

The Tenerife Property & Business Guide



FREE | September 2020
Every Month | Issue 191

Tel: 922 703 725 • Email: george.thetpg@gmail.com • www.thetenerifepropertyguide.com

Costa Adeje

Magnificent modern villa!

A simply amazing modern villa on the Costa Adeje from Tenerife Properties – see Page 2 for more pictures and information on how to view.

€430,000 Ref: T1201



 TENERIFE PROPERTIES

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TENERIFE PROPERTIES

Stunning, modern villa situated in the quiet village of Armeñime in Costa Adeje.

This amazing property is the epitome of modern design - south-facing, designed all in white and using an abundance of glass, the light floods in! The high ceilings allow the heat to rise in the summer, keeping the property cool and there are electric shutters all round for total security. The villa comprises 2 bedrooms, 2 bathrooms, another room, currently being used as a dispenser which could be another bedroom or office, a very spacious lounge and open plan kitchen with Bosch appliances all in perfect condition. Downstairs there is another room, currently used for storage which could be converted into a studio. Outside there are terraces on 3 sides of the property, one of which could be used as a carport, and there is enough space for a swimming pool if desired. The materials in this construction

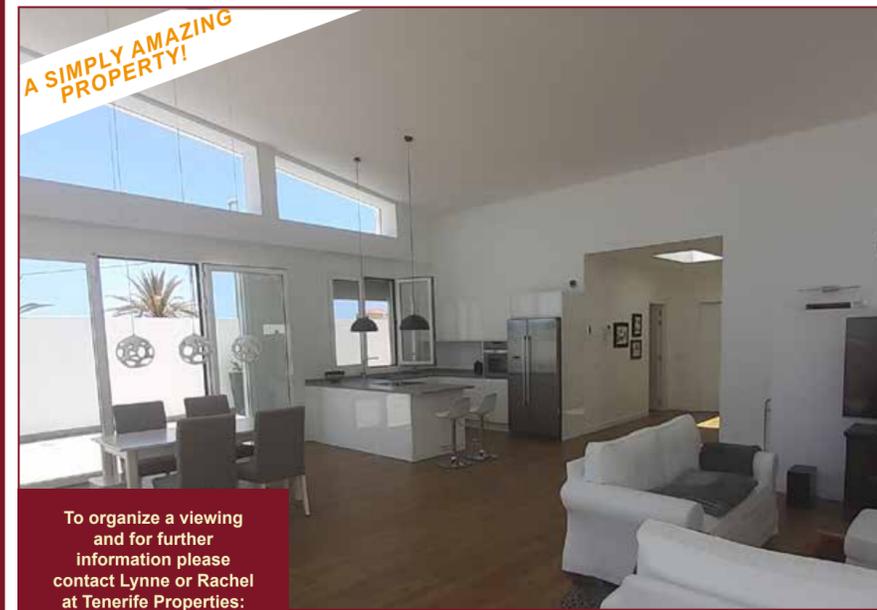
are all of the topmost quality. The windows are all triple glazed, tilt and tip windows, the stairs are stone and all the appliances are top grade and brand new.

There are solar panels for hot water, all shutters and the main entrance gate are electric. The property is to be sold fully furnished in minimalist style. This villa offers amazing value for money for a truly superb property.

are all of the topmost quality. The windows are all triple glazed, tilt and tip windows, the stairs are stone and all the appliances are top grade and brand new.



A SIMPLY AMAZING PROPERTY!



To organize a viewing and for further information please contact Lynne or Rachel at Tenerife Properties:

(00 34) 922 724 110
(00 34) 608 573 443
lynne@tenerifeproperties.net

COSTA ADEJE, STUNNING MODERN VILLA | €430,000



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<p>Santa Cruz, Toscal</p> <p>695.000€ 2 bed, 2 bath penthouse</p>	<p>Los Cristianos</p> <p>146.500€ 1 bed, 1 bath apartment</p>	<p>Las Chafiras</p> <p>139.000€ 2 bed, 1 bath apartment</p>

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OUR OFFICE LOCATIONS:
 CC San Blas - Golf del Sur
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1 BED - AMARILLA GOLF
GOLFER'S DREAM!
 This one bedroom first floor apartment has been refurbished with a new kitchen and bathroom. The complex boasts the largest of the three pools available on Pebble Beach with a pool bar offering refreshments and light snacks. The marina is just a short walk away where you will also find a good selection of ocean side restaurants. With just a short walk to the club house, a golfer's dream.
 Ref: AMG00555
 Price: €130,000 (approx. £117,500)



1 BED APARTMENT - GOLF DEL SUR
SPACIOUS PROPERTY!
 A wonderful opportunity to own a spacious one bedroom apartment in a highly sought after development. This west facing property boasts sunshine on its large terrace, from the middle of the day, until it finally sets behind the distant mountains. The property looks over the golf course and down to the Atlantic Ocean. The apartment is in good condition and is sold unfurnished.
 Ref: GOLF01626
 Price: €140,000 (approx. £126,500)



1 BED APARTMENT - AMARILLA GOLF
WINTER RETREAT!
 This ground floor refurbished one bedroom one bathroom apartment comes furnished with fully equipped kitchen, fitted wardrobes, sunny terrace, communal pool & garden. Close to all local amenities & the golf club house. With a pleasant garden view and just a few steps to the pool. Ideal for a holiday home or that winter retreat you have always promised yourself.
 Ref: AMG00549 *Previously £142,000*
 Price: €136,000 (approx. £150,500)



2 BED APARTMENT - TORVICAS BAJO
PERFECT HOLIDAY HOME!
 This centrally located ground floor two bedroom apartment is situated on the ever popular Mareverde complex in the heart of Playa de las Americas, just a few minutes walk to the seafront, beaches, bars and restaurants of Torviscas and Fañabe. This is perfect as a holiday home for both winter and summer! Two double bedrooms, fitted kitchen, lounge and bathroom as well as a poolside terrace.
 Ref: LA01878
 Price: €210,000 (approx. £190,000)



3 BED TOWNHOUSE - LAS ROSAS
IDEAL FAMILY HOME!
 This is a comfortable family home in a residential area with schools close by. Located in the small town of Las Rosas not far from the bustling Spanish town of Las Galletas. The property has a driveway for a car. On the lower level there is a lounge with separate kitchen and the third bedroom and WC. On the upper floor are the two bedrooms and a bathroom. The largest bedroom has a terrace offering mountain views.
 Ref: OUT01150
 Price: €215,000 (approx. £194,500)



2 BED PENTHOUSE - GOLF DEL SUR
RARE OPPORTUNITY!
 An extremely rare opportunity to purchase a two bedroom, two bathroom penthouse apartment. The apartment offers views over the complex waterfall and gardens and out to the Atlantic Ocean. The complex is in a fantastic location with lots of amenities within walking distance, including two championship golf courses, the marina, a bowling green and a good selection of restaurants, bars and shops.
 Ref: GOLF01587 *Previously €230,000*
 Price: €215,000 (approx. £194,500)



3 BED VILLA - AMARILLA GOLF
AIR CONDITIONED COMFORT!
 A very private three bedroom, two bathroom detached villa perched on the edge of the Amarilla Golf Course. This well maintained property offers a private swimming pool, air conditioning throughout, spacious accommodation WIFI and satellite TV. The master bedroom is en-suite and both bathrooms have benefited from a recent make over. The villa is secure, boasts golf course views and has a private driveway.
 Ref: AMG00544
 Price: €365,000 (approx. £330,000)



2 BED VILLA - SAN EUGENIO ALTO
PANORAMIC VIEWS!
 A beautiful two bedroom, two bathroom detached villa with private pool located in the prestigious San Eugenio Alto area of Costa Adeje. If you are searching for a holiday home or a permanent residence then this is perfect. Excellent location, panoramic views to the Coast and surrounding area from the pool area and the roof terrace! There is also an impressive double garage under the villa.
 Ref: LA01843
 Price: €595,000 (approx. £537,500)

1 BEDROOM APARTMENT - GOLF DEL SUR



Sit on your balcony and hear the ocean, it's so close. Probably the most prestigious complex in a front line location. This substantial one bedroom apartment has breathtaking unobstructed ocean views, air conditioned, kitchen with all appliances and good size bedroom. Convenient for golf, the bustling commercial centre and the picturesque fishing village of Los Abrigos, just a short walk away. Go on, pamper yourself, you deserve it!
 Ref: GOLF01625
 Price: €210,000 (approx. £190,000)

1 BEDROOM BUNGALOW - LA CALETA



Properties in such spectacular locations rarely become available for sale! This one bedroom bungalow style property is situated literally metres away from one of the most prestigious beaches in the South of Tenerife! It is perfect for those lazy summer holidays or as a winter base to escape the cold! Within walking distance to some of the best 5 Star Hotels and restaurants on the island. This is as good as it gets.
 Ref: LA01879
 Price: £265,000 (approx. €293,000)

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RESIDENTIAL PROPERTY SALES

Adeje Area

OVER €350,000

Golf Costa Adeje, Villa

€2,300,000

5 bed · Located in one of the prime locations in the south of Tenerife, this five bedroom villa is a fantastic property to own. Situated on the Adeje Golf course and just a ten minute walk to La Caleta, this property offers something for every member of the family. Whether you decide to read a book in the reading gallery, play a game of cards at the card table, w... For full information see website or contact:

Ref: LUX0254 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Armenime, House

€888,000

3 bed · This fantastic villa is situated near the GOLF COURSE of Adeje. Set on 3 floors with unobstructed views. 2 beds with dressing room, 2 baths, 1 toilet, 2 living-lounges (fireside), Library, ample hall, large kitchen with dining, patio canario, garage, pool and much more. Such an exclusive property does not come often to the market. Sold furnished.

Ref: 86-330 | Dr Stange International | 922 793271

El Duque, Apartment

€679,000

2 bed · Two bedroom apartment with modern design, high quality and the best location, in the very center of El Duque for sale. This apartment has two bedrooms, two bathrooms, one guest toilet, a patio, an open plan kitchen and a large terrace with pool offering splendid views to Costa Adeje and the ocean. The perfect holiday home and investment opportunity! Baobab... For full information see website or contact:

Ref: RD2081 Sharon | 2nd Home Tenerife |

Las Moraditas, House

€550,000

3 bed · Ideally situated in the tranquil area of Las Moraditas, this spacious property offers fantastic views and privacy. Split over 2 levels the villa consists of 3 double bedrooms, 2 with en-suite bedrooms and balcony, the master bedrooms also offers a walk in wardrobe. Also boasting a large fully fitted and equipped breakfast kitchen, separate dining room, ... For full information see website or contact:

Ref: 6422 | Clear Blue Skies SL | 922 714 772

El Madronal, House

€495,000

4 bed · Fantastic modern style villa in El Madronal. The villa has 4 bedrooms and 3 bathrooms, one of the en suite. Large (50 m2) lounge/kitchen area. Outside you have a private garden and pool area. There is parking and storeroom. Air conditioning. Great family home in the residential area but very close to all services and shops and only a short drive from ... For full information see website or contact:

Ref: V418-BP | Tenerife Belfin Properties | 692 146808

El Madronal, Villa

€490,000

3 bed · We offer for sale that terraced house of 140m2 in El Madronal, Costa Adeje. The house has three bedrooms, two bathrooms, a separate kitchen, a spacious living room and a balcony overlooking the sea and the mountains. The villa is sold fully furnished. There is a 60m2 private garden with a private (heated) pool. A garage is included.

Ref: D1154 | FRINA Tenerife SL - Property Sales | 922 085 191

El Galeon, House

€420,000

4 bed · Lovely 4 bedroom, 3 bathroom (1 en suite) villa being

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360

Email: carolhale.tpp@gmail.com
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sold fully furnished. There is a large lounge, separate luxury fitted kitchen, laundry room plus extra storage room and terraces all around the property. Off the main bedroom there is a large balcony with amazing coastal views. Also includes a garage for 5 cars and community swimming pool. This is a lo... For full information see website or contact:

Ref: S-04 1337 | Tenerife Prime Property | 922 703 725

El Galeon, Townhouse

€420,000

4 bed · Beautiful four bedroom property located on the La Capitana complex in El Galeon. On the ground floor there is a large living room, kitchen, bedroom and bathroom and on the upper floor there are three good sized bedrooms and two bathrooms, the master bedroom is ensuite. Although located on a complex with community pool, this property feels like a detached ... For full information see website or contact:

Ref: PUE0402 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

El Galeon, Apartment

€415,000

3 bed · One bedroom apartment for sale at Baobab. Situated on the top floor, modern apartment with large terrace and views to the ocean and also the skyline of Costa Adeje. The

price includes high quality and modern furniture. In this apartment you will find state of the art materials and a very practical layout with an equipped kitchen with island, a bathroom w... For full information see website or contact:

Ref: ROA3197 Sharon | 2nd Home Tenerife |

Costa Adeje, Apartment

€300,000

2 bed · For Sell 2 bedroom apartment in a quiet complex, Los Castaños located in the area of Madronal. The apartment is composed of 2 bedrooms, a bathroom, kitchen with living room and a large terrace overlooking the sea and La Comera of 21m2. It also has a parking space and storage

Ref: S-01 1379 | Tenerife Prime Property | 922 703 725

El Galeon, House

€289,500

5 bed · Spacious corner house on 3 levels, with 3 bedrooms in the main house and a 2 bedroom apartment. Kitchen and bathrooms on the ground floor, 5 bedrooms total. With terrace and garden of 97m2. Fully equipped. A bargain!

Ref: 41555 | Crown Property Services | 922 176 883

La Caleta, Apartment

€392,295

3 bed · This lovely ground floor apartment with 3 bedrooms and 2 complete bathrooms is situated in a lovely complex in the picturesque fishing village of La Caleta, surrounded by a nature reserve and only 300 metres from the sea. A garage and a store room are included in the price. The complex also has a spa, gymnasium, swimming pool and sauna as well as a putting... For full information see website or contact:

Ref: NC3004 | 2nd Home Tenerife |

Costa Adeje, Apartment

€297,240

2 bed · ATICO DUPLEX in Torviscas Alto in the complex Casablanca, is distributed in 2 bedrooms, 2 bathrooms, fully equipped kitchen, living room, 2 terraces of 40m2 (total: 80m2), interior: 130m2, has parking space with storage room, Delivery fully furnished, the complex has communal pool and green areas. Elevator.

Ref: O2CDP0015 | Canarian Dream Properties | 922 793 960

Adeje Town, House

€320,000

4 bed · This beautiful house combines the newest materials with the spirit of a traditional townhouse. It is a traditional Canarian house with all its charms that has been completely rebuilt with modern materials for the owners to enjoy all modern commodities. It is very light and bright and offers views to the ocean and the roofs of Adeje. It is close to the Call... For full information see website or contact:

Ref: ROA4066 | 2nd Home Tenerife |

El Madronal, Townhouse

€310,000

3 bed · Beautiful three bedroom two bathroom townhouse property in very popular complex in El Madronal. On the lower level there is a fully fitted kitchen and utility area, WC and large living room with direct access to the front terrace. There is also a private rear terrace to the property offering ample outdoor living space. On the upper floor there is a large ... For full information see website or contact:

Ref: ADO0438 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Playa Fanabe, Apartment

€300,000

1 bed · GREAT INVESTMENT OPPORTUNITY! Choice of two beautiful, recently refurbished, fully furnished and equipped, 1 bed, 1 bath apartments on this sought after, sea front, 'Touristic' colonial style 4.5 star complex with 3 pools (one at apartment entrance!), modern Gym and jacuzzi. Each property has a lounge/diner, American-style kitchen, sunny terrace and priva... For full information see website or contact:

Ref: S-01 1379 | Tenerife Prime Property | 922 703 725

Playa Fanabe, Apartment

€260,000

3 bed · Spacious 3 bedroom apartment situated on the popular residential complex "Oasis del Fanabe" Sold fully furnished with quality items and there is also a private garage included in the price COMPETITIVELY PRICED FOR QUICK SALE 260,000 EUROS.

Ref: 41555 | Crown Property Services | 922 176 883

room. The complex has a communal pool.
Ref: 2CDP0037 | Canarian Dream Properties | 922 793 960

El Madronal, Duplex

€299,999

2 bed · Spacious, fully furnished, 2 bed, 2 bath duplex apartment on sought after, sea front complex with pool. The property, in good condition throughout, has a lounge/dining area, independent kitchen, utility room, and double patio doors leading onto a large South-facing sunny terrace with pool and partial sea views. The lower level (45sqm) was a double garage ... For full information see website or contact:

Ref: 1043 | Tenerife Prime Property | 922 703 725

El Duque, Apartment

€265,000

2 bed · We offer for sale this beautiful apartment of 86m2 in the complex El Tesoro del Galeon, Adeje. The apartment consists of two bedrooms, one bathroom, a separate kitchen, living room and a big terrace of 15m2 with seaweiv. The complex offers a swimming pool, sauna and gym.

Ref: S1157 | FRINA Tenerife SL - Property Sales | 922 085 191

Costa Adeje, House

€295,000

3 bed · TERRACES OF THE GALEON! . Large townhouse in

El Duque, Apartment

€265,000

2 bed · Modern well presented upper floor, 2 bedroom apartment on the quiet residential complex "Bellamar" in Playa Fanabe.

Playa Fanabe, Apartment

€199,000

1 bed · Spacious apartment (65m2) in the prestigious complex. With 1 bedroom, 1 bathroom, and spacious terrace. Fully renovated and luxuriously furnished. Pool on complex.

Ref: Villas de Fanabe | MK Properties | 922 751 / 630 994991

Playa Fanabe, Apartment

€190,000

1 bed · Beautiful studio in the popular tourist area of Costa Adeje, just 10 minutes walk from Fanabe beach. The apartment is sold with furniture, consists of 1 bedroom, 1 bathroom and a living room with open plan kitchen and access to the terrace with views of the ocean and mountains. In the complex there are different swimming pools. Community fee €70 per month... For full information see website or contact:

Ref: S1005 | FRINA Tenerife SL - Property Sales | 922 085 191

Adeje Town, Apartment

€153,000

2 bed · Lovely 2 bed, 1 bath apartment being sold fully furnished. There is a beautiful, fully equipped separate kitchen, good size lounge and balcony, there are also balconies off each bedroom. This is a first floor apartment with lifts

Ref: 41555 | Crown Property Services | 922 176 883

Ref: Adeje, El Galeon | MK Properties | 922 751 / 630 994991
Los Olivos, Townhouse

€269,000

4 bed · Location: Close to transport, Gated community, Central, Residential area, Close to amenities, Close to schools, Close to town. Views: Pool, Garden, Mountain. Additional: Viewing recommended. Rooms: Independent kitchen, Lounge and dining area, Additional store rooms, Bathroom, Family bathroom, Hall/entrance. Quality: Tastefully decorated, Well presented, B... For full information see website or contact:

Ref: 565-TH4 | Island Estates | 922 790 767

El Duque, Apartment

€265,000

2 bed · We offer for sale this beautiful apartment of 86m2 in the complex El Tesoro del Galeon, Adeje. The apartment consists of two bedrooms, one bathroom, a separate kitchen, living room and a big terrace of 15m2 with seaweiv. The complex offers a swimming pool, sauna and gym.

Ref: S1157 | FRINA Tenerife SL - Property Sales | 922 085 191

El Duque, Apartment

€265,000

2 bed · Modern well presented upper floor, 2 bedroom apartment on the quiet residential complex "Bellamar" in Playa Fanabe.

Playa Fanabe, Studio

€230,000

♦ Location: Central, Close to amenities, First line to the Beach, Gated community, Popular urbanisation, Touristic Area ♦ Close to: Restaurants/Bars/Cafes, Shops, Beach, Medical Facilities ♦ Views: Sea ♦ Rooms: American Style Kitchen ♦ Quality: Furnished ♦ Outside: Sunny Terrace ♦ Parking: Street parking ♦ Community facilities: 24 hour Security, Pool Bar... For full information see website or contact:

Ref: OS3272 | Hofman Estates | 922 777 747

Playa Fanabe, Apartment

€199,000

1 bed · Spacious apartment (65m2) in the prestigious complex. With 1 bedroom, 1 bathroom, and spacious terrace. Fully renovated and luxuriously furnished. Pool on complex.

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Adeje Town, Apartment

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Ref: 41555 | Crown Property Services | 922 176 883

Services | 922 176 883

€249,999 - €150,000

Los Olivos, House

€240,000

3 bed · Fabulous seafront complex! This complex is located on the beautiful beach front near Los Abrigos, only 5 minutes drive from the motorway. Small complex with only 17 townhouses/semi-detached villas. Each one has 3 bedrooms, 2 bathrooms, separate kitchen, lounge, 2 terraces with garden, one in front and one on the back, private parking and communal swimming... For full information see website or contact:

Ref: TH302-AG | Tenerife Belfin Properties | 692 146808

El Galeon, Apartment

€230,000

2 bed · Top floor apartment in the El Galeon area of Adeje. The property comprises of two double bedrooms, the master with ensuite bathroom, further bathroom, separate fitted kitchen with laundry room and a large living/dining room with patio doors to the balcony area with views over the park and towards the sea. On the complex there is a community swimming pool ... For full information see website or contact:

Ref: AP0450 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Playa Fanabe, Studio

€230,000

♦ Location: Central, Close to amenities, First line to the Beach, Gated community, Popular urbanisation, Touristic Area ♦ Close to: Restaurants/Bars/Cafes, Shops, Beach, Medical Facilities ♦ Views: Sea ♦ Rooms: American Style Kitchen ♦ Quality: Furnished ♦ Outside: Sunny Terrace ♦ Parking: Street parking ♦ Community facilities: 24 hour Security, Pool Bar... For full information see website or contact:

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Playa Fanabe, Apartment

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1 bed · Spacious apartment (65m2) in the prestigious complex. With 1 bedroom, 1 bathroom, and spacious terrace. Fully renovated and luxuriously furnished. Pool on complex.

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Adeje Town, Apartment

€153,000

2 bed · Lovely 2 bed, 1 bath apartment being sold fully furnished. There is a beautiful, fully equipped separate kitchen, good size lounge and balcony, there are also balconies off each bedroom. This is a first floor apartment with lifts

Ref: 41555 | Crown Property Services | 922 176 883



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VALLE SAN LORENZO, BEAUTIFUL 1 BED



Beautiful, fully furnished, 1 bed, 1 bath apartment with parking space and storeroom in a well-kept residential complex with pool and lifts. The property has an independent fitted kitchen, utility room, spacious lounge/dining room and a balcony with afternoon sun. Very peaceful location in a cul de sac. Excellent value for money!

€88,000

AP123-BP

LAS AMERICAS, PUEBLO CANARIO



Lovely, fully furnished, 5th floor apartment in sea front complex with pool. The property has an open plan kitchen, lounge/dining area and lovely sunny terrace with sea views. A holiday letting licence has been applied for.

€290,000

AP210-HP

SAN EUGENIO ALTO, HOLIDAY VALLEY



Lovely, fully furnished, 2 bed, 1 bath bungalow in sought after complex with pool. The property sits on a good sized corner plot and has a large lounge-diner, American-style fitted kitchen and private sunny terrace with sea views.

€295,000

BU203-BP

LAGOS DE FAÑABE



Lovely, fully furnished 2 bed, 1 bath corner penthouse apartment in this popular resort with very nice pool area situated right on the beachfront. The apartment has a large lounge-diner, American-style fitted kitchen and a large sunny terrace.

€365,000

AP107-HP

EL MADRONAL, LOS GIRASOLES



Fantastic modern style 4 bed, 3 bath (1 en suite) villa with private pool. The property has a large (50sqm) lounge/dining area, open plan fitted kitchen, private garden/pool area and parking/storeroom. Extras include aircon. A great family home.

€495,000

V418-BP

FANABE, SOL SUN BEACH



Fully furnished and equipped studio apartment with sunny terrace and pool views in lovely beach-front complex with great community pool and sunbathing terraces. Top location! On-site cafeteria. Touristic complex.

€179,000

ST113-HP

throughout the block. Also included in the price is a private parking space and storeroom.
Ref: S-02 1349 | Tenerife Prime Property | 922 703 725

€149,999 - €100,000

Playa Fanabe, Apartment

€142,000
3 bed · Location: Central, Close to amenities, Quiet location · Close to: Medical Facilities, Restaurants/ Bars/Cafes, Schools, Shops, Town, Transport · Views: Mountain, Sea · Rooms: Kitchen diner, Family Bathroom, W. C. · Quality: Part furnished, Refurbished · Outside: Sunny Terrace · Parking: Street parking · Community facilities: Gardens ·
Ref: 3A2490 | Hofman Estates | 922 777 747

Playa Fanabe, Apartment

€110,000
1 bed · Lovely one bedroom apartment in Central Adeje, conveniently situated for amenities, restaurants, transport and shops. The apartment comprises of bathroom, double bedroom with fitted wardrobe, living room with American style kitchen and utility room on the roof terrace. This apartment has sound proof walls, pre installation for both air conditioning and so... For full information see website or contact:
Ref: AP0529 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

El Madronal, Apartment

€110,000
1 bed · Lovely one bedroom apartment in Central Adeje, conveniently situated for amenities, restaurants, transport and shops. The apartment comprises of bathroom, double bedroom with fitted wardrobe, living room with American style kitchen and utility room on the roof terrace. This apartment has sound proof walls, pre installation for both air conditioning and so... For full information see website or contact:
Ref: 4070 | Clear Blue Skies SL | 922 714 772

Adeje Town, Apartment

€110,000
2 bed · Apartment with 2 bedrooms, 1 bathroom, American kitchen, furnished with views. Close to everything. Ample parking in front. In quiet area with gardens. Ideal investment.
Ref: Adeje Pueblo | MK Properties | 922 751 | 630 994991

Callao Salvaje Area

OVER €350,000

Abama Golf Resort, Villa

€1,540,000
2 bed · A limited collection of 12 magnificent detached homes, each with private pool deck, Villas del Tenis offers the utmost in privacy and the most breathtaking views. Adjacent to the Annabel Croft Tennis Academy, encircled by the brilliant Dave Thomas golf course, Villas del Tenis will appeal to those who demand the best-of-the-best. Some villas comprise of... For full information see website or contact:
Ref: 7105 | Clear Blue Skies SL | 922 714 772

Playa Paraiso, Villa

€1,349,000
3 bed · Magnificent villa with its own private pool and a large terrace overlooking the ocean. This villa has 3 double bedrooms with fitted wardrobes, 2 bathrooms, toilet. The

main floor has the kitchen, living room, 2 bedrooms, 1 bathroom, 1 toilet and storage. On the first floor you will find the master ensuite bedroom with a beautiful terrace with spectacular... For full information see website or contact:
Ref: 7699C | Clear Blue Skies SL | 922 714 772

Abama Golf Resort, Townhouse

€1,280,000
3 bed · Recently completed luxury residence in the exclusive area of Abama Golf. Forming part of the new development known as Casas del Lago (The Lake Houses) this stylish home offers comfortable living in a beautiful surrounding. This 3 bedroom, 3 bathroom property is presented in a cool, modern stylish with interesting design choices throughout. There is a spac... For full information see website or contact:
Ref: 7664 | Clear Blue Skies SL | 922 714 772

Playa Paraiso, Villa

€1,250,000
7 bed · Beautiful villa located on the residential area of Playa Paraiso. This villa has been built on a plot of approx 1.200 m2 so it offers a very large outside area. The villa comprises of five double bedrooms with fitted wardrobes (master ensuite with jacuzzi bath) plus an extra room used as an office and a guest studio apartment. There is a very large indepe... For full information see website or contact:
Ref: 7514 | Clear Blue Skies SL | 922 714 772

Abama Golf Resort, Apartment

€720,000
2 bed · This gorgeous apartment is situated on the 3rd line of Abama Terraces, with panoramic views to the resort and the ocean. There are 2 spacious bedrooms, 2 bathrooms, built in wardrobes, an open plan modern kitchen and a large terrace which is partially covered. Buying in Abama Terraces you can enjoy all the facilities from the resort as: 24 hour reception... For full information see website or contact:
Ref: ROA2212 Sharon | 2nd Home Tenerife |

Callao Salvaje, House

€595,000
3 bed · Location: Quiet location · Close to: Transport · Views: Pool, La Gomera, Sea, Garden · Rooms: W. C., Bathroom, Fitted wardrobes, American Style Kitchen, Store rooms, Hall/Entrance · Quality: Newly built, Modern, Good condition, Unfurnished, Charming property, Quality construction · Features: Private swimming pool, Double Glazing · Outside: Garden, Sunny... For full information see website or contact:
Ref: 3V3306 | Hofman Estates | 922 777 747

Los Menores, House

€449,000
4 bed · Adeje: Fancy Villa with 4 Bedrooms, Separate Apartment and Pool in Scenic Location of Los Menores.
Ref: 20151199 | A1 Real Estate & Property Consultants | 922 729395

Playa Paraiso, Apartment

€367,500
3 bed · We offer for sale this spacious 100m² apartment in the complex Ocean Garden in Playa Paraiso. The property is in very good condition and newly renovated (2019). The apartment has 85m² and is located on the fifth floor. It comprises three double bedrooms, two bathrooms, an open American style kitchen and a living room with direct access to the balcony of 1... For full information see website or contact:
Ref: S1045 | FRINA Tenerife SL - Property Sales | 922 085 191

€349,999 - €250,000

Callao Salvaje, House

€315,000
3 bed · Location close to restaurants/bars/cafes, close to shops Views pool, sea, garden Additional viewing recommended Rooms ... For full information see website or contact:
Ref: 442-TH3 | Island Estates | 922 790 767

Playa Paraiso, House

€299,000
2 bed · Spacious detached house with garage on corner plot. Very large terrace with views. The Interior has 2 bedrooms, and large lounge. This house has a lot of potential. Complex with pool.
Ref: Paraiso | MK Properties | 922 751 630 994991

Callao Salvaje, Apartment

€264,000

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360
 Email: carolhale.tpp@gmail.com
 Web: www.tenerifeprimeproperty.com

2 bed

· Renovated two bedroom apartment located in the popular complex of Sueno Azul in Callao Salvaje. The property has been upgraded including new plumbing and electrics and comprises of an entrance hall, quality fully fitted kitchen with modern electrical appliances, spacious lounge with dining area, master bedroom with ensuite bathroom, second double bedroom... For full information see website or contact:
Ref: 7562C | Clear Blue Skies SL | 922 714 772

Ref: AP108-HP | Tenerife Belfin Properties | 692 146808

Callao Salvaje, Apartment

€235,000
2 bed · This apartment is located on the top floor and has a private terrace-solarium of 55m² surrounded by beautiful views of the ocean, the island of La Gomera, the Teide volcano and the mountains. The rest of the area is distributed as follows: In the lower part is the house, with a surface of 72m². It consists of a spacious



Playa Paraiso, Apartment

€263,000
2 bed · Beautiful, fully furnished 2 bed, 1 bath 1st floor apartment on sought after complex with heated pool and children's play area. This spacious property enjoys sea and mountain views, has a lounge/dining area, American-style fitted kitchen, large sunny terrace and a secure garage space and storeroom. Lifts throughout the complex. Community fees €57/month.
Ref: S-02 1401 | Tenerife Prime Property | 922 703 725

Playa Paraiso, Apartment

€261,000
2 bed · We have an exclusive 60m² apartment for sale in the El Horro complex, Playa Paraiso. It is distributed in two bedrooms, a bathroom, a semi-independent kitchen and a terrace of 16 m² overlooking the sea and the pool. The complex has a communal pool (heated). It is sold furnished with parking space included. Community fees are € 73 per month. IBI is € 354.
Ref: S1207 | FRINA Tenerife SL - Property Sales | 922 085 191

Playa Paraiso, Apartment

€257,800
3 bed · Nice corner apartment in

the complex El Horro overlooking the sea. A new and high quality resort in one of the best places in the South of Tenerife. Ideal for families. Close to shops and restaurants.
Ref: 3CDP0013 | Canarian Dream Properties | 922 793 960

€249,999 - €150,000

Callao Salvaje, Apartment

€249,000
1 bed · Lovely 1 bedroom apartment for sale in the popular Ocean Park complex in San Eugenio. The apartment is sold fully furnished and it has a good size sunny terrace with great views to the sea and the communal pool area. Excellent complex near all services!

Callao Salvaje, House

€178,000
2 bed · A house on 3 floors with large garage, 2 bedrooms, and 2 terraces with views. In very quiet area. Complex has heated pool, playground, and tennis court.
Ref: Pareada, Callao Salvaje | MK Properties | 922 751 | 630 994991

Playa Paraiso, Apartment

€175,000
1 bed · Spacious fourteen floor apartment ideally situated 200 mtrs from sea and beach. This property has been recently completely renovated on a very high standard. Brand new modern kitchen fully fitted and equipped lounge/diner area which leads onto a terrace with delightful sea views, 1 double bedroom with brand new wardrobes. The complex itself has a very nice... For full information see website or contact:
Ref: 7255 | Clear Blue Skies SL | 922 714 772

Ref: 7562C | Clear Blue Skies SL | 922 714 772

Callao Salvaje, Apartment

€139,000
1 bed · A rare opportunity to purchase a fantastic 1 bedroom apartment in the heart of Playa de las Americas, comprising a double bedroom with fitted wardrobes, fully fitted American style kitchen, living room with dining area, bathroom and terrace with nice pool views and coastal sea views.
Ref: 7553 | Clear Blue Skies SL | 922 714 772

Costa del Silencio Area

OVER €350,000

Las Rosas, Villa

€735,000
4 bed · Fantastic three storey property located in a very peaceful area close to Las Galletas. On the ground floor of this property there is a large indoor barbecue area with kitchen, wash room and WVC with access to the wrap around terrace. There is a small courtyard for outdoor dining that leads to a self contained apartment which can also be accessed from the m... For full information see website or contact:
Ref: CHA0441 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Palm Mar, Duplex

€550,000
3 bed · Ready to occupy this top floor duplex is situated on the recently completed Colinas de Menceyes complex in Palm Mar. Build to a high standard the property is distributed over two

Tijoco Bajo, Apartment

€189,000
2 bed · Brand new development in the quiet area of Tijoco Bajo, the

floors: lower level includes a modern kitchen, lounge, guest wick, two double bedrooms with fitted wardrobes and end-suite bathrooms, each with access to a terrace. Upstairs you ... For full information see website or contact:
Ref: 7703C | Clear Blue Skies SL | 922 714 772

Parque de la Reina, House

€472,000
5 bed · Belfin Property is proud to present for sale this lovely family home with an adjacent building plot. The house is built on 2 floors plus a roof terrace with utility room. Downstairs you have a large separate kitchen with a storage room. There is a guest bedroom and a bathroom with a sauna and also a guest toilet. The lounge is large (27 m²) and bright ... For full information see website or contact:
Ref: V401-BP | Tenerife Belfin Properties | 692 146808

Guargacho, Villa

€434,900
4 bed · DETACHED VILLA! RD Properties are pleased to present this wonderful family home only ten minutes away from Las Galletas. A detached villa built on two levels. Ground floor consisting of a large living room, separate kitchen fully equipped and a toilet. Big front garden and garage accessible from the living room. A huge back garden which can be used as your... For full information see website or contact:
Ref: GU314-434 | RD Properties | 922 732 862

Palm Mar, House

€425,000
3 bed · Three bed, three bath private detached villa in a secured and quiet location close to the sea. Garden with swimming pool and jacuzzi. The large roof terrace has mountains and sea views.
Ref: 1776 | Homes & Away | 922 737 044

Palm Mar, Townhouse

€408,000
3 bed · We are happy to offer for sale a house in Corazon de Palm Mar, in a quiet urbanization near the sea and all the infrastructure with bars, restaurants, supermarkets, hairdressers and gym. It is close to La Rasca Natural Reserve with trails and natural pools. Ideal for lovers of nature and sports. House is very sunny with private pool facing south, parkin... For full information see website or contact:
Ref: S1246 | FRINA Tenerife SL - Property Sales | 922 085 191

Costa del Silencio, House

€395,000
3 bed · This recently renovated house with high quality is located in a quiet area, but is attractive due to its accessibility and the nearby beach. The property ois divided in two floors. The ground floor has a spacious lounge with access to the sunny terrace. The kitchen is modern and has all the necessary accessories. In total there are three bedrooms, one que... For full information see website or contact:
Ref: ROA31040 | 2nd Home Tenerife |

Palm Mar, Apartment

€350,000
 Fantastic and spacious penthouse for sale in Palm-mar with large living area, fitted kitchen, 2 double bedrooms and 2 bathrooms, 2 large terraces with nice pool and sea views. Price includes a parking space. The residential complex has a heated pool and is located close to the sea.
Ref: RP237 | 2nd Home Tenerife |

Palm Mar, Apartment

€350,000
2 bed · Location- Quiet location- Close to shops- Residential area- Close to the coast- Close to transport- Central- Exclusive development- Close to amenities- Gated community- Close to

C.C. El Trebol, Local 37, Avda. J. A. Tavio, COSTA DEL SILENCIO, 38630, Tenerife. Est. 2007

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BARGAIN!

Costa del Silencio, Coral Mar
 Part-furnished 1 bed, 1 bath apartment located in popular complex with pool and Commercial Centre. The property has a lounge/diner, open kitchen and a 22sqm sunny terrace. Some refurbishment required.
Ref: 46-0220 €89,900

San Isidro, Lovely Townhouse
 Centrally-located townhouse on 3 floors: 1st floor: 1 bed, 1 bath, garage, storeroom and bar. 2nd floor: sep. kitchen, living room, good-sized terrace; Top floor: 3 beds and 2 baths (1 en suite). No community fees.
Ref: 65-0820 €195,000

Torviscas Alto, Terrazas del Conde I
 Magnificent 1 bed, 2 bath (1 en suite) apartment (originally 2 beds, but converted to a 1 bed) with open kitchen, spacious living room and 53sqm terrace with panoramic ocean views. Plus an extra 36sqm room. Parking space in underground garage.
Ref: 60-0620 €305,000

Palm Mar, Lovely 2 bed Bungalow
 1 bed, 1 bath bungalow with spacious lounge, sep.dining room, and sep.kitchen, on 3 sep. plots: Plot 1 (150sqm): 70sqm bungalow plus dining terrace with beautiful sea views. Plot 2: 164sqm garden; Plot 3: 164sqm with garage and spare room.
Ref: 59-0620 €569,000

Costa del Silencio, Amarilla Bay
 Ground floor apartment with 12sqm sunny terrace/garden on popular residential sea front complex with pool. The kitchen has been recently renovated. Internet through the community. Community fees: €110 every 2 months.
Ref: 57-0520 €119,000

SEA VIEWS!

Costa del Silencio, Balcon del Mar
 Well-maintained, fully furnished 1 bed, 1 bath apartment on lovely sea front complex with pools. The property has a lounge/diner, open plan kitchen and a sunny terrace with beautiful sae views.
Ref: 50-0320 €155,000

REDUCED!

Costa del Silencio, Costa Sol
 Lovely, fully furnished 2 bed ground floor apartment located in a complex with pool just a few steps from the sea front! The property has a semi-sep. kitchen, lounge/diner and a huge, sunny terrace (116sqm!).
Ref: 19-1019 €210,000

GREAT VALUE!

Costa del Silencio, Parque Don Jose
 Very nice, fully furnished 1 bed, 1 bath apartment on highly popular complex with beautiful pool area. The property has a lounge/dining room, open plan kitchen and sunny terrace overlooking the pool. Community Fees: €96 per month.
Ref: 39-0120 €119,000

Oroteanda Baja, Commercial Plot
 Commercial plot with construction (1,398sqm + 300sqm approx.). Previously operated as a meat factory. Plot category: Rural land with rural settlement but now accepted as an Industrial site which could be changed depending on the desired activity.
Ref: 55-0420 €265,000

Costa del Silencio, Balcon del Mar
 4 underground parking spaces available! Located beneath Balcon del Mar, close to La Baraca, La Hacienda, Parque Albatros etc. Access with a remote control.
Ref: 47-0220 €13,000

2 Bedroom in Playa Paraiso

REDUCED

- Paraiso II, Playa Paraiso
- 2 bedroom, 1 bathroom
- Private garage
- Ref: D1250
- Price: 207,000€

Sea View Plot with Project in La Caleta

- Plot: 2.500 m2
- Building license
- No building obligation
- Ref: D1253
- Price: 1,500,000€

Bright and spacious apartment located close to the beaches and restaurants. It is on the ground floor and has a large terrace with sea views. The 2 bedrooms have fitted wardrobes and the living room has a fully equipped American style kitchen. Moreover, it has a private closed garage.

This land in La Caleta is 2.500m² and has a building project of a villa of 375m² with a basement of 185m². Nevertheless, the basement can be extended to up to 1.000m². The current project is a modern villa however, there is no building obligation on the plot.

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CC Puerto Colón, 1st Floor, local 213, 38660 Adeje

FRINA Tenerife S.L.
 Business & Property Agency

restaurants/bars/cafes/Views- La gomera- Pool- SeaAdditional- Viewing recommendedRooms- Bathroom- Fitted wardrobes- Lounge and dining area- W. c. Quality- Built to a high standard... For full information see website or contact:
Ref: 504-D2 | Island Estates | 922 790 767

€349,999 - €250,000

Costa del Silencio, House
€340,000
6 bed · Large house in popular area of Costa del Silencio which is on 3 floors. There are 6 bedrooms, 3 bathrooms, separate fitted kitchen, lounge, various terraces, patios and large car port. This property needs some work but has lots of potential to be a fabulous family home.
Ref: S-06 1314 | Tenerife Prime Property | 922 703 725

Palm Mar, Apartment
€330,000

2 bed · Beautiful, bright and spacious two bedroom, two bathroom apartment on the modern Las Olas complex which stands at the entrance to Palm Mar. A short walk takes you to the sea front and all of the amenities that this up and coming village has to offer. There are two terraces, one that overlooks the swimming pool. The property is sold fully furnished and the ... For full information see website or contact:
Ref: PMSR0051 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Palm Mar, Apartment
€310,000

1 bed · Luxury apartment on the prestigious Bahía de Los Menceyes in the tranquil coastal village of Palm Mar. The apartment has one bedroom with an en suite bathroom which includes jacuzzi bath and double sink, separate shower and WC. There is a second bathroom with shower. The kitchen is well appointed with modern, high quality appliances. The property is situated in a quiet area. For full information see website or contact:
Ref: PMSR0068 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Palm Mar, Apartment
€275,000

2 bed · Spacious 2 bedroom, 2 bathroom apartment on the well run complex of Las Laderas del Palm Mar. The property benefits from a large, sunny roof terrace as well as a terrace leading from the lounge on the lower level. The apartment overlooks the attractive pool area and there is a partial sea view. Sold fully furnished.
Ref: PMSR0076 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Palm Mar, Apartment
€275,000

2 bed · Beautifully presented bright and spacious two bedroom, two bathroom apartment in the lovely coastal village of Palm Mar. The apartment is furnished to a high standard and all furniture is included in the sale price. The property boasts marvelous views over the village and out to sea. The very large rooftop solarium has the benefit of all day sunshine. View... For full information see website or contact:
Ref: PMSR0058 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Parque de la Reina, Semi-Detached House
€273,000

3 bed · 3 bedroom 2 bathroom detached house close to Parque de La Reina.
Ref: 30823 | Crown Property Services | 922 176 883

€249,999 - €150,000

Costa del Silencio, Apartment
€199,950
3 bed · Lovely, fully furnished, 3 bed, 2 bath apartment on popular complex in the heart of Costa del Silencio. There is a separate fully fitted kitchen and 2 large terraces. There is also 2 parking spaces included in the price.
Ref: S-03 1215 | Tenerife Prime Property | 922 703 725

Palm Mar, Apartment
€195,000

2 bed · Lovely two bed property for sale in Palm-mar, the apartment is being sold fully furnished, ready to move in. Located on the Primavera complex, the property is on the second floor with a community lift and pool. The complex is very well maintained with a lot of garden area surrounding the pool. Gated

Tenerife Prime Property
Tel: 922 703 725 / 627 230 360
Email: carolhale.tpp@gmail.com
Web: www.tenerifeproperty.com

enclosure with security. Palm-mar is an exclusive area w... For full information see website or contact:
Ref: PM091-RP195 | RD Properties | 922 732 862

Palm Mar, Apartment
€189,000

2 bed · Location quiet location, residential area, central, close to amenities, close to town Rooms independent kitchen, lounge and dining area, utility room, additional store rooms, bathroom, fitted wardrobes Quality ... For full information see website or contact:
Ref: 449-A2 | Island Estates | 922 790 767

Palm Mar, Apartment
€185,000

1 bed · Spacious one bedroom, one bathroom overlooking the pool on this well run complex in Palm Mar. Just a short stroll to the sea front and all of the amenities that this lovely coastal village has to offer. There is the advantage that the owners have secured a Vivienda Vacacional licence so the property is ready for seasonal lettings. Sold fully furnished... For full information see website or contact:
Ref: PMSR0078 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Palm Mar, Apartment
€179,995

1 bed · Delightful one bedroom apartment on the well run complex of Laderas del Palm Mar. With views of the lovely pool area the apartment is bright and spacious.

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 ✓ Bobath Method ✓ Functional Recovery
 ✓ Perretti Method ✓ Electrotherapy
 Ma Milagros Sancho Martin, Col. No: 117 Carretera General Guaza, No 9, GUAZA Monday - Friday 9am - 1pm, 3pm - 6pm

The complex is within a short stroll to the many amenities the charming coastal village of Palm Mar has to offer.
Ref: PMSR0067 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Las Rosas, Apartment

€178,000
3 bed · We offer for sale this apartment of 102m2 on the second floor in the complex Las Rosas, Las Rosas/Arona. The apartment consists of three bedrooms, two bathrooms (one en-suite), living room, a separate kitchen and two balconies of total 6m2. It is sold fully furnished. There is a closed garage included of 12m2. The community fee is 57€ per month.
Ref: D1209 | FRINA Tenerife SL - Property Sales | 922 085 191

Costa del Silencio, Apartment
€169,000

2 bed · Lovely ground floor apartment in Garanana. This apartment has been recently renovated and comprises of two double bedrooms with fitted wardrobes, bathroom, open plan fully fitted kitchen, living room with dining area and two large terraces

Costa del Silencio, Apartment
€169,000
2 bed · Lovely ground floor apartment in Garanana. This apartment has been recently renovated and comprises of two double bedrooms with fitted wardrobes, bathroom, open plan fully fitted kitchen, living room with dining area and two large terraces

and a storage area. Easy access to the property, ideal for those with mobility issues. Located close to Costa del Sil... For full information see website or contact:
Ref: 6898 | Clear Blue Skies SL | 922 714 772

Palm Mar, Apartment
€168,000

2 bed · Apartment for sale in complex in Palm Mar, in Arona municipality. This apartment comprises of two bedrooms, bathroom, open plan fitted kitchen, living room and terrace. Sold unfurnished. Garage space and storage room in the underground parking included in the price. Palm Mar is a desirable area on the coast in constant expansion.
Ref: 6982 | Clear Blue Skies SL | 922 714 772

Costa del Silencio, Apartment
€157,750

1 bed · Lovely, fully furnished 1 bed, 1 bath ground floor apartment with good size lounge, fully equipped American style kitchen and huge terrace. Lovely community swimming pool.
Ref: S-01 1316 | Tenerife Prime Property | 922 703 725

Las Rosas, Apartment
€155,000

2 bed · RD Property presents a 2 bedroom apartment for sale in Las Rosas. This property comprises of two bright bedrooms, one bathroom complete with bath, an independent kitchen, living-dining room and terrace. Included in the price there

€152,000
2 bed · Two bedroom apartment located on the first floor with garden views. Large living dining room with enclosed balcony for an additional sitting area, independent fitted kitchen and washing room, two double bedrooms the master with ensuite and further family bathroom, both bedrooms have fitted wardrobes. The property also comes with a parking space and large ... For full information see website or contact:
Ref: AP0521 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

€149,999 - €100,000

Palm Mar, Apartment
€149,995

1 bed · Spacious 1 Bedroom apartment with views over Palm Mar and the complex swimming pool. The property is immaculate and furnished to a good standard. There is the additional benefit of a private storeroom. The complex is situated in the heart of Palm Mar, close to all of the amenities on offer and just a short stroll to the seafront.
Ref: PMSR0075 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Palm Mar, Apartment
€145,000

1 bed · Fantastic one bedroom apartment in the area of El Palm Mar. This apartment consists of a spacious living room with American style kitchen and patio doors to the balcony. Good sized double bedroom with fitted wardrobes and family bathroom. Palm Mar is a 10 minute drive to Los Cristianos and has a good selection of bars, restaurants and supermarkets in the ... For full information see website or contact:
Ref: AP0552 | Tenerife Island

Costa del Silencio, Apartment
€139,950

Belfin Property offers for sale this

Studio 4 Decor
NEW STORE NOW OPEN!
 ACROSS THE ROAD FROM OUR OLD ONE IN LOS ABRIGOS
 SEE OUR MAIN ADVERT ON PAGE 34

Rentals and Buy Tenerife | 922 797 438

Costa del Silencio, Apartment
€142,000

1 bed · We offer for sale this apartment of 52m2 in the Balcon del Mar complex, Costa del Silencio. The apartment is distributed in one bedroom, one bathroom, an American kitchen, a living room and a terrace. There are views of the community swimming pool. The community fees are 72€ per month.
Ref: S1176 | FRINA Tenerife SL - Property Sales | 922 085 191

Garanana, Apartment
€140,000

2 bed · This two bedroom apartment, which is sold fully furnished, has one bathroom, open plan kitchen, living room and terrace with a pleasant outlook of mountain and the local park. Residencial Perlas del Caribe is a nice small complex with childrens playground and sports area within walking distance. It is ideal either for residents or perhaps someone looking to... For full information see website or contact:
Ref: 7480 | Clear Blue Skies SL | 922 714 772

Costa del Silencio, Apartment
€139,000

1 bed · Apartment in Costa del Silencio, on the seafront, in the

Parque de la Reina, Apartment

Rocas del Mar residence. If you want to live in the south of Tenerife, near the beach and the airport, this is the apartment you are looking for. Comfortable, cozy and central, this one bedroom apartment is ideal for holidays or for living. It consists of a bedroom, a kitchen, a living room, a bath... For full information see website or contact:
Ref: CDS031-RDM139 | RD Properties | 922 732 862

Parque de la Reina, Apartment
€130,000

2 bed · AVAILABLE FOR LONG TERM RENTAL FROM JULY 2019. Two bed two bath apartment located in the Moncayo complex in Parque De La Reina. This is a popular residential town which is just 5 minutes drive to Los Cristianos. The apartment has an independent fully fitted kitchen, both bedrooms are of double size with fitted wardrobes, there is a small balcony from the ... For full information see website or contact:
Ref: AP0269 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Costa del Silencio, Apartment
€130,000

2 bed · Apartment for sale in Guayota, Costa del Silencio. The property consists of two bedrooms, one bathroom, a kitchen, lounge area and it is situated on the second floor with NO lift. There is also a spacious terrace. The property is located in a very calm area. Only 5 minutes away from Las Galletas and close to all amenities such as supermarkets, bars and res... For full information see website or contact:
Ref: CDS031-EG155 | RD Properties | 922 732 862

Costa del Silencio, Apartment
€119,950

Belfin Property offers for sale this

El Fraile, Apartment
€74,000

2 bed · Lovely apartment for sale in El Fraile. The apartment consist of two bedrooms, one of which is a double room and the other a single, a bathroom, a large living room and a fully equipped kitchen. The apartment also has a balcony. This property is spread across a total area of 53 sqm and will be sold fully equipped. Located just 50 meters from Las Galletas ... For full information see website or contact:
Ref: EF56-GC74 | RD Properties | 922 732 862

El Fraile, Apartment
€69,000

1 bed · Completely renovated studio and fully furnished with a modern touch, this is a fantastic apartment measuring 32sqm, with plenty of natural light giving you the sensation of a much larger space. The apartment consists of a living room, kitchen, one bedroom and a bathroom. It is strategically positioned on the second floor overlooking the sea, in the El Fra... For full information see website or contact:
Ref: EF07-CO75 | RD Properties | 922 732 862

Parque San Eugenio, San Eugenio
€249,000

2 bed · 2 bedroom apartment with garden views. Large living dining room with enclosed balcony for an additional sitting area, independent fitted kitchen and washing room, two double bedrooms the master with ensuite and further family bathroom, both bedrooms have fitted wardrobes. The property also comes with a parking space and large ... For full information see website or contact:
Ref: S1176 | FRINA Tenerife SL - Property Sales | 922 085 191

Las Galletas, Apartment
€110,000

1 bed · 3rd floor 1 bedroom, 1 bathroom apartment with lounge and American style kitchen with a large sunny terrace and fabulous sea views and very low community fees.
Ref: S-01 843 | Tenerife Prime Property | 922 703 725

Costa del Silencio, Apartment
€99,999 - €50,000

Costa del Silencio, Apartment
€110,000

1 bed · Fantastic, fully furnished, 1 bedroom, 1 bathroom apartment with extra-large terrace and great sea views. Well-run complex with pool Ideal holiday home/investment.
Ref: BaldeMar | MK Properties | 922 751 / 630 994991

€99,999 - €50,000

Costa del Silencio, Apartment
€95,000

1 bed · Apartment in the Palia don Pedro complex, Costa del Silencio. It consists of a bedroom, kitchen, living room, bathroom and terrace overlooking the garden. The apartment is on the first floor and the complex is well maintained and has a pool.
Ref: S988 | FRINA Tenerife SL - Property Sales | 922 085 191

Costa del Silencio, Apartment
€80,000

Ground floor studio apartment being sold fully furnished with lounge, American style fully fitted kitchen and an enclosed terrace made into bedroom area.
Ref: S-00 1358 | Tenerife Prime Property | 922 703 725

El Fraile, Apartment
€79,900

2 bed · Fabulous bright and spacious one-bedroom apartment located in the municipality of Arona, specifically in the town of El Fraile, with easy access to the main road, with all the services nearby, and very close to the beach of Las Galletas and El Palmer. The apartment consists of 55m2, distributed in a living room, a fully equipped kitchen, a bathroom with ... For full information see website or contact:
Ref: EF57-CE79 | RD Properties | 922 732 862

El Fraile, Apartment
€74,000

2 bed · Lovely apartment for sale in El Fraile. The apartment consist of two bedrooms, one of which is a double room and the other a single, a bathroom, a large living room and a fully equipped kitchen. The apartment also has a balcony. This property is spread across a total area of 53 sqm and will be sold fully equipped. Located just 50 meters from Las Galletas ... For full information see website or contact:
Ref: EF56-GC74 | RD Properties | 922 732 862

Villamar, San Eugenio
€279,000

1 bedroom, 1 bathroom apartment on front line. Sea views.

Parque San Eugenio, San Eugenio
€249,000

2 bedroom, 1 bathroom bungalow.

El Fraile, Apartment
€69,000

1 bed · REDUCED FROM 79,000€ Bright apartment in El Fraile, central zone, close to the sea and all the services. This apartment is located on the ground floor, in a very quiet area, of 52 sqm, consists of a bedroom, a full open kitchen, a living room, a bathroom and a patio. The apartment is ready to enter and is finished in every detail. Do not hesitate to contact... For full information see website or contact:
Ref: EL05-LC79 | RD Properties | 922 732 862

Las Galletas, Apartment
€110,000

1 bed · 3rd floor 1 bedroom, 1 bathroom apartment with lounge and American style kitchen with a large sunny terrace and fabulous sea views and very low community fees.
Ref: S-01 843 | Tenerife Prime Property | 922 703 725

Costa del Silencio, Apartment
€99,999 - €50,000

Parque de la Reina, Apartment



ENGLISH / ESPAÑOL / FRANÇAIS / ITALIANO - 608 573 443 **Контактный телефон для русскоговорящих - 648 525 024**

SEPTEMBER OFFERS!

Parque San Eugenio, San Eugenio
NEW INSTRUCTION!

 1 bedroom, 1 bathroom apartment with terrace.
€169,500 **Ref: N1401**

Panorama, San Eugenio Bajo

 Studio apartment with sea views.
€155,000 **Ref: A432**

Los Geranios, San Eugenio

 Studio apartment with pool views.
€160,000 **Ref: A440**

Villamar, San Eugenio

 1 bedroom, 1 bathroom apartment on front line. Sea views.
€279,000 **Ref: N1394**

Parque San Eugenio, San Eugenio

 2 bedroom, 1 bathroom bungalow.
€249,000 **Ref: T1124**

Edificio Sonja, Los Menores

Las Brisas, San Eugenio Alto

 2 bedroom, 2 bathroom apartment.
€195,000 **Ref: T1188**

Mirador del Atlantico, Chayofa

OPPORTUNITY!
 2 bed, 2 bath apartment. Garage space and storeroom.
€175,000 **Ref: T1191**

Club Atlantis Bungalows, Puerto Colon

 2 bedroom, 1 1/2 bathroom duplex bungalow. Sea views.
€290,000 **Ref: T1175**

Sun Villas, San Eugenio Alto

NEW INSTRUCTION!
 3 bedroom, 2 bathroom duplex with 2 terraces.
€315,000 **Ref: I1316**

Detached villa, Palm Mar

 4 bedroom, 4 bathroom villa on sea front.
€995,000 **Ref: I1265**

PROPERTIES ARE IN DEMAND! WE OFFER A FREE VALUATION!

SPECIAL OFFER: ENERGY EFFICIENCY CERTIFICATES PLEASE CALL US FOR MORE INFORMATION!

Borinquen, San Eugenio

 Fully refurbished and spacious studio apartment in centrally situated complex. This light and airy apartment is in an elevated position on the complex and enjoys lovely sea views from the terrace. There is a lift up to the apartment and the complex also has a reception communal swimming pool and pool bar. It is only a few minutes' walk from the sea front and the Playa Troya Beach. The complex has a private car park and the apartment is to be sold fully furnished.
€152,000 **Ref: A433**

Translators available for any other languages.

Tel: 922 724 110 • Sales: Lynne: 699 250 870 Rachel: 608 573 443
Local 3, C.C. Palo Blanco, San Eugenio, Adeje 38660, Playa de las Americas
www.tenerifeproperties.net • lynne@tenerifeproperties.net

OWNER

Lynne Leadbetter

SALES

Lewis Leadbetter

SALES MANAGER

Rachel Rogers

SECRETARY

Sandra Robles Budi

Sur Area

OVER €350,000

Golf del Sur, Semi-Detached House

€599,500

7 bed · Belfin Property is proud to offer for sale this superb investment opportunity, consists of recently completed 7 bedroom villa with a built surface of 252 m², on a spacious plot of 1,000 m², with a 9m x 6m private swimming pool. Ground floor consists of 4 bedrooms all with en-suite wet room style bathrooms and a huge 65 m² open plan lounge with feature ki... For full information see website or contact: **Ref: V425-BP | Tenerife Belfin Properties | 692 146808**

Golf del Sur, House

€599,000

3 bed · Immaculate villa on the exclusive Alamos Park development of Golf del Sur. This spacious villa offers bungalow style living and consists of a separate fully fitted kitchen, spacious lounge diner and large conservatory/2nd lounge. The master bedroom benefits from fitted wardrobes, a large en-suite bathroom with sauna and Jacuzzi unit, the second bedroom al... For full information see website or contact: **Ref: 5984 | Clear Blue Skies SL | 922 714 772**

Golf del Sur, House

€595,000

4 bed · Villa on one level (400m²) with 4 bedrooms 3 bathrooms, 2 living rooms, very large, heated indoor pool, gardens and much more at a bargain price. **Ref: Alamos Park | MK Properties | 922 751 / 630 994991**

Golf del Sur, House

€525,000

4 bed · Large family villa in the exclusive Alamos Park area of Golf del Sur. Standing on a plot of 1000m² this beautiful villa is built to a high specification and comprises of a bright entrance hall leading to a superb independent fully fitted and equipped kitchen, a large lounge with 2 sets of patio doors leading onto a gorgeous terrace/garden area. Opposite t... For full information see website or contact: **Ref: 7144 | Clear Blue Skies SL | 922 714 772**

El Medano, Apartment

€525,000

4 bed · 4 bed, 3 bath semi-detached house with sea view in a popular area. Integrated garage. **Ref: 1763 | Homes & Away | 922 737 044**

Amarilla Golf, House

€465,000

4 bed · Location- Close to the coast- Golf course- Residential area- Close to airport/Views- Pool- Golf- Mountain Rooms- Bathroom- Independent kitchen Quality- Good condition- Well presented Features- Air conditioning- Private swimming pool Parking- Double garage. **Ref: 529-TH4 | Island Estates | 922 790 767**

Amarilla Golf, Villa

€430,000

4 bed · For sale this spectacular, independent villa of 490m² in Amarilla Golf. The plot built is 350m² and divided into four bedrooms, one with en suite bathroom and dressing room, plus three bathrooms. There is an open kitchen, a dining room and a spacious living room. The villa has balconies with sea view and a large terrace with swimming pool and private gard... For full information see website or contact: **Ref: S1137 | FRINA Tenerife SL - Property Sales | 922 085 191**

Amarilla Golf, House

€390,000

4 bed · For sale 9 attractive detached villas in Green South Villas, Amarilla Golph. It has an emblematic design. To build these properties, natural materials have been used that are in harmony with the surrounding landscape. The design of the villas and how they fit into their location creates an atmosphere of tranquility that will allow you to enjoy their terrac... For full information see website or contact: **Ref: ROA4135 | 2nd Home Tenerife |**

Amarilla Golf, House

€390,000

4 bed · Belfin Property is proud to present this new luxury development located on the south coast of Tenerife at the Amarilla Golf urbanization. Just 9 brand new detached villas are available for discerning buyers, at exceptional prices. Green South Villas enjoy spectacular views of the golf course and the mountains. Each villa has four bedrooms, three bathrooms... For full information see website or contact: **Ref: V428-BP | Tenerife Belfin Properties | 692 146808**

Amarilla Golf, Villa

€360,000

2 bed · Immaculate, open plan, two bed, two bath (one en-suite) villa with air conditioning, driveway, gardens front and rear, private swimming pool and large entertainment area. Close to the golf course. **Ref: 2059 | Homes & Away | 922 737 044**

Amarilla Golf, Apartment

€349,999 - €250,000

Amarilla Golf, Apartment

€319,000

3 bed · Spacious three bed reverse plan duplex apartment with roof terrace and large garden backing the golf course. Panoramic views. **Ref: 2095 | Homes & Away | 922 737 044**

Amarilla Golf, Penthouse

€295,000

2 bed · Location: Close to restaurants/bars/cafes, Gated community, Golf development, Quiet location, Residential area. Views: Garden, Mountain, Sea. Additional: Viewing recommended. Rooms: Fitted wardrobes, Independent kitchen, Lounge and dining area, Bathroom, Ensuite. Quality: Modern, Part furnished, Quality residence, Bright, Built to a high standard. Outside... For full information see website or contact: **Ref: 578-A2 | Island Estates | 922 790 767**

Amarilla Golf, House

€295,000

3 bed · Modern three bed, two 1/2 bath terraced villa built on high standards with back patio, terrace overlooking the pool and large double garage. **Ref: 2023 | Homes & Away | 922 737 044**

Golf del Sur, House

€275,000

2 bed · Two bed, two bath chalet/ bungalow with sea views and private garden. Close to all amenities. **Ref: 1894 | Homes & Away | 922 737 044**

Golf del Sur, Bungalow

€269,000

2 bed · Large, fully refurbished 2 bed, 2 bath bungalow-style villa on popular complex with community swimming pool. The property has a new modern kitchen with white goods, new floor tiling throughout, new bathrooms and electrics. There is a large lounge/dining room, American-style kitchen, a huge private back garden with large patio and a private roof terrace wi... For full information see website or contact: **Ref: 1894 | Homes & Away | 922 737 044**

Ref: S-02 1382 | Tenerife Prime Property | 922 703 725

Llano del Camello, House

€266,900

3 bed · Spacious 3/4 bed, 2 bath townhouse with front and rear terrace and large integrated garage on residential complex. Ideal family home! **Ref: 1935 | Homes & Away | 922 737 044**

El Medano, Duplex

€265,000

2 bed · 265.000€ Duplex con terraza mas azotea privada y VISTAS AL MAR. Vivienda de 2 dormitorios dobles y 2 baños, se encuentra el residencial Los Martines que cuenta con con piscina, zona de juegos infantil y pistas de paddle. Se trata de un duplex con azotea privada y vistas inmejorables. Frente a la playa del Cabez y a 10 minutos caminando del centro de El Mè... For full information see website or contact: **Ref: CP2081 | Crown Property Services | 922 176 883**

Golf del Sur, House

€265,000

3 bed · Reduced by 10,000 Euros - 3 bedroom Bungalow with lovely views to the golf course, mountains

Amarilla Golf, Villa

€360,000

2 bed · Immaculate, open plan, two bed, two bath (one en-suite) villa with air conditioning, driveway, gardens front and rear, private swimming pool and large entertainment area. Close to the golf course. **Ref: 2059 | Homes & Away | 922 737 044**

Amarilla Golf, Apartment

€349,999 - €250,000

Amarilla Golf, Apartment

€319,000

Amarilla Golf, Penthouse

€295,000

Amarilla Golf, House

€295,000

Amarilla Golf, Apartment

€265,000

Ref: 2067 | Homes & Away | 922 737 044

Golf del Sur, Apartment
€136,000

1 bed · Location: Close to amenities, Close to restaurants/bars/cafes, Close to transport, Popular urbanisation, Central. Views: Garden. Additional: Viewing recommended. Rooms: American style kitchen, Bathroom, Fitted wardrobes, Lounge and dining area. Quality: Well presented, Built to a high standard, Modern, Refurbished, Renovated, Spacious, Bright. Outsid... For full information see website or contact:
Ref: 583-A1 | Island Estates | 922 790 767

Amarilla Golf, Apartment
€132,000

1 bed · Lovely, fully refurbished, unfurnished 1 bed, 1 bath 2nd floor apartment on popular complex with pool and bar/restaurant, close to the San Miguel Marina and coast. The property, which enjoys views over the golf course to the sea, has a lounge/dining area, American-style fitted kitchen and a terrace which can be closed off to create additional living space... For full information see website or contact:
Ref: S-01 1400 | Tenerife Prime Property | 922 703 725

Amarilla Golf, Apartment
€132,000

1 bed · Lovely, fully refurbished, unfurnished 1 bed, 1 bath 2nd floor apartment on popular complex in Amarilla Golf with pool and bar/restaurant, close to the San Miguel Marina and coast. The property, which enjoys views over the golf course to the sea, has a lounge/dining area, American-style fitted kitchen and a terrace which can be closed off to create additi... For full information see website or contact:
Ref: AP0557 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Golf del Sur, Apartment
€100,000

Spacious, newly refurbished and furnished 1 bed, 1 bath top floor apartment on popular complex with pool, close to all amenities. This property is one of the large 1 beds on the complex which has a large bedroom and an alcove, which many people make into a second bedroom. Lounge/diner and nice terrace with sea views. Extras incl. aircon.
Ref: S-01 1388 | Tenerife Prime Property | 922 703 725

Golf del Sur, Apartment
€131,900

1 bed · We are pleased to offer a selection of one and two bedroom apartments in this fantastic complex. Each apartment has bedroom, bathroom, living room with American style kitchen and balcony or roof terrace. With lift access to all floors, these apartments have sea and pool views and top floor apartments have a roof terrace to enjoy 360° views. The complex ha... For full information see website or contact:
Ref: AP0555 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Golf del Sur, Apartment
€126,000

1 bed · We offer for sale this cozy apartment 50m2 in the residence complex Parque Albatros, Amarilla Golf. The apartment is on the third floor with beautiful views of the ocean! The flat consists of one bedroom, living room, kitchen, one bathroom and terrace of 10 m2. The complex is with community pool. And the community fees is 110€ per month.
Ref: S1112 | FRINA Tenerife SL - Property Sales | 922 085 191

Golf del Sur, Apartment
€116,000

1 bed · Recently refurbished and furnished 1 bed, 1 bath ground floor apartment overlooking the golf course. The property has a lounge/dining area, American-style fitted kitchen and a large sunny terrace. This popular complex has a lovely pool area with spectacular sea and coastal views, restaurant, Dive Shop and is situated very close to the San Blas Commercial... For full information see website or contact:
Ref: S-01 1413 | Tenerife Prime Property | 922 703 725

Amarilla Golf, Apartment
€112,000

1 bed · Location: Gated community, Close to amenities, Close to restaurants/bars/cafes, Close to the coast, Close to the harbour, Exclusive development, Central. Views: Golf, Mountain. Additional: Limited availability, Viewing recommended. Rooms: Bathroom, Fitted wardrobes, Lounge and dining area, American style kitchen. Quality: Quality construction, Well present... For full information see website or contact:
Ref: 566-A1 | Island Estates | 922 790 767

Golf del Sur, Apartment
€111,500

1 bed · Spacious, newly refurbished and furnished one bed, one bath top floor apartment on popular complex with pool, close to all amenities. This property is one of the large 1 beds on the complex which has a large bedroom and an alcove, which many people make into a second bedroom. Lounge/diner and nice terrace with sea views. Air conditioned property with sea ... For full information see website or contact:
Ref: AP0557 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

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Ref: S-01 1388 | Tenerife Prime Property | 922 703 725

Studio for sale in Green Park, Golf Del Sur. The property consists of a kitchen, a bathroom with bathtub, a space for a double bed and a living room that leads out to a cozy terrace. The apartment is ready to be furnished to your liking. The studio itself is located in the shade and therefore perfect for keeping cool during the summer months. Green Park l... For full information see website or contact:
Ref: CDS86-GP79 | RD Properties | 922 732 862

Las Americas Area
OVER €350,000

Roque del Conde, Villa
€1,950,000

7 bed · Belfin Property is proud to present for sale this fabulous 7 bedroom villa with fantastic views to the coast and the ocean! Finished in 2009, it was completely refurbished, fully furnished and decorated in 2017 for holiday rental with a proper AV holiday rental permit. This villa occupies a plot of 835 square meters situated in the popular urban... For full information see website or contact:
Ref: V431-BP | Tenerife Belfin Properties | 692 146808

Torviscas Alto, Villa
€1,350,000

3 bed · Off plan opportunity to purchase a spacious contemporary villa with private pool in the quiet Roque del Conde area of Torviscas. The villa forms part of the Villa16 project comprising of 16 detached luxury villas enjoying breath-taking views over Costa Adeje. A modern living space distributed over 2 floors and offering a fully equipped open plan kitchen a... For full information see website or contact:
Ref: 7638 | Clear Blue Skies SL | 922 714 772

San Eugenio Bajo, Villa
€800,000

5 bed · Detached villa in San Eugenio: 5 double bedrooms 4 bathrooms of which 2 en suite, entrance hall, kitchen, laundry, private pool of 12 square meters. 3 terraces one of them 96 square meters with 360 degree view. The house overlooks the sea and is a 7-minute walk from Bobo Beach and the Casino. It has a jacuzzi for 6 people and parking for 2 cars with auto... For full information see website or contact:
Ref: V403-HP | Tenerife Belfin Properties | 692 146808

Las Americas, Apartment
€720,000

2 bed · The Terraces of Abama is the ultimate luxury development in the Canary Islands. It has been especially designed and created offering the concept of true exclusivity as is befitting of the luxury Abama brand. Clear Blue skies are happy to present for sale the second phase of development which shall be divided into three terraces, each containing a

Roque del Conde, Townhouse
€395,000

4 bed · We are pleased to offer a lovely fully equipped townhouse in complex Alto de Roque in Roque del Conde. This townhouse of 156

Torviscas Alto, House
€695,000

4 bed · Offering delightful views this detached Andalusian style villa is situated in a prestigious area of San Eugenio Alto. Spread over 3 floors the property boasts a large living area comprising of an independent fully fitted and equipped kitchen, utility area, lounge with dining area and shower room on the ground floor, upstairs there are 3 double bedrooms (o... For full information see website or contact:
Ref: 7147 | Clear Blue Skies SL | 922 714 772

San Eugenio Alto, House
€690,000

3 bed · Luxury house with 3 bedrooms 3 bathrooms, independent kitchen, bright lounge, large private garden, terrace and large Jacuzzi. Spacious office and storage. Garage for 2 cars. Panoramic views to coast.
Ref: Sunil | MK Properties | 922 751 / 630 994991

Roque del Conde, Townhouse
€399,950

4 bed · Magnificent semi-detached townhouse for sale in Adeje, in the area of San Eugenio Alto. Located in one of the most prestigious areas of Adeje, the house has a living area of 203m2 and 100m2 of garden. On the main floor we find the open plan kitchen, a full bathroom, a large bedroom, the living room with two accesses to the garden part. In the 100m2 outsid... For full information see website or contact:
Ref: S1168 | FRINA Tenerife SL - Property Sales | 922 085 191

Roque del Conde, Townhouse
€399,950

2 bed · We offer for sale this detached penthouse of 75m2 in Roque del Conde, Troviscas Alto. The apartment consists of two bedrooms, two bathrooms, an open kitchen and a living room that reaches the terrace of 35m2 with incredible views of the Ocean. There is a parking space is 100€ per month (excl. water and electricity).
Ref: S1146 | FRINA Tenerife SL - Property Sales | 922 085 191

selectio... For full information see website or contact:
Ref: 5484 | Clear Blue Skies SL | 922 714 772

Torviscas Alto, House
€695,000

4 bed · Offering delightful views this detached Andalusian style villa is situated in a prestigious area of San Eugenio Alto. Spread over 3 floors the property boasts a large living area comprising of an independent fully fitted and equipped kitchen, utility area, lounge with dining area and shower room on the ground floor, upstairs there are 3 double bedrooms (o... For full information see website or contact:
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Ref: Sunil | MK Properties | 922 751 / 630 994991

Roque del Conde, Villa
€1,950,000

m2 is prepared to welcome a family for a holiday, longer stay or as an investment. The living room offers a large space with comfortable sofa beds and a dining The modern architecture in combination with the palm trees provides an i... For full information see website or contact:
Ref: D1242 | FRINA Tenerife SL - Property Sales | 922 085 191

Roque del Conde, House
€365,000

4 bed · Magnificent house on corner plot. 4 bedrooms, 3 bathrooms. Lounge, dining area, independent kitchen, garage for 3 cars. Large terrace and private garden. All with excellent views. Complex with pool.
Ref: Corner | MK Properties | 922 751 / 630 994991

Las Americas, Apartment
€299,000

3 bed · Beautifully refurbished, three bed, one bath apartment in central location, close to the beach. Large terrace offering good ocean and La Gomera views.
Ref: 2086 | Homes & Away | 922 737 044

Puerto Colon, Bungalow
€298,000

1 bed · Opportunity to purchase an attractive bungalow in the front line resort of Club Atlantis. This one bedroom, 2 bathroom duplex style property that has been completely reformed throughout. The bedroom

Roque del Conde, Duplex
€265,000

2 bed · We offer for sale this detached penthouse of 75m2 in Roque del Conde, Troviscas Alto. The apartment consists of two bedrooms, two bathrooms, an open kitchen and a living room that reaches the terrace of 35m2 with incredible views of the Ocean. There is a parking space is 100€ per month (excl. water and electricity).
Ref: S1146 | FRINA Tenerife SL - Property Sales | 922 085 191

Las Americas, Apartment
€265,000

3 bed · 3 bedroom, 2 bedroom apartment in Palmeras Del Sur, located in the heart of San Eugenio Bajo.
Ref: 11292 | Tenerife Properties | 630 372702

San Eugenio Bajo, Apartment
€260,000

2 bed · We are happy to offer for sale a very nice two bedroom apartment on the popular complex of Island Village in San Eugenio. Consisting of 2 double bedrooms, 1 bathroom, open plan kitchen, spacious lounge and front terrace that benefit from all day sunshine. There are bars, shops, restaurants and local water park close by.
Ref: 7507C | Clear Blue Skies SL | 922 714 772

San Eugenio Bajo, Apartment
€250,000

2 bed · Spacious (76sqm + 35sqm terrace), fully furnished 2 bedroom, 1 bathroom duplex apartment in popular complex with pool and close to beach, harbour and all amenities.

San Eugenio Bajo, Apartment
€250,000

3 bed · Fully furnished 3 bedroom apartment overlooking the communal pool.
Ref: 11214 | Tenerife

San Eugenio Bajo, Apartment
€250,000

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Ref: 11292 | Tenerife Properties | 630 372702

Properties | 630 372702

Las Americas, Apartment
€275,000

In Parque Santiago 4, one of the most famous and highest demand complexes in the South of Tenerife, a furnished studio is sold, with a kitchenette, a bathroom and a terrace of 35 m2 with sea views. The complex, just a few meters from the seashore, has lifts and a large heated swimming pool with sea water.
Ref: SCDP0002 | Canarian Dream Properties | 922 793 960

San Eugenio Bajo, Bungalow
€269,000

2 bed · Very well presented 2 bedroom, 2 bathroom duplex bungalow on the sought after complex of Parque San Eugenio.
Ref: T1182 | Tenerife Properties | 630 372702

Las Americas, Apartment
€267,500

2 bed · Fabulously located spacious 2 bedroom apartment on Parque Santiago II in Playa las Americas. Situated just 50m away from one of the best beaches on the South coast of Tenerife. Internally this spacious apartment consists of 65m2 of living accommodation being distributed as, large lounge with semi independent modernised kitchen off, 2 bright and airy double ... For full information see website or contact:
Ref: 41957 | Crown Property Services | 922 176 883

Roque del Conde, Duplex
€265,000

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€260,000

2 bed · We are happy to offer for sale a very nice two bedroom apartment on the popular complex of Island Village in San Eugenio. Consisting of 2 double bedrooms, 1 bathroom, open plan kitchen, spacious lounge and front terrace that benefit from all day sunshine. There are bars, shops, restaurants and local water park close by.
Ref: 7507C | Clear Blue Skies SL | 922 714 772

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San Eugenio Bajo, Apartment
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Ref: 11292 | Tenerife Properties | 630 372702

TENERIFE PROPERTY SHOP S.L.



3 BEDROOM VILLA - SANTA ÚRSULA



This stunning three bedroom detached villa is located in the area of Santa Úrsula on the north coast of Tenerife. The property comprises of 3 bedrooms, 4 bathrooms and wc, living room, dining room, fully equipped kitchen, underground garage and private infinity swimming pool. Set over 3 floors and a total constructed area of 368m². The property is sold furnished.

Ref: OUT01151

Price: €860,000 (approx. £777,000)

www.TenerifePropertyShop.com - see pages 8 & 9 for contact details

Address: C/ Colon, C.C. Centro Playa, Local 9, Puerto Colon, Las Americas, Adeje 38660
Phone: 922 719925
E: info@thepropertygallery.com
www.thepropertygallery.com

LAS BRISAS, SAN EUGENIO ALTO

Converted apt to 2 bed, 2 bath, with lounge, American style kitchen, utility room, terrace. Open views. Sold furnished.
Ref: C2022 €195,000

OCEAN PARK, SAN EUGENIO

1 bed apt with shower room, fitted wardrobes, lounge-diner-modern fitted kitchen, large terrace with awning. Communal pool. Easy walking distance from the beaches & all amenities nearby.
Ref: B1850 €190,000

VILAFLO

REDUCED!

Very attractive 350 year old Canarian village house, totally renovated to a high standard. 3 bed, 2 bath, on 1.000 m2

Ref: PMSR0032 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

€249,999 - €150,000

San Eugenio Bajo, Bungalow
€249,000

2 bed · Charming 2 bedroom, 1 bathroom bungalow located on the sought-after and very centrally situated complex of Parque San Eugenio. This gated, residential complex benefits from having 2 x entrances, one on Avenida de Los Pueblos and the other that leads out onto the walkway that takes you directly down into Torviscas and through to the beach. This is a quiet... For full information see website or contact:
Ref: T1124 | Tenerife Properties | 630 372702

Torviscas Bajo, Apartment
€248,000

1 bed · Lovely, fully renovated and furnished 1 bed, 1 bath 4th floor apartment on popular holiday complex with pool, located close to the sea front and all amenities. The property, which enjoys sea views, has a lounge/diner, an open plan kitchen and a large, sunny, south west-facing terrace. The complex has a 24-hour reception, pool bar and restaurant.
Ref: S-01 1397 | Tenerife Prime Property | 922 703 725

Torviscas Bajo, Apartment
€239,950

1 bed · Location: Touristic area, Close to shops, Close to the beach, Close to the harbour, Central, Close to town, Close to amenities, Close to transport, Close to restaurants/bars/cafes. Views: Pool, Sea. Additional: Viewing recommended. Rooms: Fitted wardrobes, Lounge and dining area, American style kitchen, Bathroom. Features: Air conditioning. Outside: Sunny... For full information see website or contact:
Ref: 557-A1 | Island Estates | 922 790 767

Las Americas, Apartment
€232,000

1 bed · Location- Close to shops- Close to the beach- Gated community- Close to airport- Close to restaurants/bars/cafesAdditional- Viewing recommendedRooms- Dressing room- American style kitchenQuality- Bright- Good conditionFeatures- Solar panels- Tennis courtOutside- Large terraceCommunity facilities- Heated swimming poolParking- Garage.
Ref: 465-A1 | Island Estates | 922 790 767

Las Americas, Apartment
€205,000

1 bed · 60sqm duplex penthouse on sea front complex. Totally reformed and furnished. Nice views. Complex with lovely Gardens and heated pools, pool bar, restaurants, and close to excellent shopping etc.
Ref: Parque Santiago 2 | MK Properties | 922 751 / 630 994991

Las Americas, Duplex
€189,000

1 bed · We offer for sale this duplex apartment 55m2 in the complex Cortijo, Las Americas. The apartment has two floors on the top floor is a bedroom and a bathroom. The ground floor consists of a kitchenette, a living room and a terrace. The furniture is included. The community has a swimming pool and the parking is communal, too. The apartment is only a walk of... For full information see website or contact:
Ref: S1088 | FRINA Tenerife SL - Property Sales | 922 085 191

Roque del Conde, Apartment
€185,000

2 bed · Very nice and spacious apartment with 50sqm terrace with excellent views. The property has 2

bedrooms, 2 bathrooms, is nicely furnished and fully equipped. Community parking space. Secure, gated complex with large swimming pool.

Ref: Apartamento de Lujo | MK Properties | 922 751 / 630 994991

Roque del Conde, Apartment
€185,000

2 bed · Magnificent penthouse with great views. 2 double bedrooms 2 bathrooms, sunny terrace (50sqm), with views to the sea and La Gomera. Community parking. Pool on complex. Gated complex.
Ref: RCJ | MK Properties | 922 751 / 630 994991

Torviscas Bajo, Apartment
€179,500

1 bed · Lovely, well maintained 1 bed, 1 bath apartment being sold fully furnished with lounge and American style fully fitted kitchen. There is a 10sqm terrace and community swimming pool.
Ref: S-01 1368 | Tenerife Prime Property | 922 703 725

Roque del Conde, Apartment
€175,000

2 bed · Fantastic, fully furnished, 2 bedroom, 2 bathroom penthouse with large terrace (50sqm), and private parking. Superb views. Pool on complex (Roque del Conde VI).
Ref: RoqdelConde VI | MK Properties | 922 751 / 630 994991

Ref: S-01 1397 | Tenerife Prime Property | 922 703 725

Torviscas Bajo, Apartment
€175,000

1 bed · 1 bedroom bungalow with a large terrace for sale in San Eugenio Bajo. Excellent location near shops and restaurants and only a short walk from the Puerto Colon beach and marina.
Ref: BU102-HP | Tenerife Belfin Properties | 692 146808

Torviscas Alto, Apartment
€175,000

1 bed · For sale this 64m2 apartment in the Balcón del Atlantico complex, San Eugenio Alto. The apartment consists of one bedroom, a bathroom, an open kitchen with living room and a 12m2 balcony. The complex has a community pool. The community fee is 55€ per month.
Ref: S1139 | FRINA Tenerife SL - Property Sales | 922 085 191

Las Americas, Apartment
€170,000

1 bed · Location: Gated community, Close to restaurants/bars/cafes, Popular urbanisation, Close to shops, Touristic area, Close to the beach, Central, Close to town, Close to amenities, Close to transport, Close to medical facilities. Views: Pool, Sea. Additional: Viewing recommended. Rooms: American style kitchen, Bathroom, Fitted wardrobes, Lounge and din... For full information see website or contact:
Ref: 585-A1 | Island Estates | 922 790 767

San Eugenio Alto, Apartment
€169,000

1 bed · Location close to amenities, close to town, quiet location, residential area Views la gomera, sea Additional viewing recommended Rooms ... For full information see website or contact:
Ref: 221-A1 | Island Estates | 922 790 767

San Eugenio Alto, Apartment
€165,000

1 bed · Lovely apartment in the Malibu Park complex, San Eugenio Alto. It consists of a bedroom, kitchen, lounge, bathroom and a large terrace with stunning views of Mount Teide. The complex has a swimming pool, and a bar/restaurant.
Ref: S1028 | FRINA Tenerife SL - Property Sales | 922 085 191

1 bed · Location- Close to shops- Close to transport- Central- Gated community- Close to amenities- Touristic area- Close to medical facilities- Close to restaurants/bars/cafesViews- La gomera-PoolRooms- Bathroom- Fitted wardrobes- Kitchenette- Lounge and dining areaQuality- Part furnished- Traditional features- BrightOutside- Sunny terraceCommunity facilities- ... For full information see website or contact:
Ref: 523-A1 | Island Estates | 922 790 767

San Eugenio Alto, Studio
€130,000

We offer for sale this studio 35m2 in the second floor in the complex Malibu Park, San Eugenio. The studio has one bathroom, a fully furnished and equipped kitchen, and the livingroom/sleeping area which lead to a terrace of 9m2. From the terrace you have sea views. The complex offers a communal swimming pool. The community fees is 80€ per month.
Ref: S1123 | FRINA Tenerife SL - Property Sales | 922 085 191

Las Americas, Apartment
€125,000

1 bed · Beautifully furnished, 1 bedroom, 1 bathroom apartment in popular complex with pool. Good views.
Ref: Paradise Court | MK Properties | 922 751 / 630 994991

San Eugenio Alto, Apartment
€125,000

1 bed · Beautifully furnished, 1 bedroom, 1 bathroom apartment in popular complex with pool. Good views.
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Ref: Paradise Court | MK Properties | 922 751 / 630 994991

San Eugenio Alto, Apartment
€125,000

1 bed · Beautifully furnished, 1 bedroom, 1 bathroom apartment in popular complex with pool. Good views.
Ref: Paradise Court | MK Properties | 922 751 / 630 994991

SL | 922 714 772

San Eugenio Alto, Studio
€134,950

Very nice, fully furnished and equipped studio apartment on popular holiday complex with lovely heated pool and close to all amenities. The property has a lounge/sleeping area, American-style fitted kitchen and good-sized, sunny terrace with sea views. Community fees €75 per month.
Ref: S-00 1402 | Tenerife Prime Property | 922 703 725

San Eugenio Alto, Apartment
€130,000

1 bed · Good price 1 bedroom apartment for sale in the popular Laguna Park 2 complex. The apartment consists of 1 bedroom, bathroom, open plan kitchen and a lounge and a terrace. Great holiday complex with a large pool area, pool bar and tennis court. There is also a minimarket on site. Great holiday apartment.
Ref: AP122-HP | Tenerife Belfin Properties | 692 146808

San Eugenio Alto, Studio
€130,000

We offer for sale this studio 35m2 in the second floor in the complex Malibu Park, San Eugenio. The studio has one bathroom, a fully furnished and equipped kitchen, and the livingroom/sleeping area which lead to a terrace of 9m2. From the terrace you have sea views. The complex offers a communal swimming pool. The community fees is 80€ per month.
Ref: S1123 | FRINA Tenerife SL - Property Sales | 922 085 191

San Eugenio Alto, Apartment
€125,000

1 bed · Beautifully furnished, 1 bedroom, 1 bathroom apartment in popular complex with pool. Good views.
Ref: Paradise Court | MK Properties | 922 751 / 630 994991

San Eugenio Alto, Apartment
€125,000

1 bed · Beautifully furnished, 1 bedroom, 1 bathroom apartment in popular complex with pool. Good views.
Ref: Paradise Court | MK Properties | 922 751 / 630 994991

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Ref: Paradise Court | MK Properties | 922 751 / 630 994991

San Eugenio Alto, Apartment
€125,000

729395

Los Cristianos, Apartment
€462,000

2 bed · Location close to the coast, close to town, exclusive development, central, quiet location, close to amenities, touristic area, close to restaurants/bars/cafes Views pool Additional viewi... For full information see website or contact:
Ref: 416-D2 | Island Estates | 922 790 767

Los Cristianos, Apartment
€240,000

2 bed · Centrally located only 30 metres from the beach, Playa de las Vistas. This two bedroom apartment is sold fully furnished and the price includes a garage for two cars and private storeroom.
Ref: PMSR0018 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Los Cristianos, Apartment
€229,000

1 bed · Wonderful and spacious one bedroom apartment for sale in Los Cristianos. Residencial Playa Graciosa offers large terraces, high quality finishes and a tropical swimming pool. This apartment is very well situated, it has one bedroom, a bathroom, semi-open kitchen and living room with access to the terrace. There is also a parking space and a cellar inclu... For full information see website or contact:
Ref: ROA1129 Sharon | 2nd Home Tenerife |

Los Cristianos, Duplex
Penthouse
€195,950

1 bed · Fully refurbished, part furnished, 1 bed, 1 bath penthouse apartment on sought after complex. This spacious property (c50sqm) has an open plan lounge/kitchen/diner with feature breakfast bar with 13sqm sunny terrace with sea views off. Well-kept complex with 2 swimming pools and reception area.
Ref: 965 | Tenerife Prime Property | 922 703 725

Los Cristianos, Apartment
€189,950

2 bed · A fantastic 2 bedroom 2 bathroom apartment on the very popular holiday complex of Beverly Hills Suites in Los Cristianos. The apartment is on the top floor with stunning coastal and resort views from the double terrace. The property consists of 2 large double bedrooms master ensuite with a 2nd guest bathroom. Open plan American style kitchen, spacious lou... For full information see website or contact:
Ref: 7329 | Clear Blue Skies SL | 922 714 772

Los Cristianos, Apartment
€189,000

2 bed · Nice Flat in Valdes Center, Los Cristianos building. It consists of 2 bedrooms, 1 bathroom, living room, equipped kitchen, total 60 m2, terrace, swimming pool, disabled access, elevator, sea and mountain views.
Ref: O2CDP0006 | Canarian Dream Properties | 922 793 960

Los Cristianos, Duplex
€180,000

2 bed · Duplex apartment with two bedrooms and two bathrooms in Castle Harbour. Good sized living room with kitchen area and nice balcony off the living room area. This is an ideal investment property or for a holiday home. There is a 24 hour reception, laundry, pool bar and large community swimming pool. There is also an on site management company allowing holi... For full information see website or contact:
Ref: DUP0512 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Los Cristianos, Apartment
€170,625

2 bed · Location: Close to restaurants/bars/cafes, Close to town, Gated community, Touristic area, Close to amenities. Views: Pool. Additional: Viewing recommended. Rooms: American style kitchen, Bathroom, Family

straight to the private, sunny terra... For full information see website or contact:
Ref: LC822-PT240 | RD Properties | 922 732 862

Los Cristianos, Apartment
€240,000

2 bed · Centrally located only 30 metres from the beach, Playa de las Vistas. This two bedroom apartment is sold fully furnished and the price includes a garage for two cars and private storeroom.
Ref: PMSR0018 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

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Ref: ROA1129 Sharon | 2nd Home Tenerife |

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Penthouse
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Avda Londres 1, Sur y Sol, Local 1
Los Cristianos, Arona 38650

Office: 922 797 438 / 922 751 587
Mobile: (00 34) 673 778 700

www.tenerifeislandrentals.com
info@tenerifeislandrentals.com



Tenerife Island Rentals & Buy Tenerife

Sales



EDIFICIO FABIO, LAS CHAFIRAS

2 bedrooms • 1 bathroom • Garage space • Storeroom

Recently refurbished two bedroom, one bathroom apartment. Two good sized bedrooms and a bathroom with walk in shower. Separate fitted kitchen. Communal roof terrace and garage space with trastero. Situated in a good location close to supermarkets, large shops and park areas. The property is being sold partly furnished.

Ref: AP0533 €130,000 REDUCED!

EL RINCON, LOS CRISTIANOS

Luxury coastal apartment • 1 bedroom • 1 bathroom • Ground floor • 79sqm garden • Storeroom • Garage space

Fantastic ground floor garden apartment in sought after complex. Very large bedroom with patio doors to the terrace and fitted wardrobes, large living dining room and American style kitchen. Large bathroom with twin sinks, walk in shower unit and separate bath tub. Garden area of 79m2 with watering system. International TV channels, community swimming pool, garage and storeroom. Electric sun blinds, outdoor eating area. Sold fully furnished.

Ref: AP0588 €279,995

FLAMINGO, EL PALM MAR

1 bedroom • 1 bathroom • Popular holiday location

One bedroom apartment in central location of Palm Mar. Double bedroom, good sized living dining room with American style kitchen, bathroom and balcony. Well maintained complex with lift access. Close to restaurants and shops and just a 10 minute walk to the beach. Sold furnished.

Ref: AP0589 €128,500

TORRES DEL SOL, LOS CRISTIANOS

Studio • 1 bathroom • Beach location • Ideal investment property

Rarely available studio apartment in Torres del Sol. Located on the side of the complex this studio has been tastefully refurbished. Good sized living area with sofa bed, kitchen and bathroom with good sized balcony. Just a couple of minutes' walk to the Los Cristianos beach front. This property is being sold fully furnished and is ideal for a holiday home or investment.

Ref: EST0582 €166,995

MIRADOR DE LA GOMERA, CALLAO SALVAJE

2 bedrooms • 2 bathrooms • Coastal apartment • Extra apartment converted from large garage

This property has two good sized bedrooms and bathroom, large living room and very large terrace with pool views. There is also a large independent kitchen. The integrated garage has been converted into additional living space with a bedroom, living area and bathroom however the garage door is still in place should the new owner want to convert it back to its original use. There is ample on street parking. Fantastic community pool and views to La Gomera and the ocean.

Ref: AP0535 €295,000

EDIF. CRISTINA, SAN MIGUEL TOWN

3 bedrooms • 2 bathrooms • Roof terrace • Ideal investment property • Priced to sell!

Three bedroom apartment with the most spectacular views imaginable. From the living room there are fantastic uninterrupted sea views and from the balcony of the master bedroom, tranquil views of the sunflower fields and mountains. The property has a large living room with small balcony, a separate kitchen and three bedrooms, the master having a walk in cupboard and en suite shower room and a further family bathroom. The property also has a private roof terrace and laundry room accessed from the main stairwell and can make a fantastic solarium to enjoy the all day sun.

Ref: AP0469 €99,950

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360
Email: carolhale.tpp@gmail.com
Web: www.tenerifeprimeproperty.com

Tenerife Prime Property

OVER €350,000

Los Cristianos, Villa
€1,180,000

4 bed · An immaculate, exclusive and top quality villa in a recently completed residential complex. The villa has been redesigned by its sole owner, converting one of the dining rooms into a separate apartment with its separate kitchen.

IG Intelligent Group Smart Business Sales

See our main advert on page 55

Tenerife Prime Property

near all services and only a short stroll from the beach. The apartment has been refurbished and has a lovely sunny balcony with views to the sea.
Ref: ST112-HP | Tenerife Belfin Properties | 692 146808

Tenerife Prime Property

San Eugenio Alto, Apartment
€140,000

1 bed · Selection of 1 bed apartments in the popular complex Paradise Court in San Eugenio Alto. The complex is conveniently situated over looking the beautiful Atlantic Ocean. Only 15 min walk of San Eugenio with all shops, beaches, restaurants and entertainment. These apartments offer a great investment potential. Many of the apartments have sea views, all have... For full information see website or contact:
Ref: 5269 | Clear Blue Skies

bathroom, Lounge and dining area. Quality: Tastefully decorated, Furnished. Outside: Covered terrace. Community facilities: Swimming pool, Lifts, Vending... For full information see website or contact:
Ref: 531-D2 | Island Estates | 922 790 767

Los Cristianos, Apartment
€165,000
1 bed · Location close to the beach, close to transport, touristic area, close to amenities, close to restaurants/bars/cafes. Rooms: American style kitchen, bathroom. Outside terrace ... For full information see website or contact:
Ref: 445-A1 | Island Estates | 922 790 767

Los Cristianos, Apartment
€165,000
1 bed · Castle Harbour is a well maintained touristic complex in a popular area of Los Cristianos, the apartment is fully furnished and offers a twin bedroom with fitted wardrobes, bathroom, open plan fitted kitchen and lounge. The sunny balcony enjoys a view over the pool & out to sea. Many on site facilities including reception, heated swimming pool, lift to all... For full information see website or contact:
Ref: 7654 | Clear Blue Skies SL | 922 714 772

Los Cristianos, Apartment
€165,000
1 bed · We are pleased to offer this bright spacious apartment in the complex Rosamar, Los Cristianos. This is a one bedroom apartment with a living and terrace space of 47m2, comprising one double bedroom, bathroom, American style kitchen, living and dining room leading to the terrace with lovely views.
Ref: S1023 | FRINA Tenerife SL - Property Sales | 922 085 191

Los Cristianos, Duplex Penthouse
€160,000

1 bed · Bright and spacious one bedroom 60m2 duplex located on the top floor of the Castle Harbour complex, Los Cristianos. The apartment has two floors: on the ground floor there is a spacious living room with a glazed terrace overlooking the pool and the city, an equipped open kitchen (washing machine, dishwasher, built-in refrigerator) and a bathroom. On the s... For full information see website or contact:
Ref: S1079 | FRINA Tenerife SL - Property Sales | 922 085 191

€149,999 - €100,000

Los Cristianos, Apartment
€117,000
1 bed · This is a very nice reformed one bedroom apartment in the complex Garajonay 2, Los Cristianos. With 47m2 of living space and a 5m2 balcony.
Ref: S873 | FRINA Tenerife SL - Property Sales | 922 085 191

Los Gigantes Area

OVER €350,000

Playa de la Arena, House
€630,000
5 bed · REDUCED PRICE FOR THIS BEAUTIFUL VILLA! This large villa is situated in the popular residential area of Jardin del Sol, on the coast of Tacoronte in the North of Tenerife. Prestigious location with some of the best views you can get

on the island! This villa is built on 2 floors on a 1000 m2 plot and has a massive 520 m2 of built area! On the first floor... For full information see website or contact:
Ref: V409-BP | Tenerife Belfin Properties | 692 146808

Playa de la Arena, House
€490,000
3 bed · An immaculate 3 bedrooms independent villa in Playa de la Arena. With stunning views of the ocean and the neighbouring island of La Gomera. The villa comprises of 3 bedrooms, 3 bathrooms and separate kitchen, spacious lounge from which you can access a fantastic patio and pool area that is perfect for barbecues and entertaining. The property also has a la... For full information see website or contact:
Ref: 6984 | Clear Blue Skies SL | 922 714 772

Alcala, Finca
€350,000
1 bed · Location: Quiet location, Rural location. Views: Mountain, Sea, La gomera. Additional: Development possibilities, Viewing recommended. Rooms: Bathroom, Lounge and dining area, American style kitchen. Quality: Rustic style. Outside: Various gardens, Various terraces, Garden, Sunny terrace. Parking: Off street parking.
Ref: 406-F1 | Island Estates | 922 790 767

€349,999 - €250,000

Alcala, Townhouse
€255,000
4 bed · Surf Camp - Fully operational, business licence included, 4 bedrooms, 4 bathrooms, 3 floors, sleeps 12 people, big lounge area with a real oldschool surf style throughout the house.
Ref: I1281 | Tenerife Properties | 630 372702

Tenerife East

€249,999 - €150,000

Malpais, Townhouse
€225,000

3 bed · Location: Quiet location, Rural location. Views: Mountain, Sea. Additional: Development possibilities. Rooms: Dining room, Independent kitchen, Lounge and dining area, Bathroom. Quality: Rustic style, Spacious, Charming property, Furnished. Outside: Various gardens, Various terraces, Large roof terrace, Large terrace, Various balconies. Parking: Ample pri... For full information see website or contact:
Ref: S1079 | FRINA Tenerife SL - Property Sales | 922 085 191

Candelaria, Rural Property
€225,000
3 bed · Lovingly restored, fully furnished and equipped 3 bedroom Canarian house (170sqm) with 2,700sqm of land (500sqm in gardens with fruit trees/vegetables and a hen coop/run with 15 laying hens). The house comprises a large lounge/dining room, separate kitchen, large bathroom, 50sqm East-facing sun terrace, an electrically-operated garage and a large roof ter... For full information see website or contact:
Ref: S-03 1155 | Tenerife Prime Property | 922 703 725

€149,999 - €100,000

Guimar, Finca
€140,000
3 bed · This fantastic property is built on a plot of land measuring

just over 6000m2 with outbuilding. The main house consists of three bedrooms, all with spectacular views, a small bathroom with shower unit, kitchen and living room. The property can be lived in but does need some modernising. There is also a very large storeroom underneath the house on the same... For full information see website or contact:
Ref: MAS0549 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Tenerife North Area

OVER €350,000

Puerto de La Cruz, Villa
€448,000

4 bed · This property is located very near to the touristic city center of Puerto de la Cruz. The main square "Plaza del Charco" can be reached in less than 10 minutes by foot. Everything can be found just around the corner, restaurants, bus stops, etc. The house has a total of 210 square meters of constructed area built on a 812 square meter plot and is divide... For full information see website or contact:
Ref: R1490V | Agata's Real Estate |

Los Realejos, Villa
€420,000
6 bed · Villa with its own large plot of urban and rustic land in Zamora Los Realejos in the north of Tenerife. The property has a large house, an independent apartment, attic, wooden pool

IG Intelligent Group
Smart Business Sales

See our main advert on page 55

house, swimming pool, out buildings, large water tank and 7,500 m2 of land (2,000 m2 is building land if required) wooden ceilings throughout. There is a large kitchen dining ... For full information see website or contact:
Ref: J2450CV | Agata's Real Estate |

Puerto de La Cruz, Apartment
€409,000
2 bed · For sale: residential development of design apartments in the heart of Puerto de la Cruz, surrounded by all kinds of services and close to the sea. The complex, after its development, will be surrounded by a public free urban park. All the apartments have large windows with large terraces, kitchens furnished with appliances and a

Currencies
Direct

private closed garage. Bo... For full information see website or contact:
Ref: R1490A-BH | Agata's Real Estate |
lcod de Los Vinos, Villa
€395,000
6 bed · This property is located in a very quiet area of lcod de los Vinos, Northern Tenerife. It could be ideal for holiday rental as there are numerous sleeping accommodations and three separate apartments. The main house has 3 bedrooms, two bathrooms and a spacious living

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360
Email: carolhale.tpp@gmail.com
Web: www.tenerifeproperty.com

room. All bedrooms have fitted wardrobes and bright light through the large windows. A... For full information see website or contact:
Ref: R3450V | Agata's Real Estate |

Los Realejos, Finca
€389,000
3 bed · Price reduced! House with a lot of potential with almost 10,000m of a rustic land. Can be rented out to be cultivated as a plantation. House has lovely sea views and is very well connected to the highway. Call me for details or more pictures please. Please contact Agata's Real Estate team for any details. The offer is subject to errors, price changes, omi... For full information see

website or contact:
Ref: R4250V | Agata's Real Estate |

€349,999 - €250,000

Arafo, Semi-Detached House
€262,995

4 bed · Modern 4 bedroom house for sale in Arafo Tenerife. This property is a totally reformed finca that was originally a home and stables for the animals. now lovingly re-developed by the current owners into a modern family home or weekend retreat. The property comprises 4 separate bedrooms and one family bathroom, a massive kitchen which includes a dining area... For full information see

furnished with appliances and a private closed garage. Bo... For full information see website or contact:
Ref: R1218A-BH | Agata's Real Estate |

Tenerife South Area

OVER €350,000

Arona, House
€895,000
5 bed · Luxury Country-Villa with Pool, Bodega and Panoramic Sea View.
Ref: 20140396 | A1 Real Estate & Property Consultants | 922 729395

Aguilas del Teide, House
€562,000
3 bed · Beautiful 3 bedroom, all with fitted wardrobes, 3 bathroom (all en-suite) + w. c., fully furnished Villa for sale in popular area in the south of Tenerife. There is a large fully fitted kitchen and dining room, living room, wooden floors throughout with its own private heated swimming pool. The Villa is air-conditioned and has been completely renovated. T... For full information see website or contact:
Ref: S-03 1279 | Tenerife Prime Property | 922 703 725

Vilaflor, Rustic House
€560,000
3 bed · Beautiful Canarian House for sale in the center of the locality of Vilaflor, completely refurbished and renovated to high standards. This spacious renovated Canarian house has been built in two floors. The ground floor comprises of entrance hall, very spacious living-dining room with fireplace, fully fitted and equipped independent kitchen with kitchen di... For full information see website or contact:
Ref: 7145C | Clear Blue Skies SL | 922 714 772

Chayofa, House
€525,000

3 bed · Brand new villa in the residential area of Chayofa. This villa has just been built and offers all possibilities of making a new home either for holiday makers or residents. The house has been built in two floors and comprises of toilet, open plan modern style kitchen with top class appliances and living-dining room on the ground floor and three double bed... For full information see website or contact:
Ref: 6694 | Clear Blue Skies SL | 922 714 772

Buzanada, Villa
€502,950
5 bed · We offer for sale this luxurious villa on two floors located in Buzanada, the house of about 400 m2 built on a plot of 1000 m2. The first floor comprises two bedrooms, a living room combined with kitchen, a bathroom and a large garage for two to three cars. The second floor consists of three bedrooms with two bathrooms, a living room with access to a larg... For full information see website or contact:
Ref: S1070 | FRINA Tenerife SL - Property Sales | 922 085 191

Vilaflor, Villa
€495,000
5 bed · Rustic villa in La Martela, in the highest town in Spain Vilaflor. It is inside the forest crown and the pine forests with

La Orotava, Apartment
€230,000
4 bed · This large penthouse is located very central in La Orotava. From here, restaurants, bars, bus stops, pharmacies, etc. can all be found right around the corner. Also, the touristic city Puerto de la Cruz is located not more than 10 minutes away by car. The penthouse is located on the 5th floor of a relatively small building. It is, whatsoever, higher than ... For full information see website or contact:
Ref: R2230A | Agata's Real Estate |

lcod de Los Vinos, Villa
€220,000

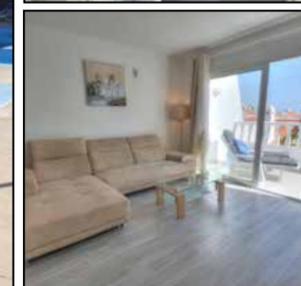
4 bed · Large semi detached house with urban land in lcod de los Vinos in the north of Tenerife. The property is extremely well maintained and sold completely furnished. It is accessed from ground floor street level offering four bedrooms 2 bathrooms, lounge dining room spacious kitchen leading onto a huge terrace with glorious views. Below this floor there is c... For full information see website or contact:
Ref: J3225V | Agata's Real Estate |

2 bed · For sale: residential development of design apartments in the heart of Puerto de la Cruz, surrounded by all kinds of services and close to the sea. The complex, after its development, will be surrounded by a public free urban park. All the apartments have large windows with large terraces, kitchens

Tenerife Prime Property

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GOLF DEL SUR, SAND CLUB

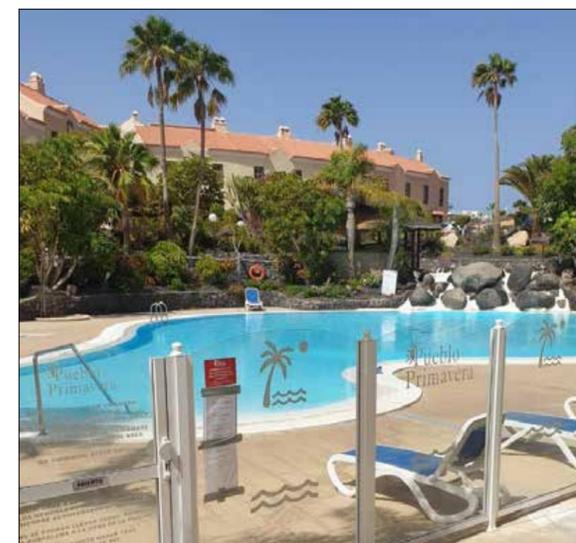


Beautifully presented, fully furnished, 2 bed, 1 bath apartment (65sqm + 20sqm terrace) on sought after complex with lovely pool and sunbathing area. The property has a lounge/dining area, American-style fitted kitchen, and a large sunny terrace. Sand Club is only a short walk to the San Blas Commercial Centre and the sea front. Close to all amenities, marina and golf courses.

Ref: S-02 1421

€185,000

GOLF DEL SUR, PUEBLO PRIMAVERA



Very nice, fully furnished 2 bed, 2 bath end-of-terrace duplex apartment with lovely sea and mountain views. The property, on a sought-after residential complex with two swimming pools and sun terrace, has a lounge/dining area, American-style fitted kitchen and two sunny terraces. Close to all amenities and the sea front. Great rental potential.

Ref: S-02 1416

€209,950

great views of the landscape that combine sea and mountains, it has an area of 448 m2 distributed on two floors renovated several times, in addition to an annex apartment consists of a room with bathroom en suite and living room, ki... For full information see website or contact:

Ref: S1192 | FRINA Tenerife SL - Property Sales | 922 085 191

Charco del Pino, Finca

€495,000
5 bed · Three independent dwellings currently run as a rural B&B. Huge potential for further developments. Sun terrace, parking and panoramic views.
Ref: 1905 | Homes & Away | 922 737 044

Granadilla, House

€495,000
7 bed · Granadilla de Abona: Historic Guesthouse with Sunny Terrace, Seaview & Building Plot. This historic townhouse with volcano-stonewalls aged for more than 300 years is now for sale in Tenerife South in Granadilla de Abona. Preceding its opening about 14 years ago, the owners have restored all the building's details with love and care and transformed the place... For full information see website or contact:

Ref: D1175 | FRINA Tenerife SL - Property Sales | 922 085 191

apartment there are 4 bedrooms, 2 bathrooms, 2 kitchens, a laundry room, a large living room with dining area, a 15 m2 terrace on t... For full information see website or contact:

Ref: ROA4078 | 2nd Home Tenerife |

Vilaflor, Finca

€370,000
Estate in Vilaflor (near the trejejos area) of 50,000m2 with production + subsidy and project approved by the council for the construction of more than 1500m2 of warehouse, visitor center, Bodega or restaurant. The grape subsidy is over 3500€ per year. The grapevines are not yet producing 100% (usually given at 3 or 4 years) the vines are currently 3 year... For full information see website or contact:

Ref: D1175 | FRINA Tenerife SL - Property Sales | 922 085 191

€349,999 - €250,000

Granadilla, Detached House

€329,000
4 bed · Gorgeous family home situated in Granadilla de Abona, boasting stunning open air spaces with mountain and seaviews. The two-story property is built on 140m2, of an overall area of approximately 205m2. The residence consists of four double bedrooms, two of which have en-suite bathrooms, plus two separate bathrooms. There is an open air private garage for t... For

full information see website or contact:

Ref: 20140599 | A1 Real Estate & Property Consultants | 922 729395

Chayofa, Villa

€469,950
3 bed · Location: Quiet location, Central, Close to amenities, Close to restaurants/bars/cafes, Exclusive development, Gated community. Views: Mountain, Sea. Additional: Viewing recommended. Rooms: Ensuite, Family bathroom, Fitted wardrobes, Independent kitchen, Lounge and dining area, Bathroom. Quality: Well presented, Built to a high standard, Furnished, Modern... For full information see website or contact:

Ref: 544-V3 | Island Estates | 922 790 767

Chayofa, Villa

€469,950
3 bed · Chayofa Country Club offers a number of private villas. They all have views of the southern Tenerife mountains and the sea beyond. The accommodation provides all the luxuries and benefits you would expect from a private villa, but with the added bonus of all the facilities of an apartment complex. All the villas have three en-suite bedrooms; they are very... For full information see website or contact:

Ref: LUX0492 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Chio, Townhouse

€390,000
7 bed · We have a wonderful investment opportunity for someone dreaming of owning a rural property in the south of Tenerife. Located in the charming village of Chio, Guia de Isora sits this seven bedroom property divided into two buildings, in the main house there are six spacious bedrooms, two bathrooms, kitchen and a large living, dining area. The smaller indep... For full information see website or contact:

Ref: S1054 | FRINA Tenerife SL - Property Sales | 922 085 191

Arona, Apartment

€375,000
4 bed · This surprisingly spacious apartment in Los Cristianos is very comfortable and situated just a few steps away from the "playa de las Vistas" beach, many shops and restaurants. Its layout also offers many possibilities. In the

full information see website or contact:

Ref: GDA413-CA329 | RD Properties | 922 732 862

San Isidro, House

€315,000
3 bed · Three bed terraced house with private garden and swimming-pool in semi-rural area.
Ref: 1782 | Homes & Away | 922 737 044

El Roque, House

€299,000
4 bed · Large, fully furnished house on a plot of 750m2 with 4 bedrooms, 3 bathrooms (1 en suite), large lounge, separate fully fitted kitchen a games room and two roof terraces. This is a very lovely family home in the quiet village of El Roque. PROPERTY HAS RECENTLY BEEN REDUCED FOR QUICK SALE.
Ref: S-04 1335 | Tenerife Prime Property | 922 703 725

San Isidro, House

€299,000
4 bed · A great chance to purchase an independent house with a separate guest apartment. The house is on a quiet street in the residential area of Montana de Yaco behind the busy Spanish town of San Isidro. The villa consists of 3 bedrooms and 2 bathrooms all on one level, garden surrounding the house and a large front terrace with all day sun, jacuzzi and stunni... For full information see website or contact:

Ref: S1153 | FRINA Tenerife SL - Property Sales | 922 085 191

Granadilla, Canarian House

€262,500
3 bed · Belfin Property offers for sale this village house built on a 330 m2 urban plot, but also has another 2500 m2 of rustic land.

Vilaflor, Rural Property

€299,000

Studio 4 Decor
NEW STORE NOW OPEN!
ACROSS THE ROAD FROM OUR OLD ONE
IN LOS ABRIGOS
SEE OUR MAIN ADVERT ON PAGE 34

For full information see website or contact:

Ref: 126-H2 | Island Estates | 922 790 767

Charco del Valle, Townhouse

€270,000
3 bed · 3 bedroom townhouse in Charco del Valle.
Ref: 11312 | Tenerife Properties | 630 372702

Guia de Isora, Townhouse

€268,000
3 bed · If you are looking for real Canarian living then this large three bedroom house in the popular village of Guia de Isora may be ideal. Comprising 200m2 of internal space over two floors, on the ground floor there is the main access to the house, a garage for three cars and the third bedroom with its own bathroom, upstairs is the living area with two bedroo... For full information see website or contact:

Ref: D1056 | FRINA Tenerife SL - Property Sales | 922 085 191

Chayofa, Townhouse

€265,000
2 bed · We offer for sale this house of 212m2 in Chayofa. The house has three bedrooms converted into two, one bathroom, a kitchen, living room and a 66m2 terrace with large garden and sea view. There are two private garage spaces with access to the house. The house is sold partially furnished. Community fees are 28€ per month.
Ref: S1153 | FRINA Tenerife SL - Property Sales | 922 085 191

Granadilla, Canarian House

€262,500
3 bed · Belfin Property offers for sale this village house built on a 330 m2 urban plot, but also has another 2500 m2 of rustic land.

The house has on the main floor open plan kitchen and lounge, 1 bedroom, bathroom and another room with terrace. This room is currently used as an office. Upstairs there is a large 40 m2 bedroom with it's bathroom and a large terra... For full information see website or contact:

Ref: VH104-BP | Tenerife Belfin Properties | 692 146808

Chayofa, House

€260,000
3 bed · Complex "Las Lomas", high-standing, with partial ocean views. Detached house with two floors furnished. On the first floor there is a toilet, kitchen, living room and terrace of about 47.50 m2. On the upper floor, we find three bedrooms and a bathroom. In the basement, there is the

garage with direct access to the house with capacity for two cars and an a... For full information see website or contact:

Ref: 3CDP0020 | Canarian Dream Properties | 922 793 960

El Roque, Townhouse

€259,995
2 bed · Lovely character property in El Roque near San Miguel de Abona Tenerife.
Ref: 34270 | Crown Property Services | 922 176 883

Arico, Detached House

€249,999 - €150,000

Chayofa, House

€205,000
2 bed · Townhouse in Chayofa, Urb. Los Halcones, very quiet 5 min from Los Cristianos. The complex has 2 swimming pools and gardens. The house has 2 floors, the first: spacious living room, fully equipped kitchen, bathroom and 2 terraces 30mq. c/u. Second floor: 2 bedrooms with bathroom and wardrobe, sold half furnished and includes parking space and storage.
Ref: 2CDP0007 | Canarian Dream Properties | 922 793 960

Aguilas del Teide, House

€200,000
2 bed · Location close to transport, gated community, popular urbanisation, quiet location, residential area, central Views garden Rooms independent kitchen, additional store rooms, lounge and di... For full information see website or contact:

Ref: 258-TH3 | Island Estates | 922 790 767

Guia de Isora, Canarian House

€195,000
2 bed · Location: Quiet location, Rural Location Views: Garden, Mountain, Sea, La Gomera Rooms: American Style Kitchen, Lounge and dining area, Bathroom Features: Fruit Trees, Tropical garden Outside: Mature Garden
Ref: 2CH3209 | Hofman Estates | 922 777 747

Aldea Blanca, Bungalow

€179,950
3 bed · Lovely detached 3 bedroomed bungalow, in a quiet residential complex located in the convenient area of Aldea Blanca, close to schools, golf courses and main shops. This bungalow is sold fully furnished and comprises of living room with dining area, fully fitted and equipped kitchen, 3 double bedrooms 1 en suite and 1 family bathroom. There is a nice sunny... For full information see

Guia de Isora, Apartment

€148,000
2 bed · We are pleased to offer for sale this two bedroom apartment in the lovely Canarian village of Alcala, here you will want for nothing as the village has everything from supermarkets to hairdressers and everything in between as well as a selection of charming local bars and restaurants The apartment offers 55m2 of living space comprising two bedrooms, one w... For full information see website or contact:

Ref: S1233 | FRINA Tenerife SL - Property Sales | 922 085 191

Chayofa, Apartment

€145,000
1 bed · The one-bedroom apartments at Chayofa Country Club are also some of the biggest in Tenerife and well furnished. They have an open plan lounge with dining area. The large kitchen area is fully fitted with

website or contact:

Ref: 543-A2 | Island Estates | 922 790 767

Cruz de Tea, Finca

€215,000
2 bed · Location: Quiet location, Rural location. Views: Garden, Mountain, Sea. Additional: Development possibilities, Viewing recommended. Rooms: Bathroom, Lounge and dining area, Open plan kitchen. Quality: Rustic style. Outside: Sunny terrace, Various gardens, Garden, Large garden, Large terrace, Mature garden. Parking: Off street parking.
Ref: 405-F2 | Island Estates | 922 790 767

Cabo Blanco, Canarian House

€210,000
4 bed · Location: Quiet location, Outskirts of town, Rural Location Views: Mountain Rooms: Independent Kitchen, Store rooms Quality: Furnished, Renovated, Refurbished Outside: Large Roof Terrace Parking: Private garage
Ref: 4CH3431 | Hofman Estates | 922 777 747

Chayofa, House

€159,000
2 bed · Very nice, part-furnished, 2 bed, 2 bath (1 en suite) bungalow-style property on quiet residential complex with access via electrically-controlled security gates, swimming pool and off-road parking. The bungalow has a lounge/dining area, American-style fitted kitchen, conservatory and a large, sunny wraparound terrace/garden. This is a lovely family home ... For full information see website or contact:

Ref: S-02 1377 | Tenerife Prime Property | 922 703 725

Aldea Blanca, House

€149,999 - €100,000

Guia de Isora, Canarian House

€149,000
3 bed · Location: Rural Location, Quiet location Views: Teide, Mountain, Sea, La Gomera Rooms: Family Bathroom, Attic, Dining room, Independent Kitchen, Store rooms, Hall/Entrance Outside: Roof Terrace Parking: Off street parking Additional: Reduced to Sell, Development possibilities
Ref: 3CH3397 | Hofman Estates | 922 777 747

Guia de Isora, Apartment

€148,000
2 bed · We are pleased to offer for sale this two bedroom apartment in the lovely Canarian village of Alcala, here you will want for nothing as the village has everything from supermarkets to hairdressers and everything in between as well as a selection of charming local bars and restaurants The apartment offers 55m2 of living space comprising two bedrooms, one w... For full information see website or contact:

Ref: S1233 | FRINA Tenerife SL - Property Sales | 922 085 191

Chayofa, Apartment

€145,000
1 bed · The one-bedroom apartments at Chayofa Country Club are also some of the biggest in Tenerife and well furnished. They have an open plan lounge with dining area. The large kitchen area is fully fitted with

website or contact:

Ref: 7066 | Clear Blue Skies SL | 922 714 772

El Rio, Finca

€175,000
2 bed · Rustic two bed, two bath country home set in a rural location. Tranquil and peaceful surroundings.
Ref: 1997 | Homes & Away | 922 737 044

Aguilas del Teide, Apartment

€174,000
1 bed · The complex of Mirador del Atlantico is located in the new, higher area of the sleepy town of Chayofa. Just a five minute drive from the hub of Los Cristianos Chayofa is a perfect residential option for people looking for a quieter area but with all amenities close at hand. The complex has been built to a high standard and enjoys communal gardens a nice... For full information see website or contact:

Ref: 6238 | Clear Blue Skies SL | 922 714 772

Aguilas del Teide, Apartment

€168,000
1 bed · Beautiful, fully furnished 1 bed, 1 bath apartment with American style fully fitted kitchen, good size lounge and a 40m2 garden and terrace with lovely sea views. There is also a garage space included in the price. Community swimming pool.
Ref: S-01 1359 | Tenerife Prime Property | 922 703 725

Aldea Blanca, House

€159,000
2 bed · Very nice, part-furnished, 2 bed, 2 bath (1 en suite) bungalow-style property on quiet residential complex with access via electrically-controlled security gates, swimming pool and off-road parking. The bungalow has a lounge/dining area, American-style fitted kitchen, conservatory and a large, sunny wraparound terrace/garden. This is a lovely family home ... For full information see website or contact:

Ref: S-02 1377 | Tenerife Prime Property | 922 703 725

Aldea Blanca, House

€149,999 - €100,000

Guia de Isora, Canarian House

€149,000
3 bed · Location: Rural Location, Quiet location Views: Teide, Mountain, Sea, La Gomera Rooms: Family Bathroom, Attic, Dining room, Independent Kitchen, Store rooms, Hall/Entrance Outside: Roof Terrace Parking: Off street parking Additional: Reduced to Sell, Development possibilities
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Ref: S-01 1359 | Tenerife Prime Property | 922 703 725

Aldea Blanca, House

€159,000
2 bed · Very nice, part-furnished, 2 bed, 2 bath (1 en suite) bungalow-style property on quiet residential complex with access via electrically-controlled security gates, swimming pool and off-road parking. The bungalow has a lounge/dining area, American-style fitted kitchen, conservatory and a large, sunny wraparound terrace/garden. This is a lovely family home ... For full information see website or contact:

Ref: S-02 1377 | Tenerife Prime Property | 922 703 725

Aldea Blanca, House

€149,999 - €100,000

Guia de Isora, Canarian House

€149,000
3 bed · Location: Rural Location, Quiet location Views: Teide, Mountain, Sea, La Gomera Rooms: Family Bathroom, Attic, Dining room, Independent Kitchen, Store rooms, Hall/Entrance Outside: Roof Terrace Parking: Off street parking Additional: Reduced to Sell, Development possibilities
Ref: 3CH3397 | Hofman Estates | 922 777 747

Guia de Isora, Apartment

€148,000
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Ref: S1233 | FRINA Tenerife SL - Property Sales | 922 085 191

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info@rdpropietiestenerife.com



COSTA DEL SILENCIO, PRIMAVERA



Bank repossession. 1 bedroom apartment.

€60,000

EL FRAILE



1 bedroom apartment. 48sqm. Furnished.

€56,000

GOLF DEL SUR, GREEN PARK



Studio (38sqm). Furnished. Pools on complex.

€69,000

LOS ABRIGOS, CANARIAN HOUSE



2 bedroom Canarian house near sea front.

€115,000

rdpropietiestenerife.com

appliances. Adjacent to the lounge is a large balcony offering generous views. The apartments also include a double bedroom, which has large wardrobe spa... For full information see website or contact:

Ref: AP0491 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

El Tanque, House

€139,000

2 bed · Restored traditional Canarian house in the village of El Tanque, in the North of the island, just above the town of Garachico. The property has well maintained wooden ceilings keeping it in character of the old style houses. This house comprises of three bedrooms and three bathrooms, rustic kitchen, living room and dining room. The house has a lovely patio... For full information see website or contact:

Ref: 6645 | Clear Blue Skies SL | 922 714 772

Chayofa, Apartment

€138,000

1 bed · We offer for sale this 73m2 apartment in the complex Chayofa Country Club, Chayofa.

This apartment comprises one bedroom, one bathroom, an American style open kitchen with dining area and living room, leading to a terrace of 13m2 with a view to the swimming pool. There is a communal swimming pool and an off street parking. The Chayofa Country Club is local... For full information see website or contact:

Ref: S1042 | FRINA Tenerife SL - Property Sales | 922 085 191

Cabo Blanco, Apartment

€125,000

1 bed · Location: Central, Residential Area · Close to: Medical Facilities, Restaurants/Bars/Cafes, Schools, Shops, Town, Transport · Rooms: Hall/Entrance, Store rooms, Independent Kitchen, Lounge and dining area, Bathroom · Quality: Furnished · Outside: Terrace · Parking: Private parking · Community facilities: Lifts · **Ref: 1A3301 | Hofman Estates | 922 777 747**

San Isidro, Apartment

€110,000

2 bed · Clear Blue Skies are very happy to be able to offer a 2nd

floor 2 bedroom apartment with great mountain and coastal views in the Canarian town of San Isidro, close to schools, banks, all sort of shops and good

Chayofa, Apartment

€99,950

Large studio apartments for sale (prices from 99.950). Studios being sold fully furnished and

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bars and restaurants and only a 10 minute drive from the coastal resort of El Medano and 15 minutes from Los Cristianos. This apartment comprises o... For full information see website or contact:

Ref: 7597 | Clear Blue Skies SL | 922 714 772

has a fully equipped kitchenette, bathroom, lounge, terrace and community swimming pool. These studios are an ideal holiday home/investment.

Ref: S-00 1373 | Tenerife Prime Property | 922 703 725

Chayofa, Studio

€99,950

Selection of studio apartments available in Chayofa Country

Club. Chayofa Country Club has some of the biggest studio apartments in Tenerife, with a combined living and sleeping area and separate bathroom. The main room has twin beds, a separate dining table and sofas. Within the spacious kitchenette are a four-ring cooker, a fridge, microwave and essenti... For full information see website or contact:

Ref: EST0490 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Chayofa, Studio

€99,950

Location: Exclusive development, Quiet location, Close to restaurants/bars/cafes, Close to shops. Views: Pool. Additional: Viewing recommended. Rooms: Lounge and dining area, Bathroom, Fitted wardrobes. Quality: Modern, Spacious, Well presented. Outside: Sunny terrace. Community facilities: Satellite television, 24 hour security, Sun terrace, Gardens, Swi... For full information see website or contact:

Ref: 541-S | Island

Estates | 922 790 767

Valle de San Lorenzo, Apartment

€88,000

1 bed · Beautiful 1 bedroom apartment in a good and well kept residential complex in the town of Valle San Lorenzo. The apartment consists of a independent and fully fitted kitchen with a utility room, a spacious lounge/dining room, a good sized bedroom with fitted wardrobes and a bathroom. There is a balcony that gets afternoon sun. Very tranquil location ... For full information see website or contact:

Ref: AP123-BP | Tenerife Belfin Properties | 692 146808

La Escalona, House

€80,000

Plot of land of 4.700 m2 for agricultural purposes with water tank, including a plot of urban land of 150 m2 to build a house on it. Fantastic opportunity to those who like to enjoy the countryside and/or do some farming. Connections for water and electricity next to the plot.

Ref: 5725 | Clear Blue Skies

VYM CANARIAS – September 20

Luxury Villa in Abama

Truly magnificent large villa located on a beautiful 1,872m2 plot, with a construction of 858m2. It would be much better to visit then talk about!

€3,900,000
Ref: VS6874DN

Villa in La Caleta Golf

Modern villa with a unique design and high quality on the plot of land of 2.536m2. Living area 286m2, located on two floors and 4 bedrooms, each with its own bathroom. Private pool and garden.

€2,800,000
Ref: VS6859DN

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<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> Los Cristianos, Portonovo </div> <p style="font-size: 0.8em;">Townhouse with 3 bedrooms, 3 bathrooms, large living room and independent kitchen. Three terraces, one with jacuzzi and mountain views. Pool in the complex, Garage for 2 cars.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €599,000 Ref: VS7092D </div>	<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> Playa de las Americas, Playa Honda </div> <p style="font-size: 0.8em;">Apartment in the center of Las Americas on the second floor. It consists of 1 bedroom with fitted wardrobe, open plan kitchen with a living room and a terrace.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €169,000 Ref: VS6857D </div>	<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> La Caleta, Magnolia Golf Resort </div> <p style="font-size: 0.8em;">Luxury apartment with a large terrace and a garden with mountain and ocean view, 3 bedrooms, 2 bathrooms, open-plan kitchen with a living room. Fully furnished.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €650,000 Ref: VS6826D </div>	<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> Los Cristianos, Parque Tropical </div> <p style="font-size: 0.8em;">Luxury apartment fully reformed with 2 bedrooms, 2 bathrooms, modern open-plan kitchen with living room, double terrace with access from all the rooms. Living area 85m2, terrace 25m2.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €299,000 Ref: VS5504D </div>	<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> Callao Salvaje, San Francisco </div> <div style="background-color: red; color: white; padding: 2px; transform: rotate(-15deg); display: inline-block;">EXCLUSIVE!</div> <p style="font-size: 0.8em;">Opportunity!!! Townhouse with 2 bedrooms, 2 bathrooms, kitchen and living room with opens to a large private terrace. Garage with direct access to the house. Pool in the complex.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €215,000 Ref: VS7093DE </div>
<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> Amarilla Golf, Fairways Club </div> <p style="font-size: 0.8em;">One bedroom apartment with bathroom, open plan living room with fitted kitchen and terrace with fabulous views. Famous complex with the pool, bar community parking.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €139,000 Ref: VS7085D </div>	<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> Playa de Las Americas, El Cortijo </div> <p style="font-size: 0.8em;">Investment! Apartment-duplex. 1 bedroom with wardrobe, bathroom, American-style kitchen with living room and spacious terrace. Parking and pool in the complex. Quiet area.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €215,000 Ref: VS7024D </div>	<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> Callao Salvaje, Sunset View </div> <div style="background-color: red; color: white; padding: 2px; transform: rotate(-15deg); display: inline-block;">URGENT SALE!</div> <p style="font-size: 0.8em;">Apartment overlooking the pool, 1 bedroom, 1 bathroom, living area and open-plan kitchen and terrace. Swimming pool in the complex, garage space.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €129,000 Ref: VS7021D </div>	<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> Playa Paraiso, Paraiso del Sur </div> <div style="background-color: red; color: white; padding: 2px; transform: rotate(-15deg); display: inline-block;">REDUCED!</div> <p style="font-size: 0.8em;">Fantastic ocean view. Apartment with 1 bedroom, bathroom, open-plan kitchen and terrace with beautiful views of the ocean and La Gomera island.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €160,000 Ref: VS6887DE </div>	<div style="background-color: #800000; color: white; padding: 5px; text-align: center;"> Playa Paraiso, Marina Palace </div> <div style="background-color: red; color: white; padding: 2px; transform: rotate(-15deg); display: inline-block;">BANK REPOSSESSION!</div> <p style="font-size: 0.8em;">Apartment overlooking the street and ocean. 1 bedroom, bathroom, American style kitchen with living room and terrace. Needs reform. Pool in the complex.</p> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> €107,000 Ref: VS7013BS </div>

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Tenerife Prime Property

Tenerife Prime Property

Golf del Sur, Las Adelfas I



Spacious, recently refurbished to a high standard, unfurnished, 2 bed, 2 bath (master en suite) bungalow-style property on sought after, well-maintained and operated 'Touristic' complex with heated pool, restaurant and Reception. The property has front and rear terraces/gardens, lounge/dining area, independent fitted kitchen with new 'white' goods, utility room and a roof terrace/solarium with sea and mountain views.

S-02 1382

€269,000



Golf del Sur, Las Adelfas II



Spacious, part-furnished 2 bed, 2 bath corner villa with large roof terrace in sought after complex with pool. The property has a lounge/dining area, American style fitted kitchen, and a wraparound terrace which enjoys lovely sea, mountain and golf course views.



S-02 1342

€199,000



PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Amarilla Golf, Pinehurst 1 bed

Lovely, fully refurbished, unfurnished 1 bed, 1 bath 2nd floor apartment on complex with pool and bar/restaurant. The property enjoys views over the golf course to the sea, has a lounge/dining area, American-style fitted kitchen and a terrace which can be closed off to create additional living space.

S-01 1400 €132,000

Golf del Sur, Alamos Park

Lovely, fully furnished, 4 bed, 3 bath villa with independent 3 bed apartment private pool, and with gardens and games area. This substantial property (280sqm built on a 1,000sqm plot) exudes quality and has too many extras to list here. Close to shopping, bars and restaurants, and the sea front walkway to Los Abrigos.

S-07 1404 €599,995

Amarilla Golf, Fairways Club

Lovely, fully renovated, furnished and equipped, 1 bed, 1 bath apartment on popular, sought after holiday complex with beautiful pool and pool bar area. The property has a lounge/dining area, American-style kitchen and a sunny terrace.

S-01 1405 €135,000

Amarilla Golf, Augusta Park

Beautiful, ground floor 1 bed, 1 bath apartment being sold fully furnished. There is a lounge, fully equipped kitchen, a/c, electric shutters on windows and an 8m² terrace. Heated community swimming pool.

S-01 1354 €136,000 Sterling

Amarilla Golf, Pinehurst

Beautifully decorated, fully furnished, 2 bed, 1 bath ground floor apartment on popular complex with pool, close to all amenities. This spacious (77sqm) property has a lounge/diner, American-style kitchen and a large sunny terrace overlooking the pool and gardens. Com. Fees €306 every 2 months.

S-02 1384 €155,000 Sterling

Playa de las Americas, Jacaranda

Lovely, spacious, fully refurbished, 3 bed, 1 bath penthouse apartment with sea views on popular holiday complex with pool, close to all amenities and just 100 metres from the beach. The property has a lounge/dining area, American-style fitted kitchen and large sunny terrace.

S-03 1398 €288,000

Golf del Sur, Winter Gardens

Lovely 2 bed, 2 bath (1 en suite) apartment on popular complex with pool and pool bar, and bowling green. Tastefully furnished with separate, fully equipped kitchen, small utility room, and a large lounge leading with good-sized terrace off.

S-02 1352 €235,000

Los Cristianos, Dinastia

Beautiful, fully furnished, ground floor 2 bed, 2 bath (1 en suite) apartment with an exceptionally large terrace. This apartment is very tastefully furnished and has a fully equipped kitchen. There are lifts throughout the complex and there is a community swimming pool and pool bar.

S-02 1348 €285,000

Golf del Sur, Las Adelfas I

Beautiful, fully furnished, 4 bed, 3 bath (2 en suite) bungalow type property with good size lounge and separate fully fitted kitchen. This property has its own private pool, garden and large terrace. There is private parking directly outside the property. This is a lovely family home and has to be seen.

S-04 1341 €375,000

Los Cristianos, Parque Tropical II

Large, part-furnished, 2 bed, 2 bath duplex apartment in sought after complex with lovely pool area. The property has a lounge/diner, American-style kitchen, small front garden and a large terrace off the lounge overlooking the pool. Needs minor refurbishing.

S-02 1150 €250,000

Callao Salvaje, Un Posto al Sole

Lovely, part furnished, refurbished and equipped, 1 bed, 1 bath, 1st floor apartment in sought after complex with pool, sun terraces and lifts throughout (size 45sqm + 10sqm terrace). The property has a lounge/diner, American-style fitted kitchen and a good-sized, sunny terrace with sea views and a secure storeroom.

S-01 1415 €169,950

Valle San Lorenzo

Lovely, brand new, fully furnished and equipped 3 bed, 2 bath (1 en suite), 1st floor apartment (one in block of 6) with communal roof terrace and separate laundry/storeroom. The property has a large lounge/dining area, separate fitted kitchen and sunny terrace. Extras include fitted wardrobes in all bedrooms.

S-03 1420 €130,000

Golf del Sur, Sand Club

Fully furnished and renovated, 2 bed, 1 bath ground floor apartment with easy access from main road. In popular residential complex with pool located close to all amenities. The property has a lounge/diner, separate fully fitted kitchen, a sunny terrace and large garden with Jacuzzi.

SC148-VE €160,000

Golf del Sur, Edf. Cañadas

A selection of brand new, unfurnished 1 bed, 1 bath apartments on this centrally-located complex with pool and parking. All apartments come with a fully fitted kitchen (including all white goods), a spacious lounge/dining area and either a garden or large sunny terrace. Variety of sizes from 50sqm and represent great value for money! Prices start from €125,000

S-01 1417 FROM €125,000

Tenbel, Primavera

Fully furnished 1 bedroom, 1 bathroom ground floor apartment on sought after complex with pool. The property has a lounge/diner, fully fitted American-style kitchen and good sized, sunny terrace. Extras include security grilles.

S-01 1414 €115,000

Amarilla Golf, Mirador del Golf

Lovely, unfurnished, 3 bed, 3 bath (1 en suite) townhouse with private pool, garden and large garage on small, exclusive community on the edge of the popular Amarilla Golf course. The property has a large lounge/dining area, separate fully fitted kitchen and sunny terraces to the front and rear. Close to all amenities, the sea front and San Miguel marina.

3TH3253 €330,000

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REF: D1230 €299,000

922 719 925

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 1 BED, 1 BATH APARTMENT



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922 715 788

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 2 BED HOUSE



REF: 1141 €88,000

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 GARDEN CITY, SAN EUGENIO BAJO
 1 BED, 1 BATH APARTMENT



REF: 1A3461 €195,000

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COSTA DEL SILENCIO, CORAL MAR
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REF: 46-0220 €89,900

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VYM Canarias

CALLAO SALVAJE, SUNSET VIEW
 1 BED, 1 BATH APARTMENT



REF: VS7021D €129,000

922 787 210

VYM Canarias

PLAYA PARAISO, PARAISO DEL SUR
 1 BED, 1 BATH APARTMENT



REF: VS6887DE €160,000

922 787 210

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ROQUE DEL CONDE
 2 BED, 1 BATH APARTMENT



REF: T1177 €189,500

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Tenerife

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 1 BED, 1 BATH APARTMENT



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922 732 862

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REF: GREEN PARK €69,000

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REF: PMSR0071 €179,950

677 623 713

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SANTA MARIA, TORVICAS
 1 BED, 1 BATH APARTMENT



REF: N1385 €189,000

608 573 443

TENERIFE PROPERTY SHOP S.L.

PUEBLO PRIMAVERA, GOLF DEL SUR
 2 BED, 2 BATH DUPLEX



REF: GOLF01619 €174,000

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PALM MAR
 LUXURY 4 BED, 3 BATH VILLA



REF: V415-BP €980,000

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FAIRWAYS CLUB, AMARILLA GOLF
1 BED, 1 BATH APARTMENT



REF: S-01 1405 €143,000

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Sales & Rentals

COSTA DEL SILENCIO, PARQUE DON JOSE
1 BED, 1 BATH APARTMENT



REF: 39-0120 €119,000

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Tenerife Properties

VALLE SAN LORENZO
2 BED, 2 BATH APARTMENT WITH GARAGE SPACE



REF: T1165 €99,000

608 573 443

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GREEN PARK, GOLF DEL SUR
1 BED, 1 BATH APARTMENT



REF: ST111-AG €99,000

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VYM Canarias

PLAYA PARAISO, MARINA PALACE
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REF: VS7013BS €107,000

922 787 210

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LAS GALLETAS
1 BED, 1 BATH APARTMENT



REF: S-01 843 €110,000

922 703 725

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COSTA DEL SILENCIO, PRIMAVERA
1 BED, 1 BATH APARTMENT



REF: S-01 1414 €115,000

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DIRECT FROM OWNER

GOLF DEL SUR, LOS ALAMOS

Price: €599,995



Magnificent, fully furnished and equipped, 4 bedroom - all en suite - villa, plus independent 3 bedroom, 1 bathroom apartment (with own entrance) comprising own heated swimming pool, al fresco dining area, gardens and games area in this exclusive location.

built on a 1,000sqm plot) exudes quality, with 'wet room' style granite-floored shower/bathrooms throughout and really too many 'extras' to list here.

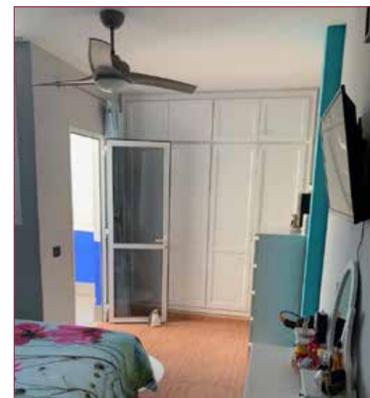
Close to the San Blas Commercial Centre's excellent shopping, bars and restaurants, the sea front walkway to the popular fishing village of

nearby Los Abrigos, championship golf courses at Golf del Sur and Amarilla Golf and myriad water sports including the wind-surfing paradise of El Medano, there is so much for people to do. The 'South' airport is less than 10 minutes away as are the popular resorts of Los Cristianos and Las Americas.

For more information, or to arrange a viewing, please call: 649 038 622

FOR SALE IN THE VILLAGE OF SAN MIGUEL

Price: €120,000



Part-furnished, fully renovated to a high standard, 2 bed (both double), 1 bath (with modern 'walk-in' shower), 2nd floor apartment in popular Canarian village. The property has a spacious lounge/dining area with newly glazed patio door, an American-style fully fitted kitchen, a small front balcony plus a rear balcony with stunning views of the coastline.

The village offers an excellent range of amenities - Doctors, chemists, schools and shops and is only a short drive to the TF-1 motorway, the coast and excellent shopping centres of Las Chafiras and Granadilla.

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US dollar rebounds from two-year low as the global recovery begins to show cracks

Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

Latest currency news

The second half of August has been characterised by jittery trade in the currency market, amidst growing concerns over the trajectory of the global recovery.

During this volatility we have seen GBP/EUR tick up from 1.10 to 1.11 as EUR/GBP retreated to 0.89. Meanwhile, GBP/USD climbed from 1.30 to 1.31, whilst EUR/USD has retreated to 1.18, having briefly struck a two-year high of 1.19.

What's been happening?

While the pound has trended higher through the past couple of weeks, this has not been without some hurdles, with Sterling tempered by renewed Brexit jitters and concerns of an impending unemployment crisis in the UK.

The US dollar struck a two-year low in mid-August but has been quick to bounce back, as demand for the safe-haven currency has been stoked by concerns that there are still significant risks to global growth.

In the meantime, the euro has been giving ground on fears Europe's coronavirus resurgence could hamper the Eurozone's recovery, which was highlighted by the stalling of economic

activity in August's preliminary PMIs.

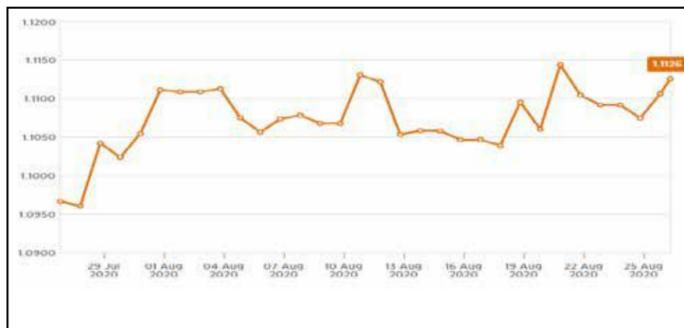
What do you need to look out for?

Looking ahead, the pound may face some headwinds going forward as the winding down of the UK's furlough scheme next month looks set to unleash the next wave of redundancies.

At the same time, the euro faces the prospect of further losses if Europe's coronavirus situation continues to deteriorate.

Finally, we may see US political risk begin to increasingly influence the US dollar in the coming weeks as campaigning begins to ramp up ahead of November's presidential election.

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The Pavlova is a meringue-based dessert named after the Russian ballerina Anna Pavlova

The surprising truth about the pavlova's origins

By Angela Saurine

Australians and New Zealanders have long argued over who invented the pavlova, but the authors of a new book have found the dessert's origins go back much further.

Baking a "pav" and turning up to a backyard barbecue with the dessert in hand is about as Australian as it gets. On Christmas Day, soon after the last prawn has been peeled, the white meringue cake topped with cream and fruit takes pride of place on tables across the country. It's a dish synonymous with summer celebrations; a refreshing sweet treat on an often hot and sticky day. With many of us being brought up to believe it to be a local invention, it's no wonder Australians feel such a strong affinity with pavlova.

The only problem is, New Zealanders feel the same way.

"When I was growing up in the 1970s, I remember my mum would make a pavlova and take it to friends' houses and parties," said Australian chef Peter Gilmore, who is known for his meringue-based Snow Egg dessert, which found fame in the 2010 series of MasterChef Australia. "I think of the Australian variety having tropical fruit, like passionfruit and mangoes. So, when I put my Sydney Opera House-shaped version on the menu at [Sydney Opera House restaurant] Bennelong, passionfruit was the obvious choice for me to feature."

Like many in the industry, Gilmore had long believed the pavlova to be an Australian creation, only recently discovering New Zealand also makes the

same claim. The dessert was named after the Russian ballerina Anna Pavlova, who was a megastar when she toured both countries in the 1920s.

On the Australia side, chef Herbert "Bert" Sachse is said to have created the pavlova at Perth's Esplanade Hotel in 1935, and it was named by the house manager, Harry Nairn, who remarked it was "as light as pavlova". In an interview with Woman's Day in 1973, Sachse said the proprietress, Elsie Ploughman, and Nairn recruited him to make something "different and unique" as a cake or sweet. "I had always regretted that the meringue cake was invariably too hard and crusty, so I set out to create something that would have a crunchy top and would cut like a marshmallow," he said. "After a month of ex-

perimentation – and many failures – I hit upon the recipe, which survives today." Caption: The 1929 New Zealand pavlova was the version that sparked the pavlova "wars"

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It's no surprise that both Australia and New Zealand would want to claim it as something they have given the world

However, Dr Leach found references to three types of dessert called pavlova in her homeland prior to Sachse's offering. The first was the brand Davis Gelatine's multicoloured, layered jelly in 1926. Next came small coffee and walnut-flavoured meringues, similar to kisses, which appeared in the city of Dunedin in 1928 and became popular throughout the country. Then in 1929, a recipe for a large meringue cake named after the ballerina appeared in the regional publication Dairy Farmer's Annual. "This third type of pavlova was the one that several decades later became the subject of the pavlova 'wars', which insist that the pavlova was 'created' or 'invented' and then stolen/falsely claimed by chefs/cooks across the Tasman," Dr Leach said.

US-based food scholar Darra Goldstein became fascinated with pavlova after her daughter moved to Australia in 2014, and later New Zealand, and she began collecting cookbooks from both countries. She included a chapter about it, written by Dr Leach, in the book she edited, The Oxford Companion to Sugar and Sweets.

"The author said that the precise origins of pavlova can't be determined, and that, in fact, it's misguided to believe that recipes are invented – rather, recipes evolve over time, often in more than one location," Goldstein said. "When there's a dish as popular



The Spanische Windtorte was an 18th-Century Austrian dessert consisting of meringue, whipped cream and fruit

as pavlova, it's no surprise that both Australia and New Zealand would want to claim it as something they have given the world.

That's certainly the case for New Zealander Dr Andrew Paul Wood and Australian Annabelle Utrecht, who met debating pavlova's origins on a mutual friend's Facebook post. Both went away determined to prove the other wrong. But after they started digging deeper, they were surprised to find that the history of the pavlova goes back a lot further.

The pair have spent the past seven years piecing together what Utrecht describes as a "culinary jigsaw puzzle", trawling

said. "By the 18th Century, large meringue constructions incorporating cream and fruit elements could be found in aristocratic kitchens across German-speaking lands, so the thing we call a pavlova today is actually more than two centuries old."

Soon, she said, women in middle-class European kitchens began creating meringue cakes topped with whipped cream, nuts and fruit or fruit preserves. Utrecht said Europe was in turmoil with the Napoleonic wars in the 1800s and when people moved and settled in other lands, the pavlova-like desserts went with them. "By 1860 you can find it in Great Britain, Russia and North America," she said. "I have made a couple of cakes from



The porra, a plumper cousin of the churro, is similar to Chinese youtiao

through cookbooks, newspapers, still life paintings and archives from around the world. Originally, they planned to make a short documentary, but when they realised the pavlova story was much bigger than just a trans-Tasman battle, they decided to write a book, which has the working title Beat Until Stiff: The Secret History of the Pavlova and a Social History of Meringue Desserts.

"To start with, we undertook a forensic examination of both the Kiwi and Australian legends, and new facts [were] quickly revealed that flip the narrative completely," Utrecht

As power shifted between empires and kingdoms, the meringue went with it

But Utrecht said Sachse produced a "sophisticated

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The 1929 New Zealand pavlova was the version that sparked the pavlova "wars"

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Cont. from Page 34

and highly stable" pavlova. "I have baked his pavlova a couple of times and guests



German-speaking immigrants to the US and Australia brought meringue-based desserts like baisier torte (kiss cake)

love his cake because it's the closest thing to the pavlova in their minds," she said. "When I baked the 1929 New Zealand pavlova I was really surprised; it's actually a meringue sandwich, not the pavlova we have today. But the next pavlovas that came out of New Zealand by around 1932 to 1933 were single-level cakes topped with fruit and cream."

As for the name, the pair also discovered hundreds of recipes for sweet and savoury dishes named after Anna Pavlova in the northern hemisphere. They include Strawberries Pavlova, an Edwardian-period glacé served with a garnish of raspberries, which appeared in the New Zealand Herald in 1911 but Utrecht believes it was reprint-

ed from England. "If you go back even earlier in 1911, there was a pavlova dessert in the United States that included a meringue

which is made by pouring a sugar syrup over the top of egg whites rather than the baked kind that we're familiar with. "We think this sort of cooking with meringues and sugar syrup probably passed into Europe via Portuguese-controlled territories in Africa (formerly Arab-held), or through the Moorish occupation of Spain, Sicily and France," he said. "The earliest European references turn up in places like Italy and Spain, where there was a large Muslim population in the medieval ages. Sugar was incredibly expensive, so these treats were confections destined for the wealthiest of tables, like that of the Imperial Habsburgs, who also happened to be rich in New World sugar. Baked meringues (petite arrangements) can be found in the Spanish Habsburg's Imperial Madrid kitchen by the late 16th and early 17th Century. By the 18th Century, larger and more sophisticated meringue productions

component that could only be obtained under Pavlova's name for a limited time," she said. Dr Wood said he was particularly surprised to come across a frog's legs pavlova in New York. "Anabelle is really the maestro in the kitchen and she tested just about every recipe that we have dug up, but we have not trialed that one," he said.

Dr Wood was even more astonished to find a recipe in medieval Arabic books, including the 13th-Century Syrian cookbook Kitab al-Wusla ila al-Habib fi Wasf al-Tayyibat wa al-Tib (Book of the Bond of Friendship in the Description of Good Dishes and Perfumes) that, while not a meringue, "if you squinted at it in the right way" is similar to an Italian meringue,

begin to reveal themselves in cookbooks, and by the end of the 1700s, very large and sophisticated meringue cakes can be found in the homes of Habsburg nobles, like that of an Austrian meringue cake, three meringue layers high, filled with fruit preserves. Going into the 1800s, meringue cakes became incredibly popular among the wealthy middle classes too."

But he believes the Australasian-style pavlova, perfected by Sachse, was honed by housewives in America's Midwest by the late 19th Century. "That's where they started adding things like cornflour," he said. "Our pavlova usually has a starch ingredient that makes it stiffer and stronger. But the fruit is the big thing; that's probably the biggest difference between Australian and New Zealand pavlova. The New Zealand pavlova is very much a kiwi fruit thing, whereas in Australia you have passionfruit and occasional atrocities I've seen, like pineapple. In

Britain, it's very much about strawberries, while in older versions chopped walnut was a big thing."

The thing we call a pavlova today is actually more than two centuries old

Ultimately, Dr Wood said the pair see the "great, great granddaddy" of the large meringue cake, as we would understand the pavlova, as being the Spanish Windtorte (souffle cake), which was an Austrian dessert consisting of a meringue shell or layers, filled with whipped cream and fruit. "It was the first of its kind, and known to be baked in Habsburg kitchens during the late 1700s," he said.

"Identical in nature, baisier torte and schaum torte recipes only began to surface during the 1800s when geopolitical factors motivated nomenclature changes in non-Habsburg kingdoms. A large section of our book is dedicated to examining Eu-

ropean geopolitics and why the Windtorte was renamed so often." Dr Wood said it's been fascinating following the social history of pavlova, and the family tree of meringues, looking at how meringue cakes possibly started on the African continent and evolved in the Habsburg and Roman Empires in Central Europe. "As power shifted between empires and kingdoms, the meringue went with it," he said.

But he admits eating, breathing and sleeping pavlova for the past few years has taken its toll. "We had no idea it was going to be this involved when we started it," he said. "I'm not interested in making them or eating them anymore. For years my family has asked me to make a big pavlova for Christmas, but now it's the last thing I want to do."

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Strawberries Pavlova was an Edwardian-period glacé served with a garnish of raspberries

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Admiral Stavridis meeting with Afghan National Army leaders in Afghanistan.

You can't 'Zoom' trust

By Admiral James Stavridis, U.S. Navy (Retired)

When I was Supreme Allied Commander at NATO, I spent an enormous amount of time on the road. Each year, I would visit each of the Alliance's capitals a couple of times a year. I'd also go to the nations that were not NATO allies but strong partners in Afghanistan. I did it because I wanted to have a human interaction and to build personal trust with the leaders of those nations and their militaries. In the U.S. military we have a saying, "You can't surge trust." In times of crisis, you can surge forces, but you must build trust one interaction at a time.

I've been thinking about

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others. For those in industries where work can be accomplished virtually, there is a seductive quality to this. We “buy back” the cost and time of commuting, dry cleaning, lunches out, and other aspects of heading for the office. Recovered time can be used in so many positive ways—reconnecting with loved ones, exercising, and building intellectual capital from studying a language or reading classic literature. Some firms are thinking about permanent cuts to “in-person” work sites and offering hybrid home/work balance packages to workers. Twitter, for example, has indicated it will allow its workers to continue working from home permanently. Others will surely follow, if for no other reason than to save the significant costs of owning and operating real estate and offices, especially in expensive urban settings. But what are we giving up by potentially walking away from the office experience? As Robert Frost famously

said, “Poetry is what gets lost in translation.” Are we headed for a world in which face-to-face interaction becomes the exception rather than the norm? Throughout my seven years as a 4-star combatant commander, I participated in many, many video teleconferences, called “VTCs” in military jargon. They were conducted over highly secure communications systems and would often include sensitive briefings on upcoming operations—from a hostage rescue in Colombia to counter-terrorism raids in Afghanistan. The conferences were useful tools that ensured alignment from the highest levels of government in Washington, D.C. (White House, Secretary of Defense, Chairman of the Joint Chiefs) to the combatant commanders and their components conducting operations around the world. But the shortcomings of VTCs were apparent—and those shortcomings are increasingly part of the business and government landscape today. Leaders should consider them before rushing

headlong into this brave new world. First, there is a real loss of subtle but important physical cues in the VTC world. The inability to measure a person’s body language, enthusiasm, level of intensity, and nuance of behavior is a significant limitation. When briefing the National Security Council staff some years ago on a VTC from Miami about operations in Colombia, I wasn’t able to pick up on the subtle but critical doubts some of the junior staff in Washington felt. I learned of their doubts later from a colleague who had been in the White House Situation Room for the brief, and it ultimately undermined my recommendations. In person, in many situations, we are able to adjust our message and presentation and more fully satisfy our audiences. Another concern is cybersecurity. While all of the various teleconferencing companies are working to make their apps more secure, all of them are vulnerable to cyber intrusion from hackers, cyber criminals, competitors, or for-

eign governments. Russia, China, North Korea, and Iran all have sophisticated and capable offensive cyber tools that could be employed against U.S. businesses. While it is tempting to use VTC services that are simple and easy to operate, there is no substitute for face-to-face meetings to safeguard the most sensitive conversations. You just can’t do that from home. In the military context, we spent an enormous amount on ensuring cybersecurity for VTCs, but for the most sensitive matters, meetings were face-to-face. Third, you can’t surge trust. Relationships are built, interaction-by-interaction, over time. At the start of the pandemic, when everyone locked down and started working from home, many companies and organizations were able to continue working well together because team members already knew each other. But think of trust like a bank account: You make deposits into it over years of face-to-face interactions, and you draw on it as you work remotely and rely on video teleconferences. You

know the person on the screen, so you can extrapolate from the tiny vision in front of you and understand what they are thinking. Unfortunately, over time, that bank account draws down as new people join the organization, new clients are added, a new outside legal counsel is needed, and fresh opportunities require diligence from another firm or organization that is not a regular partner. I’d say most organizations—whether they be military commands, corporations, non-profits, schools, or universities—have about a year of “trust capital” from pre-existing relationships in the bank, but by early 2021, much of that capital will be exhausted. Finally, we should recognize that humans are generally a gregarious species. Most of us draw energy from the people around us. (There are, of course, exceptions in the broad spectrum of personality.) As a result, working from home may have a highly seductive appeal initially; but over time, the ethos of most organizations will be damaged by a lack of

real, in-person, human interaction. There is significant “poetry” in the human relationships that form the fiber and ethos of an organization. As we communicate and work together, we should observe that the poetry is exceedingly delicate, fragile, and can evaporate over time. The military is no exception—we need personal contact, especially in stressful times. None of this means we haven’t learned powerful lessons that can be applied as we return to a “new normal,” hopefully next year. It seems likely, for example, that less business travel will ensue, and some organizations will offer creative hybrid work arrangements in the time to come. Big conferences may be done virtually at vastly reduced costs. But we must be mindful of the long-term power of in-person interactions—in the military, business, and every field of human endeavor. Poetry matters, and we should not allow it to be lost in translation.

around £10 billion a year. That’s without mentioning the myriad of other invisible disabilities faced by millions. While we continue to become more open to talking honestly about the experience of mental health challenges, there is still a long way to go before acceptance is mainstream and treatments stop being taboo. Patients diagnosed with depression, PTSD, or anxiety are often prescribed tried-and-tested medicines that have worked well for others. But what about the significant proportion of people who are resistant to medicinal treatment? In Britain almost a third of those suffering from depression, 1.2 million people, are living with a treatment-resistant form of the illness. Even worse, there have been no major advances in the treatment of depression for decades. There is clearly an urgent need for more research into novel therapies for treatment-resistant cases. Enter psilocybin, a compound found in over 100 species of fungi, commonly known as ‘magic mushrooms’. It is a psychedelic that induces temporary

changes in mood, perception and cognition via activation of serotonin receptors in the brain. What’s more, it’s quite safe. It is associated with a low potential for harm relative to other classes of psychoactive drugs: it has very low toxicity and is not associated with the development of physical dependence, nor with acquisitive or other crime, while deaths attributed to its abuse are extremely rare. Despite this, it is listed in Class A of the Misuse of Drugs Act 1971 and in Schedule 1 of the Misuse of Drugs Regulations 2001. There is overwhelming scientific consensus that the current legal status of psilocybin is based not on evidence, but on overstated historical assumptions of harm (partly due to an anti-hippie backlash from the 1960s). So, what does this have to do with mental health treatment? Psilocybin shows real promise as an alternative approach to existing mental health therapies. Early studies show that it can be administered safely and in a controlled manner to

patients, is well tolerated, and is likely to have lasting therapeutic effects. “There were times in the whole experience where I felt like I was being purged of self-doubt, guilt and was being shown ways of handling all that was bringing me down,” one clinical trial participant reported back. “It was like having the best therapist in the world inside your mind, but all the answers were within.” These promising early results will need substantiating with larger-scale phase 3 trials in order to create a robust evidence base. However, as is so often the case, government red tape is holding up progress. The Home Office’s classification of psilocybin as Schedule 1 drug makes pharmaceutical trials expensive and time-consuming. The stigma associated with Schedule 1 status also reduces funding opportunities and approval from ethics boards. Compliance with regulations and obtaining licenses from the Home Office costs precious time and money which would be better used creating much-needed treatments. In the latest paper from the Adam Smith Institute, in

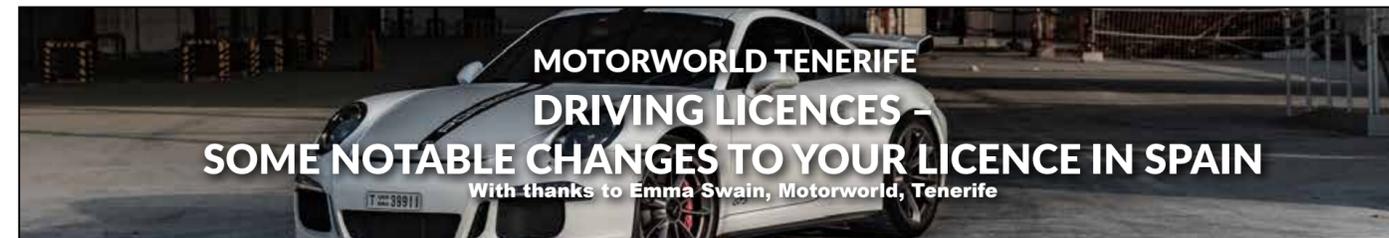
conjunction with the Conservative Drug Policy Reform Group and researchers from the University of Manchester and King’s College London, we call for psilocybin to be rescheduled as a Schedule 2 drug, like cannabis now is. In practice this would mean universities could study the drug without any additional licensing or red tape, ensuring further medical trials can be conducted to determine the feasibility of psilocybin as a treatment for debilitating mental health conditions like depression and PTSD. We cannot allow our outdated approach to drug classification to hamper research into medicinal use of traditionally recreational drugs with strong therapeutic promise. A simple reclassification would be a big step forward in pursuing a treatment that has huge potential. With a growing mental health crisis following months of isolation, anxiety, financial stress, and bereavement caused by Covid-19, now is the time to pursue every avenue available to us to bring relief to those of us who are silently struggling.



It’s magic, you know: Why it’s time to lift the restrictions on psilocybin

By Morgan Schondelmeier, Journalist

1. Psilocybin mushrooms show real promise as an alternative approach to existing mental health therapies
 2. Psilocybin is nowhere near as harmful as its classification suggests - a change is long overdue
 3. Given the huge cost of depression, we should be pulling out all the stops to find new treatments
- One of the most welcome developments of recent years is that we have become much more open



SOME NOTABLE CHANGES TO YOUR LICENCE IN SPAIN

With thanks to Emma Swain, Motorworld, Tenerife



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tem in Spain. Please note that this is a Spanish Law, NOT a UK, or European one. The idea is that the new law will permit changes to road training and the examinations taken in order to obtain a licence. It also allows car drivers the opportunity to extend the types of vehicles they may drive. Of course, it will not be obligatory for a holder of a Category B licence to

drive anything else if he or she does not wish to, but the option will be there. This is not the first time that Category B licence holder legislation has been changed. From October 2004, every such Licence-holder can ride a 125cc motorcycle, provided it does not have a sidecar and does not exceed 11kw power output. Here again, the holder of such a Licence will have had three years’ driving experience when applying for the Licence without requiring further paperwork. Other changes relate to Age Limits on certain Licences: Dependent of the type of vehicle and its use, the age limit to obtain a category C,D,D1; C+E, D+E and D1+E will be reduced ONCE the Applicant ob-

tains a Certificate of Aptitude Professional (CAP) a UK Licence will not be valid in Spain unless an agreement is reached during the Brexit negotiations.

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BE	max. < 750 kg
C1	> 3.5t - < 7.5t max. 9+1 max. < 750 kg
C1E	max. < 750 kg max. 12t
C	max. < 750 kg
CE	max. < 750 kg
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D1E	max. < 750 kg max. 16+1 max. 12t
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How will Brexit affect my pet passport?

Pet Passports: How will Brexit affect my pet passport?

By Liam Doyle, Journalist, Express Newspapers

PET passports allow people to take their beloved companions on holiday rather than having to leave them with a carer. But as Brexit becomes more complicated, people wonder whether they will still be valid. How will Brexit affect pet passports?

A pet passport allows a pet to travel abroad with their owner, many stuffed in the cabin of a plane or boat alongside them. The documents aren't quite as complicated as human passports but remain vital for national health and safety. Much like with free movement, the EU allowed a more seamless transition for people with pets, which

will change from next year.

How will Brexit affect pet passports?

Pet travel within the EU acts much like coronavirus air corridors do right now. Owners could bring their companions into another EU country without having to quarantine them first. Quarantine would give authorities time to ensure no animal diseases had entered their borders.



No deal Brexit: What does No Deal Brexit mean for Britain's pets?

Pet passports circumvent this, providing officials with a reliable summary of treatments a pet has received. They include evidence the animal has vaccinations against rabies and other diseases. Only qualified vets may issue a pet passport, and once issued, they will allow people to travel within the EU with-

out resistance. Brexit will make these passports invalid from January 1, 2021. Pet owners will need to follow a new process to take them on holiday when the UK withdraws from the EU. When it does so, Britain will become a third country, which exits outside the single market. As EU countries issue the documents themselves, Brits will have to find another way to get their pet approved. Officials have asked people to ensure they contact their vets

at least four months before travelling.

According to Gov.uk, third countries may choose to become listed with the European Commission. They will then get either unlisted, part one or part two listed status. The process will require the Government to make arrangements, however, as it is not automatic.

The status the UK gets will affect how people travel through the EU with their



Officials have asked people to check with their vet at least four months before travel

Part one listed country

Countries which gain part one status would require people to apply for a UK rather than an EU pet passport. Dogs would need tapeworm treatments, and other pets a rabies vaccination and microchip.

Part two listed country

Residents of a part two listed country must get an animal health certificate (AHC) 10 days before they go on holiday, on top of the

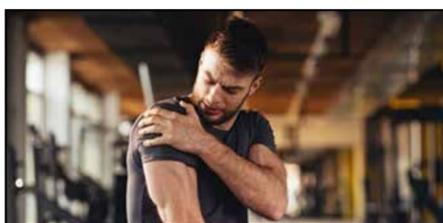
above requirements. The certificates show an animal is microchipped and vaccinated against rabies, and owners must get a new one before each trip.

Unlisted country

Residents of an unlisted country must do all of the above and send a blood sample taken from their pet at least 30 days after a rabies vaccination. The sample goes to an EU-approved laboratory, and after three months will go on a pet's AHC.



Pets may have to go through more hurdles for holidays after Brexit



WHY MUSCULAR SORENESS COULD BE BAD

From Menswear Style in Health & Fitness

Millions of men exercise on a regular basis. Some are interested in gaining muscle. Others might instead prefer to lose body fat or train for an upcoming marathon. Whether hitting the weights or pushing past your limits in order to achieve a five-minute mile, the fact of the matter is that soreness is a natural part of the process. Some even gauge the efficacy of their training sessions upon how sore they are the following day. To

muscular pain is known as myalgia. When we push our bodies to the limit, we actually cause the fibres within our muscles to tear at a microscopic level. These tears will then need to heal over the next few days; the main reason why our muscles tend to ache after completing a difficult training session. Not only will the proper amount of rest enable us to grow stronger over time, but this very same pain is how our bodies let us know to rest and recover before moving on. Those who are prone to extremely gruelling sessions



WHY DO MUSCLES BECOME SORE AFTER A HIGH-INTENSITY TRAINING SESSION?

The medical term for



may train a body part (such as the quadriceps) to the point that it remains sore for four or five days. This is entirely natural and there is no reason for alarm. However, there are other times when soreness could represent a warning sign.

IDENTIFYING ACUTE PAINS

Those who are sore will sometimes choose to take supplements such as the

er signals that you are feeling more than an average level of soreness include:

- Pain that progressively increases throughout the days following the training session.
- Muscles that become red, swollen or painful to the touch.
- The inability to move a specific joint.
- A decreased range of motion around a specific area of the body (such as the shoulder girdle).

All of these scenarios could be signs that more damage has been done than you initially suspected. As much as you might still be tempted to ignore such pains and hit the gym, this will result in more harm than good. It is best to speak with your doctor in order to obtain a proper diagnosis. You will then be able to return to normal activities in no time at all.

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Waves have a structure, with parts, like this:

US election 2020: A really simple guide

With thanks to BBC News

The president of the United States of America has a huge influence on how the world responds to international crises, such as wars, global pandemics and climate change.

So when the election comes round every four years, there's a lot of interest in the outcome but not a lot of understanding about

ard Nixon.

The Democrats are the liberal political party in the US and their candidate is Joe Biden, an experienced politician best-known for serving as Barack Obama's vice president for eight years.

Both men are in their 70s - Mr Trump would be 74 years old at the start of his

battleground states.

Who can vote and how do they do it?

If you're a US citizen and you're 18 or over, you should be eligible to vote in the presidential election.

However, lots of states have passed laws requiring voters to show identification documents to prove



will be on Trump v Biden, but voters will also be choosing new members of Congress when they fill in their ballots.

Democrats already have control of the House so they will be looking to keep hold of that while also gaining control of the Senate. If they had a majority in both chambers they would be able to block or delay Pres-

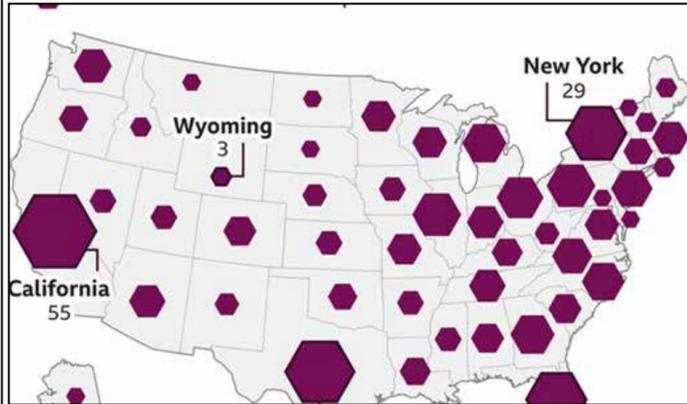
ed, but it's usually pretty clear who the winner is by the early hours of the following morning. In 2016, Donald Trump took to the stage in New York at about 3am to give his victory speech in front of a crowd of jubilant supporters.

But don't set your alarm clocks just yet. Officials are already warning that we

made a month later.

When does the winner take office?

If Joe Biden wins the election, he wouldn't immediately replace President Trump as there is a set transition period to give the new leader time to appoint cabinet ministers and



how the process works. If you're looking for a refresher or trying to understand it for the first time, this simple guide to the US election will help.

When is the election and who are the candidates?

The election for president always falls on the first Tuesday after the first Monday in November, meaning this time around it's on 3 November. Unlike many other countries, the US political system is dominated by just two parties, so the president always belongs to one of them. The Republicans are the conservative political party in the US and their candidate in this year's election is President Donald Trump, who is hoping to secure another four years in power. The Republican Party is also known as the GOP, or the Grand Old Party. In recent years, it has stood for lower taxes, gun rights and tighter restrictions on immigration. Support for the party tends to be stronger in more rural parts of America. Former Republican presidents include George W Bush, Ronald Reagan and Rich-

second term, while at 78, Mr Biden would be the oldest first-term president in history.

How is the winner decided?

The winner is not always the candidate who wins most votes nationally - as Hillary Clinton found out in 2016. Instead, candidates compete to win electoral college votes. Each state gets a certain number of electoral college votes based on its population and there are a total of 538 up for grabs, so the winner is the candidate that wins 270 or more. This means that when someone votes for their preferred candidate, they're voting in a state-level contest rather than a national one.

All but two states have a winner-takes-all rule, so whichever candidate wins the highest number of votes is awarded all of the state's electoral college votes. Most states lean heavily towards one party or the other, which means the candidates focus their efforts on a dozen or so states where either of them could win. These are known as the

who they are before they can vote. These laws are often put into place by Republicans who say they're needed to guard against voter fraud. But Democrats accuse them of using this as a form of voter suppression as it is often poorer, minority voters who are unable to provide ID like a driving licence. States also have different rules on whether prisoners can vote. The majority of them lose their right to vote when they are convicted but regain that right when they have served their sentence.

Most people vote at a polling station on election day, but alternative methods of voting have been on the rise in recent years. In 2016, 21% of those who voted did so by post. How people vote is a contentious issue this year because of the coronavirus pandemic. Some politicians are calling for wider use of postal ballots, but President Trump has said - with very little evidence - that this could result in more voter fraud.

Is the election just about who is president?

No. All of the attention



ident Trump's plans if he were to be re-elected. All 435 seats in the House are up for election this year, while 33 Senate seats are also up for grabs.

When will we find out the result?

It can take several days for every vote to be count-



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HOW A LACK OF SLEEP WEAKENS YOUR IMMUNE SYSTEM AS MUCH AS STRESS

Your body needs sleep to function correctly. Studies show that a person can go 11 days without rest, but the signs of the lack of sleep will begin to show after three or four days. Without rest, your mind and body will start to shut down. The lack of sleep can cause things like hallucinations and paranoia, but thankfully the symptoms resolve once a person gets to rest. How much sleep does a person need? Well, adults between the ages of 18-60 should get about seven hours each night. Infants need almost double the amount of sleep as their parents, with an average of around 10-13 hours a night.

Sleep is so important because your body is busy repairing and building your immunity to thrive. Your damaged tissues and cells are being healed and restored. If you don't get the right amount of sleep, then you are more susceptible to disease and infections.

OVERCOMING LACK OF SLEEP SHOULD BE A PRIORITY

Do you use your sleep as a bargain time for you to do extra things? For instance, do you think that you can shave off two hours here or there so you can make time for friends and family? Your sleep time should be non-negotiable. Your body requires about 49 hours each week to thrive. If you get 40 hours instead of what you need, you are sleep deprived. While you may not feel the effects immediately, it's affecting your immune system.

You may start getting sick more, and you may find that your overall health begins to deteriorate. The Center for Disease and

sufficient levels.

HERE'S WHAT HAPPENED WHEN PARTICIPANTS GOT PLENTY OF SLEEP VERSUS THOSE WHO SUFFERED A LACK OF SLEEP

The participants that got sufficient amounts of sleep found that they had a higher level of T cell formation along with integrin activation. The people who were lacking in sleep saw disturbing low levels of these innate cells. When a person doesn't have enough sleep, and they deal with stressful situations, it hurts their immune system because it cannot function properly.

Thus, a conclusion that states that a lack of sleep can make you sick is verified. Your body is building its defence system when you sleep at rest. It's not a process that can happen quickly as it needs several hours to complete. When you lack sleep, it does more than just halt the production of T cells. Many severely underestimate the importance of getting enough rest. If you don't get at least seven hours each night regularly, then you are allowing the formation of a hostile environment inside your body.

RESTORING IMMUNITY WITH T CELLS

Different cellular parts make up the immune system. T cells are a vital part of this essential network. These cells are very resistant in their battle to fight intracellular pathogens, which keep you safe. Research shows that T cells can battle against the flu or things as deadly as cancer. They could be the very thing that stops you from getting sick even though everyone in the household is ill. A recent study was conducted on the effects that a lack of sleep has on these vital cells.

The study found that during your hours of rest, these T cells kick into overdrive, helping your immune system to boost its defense. Part of their efforts is made during sleep because your stress hormones are at their lowest during this time. Since stress prohibits these cells from properly fighting your immunity, it halts the T cells from doing their job.

When your body has a cell that is virally infected, your system will activate integrins to fight against the foreign pathogens. These integrins are similar to that of a sticky protein that will attach itself to the bad cells to destroy them. The study compared the difference between people who got adequate amounts of sleep versus those who had in-

When you have insomnia, chronic sleep deprivation can give you both long- and short-term health problems. The short-term consequences of poor sleep may cause:

- Anxiety
- Mood Fluctuations
- Forgetfulness
- Poor Judgment
- Errors at Work
- Car Accidents
- Relationship Issues

When you have chronic sleeping issues that impair your ability to function well, then it becomes dangerous. Your body needs sleep, and if it doesn't get adequate rest, then it builds a sleep deficit. The deficiency can cause problems with the following things:

- Inflammatory Conditions
- Increase in Blood Pressure
- High Levels of Cortisol
- Weight Gain
- Heart Disease
- Insulin Resistance
- Blood Sugar Regulation Issues

IS THERE A CORRELATION BETWEEN HEART DISEASE AND SLEEPLESSNESS?

A study was conducted about the effects of sleep on heart disease. They used mice for the study. The goal was to find if there were any changes in the heart when the animal received proper amounts of rest or inadequate amounts. They investigated things like bone marrow, blood vessels, as well as brain function.

When the mice had adequate amounts of sleep, the mechanisms that protected the hardening of the arteries engaged and helped to keep disease at bay. However, the mice that didn't get enough sleep were prone to heart disease. The link between adequate sleep and good cardiovascular health is not fully understood and needs more research, but it's a promising lead to show how to improve heart health.

WHAT MIGHT BE CAUSING YOUR LACK OF SLEEP?

Why do so many people resist getting a good night's rest when they know their body needs it? Sleeplessness is often caused because a person's priorities are not inline. Most of the reasons why people don't get adequate sleep are vol-

untarily brought on.

1 - POOR BEDTIME HABITS

It's essential to set the right mood for rest. For instance, your bedroom should be cold and dark. You should avoid having distractions such as televisions, computers, electronics, and other technological devices. Even an alarm clock that is too bright can disrupt your REM sleep.

2 - ALLOWING PETS IN THE BED

While you may enjoy having Fido sleep with you, pets can be a significant cause of a miserable night's rest. They can hog the bed and mess with your blankets, making sleeplessness a real issue. If you have a spouse that has a snoring problem, then it also needs to be addressed.

3 - UNDIAGNOSED SLEEP DISORDERS

Many people have undiagnosed sleep apnea that can be deadly if not treated. Additionally, you may have a snoring problem. You may need to go to the bathroom during the night. These are things that you can't control, but you can get help for them.

4 - VITAMIN OR MINERAL DEFICIENCY

Insomnia happens for many reasons. If you cannot get the right amount of sleep, no matter what you try, then you need to see your doctor. Essential oils and natural supplements like melatonin can help to increase your sleep time without nasty side effects. Still, you need to make sure there is no underlying condition contributing to

your lack of sleep.

5 - CONSUMPTION OF TOO MUCH CAFFEINE

Another thing that you need to be cautious of is your caffeine consumption. Caffeine is a stimulant that increases the heart rate. According to one study, too much coffee or other caffeinated beverages can keep you up well into the night. It's not that your body doesn't want to rest, but the stimulant is prohibiting you from entering that state of slumber.

6 - NOT GETTING SUFFICIENT EXERCISE

Keep in mind that if you have a hard time going to sleep, you need to start a nightly routine. New research debunks the myth that you should avoid working out before bedtime. Exercise can be an excellent way to end your day, and it's shown to promote healthy sleep. The bottom line is good sleep is a priority that you must make in your life, and it's not something that you can use as a bargaining chip.

FINAL THOUGHTS: YOUR LACK OF SLEEP COULD AFFECT YOUR ENTIRE BODY

What starts as a few hours missed here or there could turn into a severe issue. If you're having problems getting sufficient rest, then you must take preventative measures to correct it. When you don't get sufficient amounts of rest, you are putting your immunity in a volatile position. Those with weakened immune systems are more susceptible to sickness and disease than those who have excellent resistance.



Sleeping next to someone you love makes you fall asleep faster, reduces depression, and helps you live longer.

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ENERGY PERFORMANCE CERTIFICATES IN SPAIN

SEPTEMBER 2020 UPDATE

It is now seven years and three months since the legal requirement was brought in for Energy Performance Certificates to be carried out throughout mainland Spain and the Canaries. Reviewing the official register it can be seen that around 242,600 certificates have now been registered - an increase of 1,790 certificates issued in August, almost the same number as were carried out during August of 2019 and some 150 more than in the month of July 2020. This appears to suggest that some degree of 'normality' might be settling on the property market. This is of course groups both residential and commercial properties and those for sale as well as for rent in all of the Islands which together form the Canaries.

Selling your property

From 1st July 2013 property owners are required by law to present an Energy Performance Certificate when a property is placed on the market and prior to any advertising. When the property

is sold, the Notary will need to see the EPC, termed the Certificado de Eficiencia Energética in Spain.

Renting your property

Either you or your agent, must obtain an EPC. An agent will not be legally allowed to offer or advertise your property for long term letting without one. Where a property has already been let prior to 1st July 2013, no EPC is required until one tenant leaves and the property is offered for long term rental

again. If your property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months of each year, you may not need to have an EPC. If you are the tenant your landlord or the letting agent should be able to show you the EPC for your property.

The EPC contains:

Information about a property's energy use and typical energy costs, and recommendations

as to how you may be able to reduce energy use and save money.

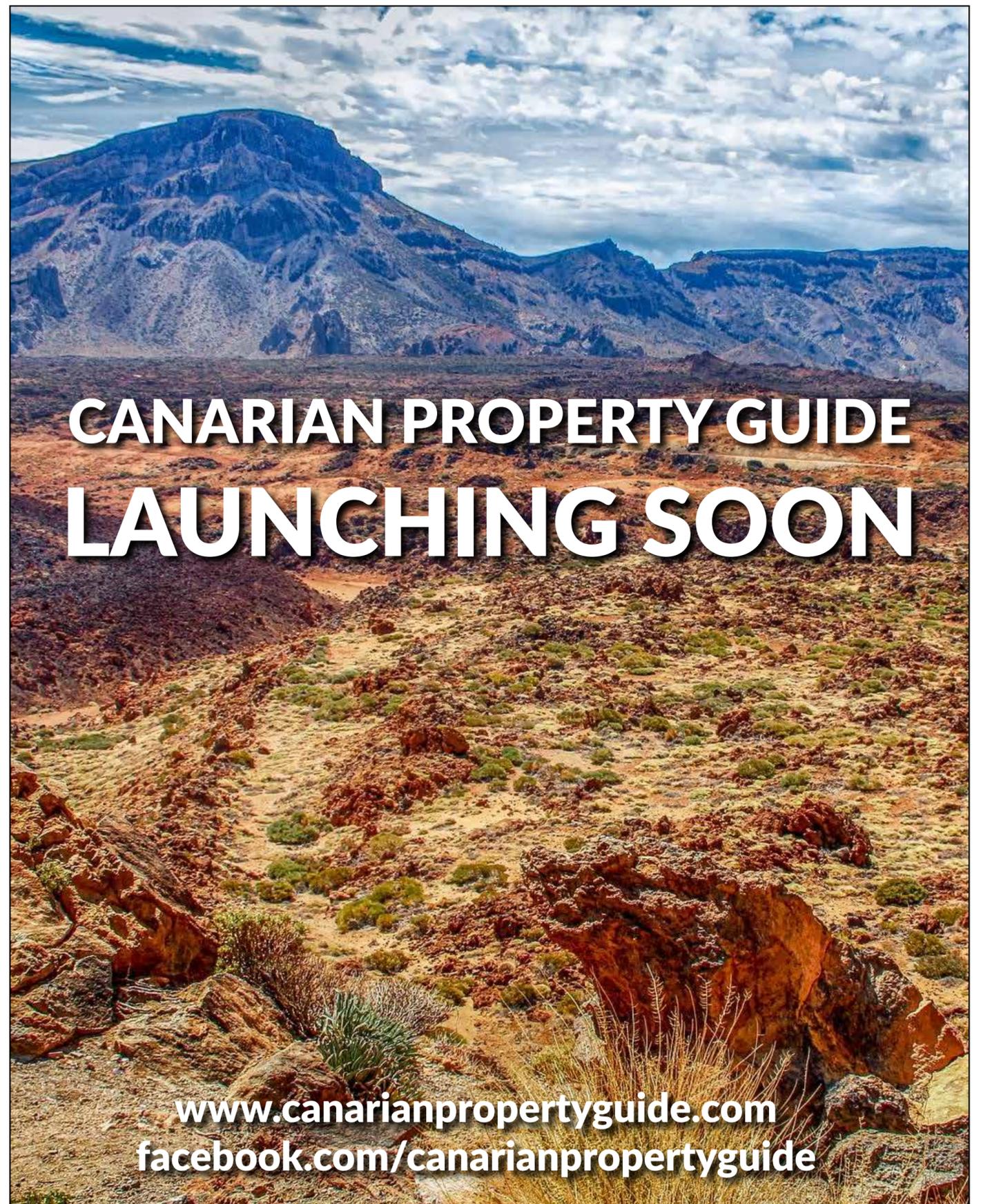
An EPC allocates an Energy Efficiency Rating, ranging from 'A' (most efficient) to 'G' (least

If you have any questions, or wish to arrange for me, Philip Wright, to carry out your energy Performance Certificate please call me on 667 757 323.

efficient). The Certificate, registered with the Canarian Government is valid for 10 years.

How to arrange an EPC:

If you are selling or renting out property, you will need to engage an Accredited Assessor, who will visit your property to inspect and then produce and register your properties Energy Performance Certificate.



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Fuerteventura is a young, very obedient dog with a puppy-like personality. He is only around 2 years old and is playful, intelligent, very loyal and good at obeying orders. He is sociable with people and with other dogs so he would make a great

family dog. Would anyone like to adopt this lovely boy? He gets so bored in the kennels. The Centro de Proteccion Animal de Tierra Blanca is located off Junction 15 of the TF-1 by the restaurant Los Chasneros, just 200 metres above the

TF-1. They don't ask for adoption fees, only a donation of food and some photos to let them know how your new pet is getting on in his/her new home. Please call Rachel on 629 031 273 for more information.

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Ref: IR1500V | Agata's Real Estate |

Golf del Sur, Apartment

€1,400

2 bed · Luxury spacious, two bed, two bath south facing apartment in sought after location with garage space and stunning views Available from October 2020.
Ref: 2101 | Homes & Away | 922 737 044

Los Cristianos, Apartment

€1,300

3 bed · This brand new furnished apartment is situated in one of the seacoast complexes of Sotavento, near El Medano. It comprises of 3 double bedrooms with built-in wardrobes, 2 bathrooms (main ensuite), living room with balcony, separate fitted kitchen, utility room. Includes a parking space and a storage room in underground safe garage. On site facilities: poo... For full information

see website or contact:

Ref: KV0231 | Tenerife Alizes Properties | 922 738653 / 626 274040

Golf del Sur, Bungalow

€1,300

3 bed · Lovely 2 bed-2 bath bungalow with linked self contained 1 bed apartment, on popular complex with pools, bar restaurant and close to the golf courses and main amenities. The main house has 2 double bedrooms, 2 bathrooms, separate fitted modern kitchen with utility room, large terrace overlooking the communal pool, private parking for 2 cars, all equipped a... For full information see website or contact:
Ref: KV0203 | Tenerife Alizes Properties | 922 738653 / 626 274040

Puerto de La Cruz, Apartment

€1,200

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La Paz in Puerto de la Cruz. It consists of a living room connected to the kitchen, a bathroom with a shower, a bedroom and a spacious terrace with views. The apartment is on the 3rd floor of the building that has the community pool and a lift. The luxury apartment building with its unique architecture... For full information see website or contact:
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Palm Mar, Townhouse

€1,100

2 bed · Long term rental in the "Paraiso del Palm Mar" complex. Fully furnished and fully equipped triplex with two bedrooms with fitted wardrobes, two bathrooms, spacious living room with kitchenette, terraces on the lower and upper levels. There is also a large solarium with magnificent views of the mountains, ocean and La Gomera island. For rent

with a garage ... For full information see website or contact:
Ref: VR7042D | Vym Canarias | 922 787 210

Golf del Sur, Apartment

€1,100

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Playa Paraiso, Apartment

€1,000

2 bed · Long term rental. Beautiful apartment on the ground floor in the complex Ocean Garden. Fully furnished and fully equipped triplex with two bedrooms with fitted wardrobes, two bathrooms, open plan kitchen with living room and large terrace. Complex with swimming pool, elevator, garden. The beach is only 200 meters away. Also nea... For full information see website or contact:
Ref: VR5528D | Vym Canarias | 922 787 210

La Tejita, Apartment

€1,000

1 bed · Bright 1 bed, ground floor apt for rent in NEW building in La Tejita. Has spacious garden. Large bedroom leading to chill-out terrace. 3 months only Pets allowed. Water and electric incl. Close to shops and transport, just a 5 min walk down

to the sunny beach, 5 min drive to surfers El Medano beach and only a 10 min drive to the south airport
Ref: LAPR1077 | Los Abrigos Properties | 922 170021

€999 - €650 p/m

Golf del Sur, Bungalow

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2 bed · This beautiful 2 bedroomed duplex bungalow has been completely refurbished to high standards, and it comes completely furnished and equipped. It comprises of 2 double bedrooms, 1 ensuite bathroom, 1 shower room downstairs, 1 shower room upstairs, living room opening to a sunny terrace, built-in design kitchen, and a small terrace upstairs for more private... For full information see website or contact:
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El Medano, Townhouse

€875

2 bed · Spacious 2 bed, 3 bath townhouse with integral double garage. Residential complex, swimming pool & tennis courts. Close to the beach, main transport links & La Tejita commercial centre. UNFURNISHED. Available from 1st October 2020.
Ref: 2055 | Homes & Away | 922 737 044

San Eugenio Alto, Apartment

€850

2 bed · Lovely, furnished or unfurnished, 2 bed, 2 bath

apartment on lovely modern complex with heated pools. The property has an open plan lounge/diner with American-style fitted kitchen, and a large sunny terrace. No pets please. Electricity and water bills extra. Located close to all amenities, shops, bars, restaurants, and Siam Mall. Deposit required: Unfu... For full information see website or contact:
Ref: JB001 | John Black | 616 251 271

Callao Salvaje, Penthouse

€850

2 bed · Nice apartment on the top third floor with private solarium and fantastic sea views. There are 2 bedrooms, 1 bathroom, living room with open kitchen, a terrace with sea views and a private solarium with panoramic sea and mountain views. The complex has a swimming pool. It is situated in 10 minutes walk from the sea and the village center.
Ref: VR6138D | Vym Canarias | 922 787 210

Aguilas del Teide, Bungalow

€850

3 bed · Three bed, two bath village house with private garden and driveway. Bills not included.
Ref: 2104 | Homes & Away | 922 737 044

Callao Salvaje, Apartment

€800

2 bed · Apartment with 2 bedrooms and 2 bathrooms situated in the complex Sueno

Azul, a quiet residential area in 10 minutes walk from the beach and the shops. Pets are not admitted.
Ref: VR6514D | Vym Canarias | 922 787 210

Golf del Sur, Apartment

€750

1 bed · One bed, two bath, second floor spacious apartment situated on popular bowling complex. Elevator.
Ref: 2109 | Homes & Away | 922 737 044

Puerto de La Cruz, Apartment

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2 bed · This flat is at Camino de El Coche, 38400, Puerto de la Cruz, Santa Cruz de Tenerife, on floor 2. It is a apartment that has 67 m2 and has 2 rooms and 1 bathrooms. It is property with south. It has elevator, furnished kitchen and balcony and it includes built-in wardrobes, communal swimming pool, good condition and community garden. Possibility of ... For full information see website or contact:
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Las Americas, Apartment

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El Desierto, Finca

€720

1 bed · Newly refurbished, spacious 1 bed, 1 bath townhouse for rent in El Desierto, Granadilla de Abona. Views to the ocean, Montaña Roja. Finca has stables with horses, looked after by owners. Garden plot, which can be used for planting. Communal swimming pool. Electric & water incl up to 50€. Internet incl. No children. No pets.
Ref: LAPR1085 | Los Abrigos Properties | 922 170021

Puerto de La Cruz, Apartment

€700

We offer a 50 m2 studio for long term rental in Casa Ikarus, in the area of La Paz. The studio is furnished and equipped, has a large terrace overlooking the Atlantic and the city. The building has an elevator, a room with a coin-operated washer and dryer, and an acclimatized pool with

solarium area. The costs of water, electricity and WiFi are include... For full information see website or contact:
Ref: IR700S | Agata's Real Estate |

Amarilla Golf, Apartment

€695

1 bed · Fully refurbished, one bed bedroom with built-in wardrobe, a full bathroom, a fully equipped kitchenette with a living room and a terrace overlooking the ocean. Living area of 45 m2. 8 m2 terrace. Well maintained complex... For full information see website or contact:
Ref: VR0025 | Vym Canarias | 922 787 210

Playa Paraiso, Apartment

€650

1 bed · Ideal for your second residence, situated in few minutes walk from the beach and the sea, in the complex with big swimming pool. The apartment has 1 bedroom, 1 bathroom, a spacious living room with open kitchen, a terrace overlooking the sea and the resort. There is a new commercial center just in front of the complex. Excellent opportunity to buy an apar... For full information see website or contact:
Ref: VR5202D | Vym Canarias | 922 787 210

Playa Paraiso, Apartment

€650

1 bed · Nicely presented, top floor apartment with sunny terrace on popular complex.
Ref: 2065 | Homes & Away | 922 737 044

Amarilla Golf, Apartment

€675

1 bed · Spacious, ground floor, one bed apartment on popular complex with communal pool. Water and electricity bills included up to 40€ per month.
Ref: 2026 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€675

1 bed · Nicely furnished one bed apartment close to all amenities. Good Sea and Marina views. Available now for long term rental.
Ref: 1226 | Homes & Away | 922 737 044

San Isidro, Apartment

€670

1 bed · Cozy 1 bed 2nd floor apt with a ocean views, open kitchen. Private roof terrace of 5m2 with lockup washroom. Lift. Close to shops and transport, just a 5 min drive to the sunny El Medano beach, and only a 5 min drive to the south airport. Bills excluded
Ref: LAPR1081 | Los Abrigos Properties | 922 170021

Playa Paraiso, Apartment

€650

1 bed · One bedroom apartment for rent on the 2d floor in the complex Paraiso del Sur. Completely fitted and equipped. Balcony overlooking the ocean and La Gomera. Complex is situated on the first line and has community pool, close to all the amenities.
Ref: VR6936D | Vym Canarias | 922 787 210

Golf del Sur, Apartment

€600

1 bed · Apartment with 1 bedroom 1 bathroom, living room and large terrace and a storage in Callao Salvaje. Parking space in the garage is included.
Ref: VR6936D | Vym Canarias | 922 787 210

Callao Salvaje, Apartment

€600

1 bed · Beautiful penthouse, 1 bed 8th floor apt with sea views. Open kitchen. Good size balcony facing south-east. Spiral case leading to private roof terrace. Lift in the building. Two communal heated swimming pools, close to shops and transport, Airport South 15 mins. Bills inc. up to €50. Available 7th of July 2020 till Dec 12th pets allowed
Ref: LAPR1080 | Los Abrigos Properties | 922 170021

Ref: VR7087D | Vym Canarias | 922 787 210

Playa Paraiso, Apartment

€650

1 bed · Long term rental apartment on the first line of the ocean in the residential complex "Mirador del Sur", Playa Paraiso. Nice fully

FRINA Tenerife
business & property agent

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visit us here

1 bed · Fully refurbished, one bed bedroom with built-in wardrobe, a full bathroom, a fully equipped kitchenette with a living room and a terrace overlooking the ocean. Living area of 45 m2. 8 m2 terrace. Well maintained complex... For full information see website or contact:
Ref: 2040 | Homes & Away | 922 737 044

Los Abrigos, Apartment

€690

2 bed · Lovely 2 bed ground floor apartment on seafloor with fantastic views. Balcony, 2 bathrooms, american kitchen. Sat tv dish on shared roof terrace, lift in building. Garage and storeroom. Bills exclusive. Small pets allowed.
Ref: LARP539 | Los Abrigos Properties | 922 170021

Amarilla Golf, Apartment

€675

1 bed · Nicely presented, top floor apartment with sunny terrace on popular complex.
Ref: 2065 | Homes & Away | 922 737 044

Amarilla Golf, Apartment

€675

1 bed · Spacious, ground floor, one bed apartment on popular complex with communal pool. Water and electricity bills included up to 40€ per month.
Ref: 2026 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€675

1 bed · Nicely furnished one bed apartment close to all amenities. Good Sea and Marina views. Available now for long term rental.
Ref: 1226 | Homes & Away | 922 737 044

San Isidro, Apartment

€670

1 bed · Cozy 1 bed 2nd floor apt with a ocean views, open kitchen. Private roof terrace of 5m2 with lockup washroom. Lift. Close to shops and transport, just a 5 min drive to the sunny El Medano beach, and only a 5 min drive to the south airport. Bills excluded
Ref: LAPR1081 | Los Abrigos Properties | 922 170021

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€650

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Ref: VR6936D | Vym Canarias | 922 787 210

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Ref: LAPR1080 | Los Abrigos Properties | 922 170021

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360
Email: carolhale.tpp@gmail.com
Web: www.tenerifeprimeproperty.com

Ref: IR550A | Agata's Real Estate |

Playa Paraiso, Studio

€520

We offer for long-term rent a reformed studio apartment in the complex "Paraiso del Sur", Playa Paraiso. 11 Floor overlooking the ocean and mountains. The complex with a swimming pool is in close proximity to shops, restaurants and the beach. Utility bills up to 50 euros are included.
Ref: VR6854D | Vym Canarias | 922 787 210

Los Abrigos, Apartment

€500

Bright spacious 1 bedroom apartment, in the centre of Los Abrigos, close to main amenities and only a few minutes walk to the port and the sea. Living with American kitchen, 1 double bedroom, 1 bathroom, internal patio, equipped and furnished. First floor, no lift. Bills extra. Pets not allowed.
Ref: KV0224 | Tenerife Alizes Properties | 922 738653 / 626 274040

Puerto de La Cruz, Apartment

€550

1 bed · This furnished apartment is located in one of the most beautiful areas of Puerto de la Cruz, in the famous attraction and beautiful park "Taoro Parque". From this property you can walk to the city center of Puerto de la Cruz in less than 5 minutes crossing this park. Waterfalls, bars and restaurants can be found in this park. The apartment has a bedroom... For full information see website or contact:
Ref: VR6970D | Vym Canarias | 922 787 210

Las Rosas, Apartment

€480

Very cosy rustic style studio in grounds of a large house but with its own entrance. Comprises of lounge, kitchen, bathroom and some outside space. Ideal for someone looking for complete peace and tranquility. Available from beginning of June 2020.
Ref: 00 1173 | Tenerife Prime Property | 922 703 725



VACANT PROPERTY CHECKS / KEYHOLDING

Due to an increase in people asking for **Vacant Property Checks** over the last six months, and our help in averting major property problems recently, we would like to offer this Service at a **Discounted Rate**.

Whether you are away for a week, or for several months, this Service - offering the best value and our personal attention - may be of interest to you.

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Call Donna in our Los Cristianos office
+34-922 971 781 or Carol on +34-687 906 607

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360

Email: carolhale.tpp@gmail.com

Web: www.tenerifeproperty.com



LOS CRISTIANOS, SPORTS/ ENTERTAINMENT BAR

Long-established sports and entertainment bar in great location near many holiday complexes and the Passarella Centre. The business is fully equipped, Licence pending and accounts are available to any serious potential clients. Great takings – ready to walk in and take over!

€75,000

Ref: B-118



LAS GALLETAS, BAR/CAFE

Highly popular, profitable and fully legal sea-front bar/ cafe in the attractive and vibrant seaside fishing village of Las Galletas This ready-to-walk-in-and-take-over business can accommodate up to 40 persons inside space and outside. The cafe operates excellent working hours (approx 9.00am - 5.00pm daily, 6 days per week) and has a highly loyal customer base (English, Dutch, Belgian, French, Italian, Spanish etc) both residential and holiday-makers from nearby Costa del Silencio and Ten Bel. The owners, who have built the business from scratch have decided to retire. Accounts available.

€75,000

Ref: B-111



LOS ABRIGOS, VET & GROOMING PARLOUR

Lovely, modern, fully equipped and alarmed Vet's on the main street in Los Abrigos. Has an Office and Reception area, Treatment area and Grooming parlour (Monthly rent just €450) was refitted at a cost of €25,000 in 2019. The replacement cost of all equipment would currently be in excess of €60,000. Opening Hours 10.0am – 2.00pm and 4.00 – 8.00pm, Saturdays 10.00am-1.30pm. Current contract expires in 2021 but will be renewed.

€90,000

Ref: B-118

Business Section

OVER €350,000

Los Cristianos, Restaurant

€499,000

If you are looking to invest in a successful traspaso restaurant in Tenerife, you cannot miss this business. It opened in Los Cristianos almost 20 years ago and has a reputation second to none. The restaurant is known for large breakfast platters, lovely Sunday Roasts, gluten-free options and so much more. Premises of the Traspaso Restaurant The restaurant... For full information see website or contact:

Ref: 2242 | FRINA Tenerife SL - Business Sales | 922 085 191

Fanabe, Restaurant

€480,000

FRINA Tenerife offers for sale this fun and inviting British bar in Puerto Colón. It has a prime location, as this harbor is one of the most touristic spots on the island. The bar is known for a menu of British pub specialties, and also some great live entertainment, such as karaoke, quizzes and music. The bar enjoys great footfall and has many regular c... For full information see website or contact:

Ref: 2336 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Excursion Business

€425,000

This business is a dream opportunity for the sea lover who will sail the Atlantic Ocean for a living. The boat goes out daily for Whale & Dolphin excursions, but it is also rented out for Sunset Charter, Masca Trips, La Gomera trips or Private Charters. This excursion sailboat is known for its luxurious excursions with good food and drinks - and even a ch... For full information see website or contact:

Ref: 1864 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa Adeje, Bakery

€420,000

Now for sale with FRINA Tenerife is this well-established bakery business. The bakery does all kinds of pastry, from cookies to bread, but focuses mainly on supplying cakes and smaller pastries to cafes and restaurants. They work only with very high quality products and distributors. The bakery is in a great location and has a very good reputation, with ... For full information see website or contact:

Ref: 2318 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Excursion Business

€399,000

For sale with FRINA Tenerife is this newer Bavaria excursion boat located in Puerto Colon. It is perfect for a business owner to align with the upcoming summer whale watching and boat trip season. The Bavaria Excursion Boat is sold with the commercial tourism license, which is limited in quantity and takes several months to acquire. Your acquisition of... For full information see website or contact:

Ref: 2247 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Empty Local

€399,000

For sale is this 86 m2 big locale which is placed in the busy city center of Los Cristianos about 5 minutes from the beach. The street is always busy and you cannot help

attract a lot of traffic of both tourists and locales. Today the premise holds a clothes and beauty store but the spacious locals are both light and well maintained, and this premises ... For full information see website or contact:

Ref: 1825 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa de la Arena, Bar/Cafe

€395,000

Opportunity to buy a freehold with a very long established bar & restaurant in the picturesque resort of Playa de la Arena in the south of Tenerife. This well-signed restaurant has a great location on the main street opposite the beautiful black sandy beach, enjoying good passing trade. This freehold restaurant measures internally approximately 110 m2 and... For full information see website or contact:

Ref: 1658 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Supermarket

€395,000

FRINA Tenerife offers for sale a well-located and busy supermarket in Golf del Sur. It has been running for 6 years and serves both local residents and tourists. Premises of the Store The store is around 180m2 and well-maintained and equipped. Opening Hours and Employees Today the opening hours are from 08.00 until 23.00 ev... For full information see website or contact:

Ref: 2339 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Supermarket

€395,000

FRINA Tenerife offers for sale a well-located and busy supermarket in Golf del Sur. It has been running for 6 years and serves both local residents and tourists. The store is around 180m2 and well-maintained and equipped.

Ref: 2339 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€375,000

Since established for more than 26 years and with a great location, this Los Cristianos Freehold is a good investment. The price includes all fixtures, fittings, and machinery, therefore you can run the business yourself or sell off the leasehold and only work as the landlord. Premises of the business The inside is very well organized and measures 7... For full information see website or contact:

Ref: 1929 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Bar/Cafe

€367,500

For sale with FRINA Tenerife is the freehold restaurant, which has been established for more than 18 years during which it has earned a reputable name and a large number of international clients. This is the place to be if you are looking for a delicious breakfast, lunch or dinner, friendly service and great atmosphere, supported by Tenerife's best musica... For full information see website or contact:

Ref: 1382 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Chafiras, Fully Equipped Local

€350,000

Additional: Viewing recommended. Rooms: Store rooms, Bar, Bathroom. Quality: Tastefully decorated, Traditional features.

Bright, Well presented, Furnished, Good condition, Spacious. Features: Many special features. Outside: Large terrace. Parking: Parking nearby, Parking available.

Ref: 464-C | Island Estates | 922 790 767

Puerto Colon, Excursion Business

€350,000

FRINA Tenerife offers a long-established Dolphin & Whale Excursion Business for sale. This business has been established for more than 10 years, includes 2 sailboats and an excursion shop in a central location of the harbour. The excursion shop does not only

Las Chafiras, Apartment

€345,000

FRINA Business Agency is happy to offer for sale this Car Mechanic & Dealer for sale in Tenerife South. This is a long-established business, which offers a wide selection of used vehicles for sale and a full mechanical and body repair garage. And the clients are a mix of all the nationality living in Tenerife South. The business is sold as and SL and show... For full information see website or contact:

Ref: 2278 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Supermarket

€275,000

FRINA Tenerife offers for sale this busy supermarket in Torviscas Bajo. It has been running for 2 years and has a good reputation. The customer profile is both tourists and locals. The location secures a lot of footfall and there is not a lot of direct competition in the area. The supermarket is spacious 100m2 and well-equipped.

Ref: 2320 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto de Santiago, Car Leasing/ Rental Business

€267,000

New on the market is this Car

Rental for sale in Puerto Santiago, which is sold as a leasehold or a freehold. Furthermore, the business sells Tenerife excursions and the office has an ATM, which both provide to the healthy income. Premises of the Business For Sale You find the main office centrally in Puerto Santiago and a fully equipped workshop close by... For full information see website or contact:

Ref: 2233 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€250,000

If you are looking for a cheap freehold bar and café for sale this

b... For full information see website or contact:

Ref: 2237 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Excursion Business

€250,000

This Excursion Boat & Shop for sale includes a Bavaria sailboat and a busy office selling excursions both directly and online. The business is run as an SL company and both the boat, shop and online shop is included in the sales price. The shop and website sell many different excursions in Tenerife and earns a healthy income. Nevertheless, the website and... For full information see website or contact:

Ref: 2262 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Furniture & Interior Decoration

€250,000

If you are a successful entrepreneur looking to relocate to Tenerife and run here your own serious and profitable business, this opportunity is definitely waiting for you! For sale leasehold or freehold a very successful and highly reputable furniture business with the established name which is widely recognized almost throughout the whole island. Incl... For full information see website or contact:

Ref: 1732 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas, Excursion Business

€250,000

This is a great opportunity to be the owner of a successful jet ski business in the South of Tenerife. The excursion trips are from 40 minutes to 3 hours with great fun and even the chance to see whales and dolphins. Included in the Jet Ski Business included in the jet ski business are 10 Sea-Doo jet skis, 8 of the jet skis are from 2016, 1 jet ski ... For full information see website or contact:

Ref: 2050 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Excursion Business

€249,999 - €150,000

For sale with FRINA Tenerife is this well-established sailboat excursion which includes 2 boats. The excursion business is located in Puerto Colon and the last 4 years this business has made unforgettable whale & dolphin excursion to the many tourists visiting Tenerife every year. Puerto Colon is without a doubt the busiest and most popular touristic harb... For full information see website or contact:

Ref: 2272 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Distribution & Wholesale

€246,000

If you are looking for a unique investment you cannot miss this service business for sale, which offers luggage scales to hotels all over Spain. Today the owner cooperates with 140 hotels, which all use the luggage scales from this business. How to run the Service Business For Sale This is an easy to run business, where you install the scales at the hotels... For full information see website or contact:

Ref: 2125 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Ice Cream Bar

€220,000

FRINA Tenerife offers this unique Ice Cream & Cocktail Bar in Torviscas Bajo. This business is known as one of the best cocktail bars in the area and has great reviews on TripAdvisor, Facebook and among residents in the area. This is easy to run business selling

Las Galletas, Excursion Business

€245,000

Great jet ski excursion business for sale with FRINA Tenerife. If you dream about a jet ski business that runs all year this is your chance. Tenerife is the perfect location due to the warm weather. Included In The Business The jet ski business is sold with 8 jet skis, 1 zodiac, 1 transfer bus and the license, which can be difficult and expensive t... For full information see website or contact:

Ref: 1997 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Excursion Business

€230,000

We are now proud to offer for sale this jetski excursion business in Tenerife. The business has it's moorings in one of the busiest harbours on the island! Here you find many large hotels and popular beaches, which secures a lot of customers, especially tourists. This business will guarantee plenty of footfall and a healthy income all year around!

Ref: 2314 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa San Juan, Bar/Cafe

€225,000

This Traspaso Cafeteria for sale is located in Playa San Juan where it opened a year ago. It is known for an international menu offering brunch, burgers, Spanish specialties and a large variety of homemade bread and pastry. Moreover, it is popular due to its lovely location on the seafloor. Premises of the Traspaso Cafeteria for Sale The inside pre... For full information see website or contact:

Ref: 2298 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Penthouse Studio

€220,000

FRINA Tenerife offers for sale this restaurant in Las Americas, which is located at the busy promenade enjoying plenty of footfall and wonderful sea views. You will be hard pushed to find a more popular location. Furthermore, the restaurant has been open for more than 7 years, hence it is very well-established and the owner shows a healthy income. Premise... For full information see website or contact:

Ref: 2287 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Bar/Cafe

€220,000

FRINA Tenerife is proud to offer this successful bar for sale, which is known for its great location in Puerto Colon and for its wide selection of Belgium beers. The bar is very popular among Belgium residents but has many regulars who work in the harbour as well. The business shows a healthy income and makes most on the turnover on drinks, so it is an ea... For full information see website or contact:

Ref: 2258 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Ice Cream Bar

€220,000

FRINA Tenerife offers this unique Ice Cream & Cocktail Bar in Torviscas Bajo. This business is known as one of the best cocktail bars in the area and has great reviews on TripAdvisor, Facebook and among residents in the area. This is easy to run business selling



cocktails, tapas, Italian ice cream, and homemade. It is a perfect option if you wish for a bar... For full information see website or contact:
Ref: 2202 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Bistro
€210,000

For sale is this bistro-café in Golf del Sur, situated in a resort in the best-known golf area of Tenerife. The reputation of the business is great both by word-of-mouth and high TripAdvisor score. Note, the sales price also includes the freehold, which half of the business is located in, hence the low rent and higher sales price. Premises of the Café in ... For full information see website or contact:
Ref: 2225 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Restaurant
€205,000

New on the market is this freehold restaurant & bar for sale in Torviscas Bajo. The business is located in a large and busy complex, which secures many guests all year. Moreover, the business opened 33 years ago and has been run by the same family in all those years. Premises of the Freehold Restaurant & Bar The restaurant has a large terrace facing... For full information see website or contact:
Ref: 2133 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Bistro
€199,950

Freehold cafe/bistro available with captive market in exclusive holiday complex. All fixtures and fittings included.
Ref: 2051 | Homes & Away | 922 737 044

Las Galletas, Excursion Business
€190,000

FRINA Tenerife offers this well-established water excursion for sale that is known for all-inclusive whales & dolphins experiences. Besides for whale watching the trips include open bar, refreshments, swimming, snorkeling, and a great atmosphere. The boat is fully licensed for tourist and whale excursions and have the yellow (blue) flag too. Furthermore, ... For full information see website or contact:
Ref: 2246 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe
€169,000

New on the market is this profitable British Bar for sale, which is located in Las Americas, Tenerife. It has been established for more than 25 years and shows a more than healthy income. The owners only sell to retire after many successful years, so if you are looking for a healthy business with a proven income you cannot miss this. It is the perfect ... For full information see website or contact:
Ref: 2306 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Pool Bar
€165,000

This Freehold Pool Bar Golf Del Sur is located in a great complex and enjoys many regular clients and a good reputation. Moreover, it has a good size and no competition from other bars in the complex. The pool area is popular and well-maintained, so the new owners are guaranteed guests every day. Premises Freehold Pool Bar Golf Del Sur The pool bar & café ... For full information see website or contact:
Ref: 2239 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Restaurant
€159,000

Here you get an opportunity to take over the leasehold of this 14 years old restaurant in the South of Tenerife. The restaurant is located in an amazing throughout building

from 2003 with big terraces, big private parking and inside a big restaurant with an open kitchen. This restaurant is famous for its delicious barbecued meats and Canarian specialties... For full information see website or contact:
Ref: 1828 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Bar/Cafe
€155,000

This freehold bar & restaurant for sale is located in a large resident and hotel complex, which guarantees many new and returning guests. Moreover, the owner has a beneficial agreement with the complex reception that sends more guests to this bar and restaurant. Premises of the Freehold Bar & Restaurant The premises are in perfect condition with a new bar... For full information see website or contact:
Ref: 2044 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Alto, Excursion Business
€155,000

For sale with FRINA Tenerife is this well-established buggy business & excursion shop in the south of Tenerife. The buggy offer trips for the whole family from 1,5 hours on the South of the island to 4,5 hours trips to the mountains and Teide National Park. The excursion shop sells both buggy excursions and all other kinds of excursions in Tenerife. In... For full information see website or contact:
Ref: 2036 | FRINA Tenerife SL - Business Sales | 922 085 191

Tijoco Bajo, Pool Bar
€154,000

If you look for a good business investment, then you cannot miss this freehold pool bar for sale. Year round you are guaranteed clients who come to relax by the pool and enjoy cold refreshments from the pool bar. Premises of the Business There are two bars, one inside and one facing the outside area overlooking the pool of the resort. The kitchen is compa... For full information see website or contact:
Ref: 2041 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Estate Agent
€152,000

For sale with FRINA Tenerife is this Real Estate Business established for more than 20 years in the south of Tenerife and registered as an SL. If you dream of entering the property market of Tenerife this is a safe way to a strong position. Today the business is run by the owners and 2 employees. Included In The Estate Business For Sale Besides from a, s.t... For full information see website or contact:
Ref: 2112 | FRINA Tenerife SL - Business Sales | 922 085 191

Callao Salvaje, Restaurant
€135,000

FRINA Tenerife offers for sale this

Tenerife South, Bakery
€150,000

FRINA Tenerife offers for sale these 2 bakeries sold together as an SL company. The bakeries are both established in good locations in the South of Tenerife. They have both locals and tourists as clients and are well-known businesses with a good reputation! Premises of the Bakeries The first bakery has premises of 156m2 and a kitchen of 20m2, while the... For full information see website or contact:
Ref: 2319 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe
€149,999 - €100,000

FRINA Tenerife offers this long-established and popular traspaso music bar known for live entertainment and showing all major sports events. The bar was established in 2009 and no doubt the buyers get a successful business with a healthy income that has guests from day 1. Premises of

the Traspaso Music Bar The locale measures 100 m2 with a kitchen... For full information see website or contact:
Ref: 2270 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Restaurant
€149,000

This restaurant is located on an always busy street in Las Americas, Tenerife. It benefits from a lot of passing trade, a large cozy terrace, and spacious premises. Premises of the Business This is indeed a very spacious restaurant with 160 m2 inside and a 50 m2 spacious terrace. The inside premises have 2 floors where the top floor has the dining ... For full information see website or contact:
Ref: 2002 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa Adeje, Bar/Cafe
€140,000

This leasehold café in Adeje serves a large variety of international homemade dishes and pastry, which makes it popular for breakfast, lunch, dinner and take away. It is located centrally in Adeje town and the clients are both residents and tourists. Today the owner does not work here, hence this is a great business to buy whether you want an investment... For full information see website or contact:
Ref: 2299 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Excursion Business
€139,000

FRINA offers for sale this Tenerife Jetski Business, which is located in Gold del Sur. Golf del Sur is a great location for a jetski business since you have plenty of tourists year-round however, you have less competition and much lower rent than in the bigger harbours in Tenerife South. The business includes 6 new Jetski of the brands Seadoo, Yamaha and ... For full information see website or contact:
Ref: 2307 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas, Restaurant
€135,000

This attractive and busy restaurant is offered for sale leasehold in a great location in Las Galletas in the south of Tenerife. This restaurant is situated directly in the harbour of Las Galletas and benefits from many marine and diving excursions taking place from here. The terrace of the restaurant sits literally over the blue waters of the Ocean off... For full information see website or contact:
Ref: 1576 | FRINA Tenerife SL - Business Sales | 922 085 191

Callao Salvaje, Restaurant
€135,000

FRINA Tenerife offers for sale this

Los Cristianos, Restaurant
€125,000

FRINA Tenerife is happy to offer this lovely gourmet restaurant for sale, which is known for its popular degustation menu combining fine dining and local Canarian products. The restaurant has a reputation second to none and all guests must book in advance to secure a table. So, if you are looking for a quality business with a healthy income you cannot... For full information see website or contact:
Ref: 1926 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Commercial Property
€119,000

1 bed - Cozy apartment with 1 bedroom located in Annapurna, a sea front complex with amazing communal pool with sea water and gardens. The residence is located at the entrance of the charming village of Las Galletas. Sold furnished.
Ref: 1376-0418 | Tenerifehome.com | 922 783066

Callao Salvaje, Bakery
€110,000

This well-established French bakery for sale has been open for almost 7 years and is known for homemade and mouth-watering pastries. The high quality of the product and the fact that it is all homemade secures the owner a high profit and a healthy business. Premises of the Bakery for Sale The premises are spacious 240 m2 and is sold with all the bak... For full information see website or contact:
Ref: 2188 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Commercial Property
€109,000

1 bed - This 1 bedroom apartment

clients wish. Moreover, the boats can be rented with or without a private captain. This is a fairly easy business to run since many clients prefer going out on their own. The Charter Boats for Sale There are ... For full information see website or contact:
Ref: 2220 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Restaurant
€125,000

New on the market is this Puerto Colon traspaso restaurant for sale with FRINA Tenerife. It is located on the ground floor of Puerto Colon



commercial centre which secures plenty of footfall and harbour view. Moreover, the rent is more than fair for this size local and in this location! Premises of the Puerto Colon Traspaso Restaurant The premises are spac... For full information see website or contact:
Ref: 2279 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Paraiso, Supermarket
€125,000

If you are looking for a well-established and easy-to-run business, you cannot miss this minimarket store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks, drinks and sun lotion but also lots of childrens toys. This store has two departments, one with bags and suitcases, and another with everyday products, snacks... For full information see website or contact:
Ref: 2316 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Restaurant
€120,000

FRINA Tenerife is happy to present this well-established restaurant in Golf del Sur. After 9 years in the same hands, the owners have built a good reputation and enjoys many returning guests - both residents and tourists. It is known for Spanish tapas and British type food. Premises of the Restaurant in Golf del Sur This restaurant is very spacious ... For full information see website or contact:
Ref: 2231 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Restaurant
€125,000

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Ref: 1926 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas, Charter Yacht
€91,000

If you love the ocean and are looking to change your life, then this can be your chance to start a successful charter business in Tenerife. The ocean around Tenerife is amazing to go fishing, whale watching, and diving all year round. Moreover, you are guaranteed breathtaking views and amazing adventures every day. Boat Details And Premises The website ... For full information see website or contact:
Ref: 1926 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Bar/Cafe
€89,000

You find this freehold bar for sale in Costa del Silencio, where it has been open for 15 years. The bar is especially popular among British guests, has many regular clients and is especially known for a lovely Sunday Roast and Saturday Night Special. This bar will be a perfect option for a British couple who wishes to run their own business in Tenerife. P... For full information see website or contact:
Ref: 2162 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Commercial Property
€85,000

Commercial premises in the center of Las Americas. The total area is 66m. The office is located on the first floor of a commercial center

contact:
Ref: 2310 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Paraiso, Clothes Shop
€125,000

If you are looking for a well-established and easy-to-run business, you cannot miss this store for sale in a busy complex of Playa Paraiso. The store sells quality suitcases and handbags from high fashion brands. The business shows a healthy income and a high profit on bags. The premises are spacious 170 m2 combining 2 locals, where 1 is for

Torviscas Bajo, Bar/Cafe
€99,999 - €50,000

This bar has been established for almost 10 years and has very good tenants. The freehold bar itself is placed in a 35 m2 locale with toilets and small storage. The bar has no kitchen but it used to have a small kitchen, and it can be reinstated. This is a fine investment with an 8% return for the landlord. Published 2017 Browse other investment p... For full information see website or contact:
Ref: 1880 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas, Charter Yacht
€96,000

For sale is this Charter Sail Boat - Bavaria 39 sold with the A6 License. If you love the ocean and looking to change your life, then this can be your chance to run a successful charter business in Tenerife. The ocean around Tenerife is amazing to go fishing, whale watching, and diving all year round. Boat Details And Premises The sales price includes... For full information see website or contact:
Ref: 1927 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Bajo, Restaurant
€96,000

You find this large restaurant in a great location next to large hotels and beaches. Today the menu is freshly made Asian food for both take away and dining in the Thai restaurant. Premises of the Business The premises are spacious and everything is newly built to a high standard. The inside measures 95 m2 and have a fitted bar and new toilets and ... For full information see website or contact:
Ref: 2221 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Commercial Property
€89,000

You find this freehold bar for sale in Costa del Silencio, where it has been open for 15 years. The bar is especially popular among British guests, has many regular clients and is especially known for a lovely Sunday Roast and Saturday Night Special. This bar will be a perfect option for a British couple who wishes to run their own business in Tenerife. P... For full information see website or contact:
Ref: 2162 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Commercial Property
€85,000

Large local of 128m2 for sale in Puerto Colon.
Ref: VS3416D | Vym Canarias | 922 787 210

El Duque, Fully Equipped Local
€80,000

1 bed - New commercial premises with a license "take away" on one of the central streets of the city Adeje. The inner area is 36 m2 and 36 m2 - external. Contact us for more information.
Ref: VS6407DN | Vym Canarias | 922 787 210

Adeje Town, Pizzeria
€80,000

FRINA Tenerife offers this Pizza Restaurant for Sale Adeje city. The menu is not only pizzas but also pasta and dishes of the day. Moreover, the restaurant opens in the morning and serves breakfast and lunches too. Premises of the Pizza Restaurant for Sale This restaurant is spacious 90 m2 and has a large covered terrace, and all together are tables... For full information see website or contact:
Ref: 2173 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Fanabe, Commercial Property
€69,000

For sale a restaurant with all necessary equipment in the Playa Fanabe area on the 1st line from

is located on the 1st floor in Palia don Pedro, an aparthotel with reception, swimming pool (heated in the winter!), animation etc. The apartment has an american style kitchen and is very luminous with direct access to the terrace from the living room. Parking space in the communal parking is included! Community fees: 197€ month, ... For full information see website or contact:
Ref: 08-0819 | Tenerifehome.com | 922 783066

Torviscas Bajo, Bar/Cafe
€99,999 - €50,000

This bar has been established for almost 10 years and has very good tenants. The freehold bar itself is placed in a 35 m2 locale with toilets and small storage. The bar has no kitchen but it used to have a small kitchen, and it can be reinstated. This is a fine investment with an 8% return for the landlord. Published 2017 Browse other investment p... For full information see website or contact:
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€85,000

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€80,000

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Ref: VS6407DN | Vym Canarias | 922 787 210

Adeje Town, Pizzeria
€80,000

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Ref: 2173 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Fanabe, Commercial Property
€69,000

For sale a restaurant with all necessary equipment in the Playa Fanabe area on the 1st line from

Canary Islands Business Sales S.L.
Part of The Intelligent Group
Smart business sales

steve@intelligentcommercial.com

sales@intelligentcommercial.com

+44 20 7175 5980

+34 711 083 801

www.intelligentcommercial.com

DO NOT BUY A BUSINESS IN TENERIFE WITHOUT SPEAKING TO US FIRST!

MODERN VILLA, SOUTH TENERIFE		OFFICES/BUSINESS CENTRE/HEALTH CLINIC	
	€1,290,000		€398,000
REF: 0031	REF: 0032	Beautiful office space of 512sqm offering many opportunities. A smoked glass frontage invites you to a well-appointed reception/waiting area, several individual offices, sauna, gym, shower cubicles, storage rooms and a bar area with a kitchen. This property could easily facilitate a business centre or health clinic, with great transport links less than 5 minutes from the motorway and ample free parking.	
	€35,000		€75,000
REF: 0025	REF: 0002		€65,000
REF: 0025	REF: 0002	REF: 0023	REF: 0001
	€47,500		€51,500
REF: 0001	REF: 0008		€105,000
REF: 0001	REF: 0008	REF: 0017	REF: 0019

City Center. The premise has a lot of natural light, it's ideal for the office, beauty center, dentist. Just 5 minutes walk to the beach and big commercial area.
Ref: VS5855DE | Vym Canarias | 922 787 210

Torviscas Alto, Empty Local
€85,000

Large local of 128m2 for sale in Puerto Colon.
Ref: VS3416D | Vym Canarias | 922 787 210

El Duque, Fully Equipped Local
€80,000

1 bed - New commercial premises with a license "take away" on one of the central streets of the city Adeje. The inner area is 36 m2 and 36 m2 - external. Contact us for more information.
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Ref: 2173 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Fanabe, Commercial Property
€69,000

For sale a restaurant with all necessary equipment in the Playa Fanabe area on the 1st line from

the beach. Local with kitchen and a bar of 50 m2 equipped with air conditioning. Terrace of about 50 m2 with a capacity of 10/11 tables. Recently refurbished full opening awning. The restaurant also has a ground floor of about 50 m2 with direct access to a pri... For full information see website or contact:
Ref: VS6699D | Vym Canarias | 922 787 210

Fanabe, Bar/Cafe
€68,500

FRINA Tenerife is happy to offer this Sandwich Café in Fañabe, which is part of a popular and well-known franchise. Hence, it is a great success already and easy to run. Also,

FRINA Tenerife S.L.

tenerifebusinessforsale.com

DON'T BE PUSHED
AROUND BY FEAR, BUT BE
LED BY YOUR DREAMS

Modern Bar & Cafe

NEW



New and Modern Café for sale in San Eugenio Bajo that was just refurbished. It is known for delicious tapas and outstanding cocktails! Nevertheless, the owner had to leave Tenerife and that is why it is for sale. A must see!

Ref.: 2371

Price: 39,500€

Los Cristianos Pool Bar

Reduced



This pool bar located in a complex in Las Americas is a great for a couple or even a single person. The inside premises are spacious 70m2 and the terrace is 20m2. The complex has 170 apartments that is both residents and tourists.

Ref.: 2357

Price: 26,500€

Dry Clean & Laundry Business



This business offers dry clean, laundry and house cleaning services in Tenerife South. It has been established for 7 years and the clients counts both private persons and larger complexes and hotels.

Ref.: 2351

Price: 69,000€

Successful Cafe For Sale

NEW



You find this successful café in a busy area of Los Cristianos close to the beach and with sea view from the terrace. It has amazing reviews on social media and is known for its high-quality food and lovely service.

Ref.: 2370

Price: 60,000€

Cafe & Cocktail Bar



This Los Cristianos Snack & Cocktail Bar has a good reputation, is known for its large cocktails and homemade burger sliders that attracts both locals and tourists. The premises are newly renovated and is 76 m2 altogether.

Ref.: 2356

Price: 49,500€

Successful Restaurant & Bar



Most people know this restaurant and bar in Fanabe, located first line at the beach. It is a popular concept and it is highly ranked on social medias. You cannot miss this if you are looking for a well-established business!

Ref.: 2346

Price: 54,000€

Boutique in Shopping Center

Reduced



This bargain store is located in a shopping center in San Eugenio that guarantees plenty of footfall. The local is 53m3 and sells women clothes, shoes and bags. The stock is sold separately and costs about 10,000€

Ref.: 2322

Price: 8,000€

Bakery & Pastry Company



This S.L. company includes a bakery and 2 cafes. The bakery produces mouthwatering bread and pastry to cafes and restaurants in Tenerife as well as their own 2 cafes. The bakery and the 2 cafes are sold as 1 S.L. company.

Ref.: 2353

Price: 570,000€

Lovely Coffee Bar & Cafe

New



This modern coffee bar is in the old part of Los Cristianos and enjoys plenty of footfall days and evenings. It has been established since 2017, has great reviews on social media and is known for great service and quality coffees.

Ref.: 2368

Price: 50,000€

Italian Bar-Restaurant



This cozy Italian bar-restaurant in Las Americas is located among large hotels and resident complexes, but without a lot of direct competition. The restaurant is 50m2 inside and has a large covered terrace of 75m2 all in great condition.

Ref.: 2328

Price: 47,000€

Day Care & Nursery

New



This well-established daycare & nursery in Tenerife South has been established for several years. The premises are licensed for 50 children and fully equipped. Today it is open every day but evenings and weekends too.

Ref.: 2366

Price: 81,000€

Bargain Successful British Bar

Reduced



If you are looking for a bargain you cannot miss this successful British Bar San Eugenio Bajo that has been established for more than 10 years, shows a healthy income and has been dramatically reduced for a fast sale!

Ref.: 2007

Price: 23,500€

Las Americas Pub

New



This small but well-known pub has been established for many years and comes with many regular guests. It is especially busy during the mornings for breakfast and in the evenings with quizzes or sport in TV.

Ref.: 2364

Price: 42,500€

Los Cristianos Cocktail Bar



This modern cocktail bar is located centrally in Las Americas / Los Cristianos. The bar is spacious, has a large terrace and is newly refurbished. During daytime it works as a café and during evenings it is cozy a cocktail and lounge bar.

Ref.: 2350

Price: 55,000€

Licensed Animal Farm



This black pig farm is located in Adeje. This is a rare opportunity to get a fully renovated and licensed farm made in a collaboration agreement for the conservation of the Canary Islands black species. Rent only 300€ monthly!

Ref.: 2361

Price: 100,000€

Luxury Boat Charters



This reputable charter business located in busy in Puerto Colon includes a sailing yacht and a motorboat, which both offers 3-hour excursions to see whales and dolphins but also private charters from 2 hours to full days.

Ref.: 2338

Price: 330,000€

Cafe Leasehold or Freehold



This café is located in Costa del Silencio, has been established for more than 3 years and shows a healthy income. It is a British Café with an international clientele. And is for sale both as a leasehold and a freehold.

Ref.: 2324

Price: 69,000€ / 185,000€

Medical & Beauty Clinic

Reduced



This clinic offers medical and beauty treatments from urine tests and health certificates to teeth whitening. Located in Las Americas it has both walk-ins and make home visits. The majority of the clients are foreigners with insurances.

Ref.: 2359

Price: 69,000€

Dance & Night Club



This newly refurbished bar & club is located in Las Americas and has the license to run both as a Cabaret Bar (lap dance) and Bar Sexual (sex club). It is 300m2 with a bar, DJ booth, dancing area and 8 private rooms with bed and showers.

Ref.: 2254

Price: 139,000€

Prominent Diving School



If you are looking for a successful excursion business, you cannot miss this! Established for 6 years and is a genuine success story run by a very serious and experienced team. It is a registered SL company with all papers up to date.

Ref.: 2358

Price: 250,000€

+34 670 63 60 04

+34 922 08 51 91

frina@tenerife-business.com

tenerifebusinessforsale.com

we are here too

Calle Colón, 1st Floor, local 213, Puerto Colón, 38660 Adeje

English, Spanish, Flemish, Dutch, German, French, Danish

