEW LISTING!



Ref: 524-V3

RARE OPPORTUNITY. Fantastic apartment in a great location. Well presented with semi-separate fitted and equipped kitchen, dining area and lounge, two double bedrooms, and full bathroom. Private terrace of over 15m², on a resort with swimming pool. Close to beach.

2 bed, 1 bath 260.000€

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Local 1, Las Floritas, Avenida Arquitecto Gomez Cuesta 16, Playa de las Americas, Arona 38660, Santa Cruz de Tenerife





CLEAR BLUE SKIES GROUP SL
INTERNATIONAL ESTATE AGENTS

G 4 2 + WC

Ref: 7428

EL MADRONAL



Beautifully presented, fully furnished, 4 bed, 3 bath (master en suite) semi-detached townhouse in sought after residential community with pool, close to all amenities and Costa Adeje School. The property has an independent galley-style kitchen with utility terrace, W.C., lounge/dining with large sunny terrace off, overlooking the pool and gardens. On the basement level is the garage and a storage/utility room and there is a rooftop sun terrace ideal for sunbathing. Viewing is highly recommended.



Townhouse

€460,000

G 1 1

Ref: 7516

MAREVERDE



Ideally situated within walking distance to the beach this top floor apartment offers a large double bedroom with fitted wardrobes, bathroom, open plan kitchen and lounge/diner. Private balcony with built in BBQ and a pool view. Secure complex with multiple swimming pools & a pool bar plus a wide selection of amenities close by.



Apartment

€160,000

G 4 2 Ref: 7545
TIJOCO BAJO



Apartment

€330,000

G 3 3 Ref: 7524
LA CALETA



Townhouse

€550,000

G 5 5 Ref: 7512
TORVISCAS ALTO



Villa

€1,250,000

G 3 2 Ref: 7530
JARDIN BOTÁNICO



Townhouse

€235,000

G 2 1 Ref: 7547
TIJOCO BAJO



Apartment

€200,000



CLEAR BLUE SKIES GROUP SL
INTERNATIONAL ESTATE AGENTS



Ref: 7564

ALDEA BLANCA



Absolutely beautiful, recently completely refurbished, 2 bed, 2 bath (one en suite) with light and bright lounge/dining room, open plan luxury fitted kitchen and a sunny patio ideal as a sun terrace and/or private parking. Aldea Blanca is a quiet residential area and as such is very convenient as it is close to big shops, supermarkets and schools. Perfect as a holiday home or a permanent residence close to all amenities.



Bungalow

€185,000



Ref: 7546

VERA DE ERQUES



Charming 4 bed, 3 bath (master en suite) country house in its own lovely grounds with breath-taking sea and La Gomera views. The property has an open plan kitchen, dining area and lounge with natural wooden-beamed ceilings and a wood-burning fire, barbecue terrace with sea views, and a basement converted into a separate guest apartment. Extras include lush gardens with palm trees, aviary, fish pond, jacuzzi, a large covered carport for a several cars and a spacious conservatory.



House

€490,000



Ref: 7478

SAN ISIDRO



Apartment

€95,000



Ref: 7467

LA TEJITA



Apartment

€218,000



Ref: 7457

PLAYA DEL DUQUE



Villa

€580,000



Ref: 7456

ADEJE GOLF



Villa

€3,950,000



Ref: 7453

GOLF DEL SUR



Apartment

€164,950



Avda Londres 1, Sur y Sol, Local 1
Los Cristianos, Arona 38650

Office: 922 797 438 / 922 751 587
Mobile: (00 34) 673 778 700

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Tenerife Island Rentals & Buy Tenerife

Sales

LUXURY VILLA, EL GALEON



Recently renovated 5 bedrooms (**all en suite**), five bathrooms luxury property split over three levels. On the main level there is an open plan living room with fantastic kitchen with top of the range appliances and access to the terrace with private pool and uninterrupted views of the coast and La Gomera. On the upper floor there are two large bedrooms with dressing areas and en suite bathrooms and a terrace from both bedrooms. The basement level houses a cinema room, gym or games room and three bedrooms all with en suite bathrooms. Garage area that can house several cars. This is a fabulous property renovated to a very high standard.



Ref: CHA0525 €1,575,000

TOWNHOUSE, LOS MENORES

3 BEDROOM, PRICED TO SELL!

Large townhouse in the popular area of Los Menores, Charco del Valle just a 10 minute drive to Adeje. The property has three bedrooms, the master with en suite bathroom, a further bathroom and a WC. There is a large living room with patio doors leading to the terrace and a separate fitted kitchen. There is a large roof terrace with fantastic views to the sea. The property has a parking space behind closed gates and there are no community fees. This is an ideal family home or for people wanting to buy a home in the sun that they can lock up and leave. The property is being sold partly furnished. The new motorway is easily accessible from the property.



Ref: ADO0448 €225,000

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Los Cristianos, Arona 38650

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Tenerife Island Rentals & Buy Tenerife

Sales

BILTMORE, LLANO DEL CAMELLO



Three bedroom apartment in popular complex. All the bedrooms are double with fitted wardrobes, the master having an en suite bathroom. There is also a further family bathroom. The large living / dining room has access to a very large Canarian balcony there is also an independent fitted kitchen. The complex has a large community swimming pool and there is a children's park in the area with sports area and dog parks. Just a two minute drive to the TF1 motorway and there are plenty of shops and restaurants in the area. There is also a new primary school in the area making this an ideal family home or investment property.

Ref: AP0519

€155,000

MALPAIS, CANDELARIA



Fantastic finca property located above Candelaria with spectacular views to the mountains and to the coastline. Located in a very peaceful, country location, this property consists of a very large living room, dining room, kitchen, large family bathroom and three double bedrooms. Large garage with automatic door. There are several outbuildings in the property and beautiful gardens with olive trees and fruit trees. There is a large roof terrace that covers the whole area of the property with stairs leading to it from inside the property. The possibilities of this house are endless and viewing is highly recommended.

Ref: RUS0420

€235,000

SUR Y SOL, LOS CRISTIANOS



Lovely ground floor, front row apartment in Sur y Sol. The apartment has been refurbished to a nice standard with open plan living room with American style kitchen, double bedroom and bathroom. There is a small terrace from the bedroom and a sunny terrace to the front of the property. The complex of Sur y Sol is a very well maintained complex with community swimming pool and is located just a five minute walk to the beach front of Los Cristianos with no hills. There are three stairs to the apartment but could be modified to make this property wheelchair friendly.

Ref: AP0511

€185,000

TERRAZAS DEL DUQUE, COSTA ADEJE



This luxury one bedroom apartment is located on a very sought after complex in Costa Adeje. The apartment comprises of a large double bedroom with fitted wardrobes, bathroom, living / dining room with American style kitchen and very large terrace for outdoor dining or enjoying the Tenerife sunshine. The complex has a beautiful pool area with sun terraces and well kept gardens. There are plenty of top class restaurants and shops in the surrounding area and the property is located just a 10 minute walk to the El Duque beach front.

Ref: AP0520

€305,000

TIGAIGA, PARQUE DE LA REINA



Two bedroom apartment located on the first floor with garden views. Large living dining room with enclosed balcony for an additional sitting area, independent fitted kitchen and washing room, two double bedrooms the master with en suite and further family bathroom, both bedrooms have fitted wardrobes. The property also comes with a parking space and large storeroom with lift access from the garage to the property. Community swimming pool. This is a popular area just five minutes from Los Cristianos with restaurants and shops in the area, a primary school, large park and secondary school under construction.

Ref: AP0521

€152,000

EDIF. CRISTINA, SAN MIGUEL



Three bedroom apartment with the most spectacular views imaginable. From the living room there are fantastic uninterrupted sea views and from the balcony of the master bedroom, tranquil views of the sunflower fields and mountains. The property has a large living room with small balcony, a separate kitchen and three bedrooms, the master having a walk in cupboard and en suite shower room and a further family bathroom. The property also has a private roof terrace and laundry room accessed from the main stairwell again with fantastic views and can make a fantastic solarium to enjoy the all day sun. There is on street parking and there are lots of shops, restaurants and bars within walking distance with secondary and primary schools in the area.

Ref: AP0469

€119,000



Address: C/ Colon, C.C. Centro Playa, Local 9,
Puerto Colon, Las Americas, Adeje 38660
Phone: 922 719925
E: info@thepropertygallery.com
www.thepropertygallery.com



COSTA DEL SILENCIO



Semi-detached two-floored house in good condition. 3 bed, 2 bath, private pool.

Ref: D1774

€295,000

LAS FLORITAS, LAST AMERICAS



1 bed ground floor apt. (52sqm) with pool views in central Las Americas. The property has a lounge/dining area, open plan kitchen, and terrace with easy access to the pool. Sold as seen.

Ref: B1781

€163,500

GREEN PARK, GOLF DEL SUR



Spacious and modern studio with an alcove for bed separate to the lounge, open plan kitchen, bathroom and a terrace to the exterior.

Ref: A411

€108,000

REPOSSESSIONS:

ARICO

Village house (124m²) with 3 beds and 2 baths, light and good size living areas, fitted wardrobes, fitted kitchen, sunny terrace. Needs renovation.

€140,700

Ref: 77916

€76,500

Ref: 00909

PLAYA SAN JUAN, C/ MAR DE FONDO,

1 bed, 1 bath apt with roof terrace and store room, open plan fitted kitchen.

€169,900

Ref: 52992

TERRAZAS DE LA PAZ, GOLF DEL SUR

1 bed, 1 bath top floor apt with lounge-diner, fitted kitchen, terrace (19 m²). Communal pool.

€177,870

Ref: 69417

URBAN PLOT, GUIA DE ISORA

570sqm plot on which max build is 1,000sqm.

€108,600 (REDUCED!)

Ref: 37861

SOL SUN BEACH, PLAYA DE FAÑABE

Commercial local, 22 m².

JARDIN DE BOTANICO, ADEJE



Spectacular townhouse in quiet area, 4/5 beds with fitted bathrooms and balconies, fully fitted kitchen, garage, fully furnished, air-con, internet, south facing, communal pool.

Ref: D1813

€275,000



ALREADY A LIBERTY SEGUROS CUSTOMER? TAKE OUT AN ADDITIONAL CAR OR HOME POLICY & GET 60€ CASHBACK.

MIRADOR DEL SUR, SAN EUGENIO ALTO



Family home, 4 bed, 4 bath villa with private swimming pool, double garage, electrical shutters, air-con (hot & cold), several terraces, excellent views to sea and coast.

Ref: D1733

€735,000



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RESIDENTIAL SALES



Los Abrigos, 2 bed apartment

Bright and spacious, fully furnished, 2 bed (1 single, 1 double), 1 bath ground floor apartment, in residential building within walking distance to the sea and to the main shops and amenities. The property has an interior patio, living room with American style kitchen and use of the communal roof terrace. Includes a private laundry room. Low community fees.

Ref: KV-0163

€110,000



NEW INSTRUCTION!



Golf del Sur, Res. San Blas

Great opportunity to purchase one of the various 3 bed, 2 bath townhouses for sale on this sought after community. Built in the traditional Canarian style, the houses offer high standard fittings such as alarm, electric shutters, video calling, aircon, and modern, built-in wardrobes. Each property has a living/dining room, fully equipped kitchen, terrace/garden and private garage or parking. The complex has 2 swimming pools, sun decks and exotic gardens. Prices from €289,000 up to €388,000, according to sqm and location.

Ref: KV0225/0226 from €289,000



SPECIAL OF THE MONTH!

Los Abrigos, 2 bed apartment

Spacious and bright, fully furnished raised ground floor apartment in residential building in central Los Abrigos. 2 bedrooms (1 double), bathroom with shower, living room, separate fitted modern kitchen, and hallway. Good opportunity for investment. Close to the sea and to main amenities. Use of the community roof. Low community cost.

Ref: KV0227

€101,000



OPPORTUNITY NOT TO BE MISSED - MASSIVE PRICE REDUCTION



Price REDUCED!

TOWNHOUSE
Amarilla Golf

Ref: ADOV0102

Large semi-detached house with four bedrooms, three bathrooms and private pool. Very quiet area surrounded by greenery, situated near the port of 'Amarilla Golf'

PRICE WAS: 420.000 €

REDUCED TO: 359.000 €



PLAYA PARAISO
Res. SOL PARAISO

Ref: APTV0311

Modern, spacious, part-furnished 3 bed, 2 bath (1 en suite) apartment in sought after sea front complex with 2 pools adjacent to the Hard Rock Café. The property has a lounge/dining area, American-style fitted kitchen, two sunny terraces, each with sea views and located close to all amenities.



310.000 €

Residential Property Sales

Over €350,000

Golf Costa Adeje, Villa

€3,200,000

Magnificent, fully furnished and equipped, independent villa with own 60sqm heated pool and BBQ area, constructed in 2014 overlooking Golf Costa Adeje and the Atlantic Ocean, accessed via remote-controlled metal double doors, an elegant driveway through lovely low-maintenance lawned gardens with 60+ palm trees. The property comprises a grand entrance hall... For full information see website or contact:

Tenerife Prime Property Ref: S-05 1369

627-230360

Golf Costa Adeje, Villa

€2,500,000

Luxurious 6 bed, 7 bath villa with outstanding sea and golf course views and private heated swimming pool. The property has a living room, separate kitchen, spacious dining area window-front to the pool and golf course, lift, sauna, aircon/central heating, large roof terrace with jacuzzi. Addition extras include: Aircon, Alarm, Central vacuum cleaning sys... For full information see website or contact:

Tenerife Prime Property Ref: S-06 1365

627-230360

San Isidro, Working Farm

€1,950,000

Equestrian Finca with 8 Apartments & Moringa Plantation This modern-style Equestrian Finca is located in the sunshiny south of Tenerife, just a short ride outside the busy town of San Isidro, not far from the International Airport of Tenerife-South. The main building complex hosts a luxurious 1-BR-apartment of approx. 98 sqm, fully furnished with Amer... For full information see website or contact:

A1 Real Estate & Property Consultants Ref: 20140397922 729395 / 655 012711

Oroteanda Bajo, Villa

€1,250,000

Stunning, fully furnished and equipped, 5 bed, 3 bath (master en suite) detached villa with heated pool on 2,000sqm plot. This spacious property has a huge terrace to the front which could accommodate up to 8 cars, and a private garden/terrace with lovely sea views to the rear with BBQ area, jacuzzi, orchard and various seating areas. There is a large lou... For full information see website or contact:

Tenerife Prime Property Ref: S-05 1380

627-230360

Roque del Conde, House

€1,020,000

Fully furnished 4 bed, 5 bath villa with pool and sea view. The property measures: Int. 273sqm., Ext. 758sqm.

Property Alliance SL Ref: 5V2886 922 777747

Arona, House

€995,000

Luxury Country-Villa with Pool, Bodega and Panoramic Sea View

A1 Real Estate & Property Consultants Ref: 20140396 922 729395 / 655 012711

Tijoco Bajo, Villa

€985,000

Beautiful, architect-designed villa. Located on one of the best plots of Tijoco Bajo (only 230 m asl) in southern Tenerife. Very private situated on 12,300 m2 of land

surrounded by Mediterranean gardens full of beautiful trees and plants. A generous (heated) pool and great view of the ocean, the islands of La Gomera and La Palma and El Teide. The living ar... For full information see website or contact:

2nd Home Tenerife Ref: ROA4064 628 608 469

San Eugenio Alto, Villa

€890,000

♦ Location: Quiet location, Close to the coast, Close to the beach ♦ Close to amenities, Central ♦ Close to: Town, Shops, Restaurants / Bars / Cafes, Medical Facilities, Port, Coast, Beach ♦ Views: Teide, Sea, Pool, Mountain, La Gomera, Harbour,

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Garden ♦ Rooms: Office, Family Bathroom, Ensuite, Fitted wardrobes, Basement, Kitchen diner, Dining room, Indepe... For full information see website or contact:

Property Alliance SL Ref: 5V3357 922 777747

Chayofa, Villa

€860,000

We offer for sale this new villa 409m2 is in Chayofa, Arona. It is a villa that has 263 m2 living space divided in three rooms and two bathrooms en suite. It is outdoor and villa property. It has a swimming pool, private garden, private garage, a furnished kitchen and its own private terrace with sea view.

FRINA Tenerife SL - Property Sales Ref: S 1108922 085 191

Torviscas Alto, Villa

€845,000

♦ Location: Residential Area ♦ Views: Sea, Mountain ♦ Rooms: Hall / Entrance, Independent Kitchen, Lounge and dining area, Fitted wardrobes, Family Bathroom, Games room ♦ Quality: Quality construction, Furnished, Well presented, Spacious accommodation, Rustic style ♦ Features: Private swimming pool, Jacuzzi, Satellite system ♦ Outside: Sunny Terrace, Large... For full information see website or contact:

Property Alliance SL Ref: 4V3135 922 777747

Alcala, Rural

€750,000

This Finca with villa is situated in the south /east of Tenerife. Near a small tranquil village with fabulous views of the sea and La Gomera 2 storey house, main living area with 3 bedrooms 2 bathrooms, plus a separate granny flat with 1 bedroom. Large garage with workshop and Much more.

Dr Stange International Ref: 86-372

San Eugenio Alto, Villa

€600,000

♦ Location: Residential Area, Quiet location ♦ Views: Sea, La Gomera ♦ Rooms: Utility room, Fitted wardrobes, Lounge and dining area, Independent Kitchen, Hall / Entrance ♦ Quality: Spacious, Rustic style ♦ Good condition, Furnished ♦ Features: Security shutters, Security system, Satellite system, Private

swimming pool, Heated swimming pool, Air conditioni... For full information see website or contact:

Property Alliance SL Ref: 5V3128 922 777747

El Roque, Finca

€599,950

3 bedroom finca with courtyard pool and hot tub. There is a driveway and large car parking area. The property has a separate 1 bedroom annex with its own entrance and drive. There are five gardens with many varieties of fruit trees. All of the land is usable.

Palm Mar Sales and Rentals Ref: PMSR0027677-623713 / 671-129558

to: Restaurants / Bars / Cafes ♦ Views: Sea, Teide ♦ Rooms: Independent Kitchen, Lounge and dining area, Fitted wardrobes, Store rooms ♦ Quality: Furnished, Charming property, Immaculate condition, Well presented, Spacious, Quality residence ♦ Features: Water purification system, Sun... For full information see website or contact:

Property Alliance SL Ref: 3V3386 922 777747

San Eugenio Alto, Villa

€520,000

♦ Location: Quiet location, Touristic Area ♦ Close to: Medical Facilities, Restaurants / Bars / Cafes, Transport, Beach ♦ Views: Mountain, Sea ♦ Rooms: Hall / Entrance, Independent Kitchen, Second Kitchen, Lounge and dining area, Fitted wardrobes, Bathroom, Shower room, Utility room ♦ Quality: Furnished, Spacious accommodation ♦ Features: Private swimming ... For full information see website or contact:

Property Alliance SL Ref: 5V3031 922 777747

Buzanada, Villa

€519,000

We offer for sale this luxurious villa on two floors located in Buzanada, the house of about 400 m2 built on a plot of 1000 m2. The first floor comprises two bedrooms, a living room combined with kitchen, a bathroom and a large garage for two to three cars. The second floor consists of three bedrooms with two bathrooms, a living room, a living room with... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: S 1070922 085 191

El Galeon, Villas La Capitana

€509,000

We offer for sale this villa 379 m2 in the residential area of El Galeon in the complex La Capitana, Adeje. The villa consists of four bedrooms, two bathrooms, a toilet, a kitchen, living room, dining room and balcony overlooking the sea. There is a large terrace that surrounds the entire villa. In addition, there is a private- and community swimming po... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: S 1074922 085 191

San Miguel, Townhouse

€500,000

For sale a gorgeous townhouse in a posh location next to a natural park with moon landscapes on the one hand, and near the ocean on the other. Also nearby is the city of Los Abrigos on the one hand and Golf del Sur on the other. The house has 2

3-storey detached house in the upper part of Las Americas (San Eugenio Alto).Upper floor: main apartment with 2 beds, 2 baths and terraces. Groundfloor :1- bed guest apartment. Basement: large garage/ workshop, office and toilet. All bedrooms with aircon. Resort with community pool. This nice property is completely renovated and will be sold part furnish... For full information see website or contact:

Dr Stange International Ref: 85-308 922 793271 / 649 957267

San Miguel, Apartment

€480,000

Block of 6 apartments of 2 rooms each with its garage located in Las Chafiras

Vym Canarias Ref: 1180

922 787210 / 635 881888

Palm Mar, Bahia de Los Menceyes

€475,000

This spacious 2-bedroom apartment on the first floor in the exclusive and luxurious complex Bahia de los Menceyes offers guaranteed amazing ocean views and also panoramic views over the Nature Reserve La Rasca. It is in perfect condition and furnished with quality furniture and also has a fully equipped Italian kitchen with first class appliances. Both be... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: S 1009922 085 191

Los Cristianos, Duplex Penthouse

€473,000

Tenerife-South: Duplex-Penthouse in Top-Location of Los Cristianos with Grandiose Roof-Deck and Breathtaking Views --- 168 sqm of living space, thereof 60 sqm of roof-deck, main terrace 18 sqm, spacious kitchen, 2 BR, 2 bathrooms, garage and trastero, 2 pools (one heated during wintertime, fully furnished, air condition.

A1 Real Estate & Property Consultants Ref: 20150598922 729395 / 655 012711

Valle de San Lorenzo, Villa

€449,750

♦ Location: Rural Location, Quiet location, Central ♦ Close to: Transport, Town, Shops, Schools, Restaurants / Bars / Cafes, Medical Facilities ♦ Views: Teide, Sea, Mountain, Garden ♦ Rooms: Wine cellar, Family Bathroom, Ensuite, Basement, Lounge and dining area, Dining room, Independent Kitchen, Store rooms, Hall / Entrance ♦ Quality: Part furnished, Spa... For full information see website or contact:

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floors and includes: a separate kitchen with furniture (natural pine) and electrical appliances (Bosch), a spaci... For full information see website or contact:

Vym Canarias Ref: VS5580D 922 787210 / 635 881888

San Eugenio Alto, Detached House

€490,000

Property Alliance SL Ref: 7V3360 922 777747

Los Menores, Villa

€449,000

Adeje: Fancy Villa with 4 Bedrooms, Separate Apartment and Pool in Scenic Location of Los Menores

A1 Real Estate & Property Consultants Ref: 20151199922 729395 / 655 012711

Chayofa, House

€425,000

Chayofa: Charming Villa with 3 Bedrooms, large Sundeck and Sea View Details: Insulating Glass Barbecue Satellite TV Seaview Mansion District Sunny Situation about 100 sqm of Terraces (partly covered) 2 Parking Spaces

A1 Real Estate & Property Consultants Ref: 20150399922 729395 / 655 012711

Playa Paraiso, Parque Paraiso Villas

€425,000

♦ Location: Residential Area, Quiet location, Close to the beach ♦ Close to: Transport, Restaurants / Bars / Cafes, Beach ♦ Views: Sea, Teide, Mountain ♦ Rooms: W.C., Fitted wardrobes, Lounge and dining area, Independent Kitchen, Store rooms, Hall / Entrance ♦ Quality: Quality residence, Spacious, Well presented, Immaculate condition, Furnished, Quality c... For full information see website or contact:

Property Alliance SL Ref: 3TH3093 922 777747

Valle de San Lorenzo, Villa

€420,000

Location - Close to schools - Quiet location Views - Sea - Mountain Additional - Viewing recommended Rooms - American style kitchen - Walk in wardrobe Quality - Good condition - Quality construction - Well presented - Bright Features - Trees - Air conditioning - Private swimming pool Outside - Bbq area - Large balcony

Island Estates Ref: 433-V3

922 790767 / 670 605414

Palm Mar, Club de Mar

€410,000

<p>Three bedroom, two bedroom townhouse. Very spacious and set on three floors. The master has it's own floor and en suite bathroom. There are a further two bedrooms and a bathroom on the top floor where there is access to the roof terrace with sea views.</p><p>There is a well equipped kitchen and mezzanine dining area as well as a cloak... For full information see website or contact:

Palm Mar Sales and Rentals Ref: PMSR0065677-623713 / 671-129558

Playa Paraiso, Brisas del Mar

€404,250

♦ Location: Residential Area, Quiet location, Gated community, Close to amenities, Close to the beach ♦ Close to: Transport, Restaurants / Bars / Cafes, Medical Facilities ♦ Views: Sea ♦ Rooms: Store rooms, Utility room, W.C., Family Bathroom, Bathroom, Ensuite, Fitted wardrobes, Lounge and dining area, Independent Kitchen, Hall / Entrance ♦ Quality: Spac... For full information see website or contact:

Property Alliance SL Ref: 2V3086 922 777747

La Caleta, Magnolia Golf Resort

€402,791

This lovely ground floor apartment with 3 bedrooms and 2 complete bathrooms is situated in a lovely complex in the picturesque fishing village of La Caleta, surrounded by a nature reserve and only 300 metres from the sea. A garage and a store room are included in the price. The complex also has a spa, gymnasium, swimming pool and sauna as well as a puttin... For full information see website or contact:

2nd Home Tenerife Ref: NC3000 628 608 469



VYM CANARIAS – November 19

Luxury Villa in Jardines del Duque



Prestigious area, 2 floors with living area, separate kitchen, bathroom, hall, 3 bedrooms with bathrooms, terraces, balconies, basement with dining area and cellar. Living area 300m2.

€1,650,000

Ref: VS6014D

Habitats del Duque, Costa Adeje



Luxury villa with exquisite design in the prestigious area of El Duque only 200 meters from the beach. Private pool, terrace, garden, 5 bedrooms, kitchen, living rooms, garage for 2 cars.

€1,690,000

Ref: VS6376DN

House, Vera de Erques



Two-level house with panoramic views. 4 bedrooms, 3 bathrooms, garage for 3 cars, garden. Living area 250m2. Fantastic property to live in.

€490,000

Ref: VS6589D

Oasis Fañabe I, El Madroñal



Townhouse with 2 bedrooms, 1 bathroom, 3 terraces and garage. Total area 176m2. Pool in the complex. For sale fully furnished. Great location.

€295,000

Ref: VS6574D

Villa in Sunbay Villas, Amarilla Golf



4 beds, 3 baths, guest toilet, kitchen and large living room leading to a terrace and garden with a private pool overlooking the ocean. This property comes with a garage space in an excellent location. Living area of 191m2 on a total plot of 536m2.

€430,000

Ref: VS5127D

Ocean Garden, Playa Paraiso



Luxury apartment in new complex with 2 bedrooms, 2 bathrooms, parking space and beautiful terrace. Living area 65m2, terrace 13m2. Pool in the complex.

€270,000

Ref: VS5571D

Villas Canarias, Torviscas Alto



Fully reformed 1 bedroom apartment with fantastic ocean view. Living area 63m2, terrace 20m2. Complex with swimming pool. Great location near with the commercial center.

€189,000

Ref: VS6225D

Great Complex, Playa la Arena



Great apartment with 2 bedrooms with wardrobes, 2 bathrooms, kitchen, living room with access to the terrace with garden and ocean views. Parking in the communal garage and 6m2 storage room. Ideal to live in and as an investment.

€225,000

Ref: VS5269D

Los Cristianos, Edf. Ceyla



Nice apartment in the heart of Los Cristianos, 2 bedrooms, bathroom, open plan kitchen and living room leading to a terrace. Ideal location walking distance from the beach, restaurants, bars, shops and other services Total plot of 64m2.

€215,000

Ref: VS5562D

Bungalow, San Eugenio Alto



It consists of 130m2, 75m2 of housing and 55m2 of a large terrace with ocean view and potential to adapt it to taste. 2 bedrooms, 1 bathroom, living room. Central and quite area.

€225,000

Ref: VS6469D

Mareverde, Torviscas Bajo



Urgent sale!!! Reformed and fully furnished apartment with 1 bedroom, bathroom, terrace. Pool in the complex. Walking distance to beaches.

€155,000

Ref: VS6570D

Oasis Tropical, Callao Salvaje



Apartment with 2 double bedrooms with fitted wardrobes, 2 bathrooms, living room and fully fitted kitchen, dining space. Living area 76m2, garden 20m2. Heated pool in the complex.

€235,000

Ref: VS6421DE

Principal Office: C.C. Victoria Tenerife Sur, Local 1, C/ Republica de Panama, 1, LAS AMERICAS, 38660, Adeje



Tel: 922 787 210 / 635 881 888

Email: info@tenerifecenter.com · Web: www.tenerifecenter.com

Playa Paraiso: 922 713 395, email: vym.paraiso@gmail.com

Callao Salvaje: 922 717 663, email: vym.callao@gmail.com

San Eugenio: 922 715 185, email: vym.saneugenio@gmail.com

Golf del Sur: 922 455 874, email: vym.golf@gmail.com

Roque del Conde, Roque del Conde I

€399,000
We offer for sale this well presented, duplex style apartment with 391m2 in Roque del Conde. The beautiful property is constructed over two levels with four double bedrooms, two bathrooms, one of which is an ensuite, an open plan lounge with dining area, kitchen and leading to a very large, partly covered terrace space of 245m2 with wonderful views to th... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1103922 085 191

Las Americas, Penthouse

€399,000
We offer for sale this three bedroom penthouse with 111m2 in the complex Monterrey, Las Americas. The bungalow has been completely renovated and equipped with all the necessary appliances and furniture, it has air conditioning, microwave, dishwasher, iron and high-speed Internet connection. It's a bungalow with several large terraces with gorgeous ocean ... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1075922 085 191

Charco del Pino, House

€395,000
REDUCED. Astonishing house completely renovated with quality materials. It has various ground floor terraces, a garden and a private swimming pool. The 3 bedrooms are spacious and the view is magnificent from the whole house. Very nice furniture...this house is a dream!!
Tenerifehome.com Ref: 510-0311 922 783066

Granadilla, Rural Property

€395,000
Beautiful house with private pool, in excellent condition. The house measures 192 sqm and is built on a plot of 1500 sqm ... located in a very quiet area, the house has beautiful, large garden with lots of plants and fruit trees, offering a wonderful view of the sea and Teide. Important to know, the house is prepared to make a hotel for dogs and cats. Ther... For full information see website or contact:
Tenerifehome.com Ref: 1469-0219 922 783066

La Caleta, Magnolia Golf Resort

€392,828
This lovely ground floor apartment with 3 bedrooms and 2 complete bathrooms is situated in a lovely complex in the picturesque fishing village of La Caleta, surrounded by a nature reserve and only 300 metres from the sea. A garage and a store room are included in the price. The complex also has a spa, gymnasium, swimming pool and sauna as well as a puttin... For full information see website or contact:
2nd Home Tenerife Ref: NC3002 628 608 469

Playa Paraiso, Detached House

€390,000
We offer for sale this spacious 380m2 house in Playa Paraiso. The living area consists of 170m2 and comprises three double bedrooms, two bathrooms, one guest cloakroom, a kitchen with dining area and a living room. The house is partly furnished. The house offers a large covered terrace from where you can enjoy the beautiful garden or your private swimmi... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1044922 085 191

Chio, Rural Property

€390,000
We have a wonderful investment opportunity for someone dreaming of owning a rural property in the south of Tenerife. Located in the charming village of Chio, Guia de Isora sits this seven bedroom property divided into two buildings, in the main house there are six

spacious bedrooms, two bathrooms, kitchen and a large living, dining area. The smaller ind... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1054922 085 191

Golf del Sur, Townhouse

€385,000
Spacious three bedroom house in Residencial San Blas. There are two bathrooms, one en suite and a cloakroom downstairs. Part of a small phase of only 16 houses with both sea and mountain views. The property is fully furnished and benefits from aire conditioning throughout. There is a large garage

complete bathrooms and a guest toilet is situated in a lovely complex in the picturesque fishing village of La Caleta, surrounded by a nature reserve and only 300 metres from the sea. A garage and a store room are included in the price. The complex also has a spa, gymnasium, swimming pool and sa... For full information see website or contact:
2nd Home Tenerife Ref: NC2074 628 608 469

Las Americas, Parque Santiago III

€370,000
Fantastic attic apartment of 48 m2 interior and 9m2 terrace in beautiful complex Parque Santiago III, Las

FRINA Tenerife

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with useful storeroom accessed directly from the house.... For full information see website or contact:
Palm Mar Sales and Rentals Ref: PMSR0001677-623713 / 671-129558

La Caleta, Magnolia Golf Resort

€379,331
This lovely first floor duplex apartment with 2 bedrooms, 2 complete bathrooms and a guest toilet is situated in a lovely complex in the picturesque fishing village of La Caleta, surrounded by a nature reserve and only 300 metres from the sea. A garage and a store room are included in the price. The complex also has a spa, gymnasium, swimming pool and sa... For full information see website or contact:
2nd Home Tenerife Ref: NC2042 628 608 469

Los Menores, Barrio Los Menores

€379,000
Beautiful, fully furnished, 3 bedroom, 2 bathroom (1 en suite) home with lovely garden and private pool! Lounge/diner, separate kitchen, and 61sqm roof terrace with amazing views! Private parking spot just in front of the house. Don't miss this opportunity!
Tenerifehome.com Ref: 1121-1115 922 783066

La Caleta, Magnolia Golf Resort

€376,973
This lovely first floor duplex apartment with 2 bedrooms, 2 complete bathrooms and a guest toilet is situated in a lovely complex in the picturesque fishing village of La Caleta, surrounded by a nature reserve and only 300 metres from the sea. A garage and a store room are included in the price. The complex also has a spa, gymnasium, swimming pool and sau... For full information see website or contact:
2nd Home Tenerife Ref: NC2024 628 608 469

Torviscas Alto, House

€375,000
With the opening of CC Gran Sur , Torviscas Alto has now become one of the most attractive areas, just outside Las Americas. Resid. complex with lovely pool area* Bung. with 2 bedrooms and 2 bathrooms (1 ensuite)*Sun all day *Unique views of Las Americas, Atl. and La Gomera . This beautiful property will be sold furnished with garage space and store room... For full information see website or contact:
Dr Stange International Ref: 85-306 922 793271 / 649 957267

La Caleta, Magnolia Golf Resort

€373,824
This lovely first floor duplex apartment with 2 bedrooms, 2

Americas, overlooking the pool and the sea. It consists of 1 bedroom, 1 bathroom, american style open kitchen, living room, terrace. Canarian style complex located directly on the seashore with heated pool. Nearby are bars, restaurants, Aqualand for t... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1021922 085 191

Playa Paraiso, Ocean Garden

€367,500
We offer for sale this spacious 100m2 apartment in the complex Ocean Garden in Playa Paraiso. The property is in very good condition and newly renovated (2019). The apartment has 85m2 and is located on the fifth floor. It comprises three double bedrooms, two bathrooms, an open American style kitchen and a living room with direct access to the balcony of... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1045922 085 191

Acojeja, Detached House

€357,000
We offer for sale this completely renovated and spacious 740m2 house in Acojeja, Guia de Isora. The living space is 278m2 divided into three floors which comprise five bedrooms, three bathrooms, two kitchens, two lounges and four terraces of 200m2 from where you have almost 360 degrees of sea and



Call Donna in our Los Cristianos office

+34-922 971 781 or Carol on +34-687 906 607

mountain view. There are three separate entrances to the h... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: D 1077922 085 191

Santiago del Teide, Apartment

€350,000
We are pleased to offer this fantastic apartment for sale in Playa la Arena! Including two bedrooms, additional room on the first floor with solarium, three bathrooms, independent kitchen and spacious living room leading to a terrace of 40m2 overlooking the ocean and beyond. This property is sold furnished, all the rooms have air conditioning, there solar ... For full information see website or contact:
Vym Canarias Ref: VS4188

922 787210 / 635 881888

Costa del Silencio, Los Azahares

€350,000
For sale that three-story, fully furnished townhouse located in Costa del Silencio in the urbanization Los Azahares. The house has an interior area of 160m2 distributed as follows: Main floor: independent and equipped kitchen, living room, a toilet, a 20 m2 glazed terrace. Upper floor: distributed in two spacious rooms, a bathroom and two balconies of ... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1120922 085 191

€349,999 - €250,000

Torviscas Bajo, Santa Maria del Mar

€349,950
♦ Location: Central, Close to amenities, Close to the beach, Close to the coast, Touristic Area, Close to the Harbour ♦ Close to: Beach, Coast, Harbour, Medical Facilities, Restaurants / Bars / Cafes, Shops, Town, Transport ♦ Views: Sea, Pool, La Gomera ♦ Rooms: Hall / Entrance, American Style Kitchen, Bathroom ♦ Quality: Furnished, Spacious accommodation ... For full information see website or contact:
Property Alliance SL Ref: 2A3356 922 777747

El Duque, Altamira

€349,000
Luxury, fully furnished and equipped 1 bedroom, 1 bathroom apartment in lovely sea front complex with 3 pools. The property (48sqm + 7sqm terrace/balcony) has a lounge/diner, an American-style kitchen, and is fully air conditioned.
Palm Mar Sales and Rentals Ref: PMSR0017677-623713 / 671-129558

Las Americas, Parque Santiago I

€345,000
Apartment for sale in Parque Santiago 1, Las Americas. A magnificent complex of Canarian-style apartments, located on the seashore. In the complex there is a communal pool heated from October to May. The house has 2 bedrooms, living room, American style kitchen, 1 bathroom and a nice terrace. Usable area is 64 m2, terrace of 15 m2. The complex is very well... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1020922 085 191

Torviscas Alto, Las Mimosas

€345,000



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+34-922 971 781 or Carol on +34-687 906 607

♦ Location: Residential Area, Popular urbanisation, Close to amenities ♦ Close to: Transport, Schools, Restaurants / Bars / Cafes ♦ Views: La Gomera, Sea ♦ Rooms: Fitted wardrobes, Office, Open plan kitchen, Utility room, Hall / Entrance ♦ Quality: Renovation needed, Cosmetic work needed, Unfurnished ♦ Outside: Covered Terrace, Sunny Terrace ♦ Parking: El... For full information see website or contact:
Property Alliance SL Ref: 3V3273 922 777747

Las Americas, Optimist

€340,000
We offer for sale this spacious 84m2 apartment in the complex Optimist, Las Americas. The property is in very good condition and renovated.

It has 78m2 and comprises two double bedrooms, one bathroom, a kitchen with a living room and dining room and direct access to the balcony of 6m2. The kitchen is sold fully equipped and the furniture is included. T... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: S 1049922 085 191

Palm Mar, Paraiso del Palm Mar

€340,000
We offer for sale this apartment 85 m2 in the complex Paraiso del Palm-Mar, Palm-Mar. The apartment consists of two floors with two bedrooms, two bathrooms, a big terrace of 44m2 plus garden of 13m2. There is also a solarium of 41m2 and there is a parking space. The community fee is 80 per month.
FRINA Tenerife SL - Property Sales Ref: S 1116922 085 191

Palm Mar, Duplex

€340,000
Beautiful apartment with lots of light, four different terraces and panoramic sea views. This duplex apartment has 2 bedrooms on the ground floor with fitted wardrobes and both with large sliding windows with access to the terrace located next to the pool. The bathroom on this floor has a bath, toilet and bidet.
FRINA Tenerife SL - Property Sales Ref: S 1034922 085 191

Los Abrigos, San Blas

€336,000
Great opportunity to purchase one of these townhouses for sale, on a residential complex with pools, close to the sea, between Los Abrigos and Golf del Sur. The houses have 3 bedrooms (two of them double), the main one has ensuite bathroom and balcony with views to Teide/sea. Finishings are to high standards, ie air conditioning, alarm, video calling, ele... For full information see website or contact:
Tenerife Alizes Properties Ref: KV0226 922 738653 / 626 274040

Palm Mar, Las Olas

€330,000
<p>Beautiful, bright and spacious two bedroom, two bathroom apartment on the modern Las Olas complex which stands at the entrance to Palm Mar. A short walk takes you to the sea front and all of the amenities that this up and coming village has to offer.</p><p><p>There are two terraces, one that overlooks the swimming pool/</p><p><p>The property is sold ful... For full information see website or contact:
Palm Mar Sales and Rentals Ref: PMSR0051677-623713 / 671-129558

Palm Mar, Bahia de Los Menceyes

€330,000
We offer for sale this spacious, south oriented one bedroom apartment 91m2 on the first floor in the exclusive and luxurious complex Bahia de los Menceyes offers guaranteed amazing ocean views and also panoramic views over the nature reserve La Rasca . It is in perfect condition and furnished with quality furniture and has a fully equipped Italian kitchen... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1099922 085 191

Palm Mar, Duplex

€330,000
For sale in exclusive this large duplex in the much sought after area of Palm mar in the south of Tenerife. The apartment has around 200 m2 built of which around 85 m2 are interior distributed in 2 floors and around 115 m2 are outside distributed in 2 terraces. On the first floor we have access to a spacious living-dining room with a fully equipped open ... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1008922 085 191

Torviscas Bajo, Tegueste

€330,000
Spacious (120sqm + 160sqm terrace/garden), fully furnished, 2 bedroom, 2 bathroom duplex townhouse on popular complex near the sea front and all amenities, with pool. Lounge/dining area, American-style kitchen, potential to add a separate studio apartment on ground floor!
Palm Mar Sales and Rentals Ref: PMSR0028677-623713 / 671-129558

Tejina de Guia, House

€330,000
Fully furnished 3 bed, 1 bath villa with sea view. The property measures: Int. 205sqm., Ext. 116sqm.
Property Alliance SL Ref: 3V2477 922 777747

Las Americas, Apartment

€321,000
Parque Santiago III has been built in 1987 /1988 and is situated in front of a beach. It is one of the most prestigious holiday apt. complexes in the south of Tenerife. Unique pool (2000 m2 !!), sunbathing area, immaculate garden flora/ fauna and rest./ pool bar on site. Apt. on the ground floor (one level) *Sun in the morning, large terrace and garden ... For full information see website or contact:
Dr Stange International Ref: 82-739 922 793271 / 649 957267

Palm Mar, Bahia de Los Menceyes

€320,000
This spacious one-bedroom apartment on the first floor in the exclusive and luxurious complex Bahia de los Menceyes offers guaranteed amazing ocean views and also panoramic views over the coastline of Playa de las Americas and Los Cristianos as well as the neighbouring island La Gomera. It is in perfect condition and furnished with quality furniture and a... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: S 1118922 085 191

Santiago del Teide, Townhouse

€319,000
Townhouse in Santiago del Teide area Playa de La Arena, Euro House. In total they are 150 m2 of surface, 80 m2 of terrace. It consists of 3 double bedrooms, 2 bathrooms, 1 wc. Property is in perfect condition, fully equipped kitchen. The house has a garage for 2 cars. The complex has a communal pool.
FRINA Tenerife SL - Property Sales Ref: S 1003922 085 191

Callao Salvaje, Sueno Azul

€310,000
We offer for sale this spacious three bedroom apartment in the complex Sueno Azul, Callao Salvaje. The apartment offers a very generous 300m2 of living, outside space and comprises three bedrooms, two bathrooms (one en-suite), a kitchen with dining and living area adjoining to a very large covered terrace and garden area with sufficient space for a priva... For full information see website or contact:
FRINA Tenerife SL - Property Sales Ref: D 1068922 085 191

Palm Mar, Bahia de Los Menceyes

€310,000
<p>Luxury apartment on the prestigious Bahia de Los Menceyes in the tranquil coastal village of Palm Mar. The apartment has one bedroom with en suite bathroom which includes jacuzzi bath and double sink, separate shower and WC. There is a second bathroom with shower. The kitchen is well appointed with modern, high quality appliances. For full information see website or contact:
Palm Mar Sales and Rentals Ref: PMSR0068677-623713 / 671-129558



WE HAVE MOVED

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EL MADROÑAL

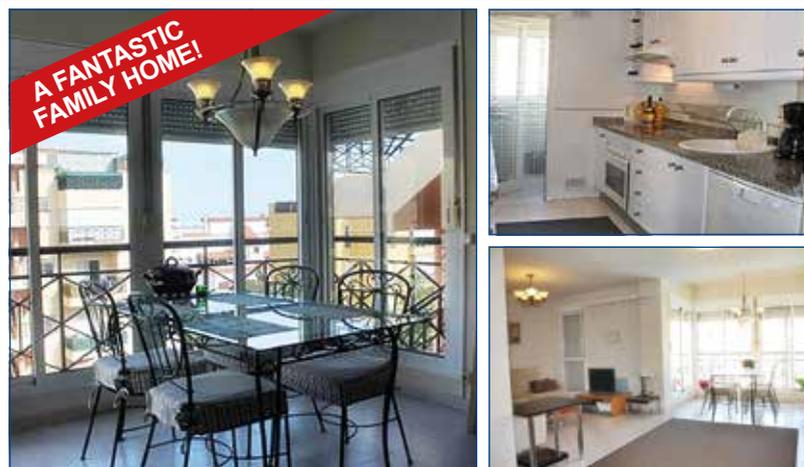


Fantastic modern style 4 bed, 3 bath (1 en suite) villa with private pool, large (50sqm) lounge/kitchen area, and private garden. There is parking and storeroom. Air conditioning. A great family home in a sought-after residential area, very close to all services and shops and only a short drive from the sea front.

€499,000

Ref: V418-BP

PARQUE DE LA REINA, TIGAIGA I



A FANTASTIC FAMILY HOME!

Lovely 3 bed, 2 bath (1 en suite) duplex penthouse in popular residential complex with pool. The property's main floor has a large lounge/dining area, sep. galley-style kitchen, and utility room; upstairs there are 2 rooms plus a bathroom/sauna, extra storage space and a large terrace with lovely sea and mountain views. Underground garage space and storeroom incl.

€168,000

AP215-BP

LAS AMERICAS, OLYMPIA



NEW LISTING!
 Excellent, refurbished, and fully furnished studio in popular complex with pool, close to the beach and all amenities. The property, in a great location, has a lovely sunny balcony with sea views.

€155,000

ST112-HP

FANABE, SOL SUN BEACH



NEW LISTING!
 Very nice, fully furnished and equipped top floor studio apartment with sea views in sought after sea front complex with pool. Everything you need for a holiday apartment with the beach and all services on your doorstep!

€185,000

ST111-HP

MAREVERDE



NEW LISTING!
 Unfurnished 1 bed, 1 bath apt. on popular complex with pool in a great location. The property has been refurbished and is just a short walk to the beach.

€142,000

Ref: AP107-HP

LAS AMERICAS



REDUCED!
 Fantastic, fully furnished 2 bed, 2 bath ground floor apt. that has been completely refurbished to a high standard. The property is on a small complex with no community fees. Excellent rental potential!

€350,000

Ref: AP207-HP

GOLF DEL SUR, ALAMOS PARK



NEW LISTING!
 Recently completed 7 bed, 5 bath (4 en suite) villa (252sqm built on plot of 1,000sqm) with own pool. The property spans 2 floors with lounge/dining area, feature fitted kitchen, and sun terrace with panoramic views. Great potential!

€695,000

Ref: V425-BP

PLAYA SAN JUAN, EDF. SOLEI



REDUCED FOR URGENT SALE!
 Great 1 bed, 1 bath apartment in a small residential complex in an excellent location close to the sea front. The complex is very well kept and has lifts and the property comes with **2 parking spaces** in the communal garage.

€128,000

AP116-BP

ROQUE DEL CONDE



Lovely, spacious, 2 bed, 2 bath (1 en suite) townhouse in lovely residential complex with pool. The property has 2 good-size terraces with sea views and a private, closed garage.

€265,000

Ref: TH205-HP

ADEJE, LAS MORADITAS



NEW LISTING!
 Gorgeous 3 bed, 3 bath (all en suite) villa with own pool on a 5,000sqm plot with beautiful gardens. Upstairs is a spacious lounge/dining area, large kitchen and several terraces offering breath-taking sea and coastal views.

€1,300,000

Ref: V423-BP

VALLE SAN LORENZO



REDUCED!
 This is a large two-family house, with the upstairs and downstairs separate entities. Our property is the downstairs part, a 2 bed, 3 bath apartment with large lounge, kitchen and rear garden, plus 2 separate studios.

€149,000

Ref: VH103-BP

EL HIERRO, UNIQUE VILLA



REDUCED!
 Fully furnished, 3 bed, 2 bath villa on 5,500sqm plot right on the sea front! The property has a spacious lounge/diner, fully equipped kitchen, various huge terraces with beautiful sea views, BBQ, sauna, gardens, garage and much, much more!

€398,000

Ref: V411-BP

Los Cristianos, Achacay
€305,000

We offer for sale this apartment 66m2 in the complex Achacay, Los Cristianos. The apartment consist of two double rooms, one bathroom, an equipped kitchen, livingroom and 6m2 patio. The complex offers elevators and a community swimming pool. The community expenses are 178 per month including water. All the beaches of Los Cristianos belong to the municipi... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1125922 085 191

El Madronal, Townhouse
€305,000

We offer for sale this three bedroom spectacular townhouse located in Costa Adeje in the district of El Madronal. It is built in 2007, has 169 m2 of which 121 m2 are useful. On the first floor there are three bedrooms, three bathrooms, separate kitchen, living room and two storage rooms. Garage for two cars of 41 m2. It has a terrace of 27 m2 and a small... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1081922 085 191

Los Menores, Detached House
€299,000

For sale a detached house located in Los Menores, Adeje. The house is located on a plot of 222m2 and has a total constructed area of 98m2. Distributed as follows: Ground floor: An independent kitchen, living room, toilet, utility room and garden. Upstairs: Three bedrooms, two bathrooms and a balcony. The house is finished with a roof terrace, with a c... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1098922 085 191

Costa del Silencio, Semi-Detached House
€295,000

Pretty 3 bed, 2 bath semi-detached house in private urbanization with really nice views. The property is on 2 levels with a large private roof terrace/solarium with lovely views to sea and mountains. The plot is walled and gated with electric sliding gates for private car parking and a tiled driveway leading to a garage/workshop. Large patio with swimming... For full information see website or contact:

Tenerifehome.com Ref: 1139-1215
922 783066

Costa del Silencio, Villa
€295,000

This very well-maintained, detached house, is built on a plot of 369m2. The built area is 125m2. The property consists of 3 large bedrooms, 2 bathrooms, a fully equipped kitchen, a roof terrace and a garage. Around the house there are several terraces and gardens. The price/quality ratio is optimal!

Tenerifehome.com Ref: 1373-0418
922 783066

Amarilla Golf, Palm Ridge
€294,995

Stunning 3 bed, 2 baths (one en suite - upgraded Spring 2018) duplex apartment for sale on Amarilla Golf. (Available furnished/unfurnished). Situated on one of the most sought-after developments in the area. Well-managed community. Beautiful community pool. Apartment comprises open plan lounge diner/kitchen (New kitchen Nov 18), four terraces, two having ... For full information see website or contact:

Tenerife Prime Property Ref: S-03 1372
627-230360

Los Abrogos, San Blas
€289,000

Great opportunity to purchase one of these townhouses for sale on a residential complex with pools, close to the sea, between Los Abrogos and Golf del Sur. The houses have 3 bedrooms, the main one double with

ensuite bathroom, and all the bedrooms have built-in wardrobes. Finishings are to high standards and include alarm, air conditioning, electric shutt... For full information see website or contact:

Tenerife Alizes Properties Ref: KV0225
922 738653 / 626 274040

Los Gigantes, Apartment
€275,000

Excellent property located in the area with the best climate in Tenerife, Playa La Arena Los Gigantes. It has

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2 bedrooms, 2 bathrooms, excellent 30 m2 terrace with partial sea view and facing the pool, there is also a back garden shaded by ivy, fully equipped kitchen, garage space of 14 m2 and storage of 6m2. Built with quality materials: marble floor, d... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1010922 085 191

Las Americas, Parque Santiago III
€273,000

This resort with a communal swimming pool is situated just in front of the beach on the promenade very close to the bars, restaurants and shopping center. Studio is located on the 3rd floor with full sea view. Recently refurbished, fully equipped studio with kitchen. Perfect place if you are looking for your second home on the beach!

2nd Home Tenerife Ref: ROA0020
628 608 469

Los Cristianos, Parque Tropical II
€270,000

Duplex apartment, being sold part furnished with 2 bedrooms, 2 bathrooms, lounge and American style kitchen. There is a small front garden and a large terrace off the lounge overlooking the community swimming pool. There is also a balcony off the upstairs bedroom. This property needs to have some refurbishing done, it is in a complex with easy off road pa... For full information see website or contact:

Tenerife Prime Property Ref: S-02 1150
627-230360

Santiago del Teide, Apartment
€269,000

Excellent position both for living and for holidays. The complex is situated in few meters from the coast and the beach Playa la Arena with good touristic . The apartment has 2 spacious bedrooms, 2 bathrooms, independent kitchen, large living room and the terrace of 30m2 with nice views to the ocean and the gardens, there is a private garden of 15m2. A pa... For full information see website or contact:

Ymm Canarias Ref: VS4966D
922 787210 / 635 881888

San Miguel, Apartment
€265,000

We are more than pleased to offer this stunning penthouse apartment in the most prestigious area of Amarilla Golf - Fairways Club. Comprising two bedrooms, two bathrooms, open plan kitchen with a spacious and luminous living room leading to a terrace overlooking the ocean and golf course. Additionally, the property comes with a large rooftop terrace with ... For full information see website or contact:

Ymm Canarias Ref: VS5796D
922 787210 / 635 881888

Los Cristianos, Apartment
€265,000

The apartment is newly renovated and comprises two double bedrooms, one bathroom, an open American style kitchen and a living room with direct access to the balcony of 6m2. The kitchen is sold fully equipped and all the furniture is included. There are a communal tennis court, a communal swimming pool and communal parking. The community fees are 165 pe... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1051922 085 191

Los Cristianos, Apartment
€265,000

Wonderful and newly renovated apartment near the promenade in Los Cristianos. With tennis courts and a nice pool area, this is a very good and well-maintained complex. The apartment has two bedrooms, a bathroom, kitchen and a beautiful view.

FRINA Tenerife SL - Property Sales
Ref: S 1029922 085 191

Palm Mar, Paraiso del Palm Mar
€265,000

Beautiful duplex penthouse apartment with two bedrooms. Both bedrooms are spacious with built in wardrobes, bathroom with a jacuzzi bath, 1 guest toilet, fully equipped kitchen. This property has several terraces with sea views located in the sunny side. The apartment is sold furnished and with parking included in the price. The property is situated in a f... For full information see website or contact:

2nd Home Tenerife Ref: RP2108
628 608 469

Los Cristianos, Cristian Sur
€259,950

We offer for sale a duplex apartment 97m2 in Los Cristianos. The apartment is located on the third floor in the complex Cristian Sur The ground floor consists of a hall, open-plan kitchen, one bathroom and a terrace of 10m2. The first floor offers two bedrooms, one bathroom and a terrace of 14m2. This property is sold fully furnished. The complex cons... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1059922 085 191

San Eugenio Bajo, Apartment
€259,000

Tenerife-South: San Eugenio Bajo, Chic 2-Bedroom Apartment, Seafont Location in Club Villamar, Beautiful Pools and Gardens. All inquiries welcome !

A1 Real Estate & Property Consultants Ref: 20141298922
729395 / 655 012711

Chayofa, Bungalow
€255,000

Bungalow with 2 bedrooms, 2 bathrooms, living room and kitchen. It has different environments on the outside, with gardens and rest areas. In addition to basement with playground. Located in a very quiet area. Internal surface 100 m2. Exterior 144 m2.

FRINA Tenerife SL - Property Sales
Ref: S 1000922 085 191

Playa Paraiso, El Horno
€250,000

We offer for sale this beautiful apartment 82 m2 in the complex El Horno, Playa Paraiso. The apartment consists of two double bedrooms, a bathroom, kitchenette with living room and a terrace of 15m2. The property is in good condition and the kitchen is fully equipped. The

complex has a communal pool and there is private parking. Community fees are 57 ... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1105922 085 191

San Eugenio Bajo, Tinerfe Gardens
€250,000

Spacious (76sqm + 35sqm terrace), fully furnished 2 bedroom, 1 bathroom duplex apartment in popular complex with pool and close to beach, harbour and all amenities.

Palm Mar Sales and Rentals Ref: PMSR0032
677-623713 / 671-129558

San Miguel, Villa
€250,000

We are very pleased to offer for sale a semi detached house in Las Adelfas II, Golf del Sur. On the ground floor of this well maintained two-storey property you will find a spacious independent kitchen with separate utility room, from the kitchen you are into an open lounge dining area with lots of natural sunlight from the double doors which lead to a la... For full information see website or contact:

Ymm Canarias Ref: VS5340D
922 787210 / 635 881888

€249,999 - €150,000

El Madronal, Mirador del Duque
€249,900

Spacious (187sqm + 40sqm terrace), fully furnished, 3 bedroom, 3 bathroom duplex in complex with pool. Close to all amenities (Gran Sur, Siam Park, Water Park etc).

Palm Mar Sales and Rentals Ref: PMSR0025677-623713 / 671-129558

Golf del Sur, Winter Gardens
€246,750

Lovely 2 bedroom, 2 bathroom (1 en suite) apartment on a popular complex on the Golf del Sur. This property is very tastefully furnished and has a separate, fully equipped kitchen with a small utility room, large lounge leading off to a good size terrace and community swimming pool.

Tenerife Prime Property Ref: S-02 1352
627-230360

Costa Adeje, Apartment
€245,000

Beautiful apartment located in a well maintained and quiet complex with swimming pool. Consisting of 2 bedrooms and 1 bathroom, a separate kitchen and a laundry room, in total 70m² . The South- West facing terrace of 10m² offers you a beautiful view on the sea and on the swimming pool of the complex. Parking space and storage room are included in the price... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1109922 085 191

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Tenerifehome.com Ref: 1484-0519
922 783066

Los Cristianos, Victoria Court II
€245,000

We offer for sale this spacious 60m2 apartment on the first floor in the complex Victoria Court II, Los Cristianos. The property consists of one bedroom with fitted wardrobes and a bathroom. There is a fully equipped kitchenette and a living / dining room with doors that open onto the large terrace of 15 m2. The complex has a heated community pool. The... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1110922 085 191**El Galeon, House**
€245,000

This elegant townhouse is located in Adeje's trendy district "El Galeon", close to the sport-center and only a short walk from downtown Adeje. The residential complex of "Los Océanos" is fitted perfectly into the light slope, the premises gather around a huge courtyard with beautiful pool, sunbathing area and playground. Across the neat front garden you a... For full information see website or contact:

A1 Real Estate & Property Consultants Ref: 20140997922
729395 / 655 012711

Santa Ursula, Townhouse
€245,000

Bank property: Townhouse located north, distributed on two floors with area for parking. On the ground floor we find living room, kitchen, utility room and toilet, on the top floor 3 bedrooms and 2 bathrooms, has a garden and terrace area.

Ymm Canarias Ref: VS5798BS
922 787210 / 635 881888

Los Cristianos, Yaiza
€240,000

Centrally located only 30 metres from the beach, Playa de las Vistas. This two bedroom apartment is sold fully furnished and the price includes a garage for two cars and private storeroom.

Palm Mar Sales and Rentals Ref: PMSR0018677-623713 / 671-129558

Santiago del Teide, Apartment
€239,000

Apartment in the residential complex Playa de la Arena Phase 1. It consists of 2 bedrooms with wardrobes, 2 bathrooms, kitchen, living room with access to the terrace with garden and view to the ocean. There is also a terrace with access from the kitchen. There is parking in the communal garage and 6m2 storage room. Apartment is sold fully furnished, all ... For full information see website or contact:

Ymm Canarias Ref: VS5269D
922 787210 / 635 881888

Los Cristianos, Parque Tropical I
€239,000

We offer for sale this apartment 64 m2 on the groundfloor in the complex Parque Tropical, Los Cristianos. The apartment consists of one bedroom, a bathroom, a kitchen, living room and terrace overlooking the communal swimming pool. The apartment is renovated and in very good condition. The community has a swimming pool and elevator. All services are ne... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1109922 085 191

Playa de la Arena, Balcon de Los Gigantes
€234,000
Pleasantly presented apartment 75m2 in the complex of Balcon De Los Gigantes, Puerto de Santiago. Based on the fourth floor, this property comprises two double bedrooms, two bathrooms, one of which is an ensuite, lounge with dining area and kitchen with breakfast bar. Large terrace of 24m2 accessible from both bedrooms and lounge, offering wonderful sea... For full information see website or contact:

FRINA Tenerife SL - Property Sales
Ref: S 1084922 085 191

Chayofa, Chayofa Country Club
€230,000

2 bed, 2 bath apartments being sold (prices from 230.000) with large terraces and private roof terrace. All apartments have fully fitted kitchens and integrated appliances, all bedrooms have direct access to the private terraces and there is a community swimming pool.

Tenerife Prime Property Ref: S-02 1375
627-230360

San Miguel, Townhouse
€226,000

Townhouse with four bedrooms in the residential complex "Jardin de San Miguel", Llanos de Camello. The house has 4 bedrooms, living room, two terraces and a balcony. Upstairs terrace with jacuzzi. Living area of 120 m2. The total surface of the terraces is 65 m2. The price includes kitchen appliances and a large garage for 2 cars. Nice closed complex ... For full information see website or contact:

Ymm Canarias Ref: VS5772D
922 787210 / 635 881888

Puerto de Santiago, Apartment
€225,000

We offer for sale this two bedroom apartment of 72m2 in los Gigantes complex, Puerto Santiago. The apartment is located on the third floor and has a large 24 m2 terrace with ocean and cliffs view. The property has access to well designed pool, jacuzzi and solarium area. This apartment has two bedrooms, two bathrooms, an American style kitchen and one li... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: S 1052922 085 191

Palm Mar, Apartment
€225,000

2 bedroom apartment with a 10m² terrace that will allow you to enjoy spectacular sunsets! Located in the exclusive Palm-Mar area, with its rooftop pool and stunning panoramic sea views. Great opportunity!

Tenerifehome.com Ref: 1315-0917
922 783066

San Miguel, Apartment
€220,500

Great apartment in the complex Sand Club, Golf del Sur. Including two bedrooms, two bathrooms, large living room with open plan kitchen and dining area. The property has a spacious terrace with breathtaking views over the ocean and swimmin pool. At the entrance there is a front yard with a place for storage and a cosy little garden. The complex has two s... For full information see website or contact:

Ymm Canarias Ref: VS5281D
922 787210 / 635 881888

San Eugenio Alto, Malibu Park
€220,000

♦ Location: Close to amenities, Gated community, Popular urbanisation, Touristic Area ♦ Close to: Restaurants / Bars / Cafes ♦ Views: Sea ♦ Rooms: Hall / Entrance, Independent Kitchen, Utility room ♦ Quality: Part furnished, Renovation needed ♦ Features: Security shutters ♦ Outside: Sunny Terrace, Large Terrace ♦ Parking: Street parking ♦ Community facilil... For full information see website or contact:

Property Alliance SL Ref: 2A3266
922 777747

Guimar, Finca
€220,000

We have for sale Finca in the area of Guimar. The land is divided into "rustic" of 301m2 and "urban" of 448m2, the latter has a built area of 275m2 in different buildings. Property to reform.

FRINA Tenerife SL - Property Sales Ref: S 1004922 085 191



Tenerife Properties.ES

Abama Golf, Terrazas de Abama



Lovely 2 bed/ 2 bath apartment on this prestigious complex with partial sea views.

Price: €750,000

Ref: 15136

El Duque, Villas del Duque



Beautiful 4 bedroom, 3 bathroom townhouse in this prestigious residential complex. Recently refurbished with high quality materials, with airconditioning throughout.

Price: €610,000

Ref: 13965

El Duque, Terrazas del Duque II



Immaculate 1 bed, 1 bath apartment, for sale fully furnished in this prestigious resort, included with a calendar of reservations. Great investment opportunity!

Price: €305,000

Ref: 12620

Torviscas Playa, Santa Maria



Third floor, 1 bed apartment with a large double balcony with sea views in this established complex.

Price: €235,000

Ref: 11248

Torviscas Bajo, Mareverde



Lovely 3 bed duplex on this established complex.

Price: €239,000

Ref: 8725

Fañabe, Lagos de Fañabe



Lovely 2 bed apartment on this prestigious complex with partial sea views. Very close to the beach and all amenities.

Price: €360,000

Ref: 15195

📍 Avda. Ernesto Sarti s/n, Pueblo Torviscas, local M2, COSTA ADEJE 38670

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AMARILLA GOLF, PINEHURST



Beautifully decorated, fully furnished, 2 bed, 1 bath ground floor apartment on popular complex with pool, close to all amenities and the sea front (and the complex pool bar/restaurant!). This spacious (77sqm) property has a lounge/diner, American-style fully fitted kitchen and a large sunny terrace overlooking the pool and gardens. Com. Fees are €306 every two months.

Ref: S-02 1384

Price: £165,000 Sterling

Torviscas Alto, Balcon del Atlantico IV €149,000

We are pleased to offer this one bedroom apartment in the complex Balcon del Atlantico, Roque del Conde. This apartment comprises 60m² of living space, one bathroom, an independent kitchen, an open dining and living area leading to a 37m² balcony with sea view. The property is sold with furniture as seen in the photographs. If you are looking for a pr... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: D 1069922 085 191

San Eugenio Alto, Caledonia Park €147,000

◆ Location: Close to amenities ◆ Close to: Restaurants / Bars / Cafes ◆ Views: Sea ◆ Rooms: American Style Kitchen, Bathroom ◆ Quality: Furnished, Renovated ◆ Features: Air conditioning ◆ Outside: Roof Terrace ◆

Property Alliance SL Ref: 1D3369 922 77747

Los Cristianos, Torres del Sol €147,000

For sale a studio apartment in the complex Torres del Sol, Los Cristianos. The apartment is 35m², furnished, community expenses of 98 euros per month with water and electricity included. Views to the pool.

FRINA Tenerife SL - Property Sales Ref: S 1027922 085 191

San Eugenio Alto, Colina Blanca €140,000

◆ Location: Popular urbanisation ◆ Close to: Restaurants / Bars / Cafes ◆ Rooms: Fitted wardrobes, Open plan kitchen, Hall / Entrance ◆ Quality: Tastefully decorated, Modern, Refurbished, Renovated, Well presented, Furnished ◆ Features: Security shutters, Air conditioning ◆ Outside: Sunny Terrace ◆ Parking: Street parking ◆ Community facilities: Pool Bar,... For full information see website or contact:

Property Alliance SL Ref: 1D3041 922 77747

Torviscas Bajo, Santa Maria del Mar €140,000

◆ Location: Central, Close to amenities, Close to the beach, Close to the coast, Touristic Area ◆ Close to: Beach, Coast, Harbour, Port, Medical Facilities, Restaurants / Bars / Cafes, Shops, Transport, Town ◆ Views: Garden ◆ Rooms: Hall / Entrance, Kitchenette, Bathroom ◆ Quality: Furnished ◆ Outside: Terrace ◆ Community facilities: 24 hour Security, Swi... For full information see website or contact:

Property Alliance SL Ref: 0S3388 922 77747

Costa del Silencio, Apartment €139,900

1 bedroom apartment situated just in front of the swimming pool, in the complex Parque don José! The property has a built area of 44,80m² and a West facing terrace of 10,64m². It is sold furnished, including an electric sun blind and a recently bought fridge (2017) and washing machine (2018). The swimming pool area is spectacular & 1 of the pools is he... For full information see website or contact:

Tenerifehome.com Ref: 1494-0619 922 783066

Costa del Silencio, Apartment €139,900

This 1 bedroom apartment offers a West facing terrace of 10,64m² with view on the pool. Interior of 44,80m² with 1 bedroom (with fitted wardrobes), a semi-separate kitchen and a bathroom with shower. The property is sold furnished, including an electric sunblind and a fridge bought in 2017. Easy parking in the street. Community with lots of garden areas and ... For full information see website or contact:

Tenerifehome.com Ref: 1495-0619 922 783066

Costa del Silencio, Apartment €139,000

This modern and luxurious one bedroom apartment is offered for sale fully furnished, including air conditioning. The apartment features a well-equipped kitchen with dishwasher and oven, a spacious bedroom and a lovely balcony with partial sea view. It is located in the first sea line complex: Atlantic View in Phase 6, directly by the sea, that offers 3 sw... For full information see website or contact:

Tenerifehome.com Ref: 1455-0119 922 783066

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Costa del Silencio, Apartment €139,000

This 1 bedroom apartment is located on the first (upper) floor, in the rustic complex: la hacienda in Costa del Silencio. It features an American-style kitchen, a bathroom with shower, a balcony facing South and a spacious roof terrace. There is also a private parking space included in the price. Great opportunity!

Tenerifehome.com Ref: 1322-1017 922 783066

Torviscas Alto, Apartment €139,000

Location - Touristic area Views - Pool - Sea Additional - Viewing recommended Rooms - American style kitchen Community facilities - Lifts - Pool bar - Heated swimming pool Parking - Off street parking

Island Estates Ref: 526-A1 922 790767 / 670 605414

Torviscas Alto, Windsor Park €138,000

We offer for sale this studio 38 m² in the complex Windsor Park, Torviscas Alto. The studio consists of a sleeping area, a bathroom, american kitchen, living room and a terrace of 15 m² with fantastic views towards the sea and La Gomera. The house is recently renovated, completely new, furnished, modern and with the latest appliances. Fully equipped: TV... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: S 1114922 085 191

Chayofa, Chayofa Country Club €138,000

We offer for sale this 73m² apartment in the complex Chayofa Country Club, Chayofa. This apartment comprises one bedroom, one bathroom, an American style open kitchen with dining area and living room, leading to a terrace of 13m² with a view to the swimming pool. There is a communal swimming pool and an off street parking. The Chayofa Country Club is l... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: S 1042922 085 191

San Eugenio Alto, Ocean View €137,000

We offer for sale this one bedroom apartment of 50m² in the complex Ocean View, San Eugenio Alto. The apartment consists of one double bedroom, one bathroom with shower and window, an american style kitchen and bright living room and terrace of 25m² with pergola and stunning views of the sea and La Gomera. The apartment is furnished and just a ten minut... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: S 1119922 085 191

San Eugenio Alto, Caledonia Park €136,500

◆ Location: Close to amenities, Gated community, Touristic Area ◆ Close to: Restaurants / Bars / Cafes ◆ Views: Sea ◆ Rooms: American Style Kitchen ◆ Quality: Furnished ◆ Outside: Large Terrace, Sunny Terrace ◆ Parking: Street parking ◆ Community facilities: Lifts, Intercom entry ◆

Property Alliance SL Ref: 0S3194 922 77747

Palm Mar, San Remo €136,000

The complex offers lovely and spacious apartment & penthouse duplex with 1, 2 and 3 bedrooms as

well as large terraces, gardens and sun roof terraces. A good opportunity for an investment, holiday home or retirement.

2nd Home Tenerife Ref: San Remo 628 608 469

San Eugenio Alto, Malibu Park €135,000

We offer for sale this studio 35m² in the second floor in the complex Malibu Park, San Eugenio. The studio has one bathroom, a fully furnished and equipped kitchen, and the livingroom / sleeping area which lead to a terrace of 9m². From the terrace you have sea views. The complex offers a communal swimming pool. The community fees is 140 per month.

FRINA Tenerife SL - Property Sales Ref: S 1123922 085 191

Costa Adeje, Studio €135,000

Beautiful studio in Malibu Park, Costa Adeje. It consists of a room, American kitchen, a bathroom and terrace with sea views. The Malibu Park apartments are built around a large pool. The sundeck at Malibu Park has lounges for all guests to relax. The complex is well located, next to a water park (Aqualand), and five minutes from the beach by car.

FRINA Tenerife SL - Property Sales Ref: S 1013922 085 191

Playa San Juan, Apartment €133,000

◆ Location: Central, Close to the beach, Close to amenities ◆ Close to: Beach, Coast, Medical Facilities, Restaurants / Bars / Cafes, Shops, Transport, Town, Harbour ◆ Views: Sea ◆ Rooms: Hall / Entrance, American Style Kitchen, Fitted wardrobes, Bathroom ◆ Quality: Furnished ◆

Property Alliance SL Ref: 2A3364 922 77747

Llano del Camello, Malvasia I €132,000

We are pleased to offer this totally refurbished one bedroom apartment in Malvasia, Llano de Camello, Las Chafiras. This second floor apartment comprises 48m² of living space, independent kitchen, open dining and living area leading to a 6m² balcony overlooking the communal swimming pool and the community itself. The property is sold with furniture as... For full information see website or contact:

FRINA Tenerife SL - Property Sales Ref: D 1055922 085 191

Costa del Silencio, Balcon del Mar €129,990

We offer for sale this apartment 52m² on the first line of the sea in the complex Balcon del Mar, Costa del Silencio. The apartment consists of one bedroom, a bathroom, a kitchenette, a living room and terrace where there are sea views. The

complex is with pool and 24-hour reception. Community fees are 65 per month.

FRINA Tenerife SL - Property Sales Ref: S 1106922 085 191

Palm Mar, Apartment €120,000

The apartment is situated in a residential complex designed for optimum use and comfort. Its structure is of the highest quality from the foundations and installations to the finishing touches that include completely furnished Italian designed kitchens equipped with some electrical appliances, as well as fully functional modern bathrooms. Swimming pools, ... For full information see website or contact:

2nd Home Tenerife Ref: RP1040 628 608 469

Playa Paraiso, Apartment €120,000

Fully furnished 1 bed, 1 bath apartment in residential complex with pool and gardens. The property measures: Int. 45sqm., Ext. 10sqm.

Property Alliance SL Ref: 1A2447 922 77747

San Eugenio Alto, Colina Blanca €119,000

◆ Location: Gated community, Popular urbanisation, Touristic Area ◆ Close to: Restaurants / Bars / Cafes ◆ Views: Sea ◆ Rooms: American Style Kitchen, Fitted wardrobes ◆ Quality: Furnished, Refurbished ◆ Outside: Sunny Terrace ◆ Parking: Street parking ◆ Community facilities: Swimming pool, Pool Bar, Intercom entry, Lifts ◆

Property Alliance SL Ref: 0S3350 922 77747

San Isidro, Apartment €115,000

Bright, spacious, completely refurbished apartment, first floor of residential building, in quiet area of San Isidro. 2 bedrooms, 1 bathroom, large living/dining room, separate fitted kitchen fully equipped, parking space in underground safe garage. Close to shops, schools, easy access to motorway. Low community fees.

Tenerife Alizes Properties Ref: KV0214 922 738653 / 626 274040

San Eugenio Alto, Aloha Gardens €115,000

◆ Location: Residential Area, Gated community, Close to amenities ◆ Close to: Restaurants / Bars / Cafes ◆ Views: La Gomera, Sea ◆ Rooms: Bathroom, American Style Kitchen ◆ Quality: Part renovated, Furnished ◆ Parking: Street parking ◆

Property Alliance SL Ref: 0S3296 922 77747

Costa del Silencio, Apartment €110,000

This is a two bedroom apartment in very good conditions. It is very bright and spacious, located in the heart of Costa el Silencio in a residence with communal swimming pool. The

style kitchen, and it is fully equipped and furnished. Use of the communal roof terrace, includes a private laundry room on the roof.

Tenerife Alizes Properties Ref: KV0163 922 738653 / 626 274040

La Estrella, Apartment €110,000

Recently renovated, modern 1 bed, 1 bath penthouse with a large (14sqm) sunny terrace in apartment building with lift. A short walk to Las Galletas and Costa del Silencio. Great value for money!

Tenerifehome.com Ref: 1068-0315 922 783066

Las Galletas, Penthouse €100,000

We offer for sale this nice Penthouse 58m², Las Galletas. The apartment has one bedroom, one bathroom, an american kitchen and a terrace of 16m².

FRINA Tenerife SL - Property Sales Ref: S 1115922 085 191

UNDER €100,000

Chayofa, Chayofa Country Club €99,950

Large studio apartments for sale (prices from 99.950). Studios being sold fully furnished and has a fully equipped kitchenette, bathroom, lounge, terrace and community swimming pool. These studios are an ideal holiday home/investment.

Tenerife Prime Property Ref: S-00 1373 627-230360

Golf del Sur, Green Park €99,750

Fully refurbished and furnished 1 bed, 1 bath apartment with air conditioning, newly fitted kitchen and refurbished bathroom. This apartment is on the 3rd floor and there are lifts throughout the complex. Views from the terrace onto the community swimming pool. PRICE REDUCED FOR QUICK SALE.

Tenerife Prime Property Ref: S-01 1343 627-230360

Candelaria, Apartment €99,330

C/icerse, Candelaria Apartment + garage + storeroom in Candelaria, constructed in 2002.

The Property Gallery Ref: 73240245 922 719925 / 922 719889

Puerto de La Cruz, Apartment €99,000

Reduced: Boutique-Apartment, 1-Bedroom with Superb Furnishing and Attractive Balcony Completely renovated in 2011: New water & electricity, new surfaces (tiles, wood laminated floors), new kitchen with predominantly German AEG appliances. Wellness bathroom with marmor frames, mosaic tiles, bathtub/shower, bidet, heated floor

Costa del Silencio, Studio €91,000

Parking and community parking Recently reformed, it is sold fully furnished.

The Property Gallery Ref: A381 922 719925 / 922 719889

Playa Paraiso, Apartment €89,000

One bedroom apartment which is well maintained to a high standard situated in Paraiso Del Sur with incredible sea views.

Tenerife Business Services SL Ref: 82 922 740464 / 638 357059

Santa Cruz de Tenerife, Apartment €88,500

C/ Padre Anchieta; Santa Cruz de Tenerife. Three bedroom apartment on 85m² with one bathroom, lounge-dining room, kitchen, storeroom, washroom. Apartment on a 5th floor. Building constructed in 1976.

The Property Gallery Ref: 60199865 922 719925 / 922 719889922 719925 / 922 719889

electricity. The apartment is on the ground floor.

FRINA Tenerife SL - Property Sales Ref: S 1014922 085 191

Santa Cruz de Tenerife, Apartment €98,700

Edificio los Treboles, Santa Maria del Mar. Santa Cruz de Tenerife(North) Apartment of 99m² on a 6th floor. Has private garage space + storeroom. Residencial quiet area, within 10 minutes of Carrefour commercial center.

The Property Gallery Ref: 81024842 922 719925 / 922 719889

Santa Cruz de Tenerife, Apartment €98,700

C/ El Abajo, Barranco Grande, Santa Cruz de Tenerife. Apartment of 97m² with patio in a residential area. Constructed in 2008.

The Property Gallery Ref: 60207088 922 719925 / 922 719889

Santa Cruz de Tenerife, Apartment €97,400

C/Corominas, Barranco Grande. Santa Cruz de Tenerife (North) Three bedroom apartment on 107m² with two bathrooms, roof terrace. Located on a second floor. Constructed in 2003.

The Property Gallery Ref: 60199850 922 719925 / 922 719889

Arona, Apartment €95,000

3 bedroom apartment, on the first floor, in a recent building and with a common solarium. Located in center of el fraile only 5 minutes walk from shops.

Tenerifehome.com Ref: 1458-0119 922 783066

Costa del Silencio, Apartment €95,000

Lovely 1st floor apartment with 2 bedrooms, bathroom, lounge and separate fully fitted kitchen with a large terrace of 16m². This property is being sold fully furnished.

Tenerife Prime Property Ref: S-02 731 627-230360

Adeje Town, Apartment €94,500

Fully furnished 2 bed, 1 bath apartment in residential complex. The property measures: Int. 68sqm., Ext. 2sqm.

Property Alliance SL Ref: 2A2827 922 77747

San Miguel, Studio €94,500

We have for sale studio in Green park, Golf del Sur. 1 bathroom, living room, american kitchen, terrace with partial sea views. Total 44m² 3 Communal swimming pools. Community fees 121 euros.

Vym Canarias Ref: VS5276D 922 787210 / 635 881888

Costa del Silencio, Studio €91,000

Parking and community parking Recently reformed, it is sold fully furnished.

The Property Gallery Ref: A381 922 719925 / 922 719889

Playa Paraiso, Apartment €89,000

One bedroom apartment which is well maintained to a high standard situated in Paraiso Del Sur with incredible sea views.

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apartment have a patio with barbecue and also a beautiful South West oriented terrace overlooking the swimming pool.

Tenerifehome.com Ref: 1360-0318 922 783066

Los Abrigos, Los Abrigos €110,000

Bright ground floor apartment, in residential building, within walking distance to the sea and to the centre of the village. It has 2 bedrooms, one bathroom, living room with american

and radiator/towel rack. Se... For full information see website or contact:

A1 Real Estate & Property Consultants Ref: 20150699922 729395 / 655 012711

Costa Adeje, Apartment €99,000

For sale a one bedroom apartment in the popular complex Laguna Park 2, Adeje. It has one bedroom, one bathroom of 41m², a terrace 13m² and a patio 10m². Community fee is 206 monthly, including water and

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Tenerife Prime Property

Amarilla Golf, Palm Gardens

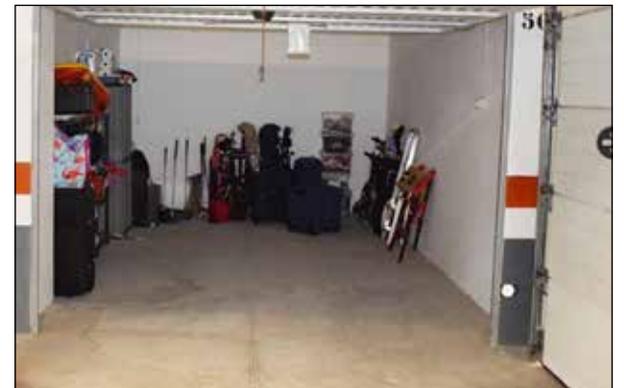
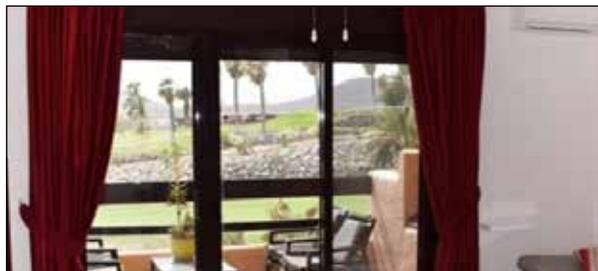


Lovely, spacious (78sqm + 23sqm total terraces) and beautifully presented, part-furnished 2 bed, 2 bath (master en suite) 1st floor apartment in sought after 'golf course' complex with pool and sunbathing terraces. The property, which enjoys sea and golf course views has a lounge/dining area, independent fitted kitchen, two sunny terraces and a private garage. Extras include: aircon, security grilles and dishwasher



S-02 1391

€249,950



PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Buzanada, Edf. Eos



Lovely, fully furnished, 2 bed, 1 bath apartment in a block of only 8 apartments and lift. The property has a lounge-diner, American style fully fitted kitchen, private 70sqm roof terrace with direct access.

S-02 1357

€129,000

Golf del Sur, Green Park



Fully refurbished and furnished 1 bed, 1 bath 3rd floor apartment overlooking the community pool with aircon and newly fitted kitchen. Lifts throughout the complex.

S-01 1343

€99,750

Amarilla Golf, Augusta Park



Beautiful, ground floor 1 bed, 1 bath apartment being sold fully furnished. There is a lounge and fully equipped American style kitchen, A/C, electric shutters and an 8m2 terrace overlooking the community swimming pool.

S-01 1354

€149,000 Sterling

El Medano, Sotavento



Lovely, unfurnished 3 bed, 2 bath, 1st floor duplex apartment on sought after sea front complex with pool and tennis courts. The property has a lounge/diner, open plan kitchen, sunny terrace and a secure parking space/storeroom. Close to amenities.

S-03 1390

€279,500

Fañabe, Lagos de Fañabe



Beautiful, fully furnished 1 bed, 1 bath apartment on sea front, 'Touristic' complex with 3 pools, just 70 metres from the beach. The property has a lounge/diner, open kitchen, sunny terrace and private parking. Holiday occupancy is 60%+ (at c€500/€950 per week).

S-01 1379

€300,000

Los Cristianos, Parque Tropical II



Large, part-furnished, 2 bed, 2 bath duplex apartment in sought after complex with lovely pool area. The property has a lounge/diner, American-style kitchen, small front garden and a large terrace off the lounge overlooking the pool. Needs minor refurbishing.

S-02 1150

€270,000

Torviscas Alto, Los Altos del Roque



Well-presented, fully furnished 1 bed, 1 bath ground floor apartment on popular residential complex with pool and sunbathing terraces. The property, in an elevated position with no one above, has a lounge-diner, open plan kitchen, a sunny terrace overlooking the pool and a parking space in the underground garage.

S-01 1363

€140,000

Amarilla Golf, Pinehurst II



Beautifully decorated, fully furnished, 2 bed, 1 bath ground floor apartment on popular complex with pool. This spacious (77sqm) property has a lounge/diner, American-style kitchen and a large sunny terrace overlooking the pool and gardens.

S-02 1384

€170,000 Sterling

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Tenerife Prime Property

Golf del Sur, Las Adelfas I



Large, fully refurbished 2 bed, 2 bath bungalow style villa on popular complex with pool. The property has a new modern kitchen with white goods, new floor tiling throughout, new bathrooms and electrics. There is a large lounge/dining room, American-style kitchen, a huge private back garden with patio, and a private roof terrace with amazing sea and Mt Teide views.



S-02 1382

€289,000



PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Torviscas Bajo, Santa Maria



Fully refurbished and fully furnished 33sqm studio apartment on sought after touristic complex with pools and close to beach and amenities. The property has a lounge/diner/American kitchen and semi-separate double sleeping area and a large sunny roof terrace. Excellent income from holiday rentals.

S-00 1385

€168,000

Aldea Blanca, Res. Oasis



Lovely, part-furnished, 2 bed, 2 bath (1 en suite) bungalow-style property on quiet, secure residential complex with swimming pool and off-road parking. Lounge/dining area, American-style kitchen, conservatory and a large, sunny patio. A lovely family home close to all amenities.

S-02 1377

€159,000

Chayofa, Chayofa Country Club



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Los Cristianos, Dinastia



Beautiful, fully furnished, ground floor 2 bed, 2 bath (1 en suite) apartment with an exceptionally large terrace. This apartment is very tastefully furnished and has a fully equipped kitchen. There are lifts throughout the complex and there is a community swimming pool and pool bar.

S-02 1348

€285,000

Golf del Sur, Las Adelfas II



Large, fully furnished, 2 bed, 2 bath (master en suite) corner villa on sought after complex with pool. The property has a large lounge/dining area, separate kitchen, wraparound gardens and terraces and a roof terrace which enjoys lovely sea, mountain and golf course views. Extras: full air conditioning throughout.

S-02 1342

€247,500

Valle San Lorenzo, Edf. JJ Efigenia



Spacious, fully furnished 3 bed, 2 bath (1 en suite) apartment with lounge, sep. kitchen, 2 balconies to the front, 2 enclosed terraces to the rear, and a parking space in the garage.

S-03 1324

€135,000

Amarilla Golf, Augusta Park



Lovely, beautifully furnished top floor 2 bed, 1 bath apartment on popular complex with pool. The property has a large lounge/diner, American style kitchen, alarge front terrace with lovely sea views and balconies off both bedrooms.

S-02 1378

£155,000 Sterling

Las Galletas, Edf. San Miguel



Recently refurbished, unfurnished, 1 bed, 1 bath, 3rd floor apartment with lounge-diner, open plan kitchen and a large sunny terrace with lovely sea views. Low Community Fees.

S-01 843

€125,000

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Pound soars as UK and EU reach Brexit deal - stalls prior to agreement to extend

Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

The past couple of weeks have seen the pound race higher as political developments and successful UK-EU negotiations greatly reduced the odds of a no-deal Brexit. This saw the GBP/EUR exchange rate surge from 1.11 to 1.16, with EUR/GBP retreating to 0.86 only to be left directionless at the end of last week. Meanwhile, GBP/USD skyrocketed from 1.22 to 1.30, while EUR/USD jumped from 1.09 to 1.11.

The pound performed a dramatic comeback over a two-week span, rebounding from a one-month low to strike its best levels since mid-May. Sterling's stellar recovery keys into a dramatic shift in UK-EU Brexit talks and a flurry of positive developments, culminating in a breakthrough deal agreement last week. The euro also benefited from positive Brexit developments which helped to offset pressure exerted by gloomy economic data. The euro could face headwinds in the coming weeks, with traders keeping a wary eye on Eurozone data, particularly the bloc's latest GDP figures.

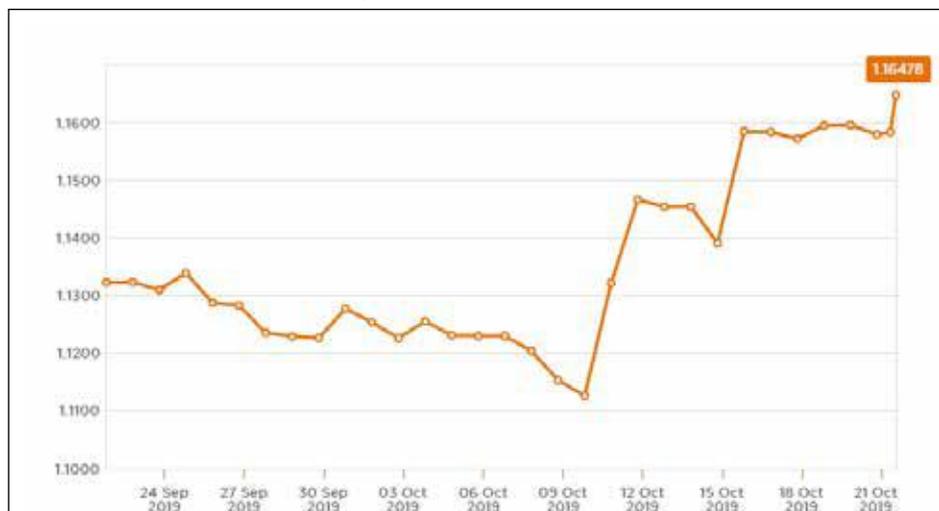
Finally, the US dollar faced some persistent selling over the past couple of weeks on the back of positive US-China trade headlines and firming expectations for a Federal Reserve rate cut. Meanwhile, USD investor focus will be on the Federal Reserve, with the bank widely expected to deliver another rate cut this month, potentially keeping pressure on the US dollar.

Whilst the UK and EU reached a consensus, the Brexit saga is far from over. The EU have agreed to an extension until the 31st January 2020 giving the UK the ability to leave on the first day of the month after a deal has been ratified. It remains to be seen whether Boris Johnson can get Parliament to take another look at his

Withdrawal Agreement Bill and "get Brexit done" by 6th November or whether he'll get the backing of two thirds of the MPs to get an early general election.

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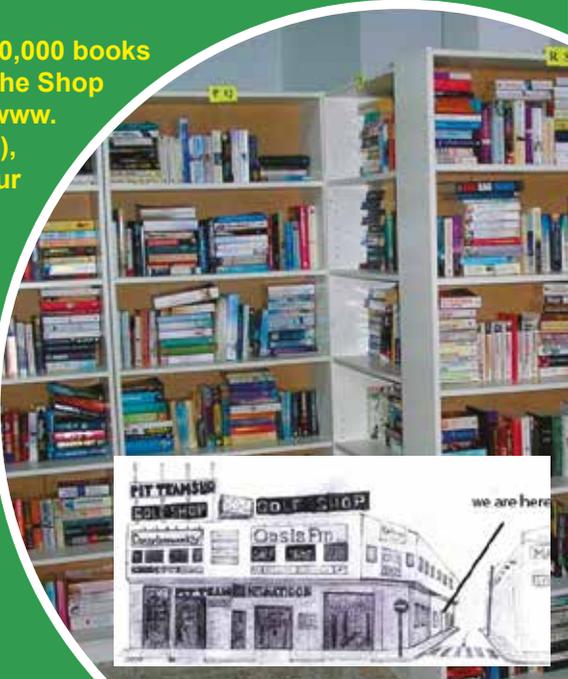
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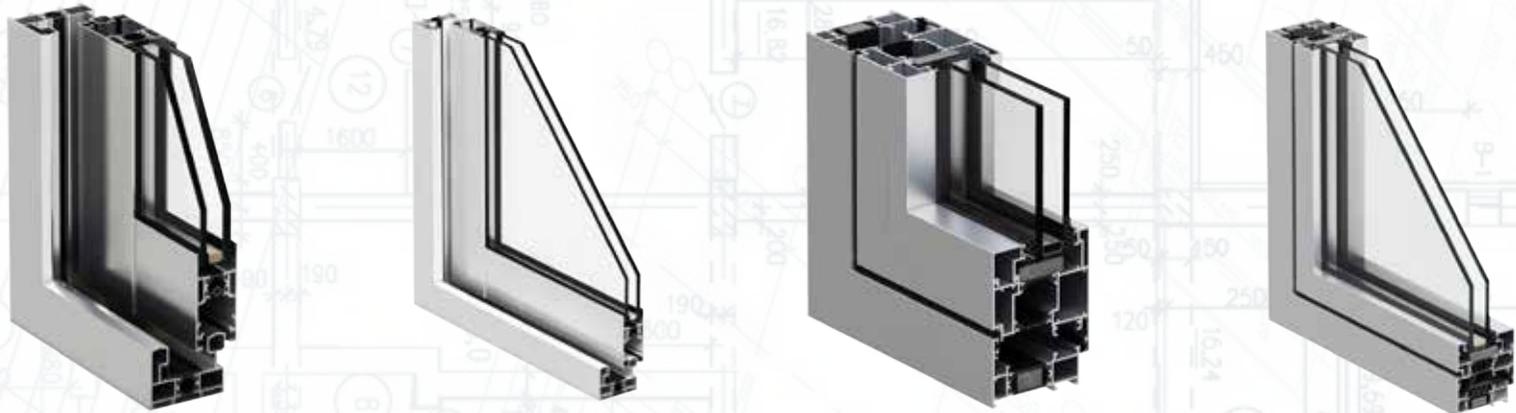
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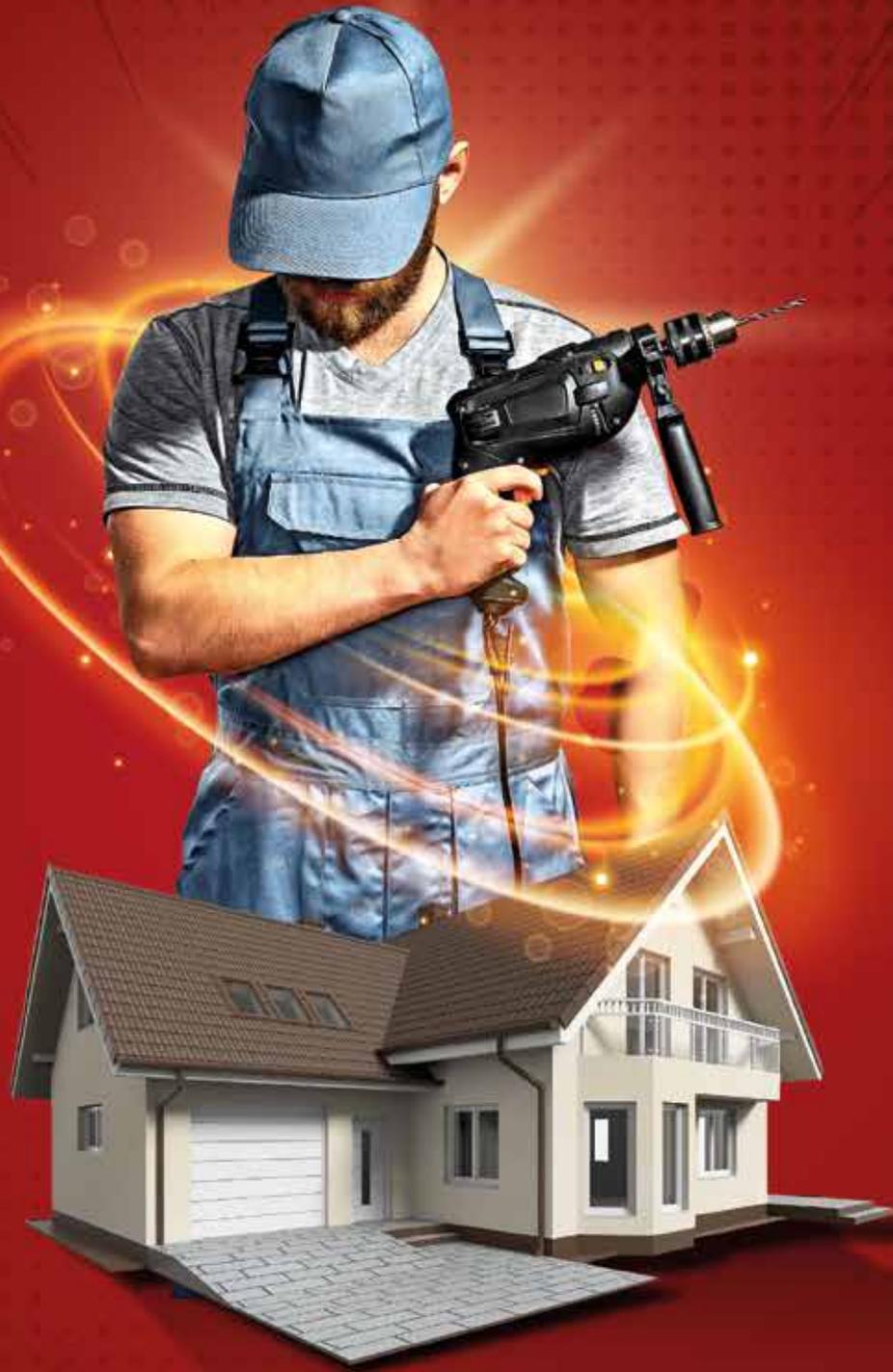
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Why this ship is spending a year frozen in the Arctic?

By Martha Henriques, in the Arctic



The dock's rubber bumpers groan as the Polarstern eases its weight off them. The ship lets off three long foghorn blasts, which are answered in kind by its companion vessel, the Akademik Fedorov, moored 50m (164ft) away. A brass band starts up as the Polarstern begins moving out of the harbour of Tromsø, on the northern fringes of the Norwegian

coast. Before we've moved 10m (32ft) off shore, the Arctic breeze whips the sound away.



The icebreaker Akademik Fedorov is carrying additional supplies to the ice floe ahead of the Arctic winter when the sea will become impassable

coast. Before we've moved 10m (32ft) off shore, the Arctic breeze whips the sound away.

In the ship's gangway, one of the expedition leaders, Markus Rex of the Alfred Wegener Institute (AWI) in Germany, leans on the railing with some of the other scientists on board, looking out towards the dark fjords of the Norwegian coastline. He has just launched the largest Arctic expedition there has ever been.

"I don't know how I feel," he says. "I honestly don't know." He may not, but he looks ecstatic.

Polarstern, whose name means North Star in German, is an icebreaker dedicated to scientific research. It has just begun a year-long mission to the ice cap of the central Arctic Ocean. The ship will sail to the eastern edge of the ice at around 85 degrees north and 135 degrees east – about 200km (124 miles) from the pole, although the exact location will depend

on the state of the ice we find.

Once there, the scientists will search for the perfect ice floe to anchor the vessel to. They will then build a frozen metropolis – an extensive research camp with outposts up to 50km (31 miles) away from the ship.

Polarstern itself will remain frozen in place to drift with the camp wherever the

Blank patch

There is a good reason for this extraordinary expedition.

Despite the countless satellites blinking overhead, and numerous short sampling excursions made to the central Arctic Ocean over the years, the picture that scientists have built of

extrapolations and assumptions. On a broad scale we know the Arctic sea ice is declining. At the end of this year's summer it hit its second lowest level since records began in the 1970s. The sea ice spanned just 4.15 million sq km (1.6 million sq miles), a level also seen in 2016 and in 2007. The sea ice extent has only been recorded lower once, in 2012, when it fell to just 3.41 million sq km (1.32 million sq miles).

But exactly what this means for the ocean, the wildlife and the wider climate is still largely unclear. These missing data are one of the last great mysteries of the global climate. What we do know is that the Arctic is among the most sensitive parts of the world to climate change, warming at around twice the rate of any other region. But the impact will not be confined to the top of the world – small perturbations in the Arctic are expected to ripple outwards to lower latitudes, driving more widespread climate changes.

There are some tangible examples already. One of the best-studied is what happens when the bright white northern ice cap

the environment in the far north is still a vague sketch.

Summertime data is easier to retrieve, when the ice extent is lowest and temperatures are most bearable. But accessing the pole in winter with vast quantities of highly delicate



Sensors are being deployed on the ice as the Polarstern makes its journey towards the North Pole

scientific instruments requires money, time and an extent of international collaboration difficult to achieve.

It has meant that the Arctic remains something of a blank patch in the map of the world's climate. Many predictions about its future have relied upon approximations,

melts. As it shrinks, the Sun's light and warmth that was previously reflected back into space by snow and ice is instead absorbed by the dark oceans. Those warmed oceans then lap at the ice, causing it to melt more, potentially leading to a runaway cycle of melting until it vanishes entirely in the summer months. There

are already fears we are approaching this tipping point.

This dramatic change is expected to have knock-on effects across the northern hemisphere, including altering ocean currents, rising sea levels, shifts in major fisheries and impacts on wildlife both on and off the land. To find out with any precision how severe these changes will be, it takes an expedition on the scale of the one I have joined.

The Multidisciplinary Drifting Observatory of the Study of Arctic Climate, or Mosaic as it is known, dwarfs previous expeditions of its kind. Its price tag comes in at well in excess of 140m euros (£124m/\$153m), without even considering the value of the instrumentation on board. Earlier, while the ship was still being loaded, one scientist showed me an instrument that he had built over the course of 37 years – more or less his entire career. On the outside, it looked unremarkable, like a

domestic freezer turned on its side. "It cost more than a million dollars," he told me, overlooking the stern looks like an old-fashioned overhead projector, with a domed mirror in place of the usual flat surface for sheets of acetate. This Total Sky Imager that will take pictures of the Arctic sky as Polarstern drifts with the ice. We are advised not to stand close to it for too long, otherwise it will be my face appearing in the data instead of the cloud cover.

The Multidisciplinary Drifting Observatory of the Study of Arctic Climate, or Mosaic as it is known, dwarfs previous expeditions of its kind. Its price tag comes in at well in excess of 140m euros (£124m/\$153m), without even considering the value of the instrumentation on board. Earlier, while the ship was still being loaded, one scientist showed me an instrument that he had built over the course of 37 years – more or less his entire career. On the outside, it looked unremarkable, like a domestic freezer turned on its side. "It cost more than a million dollars," he told me,



Daily measurements will be taken on, above and below the ice to build up a better picture of how the Arctic is responding to climate change

domestic freezer turned on its side. "It cost more than a million dollars," he told me, resting his hand on the white metal casing. "Well, how much for a life's work?"

We are advised not to stand close to it for too long, otherwise it will be my face appearing in the data instead of information about the cloud cover

After nearly a decade of planning, Polarstern is packed almost to bursting point with devices of this nature. One instrument

resting his hand on the white metal casing. "Well, how much for a life's work?"

Taking stock of all the experiments like this on board, it is easier to understand expedition leader Rex's numbness as we depart. The facts and figures of the expedition give some idea of its scale. More than 600 scientists from 19 different nations will take part over the course of the year. Some are staying for a total of

The Arctic remains something of a blank patch in the map of the world's climate

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... cont. from page 42

nine months. Living on a boat and floating ice camp more than 1,000km (621 miles) from the nearest solid land, they will work in vicious polar storms, temperatures as low as -45C and the long months of polar night over the winter.

from whales to fish, and the seals and polar bears that eat the fish.

Hildebrandt's speciality is using a series of large nets, which she casts from the side of the ship into a hole in the sea ice where they can drift for up to 2,000m (6,500ft) in the water beneath. She knows the ship backwards

think it will be beginning of January. We won't make new year," says Hildebrandt.

Drifting time

In the first few days on board, sense of time on the ship dissolves. As we move east, through the Norwegian Sea to the Barents Sea, a muffled voice declares on

slowly by itself. It's as if the Polarstern is rocking us to sleep, regardless of

The waves outside are 3-4m high on average, their tips whipped into white horses by a north-easterly wind

whether it is 21:00 or right after breakfast.

But everyone's experience of the motion is different. For Hildebrandt, it is unbearable. She spends most of day three in the top bunk of our cabin with her eyes tight shut. The waves outside are 3-4m high on average, their tips whipped into white horses by a north-easterly wind. Seven-metre waves roll through every now and again. We hear a faint crash as the ship hits a trough, sending a wall of spray flying up to the windows of the bridge.

As the short days pass, it becomes clear that I am one of the irritating few who doesn't suffer at all from seasickness. Instead I thoroughly enjoy the sensation of being magnetised to the floor one moment and floating near-weightlessly the next. As I climb the steps from deck to deck, I imagine that I am walking on the surfaces of different worlds – first struggling on a vast planet with an overbearing gravitational field, a second later skimming lightly across the surface of the moon.

By day four of the voyage, as we pass the tip of Novaya Zemlya, a pair of islands extending from northern Siberia, those who

progress and adjusting the settings to see the ice thickness data further ahead, superimposed on the map in bright purple. We are soon set to pass a handful of Siberian islands, including Severnaya Zemlya to the west and Bolshevik Island to the north. Just beyond them, a nasty tongue of ice curls out from the ice cap. "It is a question of whether we go through that ice field, which could be slower and with more icebergs, or if we take the long way around it," says Rex.

People murmur about passing between the islands. The route is rumoured to be extraordinarily beautiful, and it would be our first up-close sight of land since leaving Norway. But it is also a tricky stretch to navigate. "We are now past the area where we can rely on the maps," says Rex. Another large ship passed through that stretch a few days ago, so we know it is possible. But Polarstern has a deep hull, and accurate data on the depth of the sea floor is scarce. There is also the problem that the more time we spend travelling through ice, the trickier the ride. "Polarstern can't go through icebergs," says Rex. "Ice sheets, fine, that is just a couple of metres or so. But icebergs are much, much larger. They can go way down for a hundred metres."

An unwelcome image floats into my mind. Felix Lauber, a senior crew member, assures me that even if Polarstern crashed headlong into an iceberg at speed, we would not be in serious trouble. "You won't

attachment to Polarstern, both for its scientific capacity and its physical sturdiness. "If we hit a massive iceberg straight on, the ship will shake a bit," he says. "You will have some damage on the nose but not under the waterline. Everyone would take a step forward but we would be fine. She is an amazing build, really." I interpret this as a professional understatement.

Lauber's view from the bridge looks out onto the bow, where the iron grey waves turn into a white sheet that showers down on the containers stored on the deck. The rough seas have already posed challenges for some of the scientific instruments they contain. Water has been sloshing in through the inlets at the bottom of the containers, which are there to ensure that they don't trap water inside, but also allow a good quantity of sea foam to bubble in from below.

The instruments are, of course, the scientists' only way of getting their jobs done once we find ice. Without fully functional tools, they would have come to the North Pole for nothing. Some of the scientists care for them almost as if they were living creatures. Most of those not kept in exposed sea containers on the bow live down in labs on E-deck. The confined corridors are painted a faded shade of institutional green. I follow a blast of hot air, along with the sound of hissing and burping machines, to the lab of Katarina Abrahamsson, of Göteborgs Universitet, Sweden. I find her working



Although the Polarstern is an icebreaker, it still needs to be on the lookout for large icebergs

The 118m (386ft) long ship is, for the most part, a winding network of narrow corridors over six decks, from the engine room and laundry down below to the bridge high over the bow. A series of small "shops", or hatches from which the ship's crew offer beer, sweets, tobacco and toiletries, open at set times throughout the week, usually for just 15 minutes at a time. Mealtimes are equally regimented, with breakfast from 07:30 to 08:30, briskly followed by lunch at 11:30, coffee and cake at 15:00, and dinner at 17:30.

and forwards, describing the circuitous paths through the warren of steep stairs and cramped corridors to reach more or less anywhere I want to go. She tells me when it is a good time to get your laundry done, and when to beat the dinner queues. Among her baggage she has brought a few things to make our cabin more homely – her own pillow and bedlinen, fairy lights and a selection of snacks not available on board

This is the first time Hildebrandt will be working on Polarstern through the Arctic winter. Among her

the public announcement system, first in German then in English, that the clocks will go forward one hour that night. This happens every afternoon for the first week. Like many things on the ship, it happens in a strictly regulated way. Time will be lost in three 20-minute intervals spread throughout the night, so that the shortening of the shifts is spread fairly between the three night watches. Each night the minutes between 20:00 and 20:21, between midnight and 00:21, and then 04:00 and 04:21 go missing.



Searching for the right ice floe to anchor the ship to is a protracted process that means looking for just the right conditions

Deciphering the rhythm of life on the ship is made easier for me by my cabinmate, Nicole Hildebrandt. This is her eighth year and tenth expedition on board Polarstern. A researcher at AWI, she is part of Mosaic's ecology team, sampling zooplankton. Zooplankton, small marine organisms that carried by currents, are a crucial part of the Arctic food web – supporting life

supplies this time is a stash of vitamin D to compensate for the lack of sunlight. This first leg of the expedition is expected to end in mid-December, followed by a two-week journey back on another icebreaker, which will plough through the ice to get as close as possible to Polarstern so people, fuel and food can be transferred. None of the first leg participants expect to be back for Christmas. "I

Compounding this sense of slipping time is the lack of windows in the communal spaces in the ship. On C-deck is the Red Saloon, where most people spend their idle moments, lit by a soporific glow from yellow-shaded wall lamps. The ship rolls heavily in the swells, causing a pen hanging on a string on the saloon wall to swing like a pendulum. In the bar down on D-deck, a stool spins



The scientists and crew on board Polarstern will have to endure days of darkness at the height of the Arctic winter but it comes with some upsides

have been suffering from seasickness begin to emerge from their cabins as their bodies adjust to the unstable floor. They check the maps on touchscreen monitors in the Red Saloon, zooming in to see our

break this ship in the ice – we've tried hard already," he says. Lauber has worked on the bridge for 10 years (he's still "the new guy" by the crew's standards, he tells me) and appears to have a strong

at a screen showing a black-and-white trace with clusters of sharp peaks. She is measuring the levels of naturally occurring ozone-degrading

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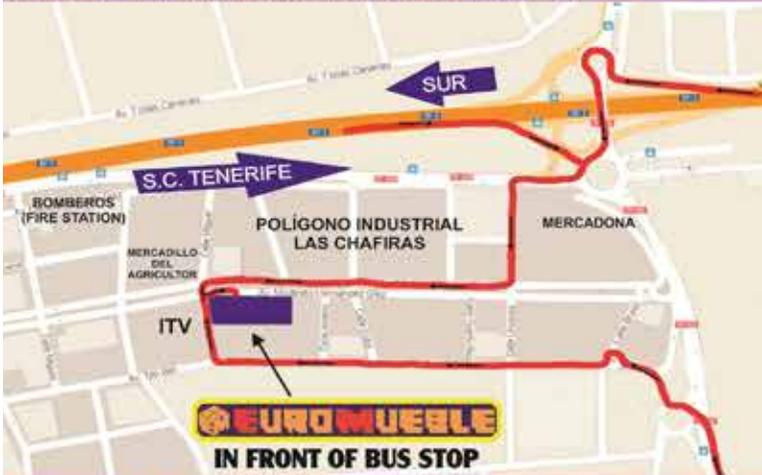
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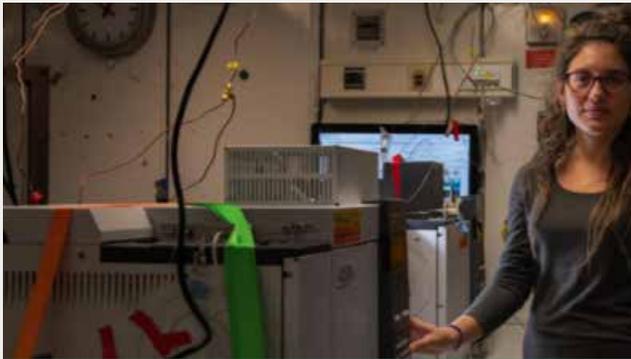


THE LARGEST CHAIN OF FURNITURE STORES IN THE CANARY ISLAND - 12 STORES

... cont. from page 44

compounds in the Arctic.

The release of these compounds, produced by microorganisms and geochemical processes, can have the same degrading effect on the atmosphere as CFCs, the now-banned class of chemicals used as refrigerants and propellants since the 1930s. Abrahamsson is travelling



Scientists on Polarstern are almost paternal about the welfare of their scientific instruments, which are crucial for the success of the expedition

north to find out whether the young, thin sea ice that now dominates the Arctic is a potent emitter of these compounds, as studies in the Antarctic have suggested it might be.

Looking around her lab I see a white unit with a glowing green hexagonal design cut into its front and in one corner a discreet label that reads "Good Boy". On the other side of the lab I see an identical instrument, only its label says "Bad Boy". One of the instruments worked perfectly well out of the box in the lab back home, Abrahamsson tells me. The other, not so much. Between the two green-glowing instruments sits a complicated steel box with a tangle of wires among dozens of gauges and dials. Its name: "Miss Sophie".

"Oh, they all have different personalities," says Abrahamsson. "Sometimes you have the thing working fine, and then you go away for a night and you come back and it has shut down for no reason," she says, frowning fondly at Miss Sophie. "You try and try to get it working again next day and it won't do a thing. It's as if it's saying, 'Why did you leave me?'"

Abrahamsson now has a routine to check on her instruments every night before bed, to make sure they won't be "sulking" come morning. When I visit, only half of Abrahamsson's whizzing, hissing instruments have been turned on. The others, she says, are too temperamental. The motion of the ship – particularly when we meet the sea ice – could break a delicate arm

that transfers samples from one part of the machine to another. That instrument, which doesn't yet have a name, is tied down securely under a blue strap.

It is still four or five days before we are due to arrive at our first ice floe. The search to find the perfect floe is uppermost in people's minds after the health of their instruments. Five days are budgeted for the hunt, but it

could take longer. "We want to take some time to find our home for the next year," says Rex. All we know so far is that we are heading for 85 degrees north and 135 degrees east. There, Rex is hoping to find a sweet spot that will set the vessel on a drifting path – carried by the wind and currents – as close to the North Pole (perhaps even over it), and then westward across the ice sheet. A year later the ship is expected to emerge, with luck, from the ice in the Fram Strait.

A lot hinges on finding the right piece of ice. If it is too thin, it might not support the runway needed for supply planes. If we spend too long looking for it, it will cut into valuable time for setting up the camp. And if the expedition is unlucky, the floe we attach Polarstern to could break up in one of the many vicious winter storms passing through. If this happens, all the instruments out on the ice could slip irretrievably into the sea.

The team have help from satellite images beamed down daily, detailed sea ice forecasts and on board experts with years of knowledge of the vicissitudes of the ice. But in the end, much of the fate of the expedition will be left to the whims of the unpredictable Arctic climate that they have come here to capture. As I finish writing on the morning of our fifth day at sea, there is a low rumble that seems to come from deep inside the ship. My desk begins to judder. Out of my cabin window, I see that we have just met our first ice.

Common cold stopped by experimental approach

By James Gallagher,
HEALTH AND
SCIENCE
CORRESPONDENT,
BBC NEWS



Scientists think they have found a way to stop the common cold and closely related viruses which can cause paralysis.

Instead of trying to attack them directly, the researchers targeted an essential protein inside our cells which the viruses need to replicate. The approach gave "complete protection" in experiments on mice and human lung cells. However, the US-based researchers are not ready for trials in people.

idea of "host-directed therapy" – essentially making our bodies inhospitable for the cold viruses.

An individual virus does not have everything it needs to replicate. Instead, it is dependent on infecting another cell and stealing some of the parts inside. It is why scientists still argue whether viruses are truly alive. A team at Stanford University and the University of California, San Francisco, found one of the components which

enteroviruses – this includes the rhinoviruses which cause the common cold, and more dangerous viruses that are closely related to polio and can cause paralysis. All the viruses were unable to replicate inside cells which

were healthy, despite lacking the protein for their whole lives.

When do we get a cure?

The plan is not to produce genetically modified humans, but to find a drug which can temporarily suppress the protein, and provide protection. "We have identified a fantastic target that all enteroviruses and rhinoviruses require and depend on. Take that away and the virus really has no chance," said Prof Carette. He added: "This is a really good first step – the second step is to have a chemical that mimics this genetic deletion. "I think development can go relatively quickly."

Exactly what role the protein plays in the viral replication is still uncertain, and will require further research. For most people the common cold is more of an inconvenience than a threat to their health, but in asthmatics it can make their symptoms much worse and some of the enteroviruses can cause paralysis if they spread to the brain.

had the instructions for a protein (called methyltransferase SETD3) switched off. The scientists then created genetically modified mice which were completely unable to produce that protein. "Lacking that gene protected the mice completely from viral infection," associate professor Jan Carette, from Stanford, told the BBC. "These mice would always die [without the mutation], but they

Prof Jonathan Ball, a virologist at the University of Nottingham, who was not involved in the work, said the study was "neat" but scientists would need to be certain the approach was safe. "There is increasing interest in

The common cold virus has proved incredibly difficult to stop



The common-cold challenge

Tackling the common cold has been a massive problem in medicine. Most colds are caused by rhinoviruses, but there are around 160 different types and they mutate so easily they rapidly become resistant to drugs, or learn to hide from the immune system. This has led to the

the viruses were dependent upon.

Why is the common cold so hard to cure? Viral dependency

Scientists started with human cells and then used gene-editing to turn off instructions inside our DNA one-by-one. These modified cells were then exposed to a range of

survived and we saw a very strong reduction in viral replication and very strong protection."

The protein these viruses were dependent upon normally has a role in the intricate "scaffolding" which organises the inside of the body's cells, called the cytoskeleton. The findings, published in the journal *Nature Microbiology*, showed the genetically modified mice

developing treatments that target these host proteins, because it can potentially overcome virus mutation – one of the major barriers to developing effective broadly active antivirals. "But of course, viruses are very adaptable and it is conceivable that even a host-targeting treatment might not keep them at bay for long."

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How the invention of the book changed how people read

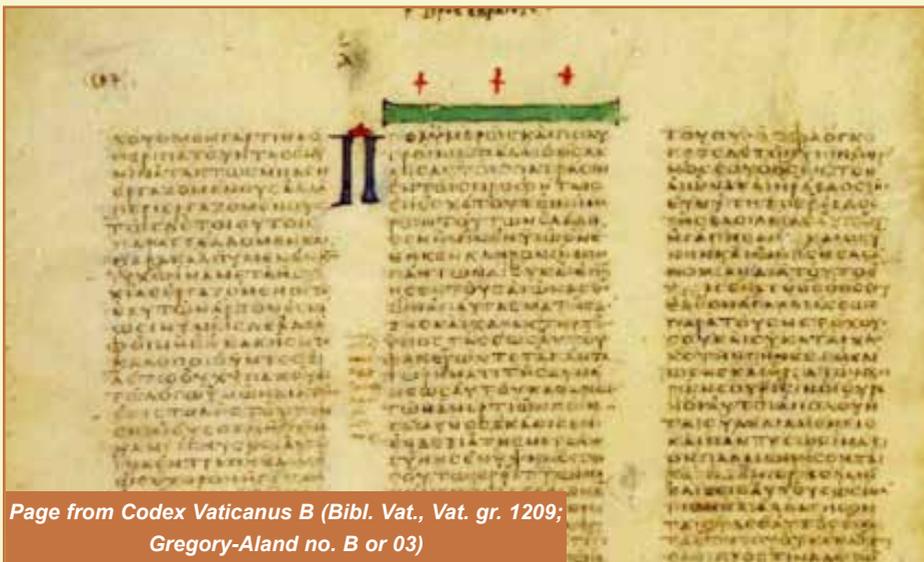
Professor Eleanor Dickey FBA
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When e-readers first appeared, the end of traditional books was widely prophesied. Parallels were drawn with the invention of printing, which rapidly made handwritten manuscripts obsolete. But now, with paper book sales rebounding, it looks as though we have entered a period of stable co-existing technologies, in which the same books are often available in both formats and users can choose whichever they prefer. This situation resembles the one that prevailed almost two thousand years ago, when the 'book' in our sense was first invented. Our paper books come in many shapes and sizes, but they all have certain features in common. A set of pages, each with text on both sides, is held together by a spine and protected by stiff covers. The book can be opened at any point and will naturally hold a bookmark left between the pages, making it easy to stop reading, put the book away, and start again later from the same page. By numbering the pages and including a table of contents, a book producer can make it easy for a reader to locate a particular section, even in an unfamiliar volume.

Bookrolls used in Roman times

Back when the young Julius Caesar was learning to read, books had none of these features. They came

in long rolls, with the text written in a series of columns on the inside of the roll; the outside was left blank. You started reading at the left-hand end, unrolling the book with your right hand and rolling it up again with your left. By the



Page from Codex Vaticanus B (Bibl. Vat., Vat. gr. 1209; Gregory-Aland no. B or 03)

time you reached the end you had rolled the book up backwards; to access the beginning again you would need to re-roll the entire thing, which was quite a task given that most bookrolls were about four metres long and some reached a length of over ten metres. Finding something in the middle was not at all easy. If you stopped for lunch while reading a roll, you could of course leave it open to the point you had reached and pick it up again after lunch, but taking a longer break from reading was risky.

Without the built-in covers of a modern book, bookrolls were delicate and easily damaged; they were

normally kept in hard cases or boxes for protection. To read a roll, you had to take it out of its case, and you could not put it back in until you had rolled it back into a single cylinder: to leave it open at a particular point, you had to leave it

unprotected. And while you could try to put a bookmark in, it would probably not stay put during the rerolling process. The combined force of these problems meant that readers did not often try to dip into books at particular points: bookrolls usually contained just one work each and were intended to be read through from beginning to end, and indeed their producers did not bother to include tables of contents or conspicuous section headings.

Invention of the codex

The modern book format was invented by the Romans, who called it a 'codex'. There was great

excitement in literary circles about the possibilities offered by the codex. Initially, the most obvious improvement was that this format allowed both sides of the writing material to be used, with the result that the same amount of

parchment or papyrus (an ancient equivalent of paper) could hold twice as many words. Since parchment and papyrus were both expensive, this change made books cheaper. And while bookrolls had a natural maximum length – ones over four metres were rare because they were so

difficult to use – codices could come in almost any size. So, works like Virgil's Aeneid, which had previously been issued as sets of multiple bookrolls, could now be fitted into a single volume. Other advantages became more obvious as time went on, including one of great importance for us: with normal usage, codices last much longer than rolls. Many manuscripts in codex form have survived in libraries for a thousand years, and some even longer, preserving the great works of Greco-Roman antiquity for medieval and now for modern readers. By contrast, the usual lifespan of a bookroll containing the same works was rarely much longer than a century.

Evolution of the book

Despite these advantages, codices did not immediately replace rolls as the usual format for books. Many readers apparently liked their bookrolls (which weighed much less than codices) and had little interest in preserving literature for distant future

generations. A bookroll was also easier to make: you could buy pre-made four-metre rolls and just copy into them whatever book you wanted. By contrast, to make a codex you normally had to copy onto unbound pages (in a peculiar order, owing to the structure of book quires) and then have them bound by a professional. For several centuries after the invention of the codex, therefore, both formats were in common use. The eventual obsolescence of the roll may not have had anything to do with the inherent advantages or disadvantages of the different book formats. Early Christians seem to have preferred the codex format for their Bible and other religious texts, perhaps to distinguish these from Jewish sacred texts, which traditionally used the roll format. The massive spread of Christianity may have been the primary cause of the success of the codex; if Christianity had remained a minority religion, we might still have bookrolls as well as codices available today.

Now that we are once again in a world that offers readers a choice of book formats, we have the opportunity to enjoy a kind of flexibility that last existed close to fifteen hundred years ago, and to appreciate afresh the special features of the codex.

A 60,000-year-old cure for depression

By Bonita Grima

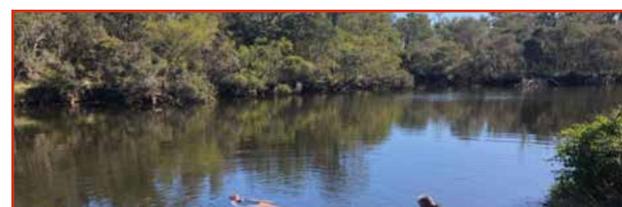
Traditional healers have been entrusted with the well-being of indigenous Australian communities for as long as their culture has been alive – yet surprisingly little is known of them.

There I was, on a cold but bright day in late autumn, wearing nothing but my bathing suit, lying on a pile of kangaroo skins and engulfed in plumes of smouldering leaves from a peppermint tree by the banks of a sacred river. Kwoorabup has been a place of ceremony for thousands of years. The

river, located near the small town of Denmark, 360km south-east of Western Australia's capital, Perth, was given its name by the local Noongar people, who believe it was formed by the Wagyl, a giant serpent from the creation period known as the Dreaming.

Most people journey to this wild coastal stretch of Western Australia's Great Southern region to visit vineyards, sample delicious produce and holiday by its strip of stunning beaches, but I was there to have my spirit rebalanced by the local medicine man, Joey Williams.

Australia's indigenous Aboriginal people have the oldest living culture on Earth. For around 60,000 years, their intricate understanding of ecology ensured survival, and their physical, spiritual,



Australia's indigenous Aboriginal people achieve physical, spiritual and emotional well-being through balanced relationships with the world around them



The great Latin poet, Virgil, holding a volume on which is written the Aeneid. On either side stand the two muses: "Clio" (history) and "Melpomene" (tragedy)

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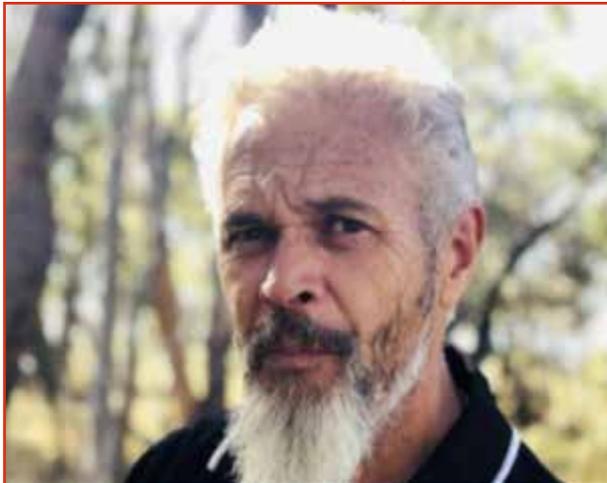


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mental and emotional well-being was achieved by maintaining healthy, balanced relationships with all living and non-living things.

At the heart of their communities were traditional healers. They



The few traditional Aboriginal healers who remain, of which Joey Williams is one, are believed to possess supernatural abilities

have been respected and entrusted with the well-being of Aboriginal communities for as long as the culture has been alive, yet still today surprisingly little is known of them. The few healers who remain, of which Williams is one, have extensive knowledge of Aboriginal culture and are believed to possess supernatural abilities. Their role is to treat physical, mental and spiritual ailments using bush medicine, smoking ceremonies and spirit realignment – the latter being a common remedy for depression, or what indigenous Australians call “sickness of the spirit”.

In 2017, the World Health Organization published a study stating the total number of people living with depression in 2015 was estimated to exceed 300 million – an increase of more than 18.4% since 2005. More recently, the Australian Medical Association announced their agreement with other leading global health organisations, declaring climate change a “health emergency” that will cause a higher incidence of mental ill-health, among other health-related issues. With modern living an apparent threat to both mental well-being and the planet – and having personally battled with depression myself – I had wondered whether answers could be found by looking back to the wisdom of the world’s oldest continuous civilisation.

An Aboriginal elder and *mubarrn*, meaning “medicine” or “lore” man in the local

Noongar language, Williams told me his healing ability has been passed down through his ancestral lineage. For him, and other Aboriginal healers, the most important first step in relation to healing is the ability to reconnect to the land, since for indigenous Australians, connection to country represents

of extraordinary beauty. It’s one of the few places in the state that gets snow, and spring sees it dotted with an array of brightly coloured wildflowers. Home to 1,500 species, many growing nowhere else, it’s one of the world’s most important areas for flora. Many of these native plants have medicinal properties, and because Williams spent his early childhood living off the land with family, it’s no wonder that he, now in his late 50s, refers to the area as his “supermarket” and “pharmacy”. Wading through knee-high grass, Williams showed me how to dig for bloodroot (good for numbing toothache) and gather resin formed from the oozing red antiseptic sap of a marri tree, which strangely resembled the very thing it is known for healing – an open wound. “It cures stomach ache too,” he said.

As we walked, Williams demonstrated that to him and other indigenous Australians, the land is very much alive, with songlines (cultural memory codes that

connection to their culture. For this reason, we’d started the healing ceremony the previous day



Indigenous Australians see the land as a “mother” and very much alive

in the **Stirling Range National Park**, a 90-minute drive north of Kwoorabup, to experience a hold knowledge of a place and define the responsibilities attached to kinship and lore) scattered

“I only have to listen to you for half an hour and I know you”

reconnection ceremony at an ancient sacred site on the traditional lands of the Koreng tribe to which he belongs.

Western Australia’s only southern mountain range is an area

across its skin. After singing the specific songline attached to the spot we were standing, Williams “read” the land to me, pointing out peaks like chapters. “There’s Bulla Meile, the hill of eyes,” he

Aboriginal knowledge of the land has been passed down through songlines, cultural memory codes that define the responsibilities attached to kinship



said. More commonly known as Bluff Knoll, southern Western Australia’s highest peak is where the Koreng people believe they return after death. “And straight out in front of us is Talyuberlup. See her face, breast and stomach?” he asked, tracing curves in the air.



According to the World Health Organization, the number of people living with depression increased more than 18% between 2005 and 2015

“Meaning beautiful woman sleeping. She’s the protector of this range.”

Following his gaze, the undulating countryside did indeed look like an expecting mother resting, and served as a reminder that Aboriginal people see the land as a “mother” and a guide for reciprocal wellness. Back in the car, we continued on to Wickelenup, a semi-dry salt lake that is a “power ground”, a place where the Koreng people have performed ceremonial reconnection rites for thousands of years. Wickelenup means “lake of many colours” and it’s named for the ochre pits resting beside it. These large deposits of clay earth produce pigments ranging from pale yellows to deep reds, which, when painted on the body during a ceremony, represent the important connection that indigenous Australians have with the land.

Entering Wickelenup, Williams used clapsticks and what he called a “protection song” to summon his ancestors for the protection and blessing of our steps upon the Earth. After crossing a bed of clay that looked as if giant tins of red and yellow paint had been dropped from the sky, he led me to an oddly shaped chunk of volcanic rock that he used as a platform for grinding ochre. Williams stood with his eyes closed and sang the songline belonging to his family, the Kaarl Poorlanger, meaning “people of fire”, before mixing ochre on the stone and painting a russet-coloured pigment onto my skin in a technique known as “smudging”.

“This is your mark, your connection to this land. You might wash it off later but I know it’s there... and so will you,” he said.

Looking at the symbol on my arm, I asked why he had chosen what looked like ripples in water. “I didn’t,” he said. “You chose it in your mind.” Sensing my confusion, Williams elaborated. “I only have to listen to you for half an hour and I know you.”

Whether healers

she told me.

While much ancient Aboriginal wisdom and culture has already been lost, elders such as Ungunmerr-Baumann are striving to keep what’s left alive, but it’s not an easy task. When the First Fleet of British settlers arrived in Australia in 1788, Australia’s indigenous population was thought to be around 750,000. Ten years later, it was estimated to have dropped by 90%, due to the introduction of new diseases and violent clashes with the European colonisers. Today, indigenous Australians make up just 3.3% of the population. The forced separation of families and removal of Aboriginal people from their traditional lands, lore and practices affected the passing of cultural knowledge and led to the intergenerational trauma that is still being experienced today.

But one woman advocating for greater recognition of traditional Aboriginal healing principles, practices and medicine is Dr Francesca Panzironi, a human rights



Aboriginal Ngangkari healers now work alongside Western doctors and mental health experts in some public hospitals

quiet still awareness” in her Ngangkari language, *dadirri* is a form of mindfulness and reciprocal empathy we can develop with the land, each other and ourselves, according to Ungunmerr-Baumann. “We call on it and it calls to us... It is something like what you call ‘contemplation’.” For indigenous Australians, this

academic from Rome. The CEO of Australia’s first organisation of Aboriginal traditional healers, Panzironi formed Anangu Ngangkari Tjutaku Aboriginal Corporation (ANTAC), with Ngangkari (healers of Australia’s central desert areas) in 2012.

“For indigenous

“We’re all made up of vibration – it’s the essence of who we are”

spiritual listening practice provides a way to observe and act according to the natural seasons and cycles in a way the modern world seems to have forgotten. “We watch the bush foods and wait for them to ripen before we gather them. When a relation dies, we wait a long time with the sorrow. We own our grief and allow it to heal slowly,”

people, it’s about reconnecting to culture and accessing healing techniques that are different from Western medicine,” Panzironi said. “Western medicine looks at the body from a mechanistic perspective, whereas healers highlight everyone has a spirit that intimately

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... cont. from page 50

links to the body and emotions.”

Although traditional Aboriginal medicine is not recognised as an alternative medicine in Australia (due to difficulty

Ngangkari to travel to patients in areas of Australia where access to their services are non-existent, but Panzironi would like to see hospital programmes similar to the one in South Australia rolled out nationwide. “The goal is to have Aboriginal traditional

for the shock I felt when it came time to immerse myself in the river. Floating on my back, with Williams holding me, I tried to relax and listen to my “vibration” with the stone now held against my spine, but my shuddering body wouldn’t cooperate.



During ceremonial reconnection rites, the Koreng people paint their bodies with clay – a practice known as “smudging”

regulating spiritual practices and the lack of testing of bush medicines), Ngangkari are recognised in South Australian legislation through the Mental Health Act of 2009, and ANTAC now has healers working alongside Western doctors and mental health experts in some public hospitals. They provide “complementary” treatments to medical care for indigenous Australians – something especially beneficial for people recovering from intergenerational trauma, stemming from colonisation.

Panzironi says there has been increased

medicine recognised as an alternative medicine and to make healers commonplace, as a viable choice for everyone through Medicare [Australia’s universal health care system],” she told me.

Back at Kwoorabup, Williams was preparing for the final stage of my spirit realignment ceremony. After using smoke to cleanse and protect our surroundings from bad spirits, as is the traditional ceremonial practice among Aboriginal people, he placed a small stone upon my navel – a tool, he said, to absorb my vibration or spirit. “We’re all

Pain from the freezing water intensified and I was also experiencing discomfort because I was unused to feeling supported. An irrational fear came over me – if I didn’t break free, to move by myself in a way I was used to, I might sink. But then I felt a strange force pushing up from under me and realised it wasn’t just Williams supporting me, but the river itself.

Doing as Williams asked – to relinquish control and acknowledge pain and trust – I tipped my head back and focused on the warmth of the sun’s rays. I remembered something I’d read earlier by Ungunmerr-

“You need to ask, who you are, why you’re here, where you’re going,” Ungunmerr-Baumann told me. “We know who we are as Aboriginal people. It’s in our language, dreaming, country. We’re waiting for all people to listen”

interest from non-indigenous people, too, who are dissatisfied with the mainstream model and are looking for alternatives. “We had a middle-aged woman who reduced her intake of antidepressants significantly over a six-month period of regular *pampuni* (a massage technique used for spirit realignment by the Ngangkari, particularly in the stomach, which is thought to be connected to the mind), in consultation with her GP. Both the woman and her doctor noticed improvement in her mental health,” she said.

Currently ANTAC has a mobile clinic allowing

made up of vibration,” Williams said. “It’s connected at birth through the umbilical cord. It’s the essence of who we are.” Through his water vibrational healing ceremony, something that is unique to mubarrn of the area, he explained that I’d be able to hear my spirit amplified when he placed the stone in the river. “High vibration means anxiety,” Williams said. “Low vibration is depression. I’ll take your vibration and balance it by releasing it through a portal I’ll open in your back.”

I had known the water would be cold, but that still hadn’t prepared me

Baumann. “We cannot hurry the river. We have to move with its current and understand its ways,” she’d written. Moments later, much to my disbelief, my ears filled with a sound like the motor of a distant power boat, growing louder and resonating within – sounding a lot like anxiety, according to Williams’ earlier description. Letting go, I breathed out and went under.

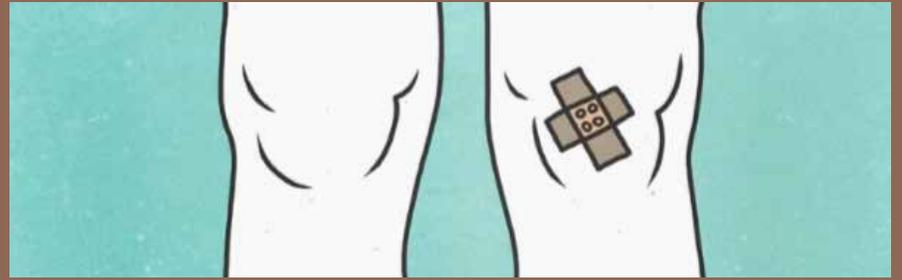
From my own experience, recovering from depression is a little like resurfacing from a cold river; thoughts like colours and sounds seem brighter, louder, clearer. And even if there’s no magic fix for mental illness, it seems indigenous Australians have much to teach us about developing greater awareness and reciprocity with our planet for our physical and emotional survival – if we only take the time to listen.



The author took part in a water vibrational healing ceremony, which is meant to amplify the vibrations of one’s spirit

How to tell when a BRUISE IS normal, and when IT’S a WARNING SIGN

By Helen Wolfe



Bruises are common, especially in older people. But sometimes a bruise is a sign of something more.

Bruising is normal and grows more common and more visible as people age. But some bruising can be a warning sign of a serious health issue, doctors caution. More often than not, bruising comes from physical impact or injury. When small blood vessels or capillaries are damaged, the leaking blood pools under the skin to form a bruise. As the body reabsorbs the blood, the bruise disappears.

Older people bruise more easily, as aging skin becomes thinner and loses some of the protective fatty layer underneath.

Bruises start out blue or purple, as the blood loses oxygen, and they turn yellow or green from compounds called biliverdin and bilirubin that the body produces when it breaks down hemoglobin. Older people bruise more easily, as aging skin becomes thinner and loses some of the protective fatty layer underneath that helps cushion blood vessels from injury. Blood vessels also lose some elasticity over time, while skin damage from sun exposure can cause blood vessels to break easily as well.

Some bruising can be

Consider your medications

traced to ordinary medications people take every day. Over-the-counter anti-inflammatories such as ibuprofen and naproxen affect the blood’s ability to congeal or coagulate.

Taking aspirin regularly — which some people do to lower the risk of heart attack or stroke — can lead to bruising as well. Blood thinners prescribed to lower the chances of developing blood clots can cause black-and-blue marks, as can clopidogrel, a drug some seniors take to help prevent heart disease and strokes.

Steroids such as prednisone and hydrocortisone, which might be prescribed to treat allergies, asthma or eczema, thin out the skin and can lead to easy bruising. Antidepressants also can lower the blood-platelet count, leaving fewer cells for clotting purposes.

Size up your vitamins

Certain vitamin deficiencies, such as a lack of vitamin K, can be an explanation. A deficiency of vitamin K, found in green leafy vegetables, could indicate a more serious issue such as inflammatory bowel disease or celiac disease. Deficiencies of vitamins B12 or C or folic acid also can affect bruising.

Certain vitamin deficiencies, such as a lack of vitamin K, can be an explanation.

Someone lacking in iron, needed to make the hemoglobin for blood to carry oxygen throughout the body, might bruise easily. Symptoms of iron-deficiency anemia also include severe fatigue, dizziness or shortness of breath. Taking dietary supplements like fish oil, garlic, ginkgo and vitamin E also block platelets in the blood from clotting

Check with your doctor

and can lead to easy bruising. More seriously, liver

disease such as cirrhosis can trigger bruising. The liver produces factors needed for blood clotting. “Any problems with the liver can mess with proteins necessary for clotting,” said Dr. Neha Vyas, a family medicine physician at Ohio’s Cleveland Clinic. Kidney disease, too, affects

low-tech exercise and therapeutic products

platelets and therefore clotting, she said.

Other ailments that can impair the blood’s clotting ability are chronic inflammatory diseases, such as lupus and cancers such as Hodgkin’s disease, leukemia or multiple myeloma. “It is important to seek medical attention if significant bruising occurs, since in some cases it can reveal health issues,” said Dr. Aarthi Anand, a geriatrician and family medicine practitioner in Los Angeles.

Alcohol causes blood vessels to relax and expand, making them more prone to breaking, and heavy drinking will lead to bruising as well. Unexplained bruises can be nothing to worry about — especially bruises on the arms and legs, since many people knock into things without remembering they’ve done it. But unexplained bruises on the abdomen, back or face are more likely to signal an underlying condition.

Another potential cause for concern is bruising that appears suddenly. “If your symptoms arise out of the blue, as in, you never had issues before, and then suddenly you start bleeding easily, it’s important to seek medical attention,” said Dr. Tania Elliott, a clinical instructor of medicine at NYU Langone Health in New York.

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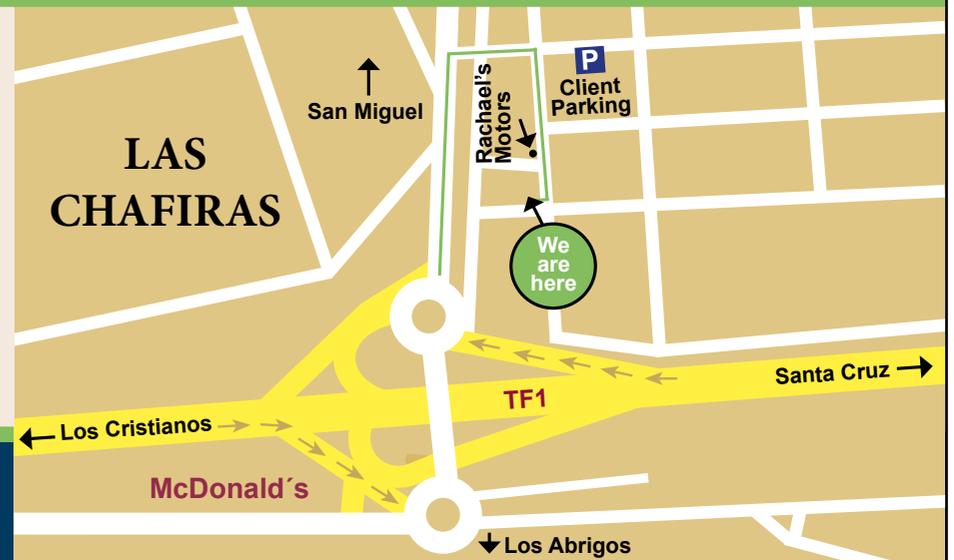
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The returns over the last few years have been:

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The growth on a Spanish Tax Compliant Bond is free of tax until a withdrawal is made -even then only the growth is subject to tax.

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 Ali JS Gray NIE: X-5323899-C
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 C/ Luciano Bello Alfonso No 5,
 LAS CHAFIRAS, San Miguel de Abona, 38639

General Enquiries:
 Tel: 922-703725
 E: george.thetpg@gmail.com
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ENERGY PERFORMANCE CERTIFICATES IN SPAIN

NOVEMBER 19 UPDATE

Six years and five months have now passed since the legal requirement was brought in for Energy Performance Certificates to be carried out in Spain and it can be seen from the Canarian Government's official register that a grand total of 225,210 certificates have now been prepared and duly registered. This means that some 1,950 Certificates have been carried during the month of October - approximately

20% less than the total in the same month last year. This tends to suggest a slowdown in the number of properties being sold or put on long term rental terms. It mustn't be forgotten that resale or re-let properties which already have a certificate may be influencing this figure.

This of course groups both residential and commercial properties and those for sale as well as for rent in all of the Islands

which together form the Canaries.

For those of you who are not aware of Energy Performance Certificates (EPCs), they were introduced in Spain and its dependencies by Royal Decree on 5th April 2013. This Law requires that, from 1st June 2013, an EPC must be obtained by the owner whenever a domestic or commercial property is Built, Sold or Rented.

Selling your property

From 1st June 2013 property owners are required by law to present an Energy Performance Certificate when a property is placed on the market and prior to any advertising. When the property is sold, the Notary will need to see the EPC, termed the Certificado de

letting without one. Where a property has already been let prior to 1st June 2013, no EPC is required until one tenant leaves and the property is offered for long term rental again. If your property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months

property's energy use and typical energy costs, and recommendations as to how you may be able to reduce energy use and save money.

An EPC allocates an Energy Efficiency Rating, ranging from 'A' (most efficient) to 'G' (least efficient). The Certificate, registered with the Canarian Government is valid for 10 years.

How to arrange an EPC:

If you are selling or renting out property, you will need to engage an Accredited Assessor, who will visit your property to inspect and then produce and register your properties Energy Performance Certificate.



Eficiencia Energética in Spain.

Renting your property

Either you or your agent, must obtain an EPC. An agent will not be legally allowed to offer or advertise your property for long term

of each year, you may not need to have an EPC. If you are the tenant your landlord or the letting agent should be able to show you the EPC for your property.

The EPC contains:

Information about a

If you have any questions, or wish to arrange for me, Philip Wright, to carry out your energy Performance Certificate please call me on 667 757 323.

November 19 DOG OF THE MONTH

Vida



This affectionate, gentle giant is a Presa Canaria. She is kind and well-mannered, good on the lead, but sadly has filaria (heartworm - a curable condition) which she would be offered continuing treatment for when adopted. She is around 6 years old, lives with another dog, and has a passport and chip: her inoculations are up-to-date and she has been sterilised. *If you might be interested in adopting this lovely girl, please contact the Refuge.*

The Centro de Protección Animal de Tierra Blanca is located off Junction 15 of the TF-1 by the restaurant Los Chasneros, just 200 metres above the TF-1. They don't ask for adoption fees, only a donation of food and some photos to let them know how your new pet is getting on in his/her new home. Please call Rachel on 629 031 273 for more information.



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Long Term Rentals

La Caleta, Magnolia Golf Resort

EPOA

You will find this apartment with garden view and lots of sun in the tranquil yet attractive Magnolia Golf Resort in Costa Adeje. On the ground floor there is the kitchen connected with a living room and dining area, from here you have a direct access to the large and sunny terrace. Three bedrooms and two bathrooms. This apartment is very nicely furnished ... For full information see website or contact:

2nd Home Tenerife Ref: VKT3MGR4D
628 608 469

El Duque, Terrazas del Duque I

EPOA

Spacious apartment for rent in El Duque area, just 10 min from the famous El Duque beach. The apartment offers a comfortable accommodation in two spacious bedrooms with a king size bed, two bathrooms (one with a bath, one with a shower), fully equipped separate kitchen, living area with the access to a large private terrace with a partial sea view. For full information see website or contact:

2nd Home Tenerife Ref: VKT2TDDE21
628 608 469

Palm Mar, Penthouse

EPOA

Beautiful 2 bedroom/ 2 bathroom apartment with front terrace and large roof terrace overlooking the village and coastline of Palm-Mar, very special property!

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business & property agent

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conditioning, outside living area and views directly out to the Sea and the Amarilla Golf course. There are three bedrooms with a master bathroom en suite and a family bathroom. The open plan kitchen area which has top of the range appliances and inside dinin... For full information see website or contact:

Rentals in Tenerife Ref: 3083
606 284883

Golf del Sur, San Blas Village

€1,550

Luxury house on residential complex, between Golf del Sur and Los Abrigos. It comes fully furnished and equipped to very high standards. Consists of 3 bedrooms with built-in wardrobes, a large living/dining room, a separate kitchen completely equipped with all the appliances (dishwasher incl), 2 large bathrooms and a separate toilet. It has a large corner... For full information see website or contact:

Tenerife Alizes Properties Ref:

AVAILABLE UNTIL APRIL 2020. One bedroom apartment in central location in Costa Adeje close to the Costa Adeje Gran Hotel and Costa Adeje market. One bedroom, one bathroom, living room with American style kitchen and bathroom. The rental price includes water, electricity to be paid separately.

Tenerife Island Rentals Ref: APO378
922 797438

Golf del Sur, El Nautico Suites

€1,000

The perfect height of luxury living in the Golf del Sur! This beautiful 1 bed property has air conditioning, electric shutters and outstanding views to the sea. The complex has a beautiful pool. This is not a winter let and is available for now. Bills included. 75 euros Contract fee and final clean cost 150 euros.

Rentals in Tenerife Ref: 1106
606 284883

Las Americas, Bungamerica

€880

WINTER LET ONLY. AVAILABLE FROM 1 OCTOBER UNTIL 31 MAY ONLY. Ground floor apartment in central Playa de las Americas just a two minute walk to the Troya Beach. One bedroom, bathroom, living room with American style kitchen and large shared garden area. All bills included.

Tenerife Island Rentals Ref: AP0380
922 797438

Los Cristianos, La Estrella

€825

One bedroom apartment just 200m from the sea front of Los Cristianos. Large living room, American style kitchen, double bedroom and bathroom. There is a community pool and residents parking. There is WIFI, UK 300 international TV channels, including UK channels. No pets allowed. Bills are included up to 50 per month. Mature tenants only.

Tenerife Island Rentals Ref: AP0440
922 797438

Golf del Sur, Terrazas de La Paz

€750

Modern, refurbished, ground floor, one bedroom apartment on a popular complex. Fabulous sea views. Water and electricity bills not included.

Homes & Away Ref: 1877
922 737 044

H3-1029
922 738653 / 626 274040

Golf del Sur, Las Adelfas II

€1,300

Lovely 2 bed-2 bath bungalow with linked self contained 1 bed apartment, on popular complex with pools, bar restaurant and close to the golf courses and main amenities. The main house has 2 double bedrooms, 2 bathrooms, separate fitted modern kitchen with utility room, large terrace overlooking the communal pool, private parking for 2 cars, all equipped a... For full information see website or contact:

Tenerife Alizes Properties Ref: KV-0203
922 738653 / 626 274040

El Duque, Apartment

€1,100

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2nd Home Tenerife Ref: VKT2RP213AC
628 608 469

Palm Mar, Apartment

EPOA

A beautiful house with two bedrooms, several sunny terraces, quiet in Palm-mar, in a beautiful complex with swimming pools. Unique opportunity!

2nd Home Tenerife Ref: VKT2RP214AC
628 608 469

El Duque, Habitats del Duque

EPOA

Spacious villa with private pool for rent in the very center of El Duque and next to the luxury Plaza del Duque shopping centre. The villa offers 5 spacious bedrooms, 3 fitted modern bathrooms and one guest bathroom, a modern and fully equipped kitchen, big lounge, downstairs there is an extra lounge, winter garden, terrace, sun roof terrace, private pool... For full information see website or contact:

2nd Home Tenerife Ref: VLTHAB28

628 608 469 Amarilla Golf, La Quinta

€2,200

Probably the best location on Amarilla Golf, this beautiful detached villa has its own pool, Air

Currencies Direct

Call Donna in our Los Cristianos office
+34-922 971 781 or Carol on +34-687 906 607

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Tenerife Island Rentals
& Buy Tenerife

Las Americas, Los Agaves**€750**

Fantastic one bedroom apartment with some of the best views on the island. Recently modernised kitchen and bathroom. Consists of one bedroom, living room with open plan kitchen, bathroom with shower unit, bedroom and balcony. Community pool and residents parking. No pets allowed. Bills not included.

Tenerife Island Rentals Ref: AP0508
922 797438

Amarilla Golf, Pebble Beach**€750**

One bed bungalow in ideal location with superb views. Price includes water and electricity bills.

Homes & Away Ref: 1438
922 737 044

Golf del Sur, Parque Albatros**€675**

Spacious, south facing, well furnished one bed apartment with large terrace on popular complex. Close to all amenities.

Homes & Away Ref: 1785
922 737 044

Costa del Silencio, La Hacienda**€670**

Top floor, fully furnished 1 bedroom, 1 bathroom apartment with lounge and American style fitted kitchen which leads off to a large terrace and its own stairs up to a private roof terrace. There is also a private parking space available and community swimming pools. Nice quiet residential complex.

Tenerife Prime Property Ref: 01 1168
627-230360

Golf del Sur, Terrazas de La Paz**€660**

A chance to really put your own stamp on this 1 bedroom and large outside terrace with views

out to sea. Long term rental available from now on Terrazas de la Paz, Golf del Sur. Can be either furnished as it is or arrangements for tenants who have a lot of their on furniture etc to be move out!! Would suit perhaps retired couple as the complex i... For full information see website or contact:

Rentals in Tenerife Ref: 1086
606 284883

Los Abrigos, Apartment**€600**

First floor 3 bedrooms apartment in a popular local village with stunning sea views. Water and electricity bills on top.

Homes & Away Ref: 1712
922 737 044

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Business Section

OVER €350,000

Las Americas, Restaurant

€995,000

Switch to mobile/tablet view [HERE](#)
This large freehold restaurant in Las Americas is more than well-established and located on a busy street. The locals are very cozy and charming with wooden roofs and stone walls. And measures 250 m2 plus a terrace of 50 m2 on the first floor overlooking a busy street. Moreover, is a large storage room, 2 guest toilets... For full information see website or contact:

FRINA Tenerife SL Ref: 2180
922 085191 / 670 636004

Los Gigantes, Hotel

€890,000

Location - Exclusive development - Quiet location - Central - Touristic area - Close to amenities - Close to restaurants / bars / cafes - Close to shops Views - La gomera - Sea Additional - Viewing recommended - Development possibilities Rooms - American style kitchen - Bathroom - Hall / entrance - Lounge and dining area Quality - Furnished - Good con... For full information see website or contact:

Island Estates Ref: 407-HT6
922 790767 / 670 605414

San Eugenio Alto, Freehold Property

€630,000

Large freehold for sale, located in a complex in San Eugenio Alto. The local used to be a supermarket but

is empty today and would need refurbishment before it can reopen as another business or supermarket. Details: The premises are spacious 585m2 plus terrace of 50m2 and a basement of 50m2. FRINA Tenerife SL Ref: 2293
922 085191 / 670 636004

Las Americas, Empty Local

€530,000

200m2 Local being sold freehold. Originally used as a Chinese restaurant but is now empty. There is a 80m2 basement with fridges and a top floor which could be used as offices. Also included in the price are 3 garages spaces and storerooms. GREATLY REDUCED FOR A QUICK SALE.

Tenerife Prime Property Ref: B-110
627-230360

Los Cristianos, Restaurant

€367,500

The restaurant is situated in a pretty courtyard just off the main beach in Los Cristianos. The business started as a carvery restaurant (which still exists), but in recent times the menu has been extended considerably, and the local next door was purchased to extend the size of the seating area to a total of 220 m2. This restaurant is very busy and opens... For full information see website or contact:

The Property Gallery Ref: COM478
922 719925 / 922 719889

Tenerife South, Jet-Ski Hire

€350,000
For sale with FRINA Tenerife is this long-established Tenerife jet ski excursion in the south. You will not find a jet ski business with a better reputation, newer jet skis, and less work than this. Moreover, this business comes with a unique opportunity/license allowing you to expand with another water sports business, which we can explain at a

COM537
922 719925 / 922 719889

Puerto de Santiago, Car Leasing/ Rental Business

€267,000

New on the market is this Car Rental for sale in Puerto Santiago, which is sold as a leasehold or a freehold. Furthermore, the business sells Tenerife excursions and the

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FRINA Tenerife SL Ref: 2080
922 085191 / 670 636004

€349,999 - €250,000

Palm Mar, Restaurant

€290,000

Full trading restaurant FOR SALE or for LEASEHOLD. Sold fully equipped and furnished. Been established for 8 years. On LEASEHOLD the price is 74.000 with a monthly rent of 1.100.

The Property Gallery Ref:

office has an ATM, which both provide to the healthy income. Premises of the Business for Sale You find the main office centrally in Puerto Santiago and a fully equipped workshop clos... For full information see website or contact:
FRINA Tenerife SL Ref: 2233
922 085191 / 670 636004

San Eugenio Bajo, Restaurant

€259,000

After 16 years this is a well-established, year-round business from many regular and new guests due to its great location. Being sold as Freehold or Leasehold (traspaso is 59,000). The premises are well-

maintained, interior: 80m2 plus terrace of 40m2. The dining area is bright and has tables for 34 dining guests, plus 34 for guests outside. There is a bar... For full information see website or contact:
FRINA Tenerife SL Ref: 2210
922 085191 / 670 636004

Playa Paraiso, Retail Business

€250,000

If you are looking for a well-established and easy-to-run business, you cannot miss this store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks, drinks and sun lotion but also toys and quality suitcases and bags of brands like Valentino and Guess. The business shows a healthy income and especially the profit o... For full information see website or contact:

FRINA Tenerife SL Ref: 2237
922 085191 / 670 636004

€249,999 - €150,000

Playa San Juan, Bar/Cafe

€225,000

This Traspaso Cafeteria for sale is located in Playa San Juan where it opened a year ago. It is known for an international menu offering brunch, burgers, Spanish specialties and a large variety of homemade bread and pastry. Moreover, it is popular due to its lovely location on the seafront. The owner owns several well-established businesses in

Tenerife... For full information see website or contact:

FRINA Tenerife SL Ref: 2298
922 085191 / 670 636004

Puerto Colon, Excursion Business

€220,000

FRINA Tenerife is happy to offer this large fishing boat for sale in the busiest harbour of Tenerife South. This is the largest licensed fishing boat on the island and offers a unique fishing experience on the Atlantic Ocean whether you are an amateur or experienced fisher. The boat is licensed to go out with 12 passengers a trip which can be from 4 to 7 ... For full information see website or contact:

FRINA Tenerife SL Ref: 2235
922 085191 / 670 636004

San Eugenio Alto, Local

€205,200

BANK REPOSSESSION: Commercial local in San Eugenio Alto - near the Agua Park. 91.12 m2.

The Property Gallery Ref: n_234352
922 719925 / 922 719889

Los Cristianos, Other Business

€204,800

BANK REPOSSESSION: C/ Valle Menendez: It consists of 3 commercial properties, 380.17 m2. Local with 4 doors for access, 2 bathrooms, well situated in a central location with all kinds of services nearby. It is sold together with references n_262697 and

n_260439.

The Property Gallery Ref: n_260439
922 719925 / 922 719889

Golf del Sur, Fairway Village
€195,000

Always wanted to have your own business in Tenerife? Now is the time! Due to personal health issues, the freehold of this Bar & Restaurant is now for sale at just 195,000 .

Rentals in Tenerife Ref: BAR_363

by many as the destination bar for all that is Callao. If you are not afraid of hard work, like a challenge, have excellent customer service skills, creative thinking and enjoy seeing all your efforts rewarded then this already very profitable cabare... For full information see website or contact:

Vym Canarias Ref: VS5357D
922 787210 / 635 881888

Las Americas, Commercial

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606 284883

Las Galletas, Excursion Business

€190,000

Well-established water excursion for sale that is known for all-inclusive whales & dolphins experiences. Besides for whale watching the trips include open bar, refreshments, swimming, snorkeling, and a great atmosphere. The boat is fully licensed for tourist and whale excursions and have the yellow (blue) flag too. Furthermor... For full information see website or contact:

FRINA Tenerife SL Ref: 2246
922 085191 / 670 636004

Icod de Los Vinos, Commercial Property

€190,000

Shop Premises for sale with an internal area of 150m2, empty shop unit in the spanish village of Icod, built in two levels, great location just off the main street. It has toilets and an interior patio. Very good condition. Easy access.

The Property Gallery Ref: COM552
922 719925 / 922 719889

Puerto Colon, Excursion Business

€180,000

These 3 charter boats for sale rent out to tourists for private charters. Each of the boats can be rented from 1 to 6 hours, depending on the clients wish. Moreover, the boats can be rented with or without a private captain. This is a fairly easy business to run since many clients prefer going out on their own. The Charter Boats for Sale There are 3 d... For full information see website or contact:

FRINA Tenerife SL Ref: 2220
922 085191 / 670 636004

Los Abrigos, Commercial Property

€163,900

This local is also available for rent at 600 Euros / Month.

The Property Gallery Ref: 73053263

922 719925 / 922 719889

Costa Adeje, Commercial Property

€160,000

We have been instructed to offer for sale this very successful cabaret bar in Callao Salvaje, considered

Property

€159,000

Warehouse: Large with cellar, three offices, two toilets, one new large freezer room, 12m2 cold storage, linear shelves, furniture, fully equipped to start the activity. Local rent 1.700 per month (been established for 10 years)

The Property Gallery Ref: Com536
922 719925 / 922 719889

Los Cristianos, Commercial Property

€157,500

Ten locals made into a large party/ game bar with separate bar & terrace area. karaoke room, Large game room(for laser games) Ideal for birthday & other parties.

The Property Gallery Ref: COM529
922 719925 / 922 719889

Tenerife South, Other Business

€152,000

NEW ON MARKET! Established for more than 20 years in the south of Tenerife. If you dream of entering the property market here, this is the safe way to a strong position. Apart from the name, this fully equipped business includes a portfolio of more than 800 properties, including Bank Repossessions, thousands of clients, and a valuable list of agents, lawy... For full information see website or contact:

FRINA Tenerife SL Ref: 2112
922 085191 / 670 636004

Las Americas, Local

€150,000

Centro Commercial, Terranova. Playa de las Americas. 48 m2 Local with 90 m2 Terrace all ready set up for a BAR, fully equipped and ready to open. Option of a FREEHOLD also for 240.000 a LEASEHOLD IS 16.000a 5 YEARS RENEWABLE. 1.200 a PER MONTH RENT.

The Property Gallery Ref: COM483
922 719925 / 922 719889

€149,999 - €100,000

Las Americas, Bar/Cafe Adeje Town, Bar/Cafe

€140,000

This leasehold cafe in Adeje serves a large variety of international homemade dishes and pastry, which makes it popular for

breakfast, lunch, dinner and take away. It is located centrally in Adeje town and the clients are both residents and tourists. The cafe was refurbished last year, so all machines are in great condition and the furniture modern and... For full information see website or contact:

FRINA Tenerife SL Ref: 2299

922 085191 / 670 636004

Las Americas, Bar/Cafe

€139,000

If you are looking for a Las Americas bar you cannot miss this successful business, which is famous for its amazing atmosphere, showing sports events and popular live entertainment several times a week. This bar has been open for more than 40 years and the current owner has only made this already well-established bar an even bigger success! Moreover, t... For full information see website or contact:

FRINA Tenerife SL Ref: 2197
922 085191 / 670 636004

San Miguel, Excursion Business

€130,000

If you love the sea and dream of relocation to Tenerife, you cannot miss this long-established fishing excursion for sale. The boat is located in the South of Tenerife in the San Miguel harbor, where it has a fixed mooring. Today the excursion offered are quality fishing trips and whether you wish to do trolling, jigging... For full information see website or contact:

FRINA Tenerife SL Ref: 2138

922 085191 / 670 636004

Costa Adeje, Bakery

€129,000

New on the market is this Cafe & Bakery in Adeje for sale with FRINA Tenerife. The traspaso offers both the fully equipped bakery and a good cafeteria. The business opened 7 years ago and is more than well-established. And thanks to a great reputation, the buyer is sure to have clients from day 1! Premises in the Bakery in Adeje The premises are 170 m... For full information see website or contact:

FRINA Tenerife SL Ref: 2227

922 085191 / 670 636004

Costa del Silencio, Empty Local

€125,000

Beautiful 1 bedroom apartment with 2 terraces of 7.20 sqm facing West. The apartment is in excellent condition, fully furnished and located in a very nice aparthotel with heated pool, only 5 minutes walk from bars, shops and restaurants. There's a bus stop nearby.

Tenerifehome.com Ref: 1448-1218
922 783066

Los Cristianos, Restaurant

€125,000

Successful gourmet restaurant for

the ground floor of Puerto Colon commercial centre which secures plenty of footfall and harbour view. Moreover, the rent is more than fair for this size local and in this location! The premises are spacious 120 m2 plus a terrace of 30 m2 and you fi... For full information see website or contact:

FRINA Tenerife SL Ref: 2279

922 085191 / 670 636004

Golf del Sur, Restaurant

€120,000

FRINA Tenerife is happy to present this well-established restaurant in Golf del Sur. After 9 years in the same hands, the owners have built a good reputation and enjoys many returning guests both residents and tourists. It is known for Spanish tapas and British type food. Premises of the Restaurant in Golf del Sur This restaurant is very spacious insi... For full information see website or contact:

FRINA Tenerife SL Ref: 2221

922 085191 / 670 636004

Torviscas Alto, Other Business

€120,000

In Torviscas Bajo area on a street near the beach we have for sale a comprehensive supermarket of 270m2. It is located in the apartment complex known as Sunset Bay. It has electrical installation and refrigerators (with sanitary authorisation). The supermarket also has two cashiers. These commercial premises could also be used for other types of services.

The Property Gallery Ref: COM480
922 719925 / 922 719889

Callao Salvaje, Cafe/Cake Shop

€110,000

This well-established French bakery for sale has been open for almost 7 years and is known for homemade and mouth-watering pastries. The high quality of the product and the fact that it is all homemade secures the owner a high profit and a healthy business. Premises of the Bakery for Sale The premises are spacious 240 m2 and is sold with all the bakin... For full information see website or contact:

FRINA Tenerife SL Ref: 2188

922 085191 / 670 636004

Costa del Silencio, Empty Local

€109,000

1 bedroom apartment which has been completely renovated situated in an aparthotel. South - East facing terrace with view on the gardens. The complex offers a communal swimming pool and parking for residents only (access with remote control).

Tenerifehome.com Ref: 1311-0917
922 783066

Costa Adeje, Commercial

COM534

922 719925 / 922 719889

Tenerife South, Excursion Business

€105,000

This diving center for sale in Tenerife has been open for 4 years and has excellent reviews on TripAdvisor and Facebook. Tenerife has plenty of interesting diving spots and due to the warm climate, this is a steady business year-round. If you are an educated diving instructor who wishes to make your hobby your new life, you cannot miss this unique busi... For full information see website or contact:

FRINA Tenerife SL Ref: 2213

922 085191 / 670 636004

Granadilla, Commercial Property

€100,900

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KEYBOARDS FOR HIRE

via T-64 and by bus service. Near to amenities. Total built: 271,89 m2

Store room: 135.68 m2

The Property Gallery Ref: 06014753

922 719925 / 922 719889

€99,999 - €50,000

San Eugenio Bajo, Bar/Cafe

€95,000

This traspaso pub for sale with FRINA Tenerife is long-established and offers a lovely sea view from the terrace. The current owner had the business for 9 years and it is known for the good terrace and cozy evenings with live music and karaoke. The business is located in San Eugenio Bajo and the pub measures 60 m2. It is a classic pub and super cozy wi... For full information see website or contact:

FRINA Tenerife SL Ref: 2267

922 085191 / 670 636004

Las Galletas, Bar/Cafe

€89,000

Highly popular, profitable, and fully legal, sea-front bar/cafe in the attractive and vibrant seaside fishing village of Las Galletas. This ready-to-walk-in-and-take-over business can accommodate up to 40 persons in its spacious interior and outside terrace. The cafe operates excellent working hours (9.00am 5.00pm daily, 6 days per week) and has a highly ... For full information see website or contact:

Tenerife Prime Property Ref: B-111

627-230360

Costa del Silencio, Bar/Cafe

€89,000

This freehold bar is run by the same owner for 15 years and is more than well-established. It is especially popular among British guests and is known for a lovely Sunday Roast and Saturday Night. The premises consist of 2 combined locals and a covered terrace, which are included in the freehold. The inside has tabl... For full information see website or contact:

FRINA Tenerife SL Ref: 2266

922 085191 / 670 636004

Los Cristianos, Other Business

€68,000

70m2 Local with terrace of 40m2. Could be used as a language school, office, gym or dentist. The price has been considerably reduced for a quick sale.

Tenerife Prime Property Ref: Local 02
627-230360

Puerto Colon, Local

€60,000

Local / office in Terranova, Puerto Colon. Sold unfurnished. The building has a lift.

The Property Gallery Ref:

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360

Email: carolhale.tpp@gmail.com

Web: www.tenerifeproperty.com

Lovely 2 bed, 2 bath house and successful sea front bar/cafe for sale. Discount available if bought together, but for sale separately!

ALDEA BLANCA, RES. SAN MIGUEL OASIS



Lovely, part-furnished, 2 bed, 2 bath (1 en suite) bungalow-style property on quiet residential complex with access via electrically-controlled security gates, swimming pool and off-road parking. The bungalow has a lounge/dining area, American-style fitted kitchen, conservatory and a large, sunny patio. This is a lovely family home close to amenities and just 10 minutes' drive to the beach, golf courses and the airport.

Ref: S-02 1377

Price: €159,000

LAS GALLETAS SEA FRONT PROMENADE, BAR/CAFÉ



Highly popular, profitable and fully legal sea-front bar/cafe in the attractive and vibrant fishing village of Las Galletas This ready-to-walk-in-and-take-over business can accommodate up to 40 persons in its spacious inside space and outside terrace. The cafe operates excellent working hours (approx.. 9.00am - 5.00pm daily, 6 days per week) and has a highly loyal customer base. The owners, who have built the business from scratch have decided to retire. Accounts available.

Ref: B-111

Price: €89,000

COM509
922 719925 / 922 719889

UNDER €50,000



Call Donna in our Los Cristianos office
+34-922 971 781 or Carol on +34-687 906 607

Las Americas, Bar/Cafe
€49,000
Fully furnished Rent: 890 Euros per month
The Property Gallery Ref: Com550
922 719925 / 922 719889

El Duque, Local
€45,000

◆ Location: Close to amenities, Close to the beach, Close to the coast, Touristic Area ◆ Close to: Beach, Restaurants / Bars / Cafes ◆ Rooms: Independent Kitchen ◆ Quality:

Furnished ◆ Outside: Large Terrace ◆ Additional: Investment opportunity ◆ Property Alliance SL Ref: 0C3154
922 777747

Las Americas, Bar/Cafe
€40,000
If you are looking for a bar in Las

Americas that is perfect for a couple or a single person, you must visit this cozy place, which is known for special beers, large cocktails, and a great atmosphere. The current owner had the bar for 5 years and built a good reputation. Premises of the Bar In Las Americas This bar is cozy, warm and inviting. It measu... For full information see website or contact:

FRINA Tenerife SL Ref: 2215
922 085191 / 670 636004

Los Abrigos, Commercial Property
€40,000

It has a good size for any kind of activities, such as pizzeria, fish or meat restaurant or any oriental specialties including 20 square meters terrace. Facilities include a well equipped kitchen, inside seating for around 35 people, ladies and gents toilets with separate wash room, 7 flat screen televisions, 4 decoder boxes, pool table and dart boards. ... For full information see website or contact:
The Property Gallery Ref: COM544
922 719925 / 922 719889

Las Americas, Mobility Vehicle Hire

€37,500

FRINA Tenerife offers this bike & scooter rental for sale, which has been established for 3 years and is located in a super busy area of Las Americas. This shop offers rentals of bikes, e-bikes, mobility scooters and wheelchairs. The clients are both pedestrians passing by and clients who find the offers online. Included in the business for Sale The ... For full information see website or contact:
FRINA Tenerife SL Ref: 2185
922 085191 / 670 636004

Puerto de Santiago, Local
€30,000

◆ Location: Touristic Area, Close to amenities ◆ Close to: Coast, Restaurants / Bars / Cafes, Beach ◆ Views: Sea ◆ Quality: Furnished ◆ Outside: Sunny Terrace, Large Terrace ◆ Additional: Investment opportunity ◆ Property Alliance SL Ref: 0C2992
922 777747

Las Americas, Commercial Property
€20,000

Great position on this fantastic Tattoo Shop in central Playa de Las Americas. The shop has been tastefully refurbished and has a nice reception area, the tattooing room, bathroom and storeroom. Very well equipped. Central area with lots of walk ins. Contact us now for more information! TRASPASO

Tenerife Belfin Properties Ref: B401-BP
692 146808

Costa Adeje, Garage/Car Wash/Car Sales

€19,500

Car workshop for sale, which is located in Adeje. The business is known as a small garage offering full car cleaning and fast mechanic services like flat tires, oil changes, topping fluids etc. This is a great little business for a mechanic who wishes to work as a self-employed, either alone or with a few employees. Also, thi... For full information see website or contact:
FRINA Tenerife SL Ref: 2290
922 085191 / 670 636004

Las Americas, Other Business

€17,200

BANK REPOSSESSION: Calle Mexico: Commercial local on the ground floor of the commercial centre; with access from the gallery. Located in a touristic area close to the centre of Playa de las Americas. M2: 46.93 Number of floor levels: 1 M2 at the back: 12.15 Number of access points: 1 Year of construction: 1975
The Property Gallery Ref: 118647
922 719925 / 922 719889

Las Americas, Empty Local

€2,500

If you are looking to build your own bar-restaurant in a prominent location, you will be hard pushed to find a better offer than this local to lease. The owner will give the new tenant a 5-year rental contract and offer a month rent-free to refurb the premises. Premises of the Local to Lease The premises are spacious 180 m2 and used to be a bar, bu... For full information see website or contact:
FRINA Tenerife SL Ref: 2205
922 085191 / 670 636004

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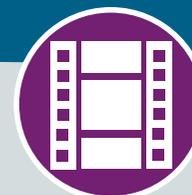
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Never give up on something
you can't go a day
without thinking about

Cafe In Amazing Location



This café in Las Americas is located a minute from the Golden Mile and Playa Las Vistas securing a lot of passing trade all year and a nice view too. The local is 75m2 with a good kitchen and moreover has a terrace of 40 m2.

Ref.: 2286

Price: 46,000€

Profitable British Bar



New

This profitable British Bar is located in Las Americas and has been established for more than 25 years, so it has many regular guests and shows a more than healthy income. You cannot miss this, if you are looking for a successful business.

Ref.: 2306

From: 175,000€

Pool Bar-Restaurant



Reduced

This large pool bar and restaurant is located in a busy complex in Los Cristianos. The inside premises of the restaurant are spacious 120 m2 with a fully equipped kitchen. Moreover, is a spacious terrace.

Ref.: 1909

Price: 105,000€

Well-established Bakery

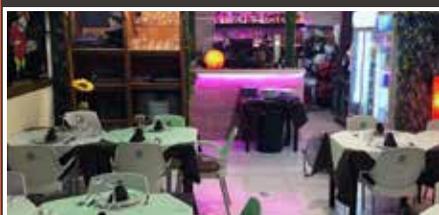


This bakery is known for homemade pastry which are sold and delivered to cafes and bars in South Tenerife. The current owners had the bakery for 4 years and build themselves a solid business with a healthy income.

Ref.: 2301

Price: 65,000€

Restaurant In Las Americas



This restaurant is in a busy area of Las Americas and was refurbished in 2019 to meet all new regulations and obtain a new license. Here are tables for about 40 guests, the local is 95 m2 and the terrace is 15 m2.

Ref.: 2295

Price: 139,500€

Established Franchise in Fanabe



This café is a part of a popular and well-known sandwich franchise making it a successful and easy to run business. And this particular café has been established here since 2015 and very good reviews on Tripadvisor

Ref.: 2280

Price: 68,500€

Profitable First Line Restaurant



This large restaurant in Las Americas is located at the busy sea promenade enjoying plenty of footfall and wonderful views. It opened 7 years ago so, it is a very well-established and shows a healthy income.

Ref.: 2287

Price: 220,000€

Well-established Cafe-Bakery



Whether you are looking for an investment or a well-established business to run yourself, you cannot miss this popular café-bakery in San Eugenio Bajo and known for delicious homemade food, bread and pastry.

Ref.: 2296

Price: 275,500€

Bar-Cafe In Los Gigantes



This bar-café is known for gourmet burgers and British specialties. The business is not operating at the moment, hence the low traspaso price. It has tables for about 44 guests, is sold fully equipped and with the Bc-license.

Ref.: 2289

Price: 30,000€

Sea View Restaurant



Reduced

This fast-food restaurant is known for Belgium specialties and a lovely beach and sea view from the large terrace. The restaurant is 80 m2 with an open kitchen that offers a lot of newer equipment and machines.

Ref.: 2284

Price: 49,000€

Los Cristianos Restaurant



If you are looking for a modern and restaurant you cannot miss this; established for 5 years, known for delicious food and showing a healthy income. The premises itself are spacious and modern 80m2 with 20m2 terrace.

Ref.: 2291

Price: 125,000€

Large Fishing Boat



Reduced

This large Bertram 46 ft fishing boat is located in Puerto Colon Harbour and offers a unique fishing experience for both amateurs and experienced fishermen. The boat is licensed to go out with 12 passengers and had a refurb 2018.

Ref.: 2235

Price: 220,000€

Hair & Beauty Salon



This salon in Torviscas Bajo was fully refurbished earlier this year and today it looks beautiful and is fully equipped to offer various hair and beauty treatments like haircuts, massages, manicures, and pedicures.

Ref.: 2283

Price: 25,000€

Los Cristianos Beauty Salon



This salon has been established for several years and comes with many regular clients both tourists and residents. It is spacious 100m2 and fully refurbished for all kind of hair and beauty treatments.

Ref.: 2285

Price: 49,000€

Car Dealer With Workshop



This minimarket sells liquor, tobacco, souvenirs, beach products, and refreshments. The premises are 50 m2 with a terrace of 25 m2 – all fully equipped with shelves, racks, counter, etc. Also, the store has a toilet and a storage room.

Ref.: 2278

Price: 345,000€

Jet Bike & Parascending



Reduced

This is a unique opportunity to get both a jet bike and a parascending business that is established for 10 years and in a prime location of Tenerife South, where it enjoys little competition and plenty of footfall.

Ref.: 2277

Price: 250,000€

San Eugenio Minimarket



This minimarket sells liquor, tobacco, souvenirs, beach products, and refreshments. The premises are 50 m2 with a terrace of 25 m2 – all fully equipped with shelves, racks, counter, etc. Also, the store has a toilet and a storage room.

Ref.: 2268

Price: 39,500€

Ice Cream & Crepe Bar



Reduced

This business sells ice cream, cakes, and crepes. It is located in Golf del Sur and has no direct competitors in the area. It is an easy business to run and great for a single person or a couple who wishes for a light job in Tenerife.

Ref.: 2230

Price: 35,000€

Fanabe Freehold For Sale



This large freehold has a great location in Fanabe, it is spacious 330 m2 and used to be a restaurant however, it is closed today and need a renovation before it can reopen as a restaurant, supermarket or other business.

Ref.: 2294

Price: 530,000€

Charter Excursion Boat



Exclusively with FRINA is this Charter Boat, which is known for private and shared charters of high standards. The boat is a Sunseeker Apache 45 which brings up to 14 persons pr. trip that last from 3-5 hours.

Ref.: 2231

Price: 125,000€

+34 670 63 60 04

+34 922 08 51 91

frina@tenerife-business.com

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we are here too

Calle Colón, 1st Floor, local 213, Puerto Colón, 38660 Adeje

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